

THE RECORD



April

2022



A Word from Gillian Rooney



Lent is well underway and I am in the midst of preparing for the Holy Week and Easter Services. The liturgical season of Lent developed over the centuries as a time of deepened reflection. Originally a period of preparation for baptisms on Easter Eve, it later became a time for all Christians to take stock of their lives and

examine how the connection to their faith was progressing—or not—and to recommit to a life of goodness.

This year we will indeed open up and take stock. But rather than feel guilty (a popular Lenten pastime) about what we haven't accomplished in our lives and faith, we will spend some time questioning how our culture's obsession with achievement and perfection actually keeps us from the true depths of life and faith. This Lent, we have been taking some time to turn ladder-climbing into garden-tending, nurturing our souls and embracing our holy, 'good enough,' lives.

There is an inordinate amount of pressure on us all and, in particular, on our young people to live or have the 'perfect life.' Such pressure can lead to oppressive expectations about perfection in our lives and in our faith.

This does not mean that we do not do our best - of course we should. God, though, recognises that our best is good enough.

As I write, the weather has taken a turn for the better and it finally feels like Spring is with us. The Peace and Reflection Garden at the Claremont side of the Church is a lovely spot to spend some time with God, offering prayers for ourselves and the world that we live in. We may feel that we cannot do anything to help when we see the terrible images broadcast from our televisions. I believe that by keeping the Ukrainians in our prayers we can make a difference to the situation. Of course, practical efforts are also needed and there will be a retiral offering in Church each week. We can also donate household goods and good quality clothing to the Black Door Shop as they continue to support refugees arriving in Glasgow through Maslow's.

Yours in Christ

Gillian

We Pray for Peace

War has returned to Europe with Russia's invasion of Ukraine in late February and March. We print below a hymn, sung in Church to the tune 'Finlandia' on Sunday 13th March, which was composed in response to the crisis in Ukraine by Carolyn Winfrey Gillette.

Carolyn was born in Virginia, USA, in 1961, brought up in the Methodist Church, and, as well as being a prolific writer of new hymns, is now co-pastor, with her husband, of the First Presbyterian Union Church in Owega, New York. Interestingly, another hymn, 'The Climate is Changing', was written last year to support efforts to counter climate change at the COP 26 in Glasgow.

FINLANDIA 11.10.11.10.11.10 ("Be Still, My Soul")

We pray for peace, O God of love and justice, as once again, we face a time of war.

The meek and humble try — amid the crisis — to love and build, to nurture and restore.

May leaders hear the truth the prophets teach us — that gifts of peace are well worth struggling for.

We pray for peace, O Christ who calmed the waters — who stilled the storm, who stilled disciples' fear.

You spoke with love and with amazing power; be with us now when trouble is so near.

May leaders see the miracle you offer — that words and deeds can calm the nations here.

We pray for peace, O Spirit here among us; your love emboldens, judges and restrains. Take any hate and acts of impulse from us; make leaders wise, amid competing claims. May we seek peace, O God of love and justice; may love and mercy be our highest aims

Tune: Jean Sibelius, 1899 ("Be Still, My Soul")
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The Black Door Shop and Giffnock Community Hub at a Orchardhill

The community work of the Black Door Shop has continued with donations being received of toiletries, clothing, crockery, cutlery, bedding, curtains etc which are so vital for refugees who are arriving in Glasgow via UK Border Force to various refugee charities operating to support them all over the Uk.

The Black Door shop takes in over a full van load of donations every week now, from people all over East Renfrewshire. .

Between 8 and 10 refugee families every day attend
Maslows Charity Shop in Govan in what they are standing in,
and are provided with temporary accommodation, food and clotues.

Education to teach the family English is started, with lessons in accordance with the child's age also being delivered. At 6 months the local authority provides accommodation and benefits.

At this stage the refugees require cutlery, crockery, bedding etc as well as white goods and furnishings. Inter Faith Food Justice Network, a Scottish Community Interest Company (IFFJN) provides the larger items through local charities, and our input here is to supply Maslows who, like us, are partners with IFFJN.



Since the last board meeting the broken fence at the Church officer's home was taken down, and as much wood as could be reused was cut to size of the timber that was purchased to rebuild the fence. The fence has now been reinstated and is almost all painted. I would like to thank the following who all helped deliver the fence:- David Arthur, James Going, Jim Kerr, Bruce Paterson and Craig Wheatland. A great effort by everyone. Thank you.

Lastly the door at the Hub has been replaced this week using the funds provided by Cora. The benefit immediately is the security has been greatly improved, and the loss of heat through the previous door has been seen immediately, as the area is much warmer.

Stephen Bennett
Deputy Convenor - Giffnock Community Hub at Orchardhill.



Easter Egg Appeal from LHM

As we look forward and make plans for Easter we want to give you the opportunity to support our Mission outreach initiative.

We opened our doors to a full weekday service again on 1st February, providing wellbeing activities such as football, interventions support such as fuel hardship advice, as well as our healthy breakfast and lunch which are free to all our visitors.

To celebrate this 'resurrection' of community life at LHM - with the possibility of new life, hope and meaning our service offers - we are inviting you to get involved in this initiative. As our church supporters, we are asking if you would make a donation of Easter eggs - during Lent - that can be gifted to those who do not yet know, or need to hear afresh, the Easter message of life, hope and a new beginning this year.

We would ask that you add a sticker/ label to the egg box saying...."A gift of hope from [insert church name]"

Reminding people that no matter the situation or isolation being faced, our clients are not alone and Gods people care.

If you are unable to contribute through your local church or would prefer to give a financial donation to support this initiative, all contributions will be gratefully received and you can donate in the usual ways:

Website: www.lhm-glasgow.org.uk
Direct transfer: 82-64-31 30060385
Or send a cheque, made payable to:

Lodging House Mission and posted to 35 East Campbell Street, Glasgow G1 5DT.

Thank you for the great support you give throughout the year which allows us to multiply the impact of our efforts.

Deacon Claire Herbert Chaplain LHM

Congregational Roll

DEATH

Marion Elliot Date of Death 19 March 2022

Well done thou good and faithful servant. Rest safe in the Lord.

Life and Work

April 2022

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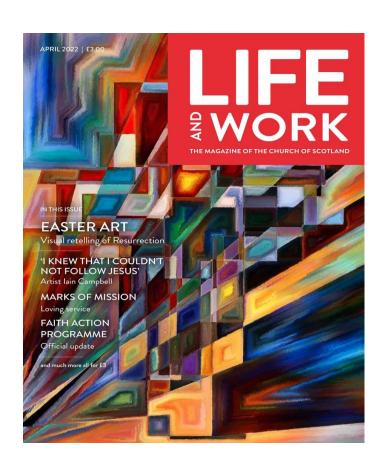
EASTER ART Visual retelling of Resurrection

'I KNEW THAT I COULDN'T NOT FOLLOW JESUS' Artist Iain Campbell

MARKS OF MISSION Loving service

FAITH ACTION PROGRAMME Official update

And much more across 52 pages....



Orchardhill Record

The deadline for inclusion of articles for the May edition of the Orchardhill Record is Sunday 24th April 2022.

Please continue to submit your articles for inclusion and we will produce an online copy available via the church website.

www.orchardhill.org.uk

Diary

Wednesday 30 March **Lent Reflections** 1.00pm-2.00pm Easter Pop Up Coffee 2.30pm-4.30pm 7.00pm on Zoom **Quiet Time** Sunday 3 April Family Worship 10.30am Wednesday 6 April **Lent Reflections** 1.00pm-2.00pm **Quiet Time** 7.00pm on Zoom Sunday 10 April Palm Sunday led by 10.30am Orchardhill Choir Wednesday 13 April **Quiet Time** 7.00pm on Zoom Thursday 14 April Maunday Thursday Service Giffnock Park Church 7.00pm Friday 15 April **Good Friday Service** Giffnock URC Church 7.00pm Easter Reflection followed by Sunday 17 April 9.00am Easter Breakfast Easter Sunday Family Worship 10.30am Wednesday 20 April 7.00pm on Zoom **Quiet Time** Sunday 24 April 10.30am Family Worship Wednesday 27 April **Quiet Time** 7.00pm on Zoom Sunday 1 May Family Worship 10.30am

Division of Sport and Exercise
University of the West of Scotland
Lanarkshire Campus
Blantyre
G72 OLH
United Kingdom

COVID19: Tracking Persistent Symptoms in Scotland

What is the study about?

We know that people respond very differently if they become infected with COVID-19. Some people need to be admitted to hospital, while others have few or no symptoms. After treatment, some people find that their symptoms can carry on for a long-time, even if their initial symptoms were mild. Commonly called 'long-COVID', studies have found different numbers of people are affected in different studies. This means that to help Scottish patients recovering from COVID19 infection, we need to study long-COVID in Scotland.

This project will improve our understanding of Long-COVID in the Scottish, particularly in people whose initial symptoms were relatively mild. We aim to track symptoms in people who have had a recent COVID19 infection to see how many people have long term symptoms, which symptoms last, and for how long.

Who is eligible to take part?

To take part, you will have to be over the age of 18, have had a positive COVID 19 test within the last ten weeks (PCR or lateral flow). You do not need to have been vaccinated against COVID19 or have had a booster to take part in the study.

What will I be asked to do?

If you agree to take part in the study, you will be asked to download an app onto your phone. The app asks questions about your symptoms and includes some questionnaires to help us understand how well you are feeling. There are also some quizzes and activities that let us understand if symptoms include problems in thinking clearly.

Can I find out more information before agreeing to take part?

Of course. If you are interested in taking part, or if you have a positive test in the future and would like to take part, then please contact us using the information below. We will get back to you with some more details on the study. We will check if you can take part and give you the opportunity to ask any questions. If you would still like to participate after that, we can enrol you in the study.

For more information concerning the study, please feel free to contact a research team member using the details below.

Prof. Nick Sculthorpe

Dr Marie Mclaughlin

Dr Lawrence Hayes

Dr Joanne Ingram

nicholas.sculthorpe@uws.ac.uk

marie.mclaughlin@uws.ac.uk

Lawrence.hayes@uws.ac.uk

joanne.ingram@uws.ac.uk

GOD

One of God's main jobs is making people. He makes them to replace the ones that die, so there will be enough people to take care of things on earth.

He doesn't make grown-ups, just babies, I think because they are smaller and easier to make. That way He doesn't have to take up His valuable time teaching them to talk and walk. He can just leave that to mothers and fathers.

God's second most important job is listening to prayers. An awful lot of this goes on, since some people, like preachers and things, pray at times beside bedtime. God doesn't have time to listen to the radio or TV because of this.

God sees everything and hears everything and is everywhere, which keeps Him pretty busy. So you shouldn't go wasting His time by going over your Mom and Dad's head asking for something they said you couldn't have.

Atheists are people who don't believe in God. I don't think there are any in Chula Vista. At least there aren't any who come to our church.

Jesus is God's Son. He used to do all the hard work like walking on water and performing miracles, and people finally got tired of Him preaching to them and they crucified Him. But He was good and kind, like His Father and He told His Father that they didn't know what they were doing, and to forgive them and God said "O.K."

His Dad (God) appreciated everything that He had done and all His hard work on earth so He told Him He didn't have to go out on the road anymore. He could stay in heaven. So He did. And now He helps His Dad out by listening to prayers and seeing things which are important for God to take care of, and which ones He can take care of Himself without having to bother God. Like a secretary, only more important. You can pray anytime you want, and they are sure to help you because they got it worked out so one of them is on duty all the time.

You should always go to church on Sunday because it makes God happy, and if there's anybody you want to make happy, it's God. Don't skip church to do something you think will be more fun, like going to the beach. This is wrong. And besides the sun doesn't come out at the beach until noon anyway.

If you don't believe in God, besides being an atheist, you will be very lonely, because your parents can't go everywhere with you, like to camp, but God can. It is good to know He's around you when you're scared in the dark, or when you can't swim and you get thrown into real deep water by big kids.

But you shouldn't just always think of what God can do for you. I figure God put me here, and He can take me back anytime He pleases.

And... that's why I believe in God.

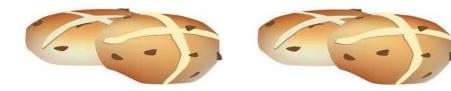
For the Children



Our Valentine's and Shrove Tuesday pop ups proved very popular

Our next event is our Easter Pop up on Wednesday 30th March 2.30-4.30pm

Join us at the front of the church for a cuppa and hot cross bun



How does the Easter Bunny keep her hair looking so nice?

She uses hare spray!

What is the best way to make Easter easier?

Put an "i" where the "t" is!

What do you get when you cross a rabbit with shellfish?

An oyster bunny!

What did one Easter egg say to the other?

"Heard any good yolks today?"

Aye Aye, that's yer lot 😉











Easter Scavenger Hunt – see if you can find the items listed above - in your house or garden





Our next Messy Church is on Friday 20th May You are most welcome to join us for games, crafts and dinner 4pm-6pm Contact Lorna to register your place youthandfamily@orchardhill.org.uk





Orchardhill Parish Church, Church Road, Giffnock Glasgow G46 6JR
phone 0141 638 3604 website: www.orchardhill.org.uk email: secretary@orchardhill.org.uk

Orchardhill Parish Church: Scottish Charity number SC 009774