



Parish News

August 2021

£1

Dear friends,

I write this on the first day of the school summer holidays (for my youngest two – Lucy's school began theirs two weeks ago!). It's the start of a different routine, and Ben has been challenged, by his uncle, to practise one particularly tricky football skill, the overhead flick, on every day of the holidays until he's mastered it. I'm looking forward to having the kids around more; taking the dog up to Rivington to stretch his legs, and ours; bike rides; PE with dad (although Jess takes the lead now, and it probably should be re-branded PE with Jess); and camping trips. But even though we're at the beginning of the school holidays, there's a sense that we're still *in the middle of things*.

I expect, for many of us, that sense of being in the middle of things, is something we're very used to; whether professionally or personally. We use phrases like 'catching-up' and 'keeping-up' with people, because nothing stays still for long, and for those who use Facebook and social media to connect with others, that sense of being in the middle of things, of others' lives and global communities is always there at the touch of a button.

I take it for granted, but when I stop to think about it – it really is amazing.

I like the down-to-earth way the Benedictine tradition (like many others) encourages the settling down to prayer right *in the middle of things*. You come in from work, roll up your sleeves, and pray, then go back to work again, the two belonging naturally together. Perhaps it's a good example of that famous teaching of St. James (whom we celebrated on 25th July) who said that faith should sit very comfortably alongside works (James 2). The routine of these two activities sitting alongside each other is something these wise communities knew as a way which sustains them both – bringing work to our prayers and prayer to our work in a natural and unself-conscious way.

And into the middle of things, comes our return to singing hymns together. *Those who sing hymns pray twice!* What a joy it was to announce the first hymn that we could sing together, both congregation and choir – and what a hymn - Angel Voices, which sets prayer alongside the celebration of the industriousness of *craftsman's art and music's measure*. It was composed for the dedication of the new church and new church organ of St John's, Wingates, and Francis Pott, who wrote the words of the hymn, was keen that no charge should be made for copyright; "Hymns and

other devotional writings are – or ought to be – an exception to the laws of copyright and property... they ought to be considered as public church property”, he wrote. Faith and good works. St James, I think, would be pleased!

Wishing you rest, this August, even in the middle of things.

Love and best wishes,

Ian

Church and the easing of restrictions

The easing of Covid-19 restrictions on 19th July brought with it some changes in how we conduct our services, and we realise that these changes will be welcomed by some but will bring anxiety for others.

The changes we have introduced so far are as follows:

For all services:

- ♦ We will continue to provide hand sanitiser in church.
- ♦ Clergy and servers will continue to use hand sanitiser at services of Holy Communion.
- ♦ There will no longer be a need to sign in when you arrive.

- ♦ There is no restriction on where you sit in church, but please be aware that others may have chosen their seat in order to maintain social distancing.
- ♦ We are not going to share the peace by shaking hands or any other physical contact.
- ♦ For the time being, we will continue with communion in one kind i.e. receiving the bread only.

In addition, at the 11.00am service (and at choral evensong as appropriate):

- ♦ Congregational singing of hymns and sung parts of the service will resume. There is no obligation to join in, and you might choose to sing whilst wearing a mask.
- ♦ We will continue to have the large collection plate at the back of church for your gifts. We will not be taking a collection as we have done in the past.
- ♦ We will continue to administer communion from the crossing between the transepts.
- ♦ Subject to volunteers being available, after-service refreshments will continue to be served near the southwest door and you can socialise inside or outside church.

Please remember in all of this that we want you to feel welcome and comfortable being in church and that the choice of what you do, where you sit etc. is yours.

Revd Grace Hart



It was with great delight that we were able to welcome Grace as Curate of Bolton Parish Church on Sunday 11 July, exactly one week after her ordination at Manchester Cathedral.

Members of the congregation were able to

meet Grace after the service, when tea, coffee, biscuits and a special cake to mark the occasion were served at the back of church.



Outside Manchester Cathedral on 4 July

Hi everyone,

I'd just like to say a huge thank you for the warm welcome I've received since starting my curacy at Bolton Parish and St Philip's. I especially loved the card from Sunday School and the cake. I've never had a cake with me on it before! It made me feel a little like a celebrity – hopefully the fame won't go to my head.

You've all been so kind, and I look forward to getting to know you better. I've been grateful for the opportunity already to chat during coffee after the services.

God bless,

Grace





Heritage Open Days 11th and 18th September 2021

**Church is open 10.00am –
4.00pm each day
(no need to book)**

- ◆ **Tower tours at 11.00am, 12.30pm and 2.00pm**
- ◆ **Refreshments**
- ◆ **Music**
- ◆ **Guided tours of the church**

Covid risk assessment in place

**Bolton Parish Church
Heritage Lecture by
Canon John Walsh
and Cheese and Wine Evening
Tuesday 14th September 7.30pm**

Tickets £5 available in church or email

admin@boltonparishchurch.co.uk

www.boltonparishchurch.co.uk



@boltonparishchurch



@StPeterBolton

I wonder how many miles Trevor Whillas has clocked up in church as Crucifer over the years. Quite a few, I would guess, but not as many as he will be covering for Miles in Their Shoes.! Over to Trevor...

Miles in Their Shoes – an update

First of all, I'd like to thank those of you who have already donated to this cause. I have now passed half of my personal distance commitment and am on course to achieve the full distance by the 5th of September. Team Suubi, of which I am a member, is making good progress and we are now in Algeria on our virtual journey of 5,567 miles from Birmingham, UK to Kampala, Uganda over 10 weeks.

A third wave of Covid-19 has overwhelmed the Ugandan health service and emergency services struggle to reach the slums. Many families rely on casual employment and have no income at this time. Kids Club Kampala's local volunteers work with local leaders to ensure the resources are used to best effect, providing families with emotional and home schooling support as well as food parcels. You can read more about this work here <https://www.kidsclubkampala.org/emergency-appeal>

If you haven't yet had the chance, please visit my JustGiving page at <https://www.justgiving.com/fundraising/trevor-whillas-2021> to give anything you can. All donations go to the emergency appeal for Covid relief work.

If you prefer I can accept your donation and add it to the online fund for you.

Thank you

Trevor Whillas

FROM THE DIRECTOR OF MUSIC

Well, the moment finally came – the first hymn with the full congregation for about eighteen months. And I must say, I found it very moving, as I played for the “angel voices, ever singing” on Sunday morning 25th July!

After a long period when hardly any music was practicable, it is wonderful to get back to normal service, so to speak, and I would especially like to thank the members of the choir who continued to perform, in unaccustomed groupings and with virtually no rehearsal, during that long desert of a time. It is a tribute to their skill, experience and knowledge that they were able to do this, and produce, in many cases, really memorable performances which were a serious enrichment to the church’s worship services.

Bolton Parish Church is very fortunate indeed to have such a group of people as part of the congregation, and I am sure that many people appreciate this; sometimes, though, I wonder if we make it all look too easy – but it isn’t easy, and the skill and musicianship levels of this group, demonstrated each week, are very impressive.

Looking to the future, the choir is gradually getting used to the greater musical requirement now needed, which may take a week or two to acclimatise to. Meanwhile, I thank all singers for their work and commitment.

MICHAEL PAIN.

Parish Church Schools

Canon Slade School, Bradshaw Brow BL2 3BP

Headteacher: Karen Sudworth

Tel: 01204 333343

Bishop Bridgeman Primary School, Rupert Street BL3 6PY

Executive Principal: Canon Jill Pilling

Headteacher: Hafsha Hafeji

Bolton Parish Church Primary School, Chadwick Street BL2 1JN

Headteacher: Angela Worthington

Tel: 01204 333433

Support for others in need

The Covid-19 pandemic has not removed the need for support for others – if anything, it has heightened it. Some things can be recycled to support various charities so please continue to save and bring to church the following items:

- Used postage stamps – Christmas is the best time to collect these.
- Unwanted spectacles.
- Old working mobile phones, tablets and laptops.

We continue to collect items of food for the grub tub, supporting the work of Urban Outreach.

Please send copy for the September
issue by 20 August to
judypain@gmail.com
or

admin@boltonparishchurch.co.uk

As we normally publish on the last Sunday of the month, the deadline is particularly important.

A message from David Morlidge

My dear wife Dorothy has been seriously ill for many months and I thought I would write and let you know about the present situation as so many family members and friends have contacted us.

There has been a steady decline in Dorothy's well-being since February although she has been losing weight since last October. Opinion seemed to be that she had dementia although her decline was relatively fast, whereas dementia usually takes a more gradual course. She has had scans at Salford Royal Infirmary and whilst we still await the results of an E.E.G., they do not show any signs of dementia or anything else such as cancer, which is good news.

We took Dorothy to the psychiatric clinic Brightmet Health Centre for a memory test but she was totally incapable of taking it. She talked briefly with Doctor Patel there and while I looked after Dorothy our daughter Elizabeth had a long discussion with the doctor, giving him background information and answering his questions. The result was that in his opinion Dorothy is suffering from acute depression and not dementia. The latter is unfortunately non-reversible, whereas depression is, and he is confident that they can get her better. It will take a long time, but it can be done.

I would like to express, on behalf of our family and me,

our sincere thanks and gratitude to all our friends at Church for your prayers, cards, telephone calls, flowers and expressions of support which have been a wonderful help to Dorothy, our family and me. Thank you so much.

Thanks be to God.

David F Morlidge



Come and sing!

**Songs of Praise
with Corus Brass
Ensemble**

**Sunday 29th August
4.30pm**

**Parish Church
car park,
Silverwell Street**



Flower News



The three pedestal arrangements and altar flowers in white and cream from the 150th celebrations, remained in church during the first weekend of July for the service for the installation of the High Sheriff.

As members of the Church of England Flower Arrangers' Association, Alison and Kath should have been attending the AGM to be held in Birmingham Cathedral at the beginning of June, already postponed from June 2020, but now taking place in September. It was good to be reminded by the Dean on 29th June that we are expected! Usually in the summer, the Association celebrates the link and friendship between all our members by having a chain of flowers in churches across the country. This year our contribution took place on Sunday 11th July. Alison created a stunning and colourful arrangement of 5 wreaths using mainly garden flowers, placed on metal stands and linked together with plaited phormium leaves (see accompanying photo). Canon Chris explained that the 5 wreaths represented the 5 dioceses that at present have members. He also included the Association prayer:

O Lord the creator of all things of beauty, grant to those who serve you with their gifts of floral art, a sense of your majesty and a desire

to heighten the worship of the Holy Church by the dedicated use of their gifts.

This we ask in the name of Him who with the Father is the Creator and Sustainer of all good things, Jesus Christ our Lord.

Amen

During the second half of July, altar arrangements used white chrysanthemums, carnations and alstroemeria. The nave pedestal arrangement was created using white hydrangeas and roses, pink alstroemeria, white and lilac delphiniums and alchemilla.

With grateful thanks for donations received during July.

Flower team







The Tenth Sunday after Trinity

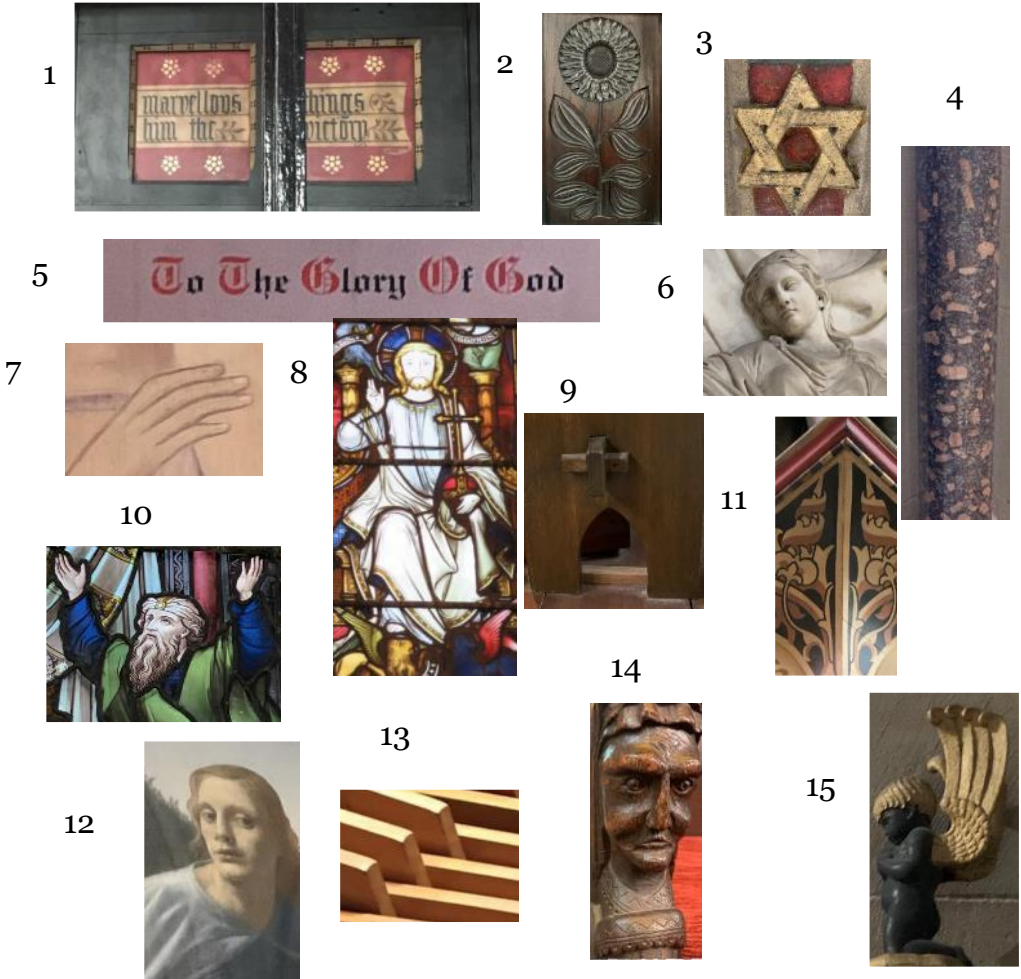
The Collect

Let thy merciful ears, O Lord, be open to the prayers of thy humble servants; and that they may obtain their petitions make them to ask such things as shall please thee; through Jesus Christ our Lord.

Amen.

Picture Quiz answers

The answers to the picture quiz published a few months back are at the foot of the page and the pictures are here again if anyone wants to have a go.



1 Behind organ pipes on north side of choir stalls 2 Carving on pulpit 3 Detail from side of front 4 Column inside SW porch 5 Plaque on wall near SE entrance 6 Top of stone carving on wall near front 7 Fourth panel along on organ case (angel's hand) 8 East window 9 Organ bench 10 Detail from window on West wall behind front 11 Organ case 12 From painting in Lady chapel 13 Organ pedal board 14 Carving on choir stalls 15 Figure at the side of the Lady Chapel altar

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**We support Royal School for the Blind, Church Road,
Wavertree, LIVERPOOL L15 6TQ**

If you DON'T use any or all of the Internet, Facebook or Twitter, this article is for YOU...

Approximately 78% of the population of the United Kingdom uses some kind of Social Media (Facebook, Twitter, Instagram etc.) and 95% of the population uses the internet. Accepting that it is usually an individual's choice not to engage with others in these ways, we cannot get away from the fact that the first point of contact with any individual or organisation is via a website, Facebook page or other similar medium.

With that in mind, it would be very helpful to the mission and ministry of Bolton Parish Church if you would share the following information with your family friends, colleagues etc. – in fact anyone who uses social media.

Our Church has a website **www.boltonparishchurch.co.uk** It contains lots of information about the church and its activities, and is kept up to date with things that are happening. The weekly notice sheet and this monthly church magazine can be found there.

We have a Facebook page **@boltonparishchurch** We use this to share news, forthcoming events and videos of services either live or recorded.

Our Twitter account **@stpeterbolton** is another channel through which we can share news, comment and information about the life of our parish.

All you need to do please, is to pass on these details to everyone you know who uses the internet, Facebook or Twitter...they'll do the rest!

If you DO use any or all of the Internet, Facebook or Twitter, this article is for you too! Please ensure that you 'follow', 'like' and 'friend' as appropriate so as to ensure that we get the breadth and diversity of coverage we need.

Further details of Bolton Parish Church's media presence can be found on the next page.



CANON SLADE SCHOOL

HEAD TEACHER: MRS K SUDWORTH BED NPQH



Revd Canon Dr Chris Bracegirdle
Vicar of Bolton
Bolton Parish Church & St Philip's Bolton
by email

29 June 2021

Dear Chris,

Celebration of the 150th anniversary of the consecration of the Parish Church of St Peter Bolton-le-Moors.

On behalf of the pupils, staff and Governors of Canon Slade School I would like to offer our congratulations to everyone associated with the Parish Church on reaching this significant milestone in your history. For several hundred years Christians have worshipped on your site and for the last hundred and fifty the current church has been a Bolton landmark; not just as an example of fine Victorian architecture, but also as a beacon of Christianity at work for the people of Bolton.

Since our foundation as a school our histories have been inexorably linked.

From James Slade's founding of the Church Institute, to the many Vicars of Bolton and other members of the congregation who've helped mould our school as governors and trustees. With the many school services held in the church, the links have been strong and we continue to forge new links as members of The Bishop Fraser Trust. Not only a great Bishop of Manchester and a leading figure in the introduction of universal education in England but also the Bishop who consecrated and reopened the Parish Church on St Peter's Day, 29th June 1871 ... the occasion we celebrate later on today.

For everything we've shared in the past I give thanks, and I'm confident that we'll continue with our special relationship long into the future.

Yours

John Burns
Chair of Governors
Canon Slade School
Bolton BL2 3BP
01204 333343
jburns@canon-slade.co.uk



cc Mrs Sudworth, Headteacher, Canon Slade School



THE BISHOP
FRASER TRUST
CHURCH OF ST PETER BOLTON-LE-MOORS

BRADSHAW BROW
BOLTON
BL2 3BP

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E: CONTACT@CANON-SLADE.BOLTON.SCH.UK
PASTORAL@CANON-SLADE.BOLTON.SCH.UK
W: WWW.CANON-SLADE.BOLTON.SCH.UK



History of Bolton Parish Church

My name is Amber, and I have been asked by Chris to write a small piece in order to introduce myself and my work to everyone in the St Peter's community. I am a mature student who chose to change career direction in my thirties and follow my passion in the study of history at Liverpool Hope University. I am fortunate enough to have been given a scholarship for my master's degree in order to write my dissertation about the history of Bolton Parish Church on the 150th anniversary of the church.

I'd like to begin by saying how honoured I am to have been chosen to work with the parish and the church in order to write the history of a place that is so steeped in importance and has such an engaging narrative. I intend to examine the history before the current church, the construction of the existing building, the involvement of the locality and parish in various important events of the twentieth century and in the development of the community as part of the vital Lancashire cotton industry.

My undergraduate degree allowed me to expand my knowledge and pursuit of the subject. I have worked on various projects ranging from early modern to modern subjects. I live in Southport and have spent much of my childhood visiting churches because of my family's interest in the buildings and the history that accompanies them.

My long-term aim is to work in heritage, to research and develop the buildings and artifacts that we are lucky enough to have available to use and to uncover hidden histories and expand on them. I have a strong desire to inspire others and encourage them to continue this work. My main focus has always been in social

history, and my interest in this inspired my undergraduate dissertation. Working in conjunction with the Museum of Liverpool I studied and wrote about archaeological findings from the site of Sefton Old Hall in Merseyside. This led me to write an in-depth study of the household that lived there from the fifteenth to the seventeenth century based on the remnants of objects that were found there as well as the items that were missing.

As part of my MA course, I have already written and presented two pieces about Bolton's history. The first was regarding the Beadle uniform that is present in the church; I researched the history of the beadle as a church official as well as the relevance it had in Bolton specifically.

The second was concerning the role of Bolton cotton workers in the suffrage movement. This involved analysis of the reasons the campaign was relevant to the community and what part the workers played. I identified numerous women from Bolton who were vital to the success of the drive for women's rights, not only in the success of the Representation of The People Act but in the much more prolonged fight for equality I intend to do the best possible job I can and hope my work will be of interest and use for generations to come.

I am keen to hear from any members of the parish community who would like to contribute to my work. I am particularly interested in any references or memories of the church and its influences in the local community whether it be key events or personal memories of the associations the church has with schools or charity.

Please contact me at amber13@live.co.uk or leave written information of your contribution with the church staff.

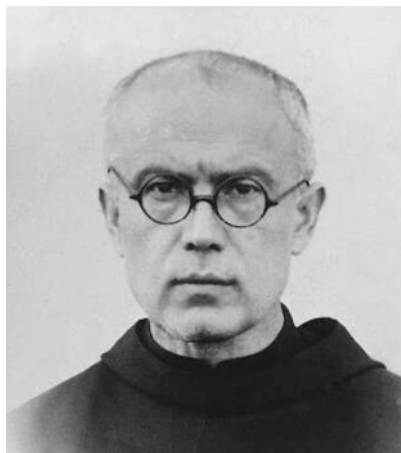
Amber Laird-Parry

80 Years Ago This Month

Father Maximilian Maria Kolbe

– the first martyr from Auschwitz

Maximilian Kolbe was born in Zdunska Wola, near Lodz in Poland. After his ordination in 1919, Maximilian returned to Poland, where he was sent to teach church history in a seminary.



Instead of teaching, he determined to do something to help the Christians living in Poland, which was in tatters after the First World War. He founded a magazine for Christian readers in Cracow and a Franciscan community near Warsaw. Both daily and weekly newspapers were produced. The community grew and by the late 1930s it numbered 762 friars. When the Germans invaded Poland in 1939, Maximilian Kolbe turned the monastery into a refugee camp for 3,000 Poles and 1,500 Jews. And the presses continued – taking a patriotic line, and highly critical of the Third Reich.

Maximilian Kolbe was arrested on 17 February 1941. He was eventually transported to Auschwitz on 25 May 1941. Despite the brutal conditions, he managed to continue his priestly ministry, hearing confessions in unlikely

places and smuggling in bread and wine for the Eucharist.

On 29 July 1941, after an escape by Polish prisoner Zygmunt Pilawski, it was announced that ten men would be selected to be starved to death. During the selection, one of the men, Polish Sergeant Franciszek Gajowniczek, begged to be spared as he had a wife and children.



Gajowniczek (b. 1901)

On hearing this, Maximilian Kolbe stepped forward from the ranks and asked to take his place. This was agreed and Gajowniczek was allowed to return to the other men. Maximilian then entered the 8' by 8' starvation chamber with the nine others. He spent the last two weeks of his life encouraging his nine companions by praying and singing hymns with them.

Two weeks later only four were left alive and Maximilian alone was fully conscious. He was injected with phenol and died on 14 August, aged 47.

He was beatified by Paul VI in 1971. Eleven years later, in 1982, he was canonised by Pope John Paul II, formerly Archbishop of Cracow, the diocese which contains Auschwitz. Present at the ceremony that day was Franciszek Gajowniczek, the man whose life Maximilian Kolbe had saved. Franciszek died at the age of 94.



And what of the man who triggered this chain of events? His fate is shown below. Do consider following Auschwitz Memorial on Twitter—the victims (and survivors) are given a human face rather than being presented as statistics.



Auschwitz Memorial @AuschwitzMuseum · 39m

Zbigniew Pilawski was captured and again incarcerated in Auschwitz. He was shot on 31 July 1942.





Music List

August

2021

Vicar

Rev'd Canon Chris Bracegirdle
BEd, MA, PhD

Lecturer

Rev'd Ian Hepburn BSc, BA

Associate Priests

Rev'd Canon Professor Kenneth G. C. Newport
BA, MA, MSt, DPhil, DD (Oxon)

Rev'd Barrie S. Gaskell

Curate

Rev'd Grace Hart BSc, BA

Area Dean of Bolton and Associate Priest

Rev'd Simon Cook MA

Director of Music:

Michael Pain MA, FRCo, LRAM, ARCM

Organ Scholar:

William Martin

Choral scholars:

Ama Charles, Thomas Martin,

Hymns: Ancient & Modern, 2013

Sunday 15th August, Blessed Virgin Mary

11.00 BCP – Shaw

Introit: *Venite, vv 1-7*

Hymns: 315, 313, 766
692, 465
763

Hear My Prayer – Felix Mendelssohn

Allegro Maestoso and Fugue (Sonata no. 2)
– Felix Mendelssohn

Sunday 22nd August, Trinity 12

11.00 CW – Thorne/Appleford

Hymns: 632, 780, 683
441, 460
588

Verily, Verily – Thomas Tallis

Trumpet Voluntary in D – John Stanley

Sunday 29th August, Trinity 13

11.00 CW – Thorne/Appleford

Hymns: 635, 702, 678
439, 777
748

**O Lord, Increase our Faith
– Henry Loosmore**

Fantasia in G (BWV 572) – J.S. Bach

Sunday 1st August, Trinity 9

11.00 BCP – Shaw

Introit: *Venite, vv 1-7*

Hymns: 422, 421, 814
432, 437
476

Ave Verum Corpus – Mozart

Processional "Urbs Hierusalem Beata"
– Healey Willan

Sunday 8th August, Trinity 10

11.00 CW – Thorne/Appleford

Hymns: 754, 387, 663
462, 456
453

**Let Thy Merciful Ears
– Thomas Mudd**

Toccata – Eugène Gigout

BOLTON PARISH CHURCH

Tuesday Lunchtime Concerts 2021

1.15 – 1.50 p.m.



Tues 7 September

PAUL GREENHALGH – piano

Tues 14 September

VIVIEN CHASEY – violin

with **Robin Bowman** (piano)
and **Claire Bowman** (soprano)

Tues 21 September

REBEKAH OKPOTI – organ

(St. Lawrence with St. Paul's, Longridge)

Tues 28 September

MICHAEL PAIN – organ

(Bolton Parish Church)

Tues 5 October

JOHN POWELL – baritone

with **Elin Rees** (piano)

ADMISSION FREE ❖ RETIRING COLLECTION

The Last Word

Our new monthly feature where we get to know each other a little better through a series of questions. This month: **Esther Gelling**

Do you come from Bolton?

I was born in Sale, moved to Wigan aged three, and finally to Bolton aged ten, because my father was determined that my brother and I should go to Bolton School, which indeed we did. My family stayed in Bolton, so I always had a base here, but after school I moved down to London as a student, first at music college and later at university.

When I started teaching, I stayed in the London area, and in fact spent all my working life there. I taught some English literature, but I mostly worked as a peripatetic music teacher in a variety of schools and colleges, giving instrumental lessons, but also teaching on the A level course run by the local borough music service.

How long have you been coming to Bolton Parish Church and who first brought you?

I have been attending Bolton Parish Church since I moved back to Bolton on my retirement in 2013. My mother had been a regular worshipper at the Parish Church for some years and I had often been to services with her. Through her, I had got to know some members of the congregation and some of the clergy, so it seemed natural to continue my association with the church and become a regular member of the congregation myself.

Have you a favourite piece of music?

I shall have to pass on this question, I'm afraid. After so many years of playing, singing and listening to music, I find it impossible to come up with one favourite.

Every time I think of a contender, I immediately think of half a dozen others of equal importance in my memory.

What books are you reading at the moment?

I love reading and always try to have a novel and a non-fiction book on the go. I have just finished Miss Benson's Beetle by Rachel Joyce, whose best known novel is The unlikely Pilgrimage of Harold Fry. This book is an unusual and rather quirky story, but it gives a quite moving portrait of the development of an unlikely friendship between two seemingly incompatible women.

My current non-fiction work is a biography of Edward the Elder, son of Alfred the Great and king of the West Saxons in the 10th century. The period interests me, but the book is very hard going. I hate leaving a book unfinished so shall persevere, but I can see it's going to be a struggle!

Who inspires you?

I am now becoming more and more inspired by members of the younger generation – those in their teens and twenties. An increasing number of them seem to be very aware of the problems that we and our world are facing, and to be anxious to work to improve the situation. There are the obvious famous names of course – Greta Thunberg, Malala Yousafzai, Marcus Rashford – but this is not confined to the famous. There are regular accounts now of

individuals and small groups trying to make a difference whether locally or nationally in the fight against today's major problems – climate change, the environment, world poverty and racism amongst them.

The fact that so many in this age group are now keen to confront these challenges makes me feel some hope for future progress.

Who have been the key people who have encouraged your journey of faith?

My mother would be the main influence here. She took us to church from a young age and encouraged us to read the Bible regularly. She was someone with a deep personal faith which informed the way she lived her life and gave her strength through the more difficult times.

Is there a passage of scripture or liturgy which you keep coming back to?

The passage that comes back to me is “The peace of God which passeth all understanding”. If I’m feeling stressed or anxious about something, I think of these words or say them over to myself and this really helps toward peace of mind.

If you could visit any place in the world, where would it be?

I have been wanting to visit Iceland for some time. I love islands, and the scenery and geology of Iceland look absolutely extraordinary. I also studied some Icelandic literature at university, (obscure, I know!) and our lecturer had visited the island and was able to describe his impressions. I still want to make the trip, and hope to get there before I'm too old to enjoy it.

BOLTON PARISH CHURCH CONTACTS

Vicar:	Revd Canon Dr. Chris Bracegirdle vicar@boltonparishchurch.co.uk	01204 396298
Associate Priest:	Revd Canon Prof. Kenneth Newport	0161 764 4361
Associate Priest:	Revd Barrie Gaskell	07512782297
Lecturer:	Revd Ian Hepburn lecturer@boltonparishchurch.co.uk	01942 814045
Curate:	Revd Grace Hart	
Area Dean of Bolton and Associate Priest:	Revd Simon Cook	
Authorised Lay Ministers:	Evelyn Weston Ilona Hepburn	01204 594123 01942 814045
Church Wardens:	Canon John Walsh OBE Evelyn Weston	01204 840188 01204 594123
Deputy Wardens:	Mr Graham C Burrows Mr Alan Forrester Mr David F Morlidge Miss Esther Gelling	Mr David Eckersley Mr Andrew J Mitchell Mr Trevor J Whillas
PCC Secretary:	Mr Ian Darbyshire	
Treasurer:	Mr Andrew J Mitchell	01204 840633
Director of Music:	Mr Michael Pain michaelpain18@gmail.com	01204 491827
Administration	admin@boltonparishchurch.co.uk	01204 522226

ST PHILIP'S CONTACTS

Vicar:	Revd Canon Dr. Chris Bracegirdle vicar@boltonparishchurch.co.uk	01204 396298
Church Wardens:	Mrs Pauline Dewse Canon Jill Pilling	01204 772276 07977 933010