Advice and help for children and young people that are grieving:

**Child Bereavement UK** supports families and educational professionals both when a baby or child dies or is dying, and when a child is facing bereavement. A short 3.5 minute video to help adults know how to talk to a child about someone who has died can be found here. Their helpline number is 0800 02 888 40.

The Childhood Bereavement Network offers **practical tips** and young people’s **stories**.

The Church of England website ‘**Going for Growth**’ is full of helpful resources to support bereavement. These include links to other sites such as ‘the power of language’ [here](#).

This [Pinterest](#) page of bereavement resources includes useful books and links. Including Rabbityness by Jo Empson; Waterbugs and Dragonflies by Doris Stickney and The Invisible String by Patrice Karst.

**Engage Worship** has recently released a song written by Sam Hargreaves called “There’s a Time For Tears”. It draws on Ecclesiastes 3, Jesus at Lazarus’ tomb and 2 Corinthians. Click on the link resources including words, video and MP3.

Papyrus runs **HopeLineUK** where advisers can talk with children or young people or those who may be worried about them. The **bedtime stories** resources highlight the impact of online bullying.

**Youthscape** signposts to a range of creative **resources** they have produced that are useful for helping children and young people’s emotional mental wellbeing.

**BBC** The BBC has created a suite of short films focusing on death, bereavement and grief has been made. They may be useful individually to stimulate discussion e.g. this one where **palliative care** doctor and author Kathryn Mannix argues that it's time to break the taboo that exists around death. And another, which centres on how for some, their **childhood grief** has been a source of strength as they have grown up.