These resources are to help equip & enable worship together as “family”. They are intentionally intergenerational to allow space, conversation, activity & response together as the family of God. We encourage all ages to be participative & open, being responsive to God and each other.

Gather…….

- As you gather find a place that is comfortable and have the resources ready for the activities, prayer or response times ready.
- Choose 3 members to light the 3 candles (engage all ages)

Opening words of praise with lighting of 3 candles -

I will light a light in the name of the Maker, who lit the world and gave everything life.

I will light a light in the name of the Son, who saved the world and stretched out his hand to me.

I will light a light in the name of the Spirit, who is present everywhere in the world and gives me strength.

Together:
We will light three lights for the trinity of love:
God above us,
God beside us,
God beneath us;
The beginning,
The end and the Everlasting one.

Welcome…..

Song: There is Power in the Name of Jesus
https://www.youtube.com/watch?v=qYa2PYZoo5g
(can be sung or listened to)

Reflection time: Play a game of “Simon Says” or Sevens Clapping Rhythm (an example can be found here)
https://www.youtube.com/watch?v=Zdv-0kJNZRg

Share together and wonder “Did I prefer to be the leader of the follower and why.” In today’s bible reading, Mark begins this passage with a demonstration of Jesus’ authority. Jesus was different from those who usually spoke in the synagogue (temple/church). When Jesus interpreted the passage he read, he did so with authority—so much authority that the people noticed how different he was from the normal teachers of the Law. The people were amazed when they listened to Jesus teach because he was so wise. Share with each other the following:

What do you think made Jesus so good at teaching about God?

Bible passage: Read Together Mark 1.21-28
AND/OR WATCH Jesus Heals a Man with an Unclean Spirit - YouTube

Jesus, we already know, had God’s power and He shared the Good News of God’s love for humankind. We see this often within the Bible. Jesus used God’s power to heal the man who was sick. We may not be sick like that man but in our lives’ there are also many things that can overpower or dominate our thinking: friends &/or family relationships, fear, politics, social media, TV. We can sometimes feel that we are not in control. Jesus was there, teaching in a way that only the Holy One of God can and when the unclean spirit reveals himself it is cast out by Jesus. He teaches about the need to let go of control and trust God. We know that we too can trust Jesus to be with us when circumstances feel they are overpowering us and know that He will act in power.
Interactive Learning......

Word Clouds
Reflect on the Psalm 111 – what verses or words stand out to you. Using a word cloud App such as https://wordart.com/create
Create a word Cloud, print, and place in a prominent place to remind you of God’s unfailing love, his power & how we can trust him in all areas of our lives.

Power Pillows
Resources Needed: 2 index cards or pieces of card 4x6” and one 18-inch piece of wool or string, tape, pen/pencil, cotton balls, hole punch.
NOTE - If you would like to write a bible verse or something that reminds you of God’s power write it on the cards BEFORE you sew them together.
Place the 2 pieces of card together, and punch holes about an inch apart around the outside edges of the cards. Wrap tape around one end of each piece of wool/string and sew the 2 pieces of card together around 3 sides using the holes. Place into the pillow the cotton wool and sew up the remaining side.

Line Jumble
Jesus wants to meet with us, be involved in our lives and unjumble the parts that have become messy. On a sheet of paper place the names or pictures of the people who you are gathered with down the left side and down the right side randomly place words or situations they would like Jesus to help with. In between draw lots of jumble lines but make sure the line coming from a name ends up at the right situation. Make several and let different people solves the line jumbles!

Tug of War
Play a tournament of Tug of War. The more mismatched the opponents the more this will illustrate power and dominance!!

Create A Meme
Learning about something that makes you rethink a previous perspective, make a connection to your life, your friends, current events. Work together to think about ways to apply what you have learned about Jesus authority to the real world. Then, create an original meme! https://imgur.com/memegen

Whilst creating chat about the following questions & Share stories.....

- In what other stories about Jesus can we learn about how he treated people?
- What can we learn from Jesus’ attitude of not abusing “power”?
- I wonder how we can put these examples of Jesus into practice this week.

With God's guidance and love alongside those around us, we can clean up our messes just like Jesus did in today’s bible story.
Reflection & Prayer Time.....

Song: Light of the World
https://www.youtube.com/watch?v=-MmRGER2LM
(can be sung/read aloud or listened to)

Pray Together - Dear Lord God, we thank you for giving Jesus power, we thank you that his power was and is always good, we want to thank you for Jesus always helping us when we ask, we know that he never hurts us. Help us follow him and use the power he has given us to help others. Amen

Encourage members to read silently or aloud their prayers. Other prayers can be said at this time, concluding with the Lord’s Prayer

The Lord’s Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

Celebration....

If any of your members celebrate a birthday within the next week – sing

Happy birthday to you
To Jesus be true
May God's richest blessings
Be showered on you.

Closing......

The Grace (with “Messy” actions)

May the grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, now and evermore. Amen.

Closing Responses............

Song: Your Name is Power
https://www.youtube.com/watch?v=_H62gNjAY0s
(can be sung/read aloud or listened to)

From where we are to where you need us.

Jesus, now lead on!

From the security of what we know to the adventure of what you reveal.

Jesus, now lead on!

To make this world look more like your kingdom,

Jesus, now lead on!

Ask different members to blow out the candles.............until you meet again

Extra Ideas

- Play a game of follow the leader and discuss how do you feel as the leader. Are you trusted as the leader or are you more of a follower?