Keeping People with Dementia Connected to Faith, Church and Community

Faith gives hope, strength and identity in later life, but there can be obstacles for people with dementia in keeping links with church and community.

Anna Chaplaincy in Kent, Medway, Bromley and Bexley

Our Anna Chaplains and Anna Friends support people with dementia and their families, raising awareness of their needs. If you would like help making links with a local church, contact the project officer (details below).

Support and Social Activities – Cafes, Film Screenings and Carers Support

Snodland Dementia Café at All Saints with Christ Church
11.00 am – 1.30 pm 2nd and 4th Wednesday of the month
At Christ Church Community Hall, Malling Road. Enjoy coffee, chat, activities to stimulate memory, followed by a light lunch. Ring Rev’d Sue on 01634 241350.

Meopham Alzheimer & Dementia Support Group at St. John the Baptist
10.00 am – 12 noon every Tuesday morning
At the Church Centre on Wrotham Road, DA13 OAA. All welcome for a cuppa & a chat. Occasional outings. Chiropody by appointment. Every 3rd Tuesday Memory Cafe run by ADSS with speakers, music and singing. Contact: ADSS 01474 533990.

Memory Friendly Café at St Edmund’s Temple Hill in Dartford
11.00 am - 1.00 pm 2nd Tuesday of the month
At St Edmund’s Church DA1 5ND. Fun and games for all the family, refreshments and hot lunch if desired. Ring the office 01322 311265.

Hoo Dementia Café at Hoo St Werburgh Church
1.00 – 3.00 3rd Friday of the month
Alzheimer’s Society in partnership with Anna Chaplaincy. Contact Rohan at rohan.charles@alzheimers.org.uk or Margaret (Anna Chaplain) on 01634 251979.

Rochester Dementia Memory Café and Drop In Clinic, and Carers Support Group
Memory Café held 1.30 – 3.30 pm 4th Friday of each month
With visiting health and care professionals who offer advice at every session.
Rochester Carers support group held 10.00 am – 12.00 noon 2nd Tuesday of each month in partnership with Carers First
St Peter’s, Delce Road. Contact johnportman@talktalk.net, phone 07989 783447.

Cliffe Memory Café at St Helen’s House (next to the church)
1.15 – 3.30 pm 2nd Friday of the month
At Buttway Lane, Cliffe ME3 7QP, with chat, games and cake. Contact Janet on 01634 222412, Mandy on 01634 222174, or Brenda on 01634 220553.

Companion Café at Lower Stoke Methodist Church
10.00 am to 1.00 pm 4th Thursday of the month
For anyone with a long-term condition (including dementia) and their carers, at Allhallows Road, Lower Stoke ME3 9SL. Contact wHoo Cares on 01634 272138.

St Martin’s Memory Café in Chelsfield, Orpington
2.00 – 4.00 pm 1st Monday of the month
At St Martin of Tours Church, Church Road BR6 7RF. A place of welcome and worship. Phone Jackie (01689 854119), memorycafe@stmartinschelsfield.org.uk.

Memory Friendly Support Group at St Mark’s Biggin Hill
3.30 – 5.00 pm usually 3rd Thursday of the month
At St Mark’s, 10 Church Road, Biggin Hill TN16 3LB. For all those with memory problems and their carers; come to enjoy chat, homemade cake, tea and coffee. Phone the parish office on 01959 540482.

Chislehurst Dementia Café
2.00 – 4.00 pm 1st Thursday in the month
At Christ Church Chislehurst, 40 Lubbock Road BR7 5JJ. A varied programme each month of musical entertainment and talks followed by tea and activities. Contact Jude161@hotmail.com or ring Judith on 07824 358434.

Forget Me Not Café in Bromley Common
1.30 – 3.30 pm 3rd Tuesday of the month
At St Augustine’s Church, Southborough Lane BR2 8RT. Tea, coffee, cake and chat, with quizzes, games & music. Contact Diana on 020 8464 1151, email dianaepattison@gmail.com.

Memory Café at St James the Great Roman Catholic Church in Petts Wood
2.00 – 3.30 pm 1st and 2nd Tuesdays of the month
At Community Centre, 281a Crescent Drive BR5 1AY. Refreshments, chat, quizzes, games, music. Email pastoral.care@stjamespettswood.org, ring 01689 827100.

Beckenham Café and Drop In for those with Dementia and their Carers
2.00 – 4.00 pm every Thursday
At St Edmund’s RC church, Village Way BR3 3NA. Run by Beckenham Ecumenical Dementia Support (BEDS).
Remember Together at Christ Church Beckenham
10.00 – 11.30 am every first Tuesday
1a Christ Church Road, Beckenham BR3 3LE. Dementia friendly movie screening followed by refreshments. Contact 020 8650 3847, email office@ccb.org.uk

St A’s Welcome Café in Slade Green (dementia friendly)
11.00 am – 2.00 pm every Tuesday
At St Augustine’s Church, Slade Green Road, DA8 2HX.
Contact Rev Jim on 01322 555421/07787 292 094, email jdbbarnehurst@aol.com.
Tea, coffee and cake provided 11.00 – 12.30, soup and sandwiches 12.30 – 2.00.

Dementia Friendly Film Screenings in Weald
Varying times but every few weeks
At St George’s Church, Church Road, Weald, Sevenoaks TN14 6LT. Choc ices served; relaxed and friendly vibe. Showing golden oldies, like ‘The King and I’.
Phone Sarah on 07989 89 4411, email sarah_highview@hotmail.com.

Hildenborough Forget-me-not Café in Hildenborough
11.00 am – 12.30 pm 2nd Wednesday of each month (except August)
At St John’s Church, Hildenborough TN11 9HT, with Anna Chaplaincy support.
Companionship over a cuppa; local support for those living with dementia or memory issues, their families and carers. Contact Symone 01732 759854.

Heart of Kent Hospice Dementia Café
10.30 – 12.30 1st Saturday of the month
Heart of Kent Hospice, Preston Hall, Aylesford ME20 7PU, with Heart of Kent Hospice Anna Chaplaincy.

Care at the Hare, Langton Green
A small support group for those with dementia and those who care for them, meeting for coffee and cake at the local pub (The Hare). Facilitated by a retired health visitor and the pastoral care team. Meets monthly on a Wednesday morning with a warm welcome to anyone living in the Langton Green. Contact Rev’d Lynn if interested (01892 891889 or lynn@langtongreenchurch.org.uk).

Inclusive Singing Groups

Find your Voice, Langton Green
A singing group for those living with conditions such as Parkinson’s, MS, dementia, memory loss or recovering from a stroke, plus anyone who simply enjoys a good sing! Family and Carers welcome. 2 – 4 pm £5 per session, every Friday during term time in GraceSpace (in Langton Green Church). Coffee and cake included. Contact Kieron 01892 575499.
Singing for All, Langton Green
This is a good old community sing song! Old favourites sung for fun with tea and a biscuit. Third Wednesday in the month 2.30 – 4pm in GraceSpace (in Langton Green Church). Just turn up or Contact Jacqui on 01892 861889

The Forget Me Not Café, Church of the Good Shepherd, Borough Green
10.30 am – 12.00 noon 2nd and 4th Tuesdays of the month
Come for friendship, cake and hot drinks, and a singalong.
Contact Ruth Burnham, ruth17@live.co.uk (01732 884154)

Singing for the Memory Medway, for people with dementia and carers
Fridays from 2.00 to 4.00 pm at St Peter’s Parish Centre, Delce Road, ME1 2EH
Non singers welcome, folders of words provided, led by experiences musicians.
Contact John Portman, johnportman@talktalk.net, 07989 783447, for information, dates and to let John know you plan to attend

Inclusive Church Services

Rochester Cathedral Dementia Friendly Service
Held in The Lady Chapel at 2.30 pm, usually 3rd Monday of the month. ME1 1SX
Contact Anna Chaplain Chris to check dates (annachaplain84@gmail.com)
A short service followed by a cup of tea and a natter.

Dementia Friendly Worship organised by Rochester Cluster Churches
Held 2.30pm 2nd Monday of the month at St Peter’s Church, Rochester ME1 2EH
Warm welcome and refreshments for those with dementia, their carers, and others for whom a shorter service is helpful.

Dementia Friendly Services at St Matthew’s Church Gillingham
2.30 pm 4th Wednesday of the month
At St Matthew’s on Drewery Drive, Wigmore ME8 0NX. A short, interactive church service followed by sharing over tea and cake. Ring Jean on 01634 387379.

HOPE at All Saints Church, Langton Green (GraceSpace)
2.30 pm 3rd Sunday of the month
Creative worship and spiritual refreshment for those living with dementia and other long-term conditions. Eucharist, Stories for the Soul, creative activities, hymns, tea and cake. Contact Rev’d Lynn, lynn@langtongreenchurch.org.uk

HOPE at St James’ Church, Tunbridge Wells
2.30 pm 1st Sunday of the month
Creative worship and spiritual refreshment for those living with dementia and other long-term conditions. Prayers and Bible stories, creative and sensory activities, hymns, tea and cake. Contact Rev’d Judi, curatestjames@gmail.com

Contact Julia (Julia.Burton-Jones@rochester.anglican.org) for further information or to update this list of activities and groups