

{ practices for paying attention }

blackout poetry



“I will bring out into the open things hidden since the world’s first day.” – Matthew 13:35

Sometimes we struggle to see God at work in the world. Sometimes we just have to trust that God is there – hidden in plain sight – silently working like leaven.

Pick and print an article or select an article from a daily newspaper or magazine. Read it through slowly a couple of times. Pay attention to words and phrases that jump out at you. Now, take a marker pen and eliminate all the words you do not need to reveal a prayer hidden in the article the whole time. Your prayer does not have to make grammatical sense!