

**SAYING
YES
TO LIFE**

**THE ARCHBISHOP OF CANTERBURY'S
LENT BOOK 2020**

RUTH VALERIO

**'Ruth Valerio's book is perfect for individuals and groups
to think, reflect, pray and be challenged together.'**

JUSTIN WELBY, FROM THE FOREWORD

As people made in the image of God, we are entrusted to look after what God has made – to share in the joy and creativity of God in making a difference for good. In the Archbishop of Canterbury's Lent book, Ruth Valerio imaginatively relates the themes of the Creation story to matters of environmental, ethical and social concern to explore what it means to be human and, in particular, to be a follower of Jesus during Lent.

With voices from other continents threaded throughout, discussion questions and prayers, this is a practical, liberating and stirring call to action and contemplation. It is a perfect resource for small-group Lent courses or for priests and ministers to use in preparing Lenten sermons.

Additional resources, including a study guide, extra questions, a youth group resource and video content to help you get the most out of *Saying Yes to Life* and Lent will be available for Lent from SPCK's website at:

www.spckpublishing.co.uk/saying-yes-resources

SAYING YES TO LIFE

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