

Spiritual Communion

Prayer that may be used by those gathered on online as the Priest receives the bread and wine on their behalf

In union, O Lord
with the faithful at every altar of your Church
where the Holy Eucharist is now being offered this day,
and remembering the community of the Cathedral,
my own parish, and those worshipping within them,
I long to give you praise and thanksgiving for creation
and all the blessings of this life,
for the redemption won for us by your life, death, and resurrection,
for the means of grace and the hope of glory.
I present to you my body and soul as a living sacrifice,
with the earnest wish that I may always be united with you.
And since I cannot now receive you sacramentally,
I pray that you will come spiritually into my heart.
I unite myself to you, and embrace you
with all the strength of my soul and the life you have given me.
Let nothing ever separate me from you.
May I live and die in your love.

Amen

