

A message for Mothers' Union Members and Friends

Please help us make 'Hearts for Hospital'

Knitted or stitched for Covid19 patients and their separated families

Each Intensive Care /High Dependency patient gets one little crafted heart and the matching one goes to their separated family.

These paired hearts are going to be used for all palliative care COVID-19 patients hospital wide. The hospital is sorting out a storage room/space just for these little hearts! The hospital says no heart will go unused or wasted.

The finished hearts should be 7 cm x 7 cm max in any colour, knitted, crocheted or sewn. Any fresh and clean yarn or fabric is fine as the hospital will follow the usual procedures for sterilising/quarantine. One of the pair is going to be sent in an envelope with a card to the separated or bereaved family, so please make flat hearts only. If stuffed hearts are already made, do please send them in and they will be used (see below)*. Examples of patterns:

<https://www.ravelry.com/patterns/library/hearts-28>

<https://www.crochetleaf.com/basic-heart-gallery.html>

All hearts must be bagged in pairs and fully sealed in airtight bags and clearly marked with the time and date, so staff can be confident that 72 hours has passed before they open them.

Please do not have personally delivered to the hospital, to save staff any extra work. The **postal addresses** are:

For N&N Hearts

HEARTS FOR COVID-19
Patient Experience and Engagement Team
Level 2 Outpatients - West Block
Norfolk and Norwich University Hospital
Colney Lane
Norwich
Norfolk
NR4 7UY

For Kings Lynn Hearts

HEARTS FOR COVID-19
Queen Elizabeth Hospital
Gayton Rd
King's Lynn
PE30 4ET

via Facebook, adapted Jenny Holcombe, MU Trustee, (Projects) April 2020

* Mothers' Union requirements : "Stuffing used to fill the hearts should comply with the British Standard BS5825 for fire retardant quality and BS1425 for cleanliness and quality".

NB 'Large letters' of A4 x 1" thick max. should fit in post boxes, but check the weight and how many 1st and/or 2nd class stamps you should use!

IMPORTANT FOOTNOTE

Please, if you respond to this request and send Hearts to Hospital, would you kindly let me know and possibly send me photos of what you have made, so we know and can pass on news of your efforts for others. Thank you very much.
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