Tremorran Quiet Garden Visit

Wednesday 20th July, 10am – 1pm

"Tremorran is part of the <u>Quiet Garden Movement</u>. Quiet Gardens provide hospitality and a safe, quiet space for coming home to oneself, for spiritual contemplation and reflection. People can come 'Back to the Garden' anytime.

The garden is set in the grounds of Tremorran which was built as a mine captain's house at the turn of the 1900's. There is a maze of paths perfect for

prayer walks, separate gardens to discover on the walks... the studio garden with lily pond, kitchen garden, orchard, the west lawn with a fish pond, fuchsia alley and secret garden. The gardens are furnished with seating, sculptures and standing slates to aid meditation and prayer. A granite labyrinth in the paddock provides further time for thought and prayer."



Annie Holland has very kindly offered to host a morning for a group of us from St Buryan. Whether you have a lifelong strong Christian faith, you are seeking to find relevance in the Christian faith in our lives today or you have no faith at all, everyone is very welcome to join a morning of reflection, meditation, time for ourselves, as well as a chat and coffee! All led by the inspirational Annie Henry.

> Let me know if you would like to join us by: Tuesday 19th July @ 12pm Lifts to Tremorran (Botallack) can be arranged

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