These resources are to help equip & enable worship together as “family”. They are intentionally intergenerational to allow space, conversation, activity & response together as the family of God. We encourage all ages to be participative & open, being responsive to God and each other.

Gather…….

- As you gather find a place that is comfortable and have the resources ready for the activities, prayer or response times ready.
- Choose 3 members to light the 3 candles (engage all ages)

Opening words of praise with lighting of 3 candles -

I will light a light in the name of the Maker, who lit the world and gave everything life.

I will light a light in the name of the Son, who saved the world and stretched out his hand to me.

I will light a light in the name of the Spirit, who is present everywhere in the world and gives me strength.

Together:
We will light three lights for the trinity of love:
God above us,
God beside us,
God beneath us;
The beginning,
The end
and the Everlasting one.

Welcome…..

Song: We want to see Jesus Lifted High
https://www.youtube.com/watch?v=WLJmRPvhgdo (can be sung or listened to)

Reflection time: Spend some time looking at your hands and looking at the hands with those who you are gathered with. Name things you can do with your hands – you can draw around your hands and write within the shape what you use your hands for. Are you good at doing something or have a particular skill you need your hands for? There may be things that you do not like doing that you need to use your hands for!!

Bible passage: Mark 1.29-39

Read through together and share is there is something that you did not know or realise in the story before.

AND/OR WATCH
https://www.youtube.com/watch?v=14YjaKSPHbw OR https://www.youtube.com/watch?v=mEmIFDRUO8M

Jesus was using this time to show and demonstrate God’s power and what a life in the Kingdom of God looked like. He was showing that in God’s Kingdom there was forgiveness, healing, truth and power and that it also restores people back into the community. God calls us into service (to work for him) within our communities, even Jesus struggled at first to find his purpose, but he knew by praying and spending time with God he would find the answer. Go back to your hands and think once again of how you use your hands, is there something you can do using your hands that brings forgiveness, heals, brings, truth, or power – is there something that you can do that helps to restore people back into your community?
Interactive Learning

**Minute to Win it Games**

Try playing a host of “minute to win it games”, plenty of ideas can be found here courtesy of ministry-to-children. [https://ministry-to-children.com/minute-to-win-it-games/](https://ministry-to-children.com/minute-to-win-it-games/)

After you have played several together, share about how you felt about the challenge of that game, we are all challenged and to called to serve God, called to community, we are also called sometimes into the challenges that seem daunting and unachievable - but it is here that we meet God, and sometimes our fears, face to face. It is in the challenge and daunting times that we find our purpose and learn to trust completely in God’s will.

**Create a Sacred Space**

Designate a special prayer space in your home. You can use a small table, a corner, or a bookshelf. Gather objects and/or pictures to place in your sacred (prayer) space. For instance, a piece of green fabric, a cross or crucifix, a light representing Jesus light in us - use LED candles, a favourite lamp or a torch. You might want to add objects such as seashells, rocks, plants and flowers to show the beauty of God’s Creation. The colours of your fabric can change with different times of the liturgical (church) year. E.g., White cloth as the Easter season arrives. A Family prayer jar can also be added with pictures of your family reminding you to be thankful for them and a reminder to pray for them.

It’s important to remember this is your sacred (special) place, a place where you can switch off from everything else and a space where you invest in your relationship with Jesus. Although Jesus travelled, taught and healed people he still needed time and space to pray to God, he needed to be in God’s presence before continuing his ministry.

**Hand Printing**

Create different hand patterns by painting your hands and making handprints on paper. Around the printing of your hands write one or two sentences from the bible reading. These could be made into other shapes too.

**Paper Weaving**

On strips of 3 different colored paper write Be changed. Be transformed. Keep following. Use these strips to weave in an out of A4 sheet with straight cuts in it as in the diagrams below. As you weave reflect on the 3 statements. (changed, transformed, following)

**Prayer Picture**

Take a walk together around your local community, take pictures of places where you feel God is calling (asking) you to pray. It could be your school, the local shops & workers, or park. When home create a prayer picture & use this collage in your prayers this week. Thank God for them and pray for healing & restoration.

**Whilst creating chat about the following questions & Share stories**

I wonder is there a connection between praying and healing

Where could you create a space to pray? – this could be your sacred space

I wonder what Jesus prayed for

...
Reflection & Prayer Time.....

Song: When the Music Fades
https://www.youtube.com/watch?v=Y0a9T0UtJBQ
(can be sung/read aloud or listened to)

On paper hearts name those who you know are unwell and needs God’s Love & Healing. Use these to pray for these people and lift before God.

Encourage members to read silently or aloud their prayers. Other prayers can be said at this time, concluding with the Lord’s Prayer

The Lord’s Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

Celebration....

If any of your members celebrate a birthday within the next week – sing

Happy birthday to you
To Jesus be true
May God's richest blessings
Be showered on you.

Closing......

The Grace (with “Messy” actions)

May the grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, now and evermore. Amen.

Closing Responses............

Song: Open the Eyes of My Heart Lord
https://www.youtube.com/watch?v=qtCu1tm4qWo
(can be sung/read aloud or listened to)

From where we are to where you need us.

Jesus, now lead on!

From the security of what we know to the adventure of what you reveal.

Jesus, now lead on!

To make this world look more like your kingdom,

Jesus, now lead on!

Ask different members to blow out the candles.............until you meet again

Extra Ideas

- https://sermons4kids.com/recharging_our_batteries_group_activities.htm