

## BAMFORD CHAPEL & NORDEN URC MISSION/VISION STATEMENT



#### **Worship**

In our devotion we will come together to express our joy, love and thanks through worship.

We shall share our praise and dedicate it to God.

#### Ministry

Through the guidance of the Holy Spirit we will show compassion and love by understanding, supporting and meeting the spiritual, the physical and the emotional needs of others.

#### **Evangelism**

We are called as Christians to share the good news; living as examples of Christ in our everyday lives we can spread the word and love of Jesus.

### **Discipleship**

We as a church have a responsibility as Christians to encourage people to know God and to enable them to develop their relationship with Him through prayer, discussion, study and learning.

#### **Fellowship**

We welcome to our church family those who want to belong. We show our love for others by sharing acts of fellowship in God's name.

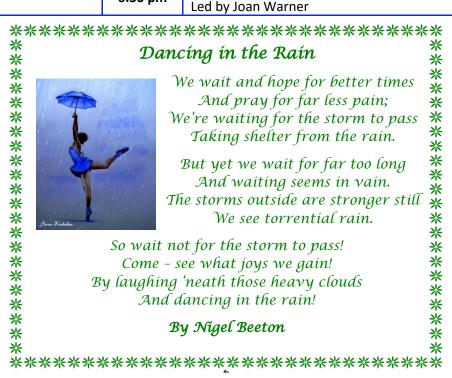


## June

Sunday 3 <sup>rd</sup> June	10.30 am	Family Worship with Communion Led by Revd Andrew Mills (Moderator)
	6.30 pm	Informal Evening Worship Led by Joanne Ackroyd
Monday 4 <sup>th</sup> June	7.30 pm	Focus on Prayer Group (Crèche or Lounge)
Tuesday 5 <sup>th</sup> June	8.00 pm	Tuesday Home Group at the Manse
Thursday 7 <sup>th</sup> June	7.30 pm	Elders' Meeting
	7.00 to 9.00 pm	Churches Together Alpha Course Session 7 (at Brimrod Methodist Church)
Sunday 10 <sup>th</sup> June Gift Day	10.30 am	<b>Family Worship</b> Led by Ken Greer
	6.30 pm	<b>Formal Evening Worship</b> Led by Revd Richard Bradley
Monday 11 <sup>th</sup> June	7.30 pm	Focus on Prayer Group (Crèche or Lounge)
Thursday 14 <sup>th</sup> June	7.00 to 9.00 pm	Churches Together Alpha Course Session 8 (at Brimrod Methodist Church)
Saturday 16 <sup>th</sup> June	9.30 am	Church "At Home" Weekend (see page 7)
Sunday 17 <sup>th</sup> June Father's Day & Church Weekend	<b>10.00 am</b> see page 7	Family Worship & Church Weekend Led by Revd Richard Bradley
	6.30 pm	Informal Evening Worship with Communion Led by Revd Richard Bradley
Monday 18 <sup>th</sup> June	7.30 pm	Focus on Prayer Group (Crèche or Lounge)
Tuesday 19 <sup>th</sup> June	8.00 pm	Tuesday Home Group (venue to be decided)

## June 2018.....

Saturday	10.00 am -	Churches Together Alpha Away Day
23 <sup>rd</sup> June	4.00 pm	(at Bamford Chapel & Norden URC)
Sunday 24 <sup>th</sup> June	10.30 am	Family Worship Led by Revd Richard Bradley
	6.30 pm	Formal Evening Worship Led by Cath Atkinson
Monday 25 <sup>th</sup> June	7.30 pm	Focus on Prayer Group (Crèche or Lounge)
Thursday	7.00 to	Churches Together Alpha Course (Session 9)
28 <sup>th</sup> June	9.00 pm	(at Brimrod Methodist Church)
Saturday 30 <sup>th</sup> June	12 noon - 2.00 pm	Missional Partnership "Getting to know you" event at Bamford Chapel & Norden URC - ALL Welcome!
Sunday 1 <sup>st</sup> July	10.30 am	Family Worship with Communion Led by Revd Richard Bradley
	6.30 pm	Informal Evening Worship Led by Joan Warner



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## Weekday Opportunities for Learning & Sharing Fellowship

**Monday:** 9.00 am Monday Maintenance Gang

(who do work in or around the building)

10.00 am Pastoral Meeting

1.30 pm Bridge Club

7.30 pm Focus on Prayer (God Squad Room)

8.00 pm Monday Night Home Group

**Tuesday:** 9.00 – 11.00 am Toddlers' Group

1.30 – 4.00 pm Indoor Bowls (Upstairs Hall)

From 6.00 pm Rainbows, Brownies, Guides

Wednesday: 12 noon Luncheon Club

6.30 pm Boys' Brigade & Girls' Association 7.30 pm Home Group 'Exploring the Bible'

**Thursday:** 10.00 am Community Coffee Morning

Friday: Beavers, Cubs and Scouts

**Sunday:** 7.30 pm God Squad (for Teenagers)

## Fortnightly & Monthly Opportunities

Tuesday: Stillness & Sharing 5<sup>th</sup> & 19<sup>th</sup> June

2.15 pm In the Lounge

**Home Group** 5<sup>th</sup> June at the Manse 8.00 pm 19<sup>th</sup> June (to be decided)

Thursday: Ladies' Fellowship 14<sup>th</sup> June (see page 9)

7.45 pm at Chapel Admission £3.00

Heritage Group 21<sup>st</sup> June

7.00 pm (3<sup>rd</sup> Thursday in the month)

Saturday: Ian Newman Community Film Club

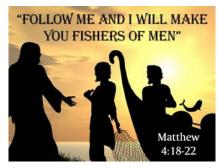
6.30 pm refreshments 21<sup>st</sup> July (see page 24)

Film starts 7.00 pm Admission £3.00

Further information on the **weekly notice sheet** or visit the website at **www.bcnchurch.org.uk** or speak to an Elder.

## **Message from the Manse**

Jesus said, "Follow me, and I will make you fish for people."



The Bible verse above comes from Matthew 4:19 (this quote is from the *New Revised Standard Version* of the Bible). These words were spoken to Peter and Andrew when they were fishing. Jesus invites them on a journey that will change their lives beyond all recognition. The same call is offered to each of us as Jesus calls us to "follow him"

so that he can commission us to "go".

The title of my sermon on the 6<sup>th</sup> May was "Discipleship: Call and Commission" (you can listen to it on the church website if you missed it). I used the portion of scripture from which this verse is taken. I also used the "Great Commission" passage from the end of Matthew's gospel too.

I mention these passages again because *Discipleship* is very much on my mind at present. Missional Partnerships were recognised on Sunday 20<sup>th</sup> May. At the heart of Missional Partnerships is the theme of Discipleship. In the service on the 6<sup>th</sup> May I mentioned the national ministers' conference I had attended at Yarnfield in Staffordshire. The theme of that four day conference was "Walking the Way – Living the life of Jesus today."

Missional Partnerships are one way of the local "North Western Synod's" strategy for delivering Missional Discipleship. "Walking the Way — Living the life of Jesus today" is the national strategy for the church as we think about following Jesus (aka discipleship).

For me in nearly 13 years of Ordained Ministry and in 20+ years of being involved in the URC (most of that time in this Synod) I think this is one of the most hopeful and exciting times I have felt in the URC.

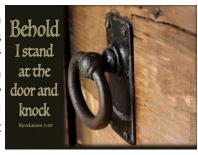
Yes, there are many questions that need answering when it comes to Missional Partnerships and what will happen with Ordained ministry. But sometimes when we journey with Jesus we need to start that walk and it is on that walk that Jesus reveals more of his plan to us. When Peter, Simon, James and John were first invited (commanded?) to follow Jesus they didn't stop and ask a huge number of questions – they got out of their boats and followed in faith and trust.

Many of us have questions around Missional Partnerships, I probably have as many! BUT.... I want to encourage us to engage with the process or the journey and trust God together as we embark on a new chapter in the life of the denomination and Synod.

That is why the Church Weekend is so important as we place God at the centre of that weekend. I make no apologies for that being a spiritual weekend. I firmly believe God is testing us at this time as a local Church, Synod and denomination to trust Him as we walk in the footsteps of Jesus.

This week in my quiet times I have started reading the book of Revelation. One day this week I was reading Revelation 3 and verse 20: "Listen! I am standing at the door, knocking; if you hear my voice and open the door, I will come in to you and eat with you, and you with me." (NRSV)

Friends I believe Jesus is knocking on the door — both the door of this Church and the door of each of our hearts.... He is waiting for us to open that door and begin the new adventure! I pray each of us will open the door of our hearts and let Him in!



#### God Bless, Richard

(ps - I know this is more like a sermon this month.... I didn't know where I was going when I started typing. I believe these words are from God for this Church and for each one of us today.)

## Beautiful Days

(Hebrews 13:5)



Lord, it's a beautiful day sun shining, birds singing, blossom and flowers at their best. I'm thankful, but so, so lonely, so, so sad. Summer doesn't fill the gap, it widens it. Smiles and shorts and sun-cream, the holiday plans of others magnify my loss. Lord help me, please. Restore my strength, hold me close and safe in the reality of your presence which my loved one also shares! He is with you, you are with me, and so we are connected by love-links which cannot be broken. We still share the beautiful days you give, just differently. Thank you, Lord.

By Daphne Kitching

### **Church Weekend at Home**

Saturday 16<sup>th</sup> and Sunday 17<sup>th</sup> June Starting at 9.30 am on Saturday with

refreshments



As part of the life of the Church we will be using some of Chick Yuill's book "Moving in the Right Circles – embrace the discipleship adventure". With the start of "Missional Partnerships" (Synod Discipleship strategy) and "Walking the Way: Living the life of Jesus today" (the national Discipleship initiative) Discipleship is such a vital part of being followers of Christ.

This weekend is about learning more about following Jesus. None of us have learnt all we can in this regard. We are always learning more and it is important to come together to learn more about the Lord who invited us to "Come, follow me" that we may be people who can be made into "fishers of men and women."

If you cannot commit to the full Saturday (16<sup>th</sup>) then come along to as much of it as you can. We hope to have a social event on the Saturday night – probably a quiz night. (If you can only come for the social at night (with food prior) then you are welcome to attend just for that part if you want.)

For the purposes of catering for Saturday tea time please add your name to the sign-up list on the notice board in the coffee area.

Sunday (17th) will start at 10am with refreshments for 15mins and then starting the "service" at 10.15am

More details of the Church weekend available at the back of Church.

# May Meeting AGM with Pot Luck Supper

The evening opened with a welcome from our Chair, Margaret Frain followed by a prayer from

me. Linda Kerford, Treasurer/Co-ordinator gave a resume of the year's activities which had been very varied and interesting. She then talked about the future of the Fellowship. With a decrease in numbers attending and volunteers to help organise events, there was a problem. Fewer numbers attending meant not as much income to pay for speakers. What was ideally needed was an increase in younger members as well as opening the group up to a wider community. Linda was going to address this issue by circulating flyers at the weekly coffee morning, writing a magazine article and approaching people personally. The current committee members agreed to help with this. Due to the current situation, committee members were not elected. See separate article from Linda (page 10).

No events had been planned for the season commencing September except for possibly a Jewellery Evening in September [Christmas presents], the October meeting to fill boxes for Carol Hartley's charity. She brought a box of chocolates from those receiving last year's gifts as a thank you for the effort we put in yearly. They were delicious!!! A Christmas meal was also planned for 2018.

Linda then handed out quiz sheets entitled "Who do you think they are?" (Seven cryptic clues about members of Bamford Chapel and Norden URC.) Two people had two correct!! Chocolates as a prize were shared between



them. One clue was [see me if you wish to know who this is] "Who was the head boy who played rugby for Lancashire."

Another very successful raffle was held raising over £30 towards the Fellowship. Thank you again to those who donated prizes.

A most delicious Pot Luck Supper completed the evening. I am always amazed at the variety of food the ladies provide without any duplication as well as a balance of sweet and savoury.

Thank you to all who came and all who helped.



Summer Evening Meal: June 14<sup>th</sup> at Owens Restaurant, Ramsbottom. 6.30 for 7.00pm

Day Out: Thursday 9<sup>th</sup> August. Leaving Bamford Chapel at 9.00am

Travelling to Owd Barn Country Store, Ormskirk for morning coffee followed by a visit to Rufford Old Hall which is close by. Returning home around 4.30pm.



£23.50 but if a National Trust Member £15.50. Signing up sheet on Ladies Fellowship Notice Board. See me if you would like more details.

#### **Lesley Sutton**

#### **COUNT YOUR BLESSINGS**

Count your blessings instead of your crosses;
Count your gains instead of your losses;
Count your joys instead of your woes;
Count your friends instead of your foes;
Count your courage instead of your fears;
Count your laughs instead of your tears;
Count your full years instead of your lean;
Count your kind deeds instead of your mean;
Count your health instead of your wealth;
Count on God, instead of yourself.

This was one of the prayers at the meeting



## **Ladies Fellowship**

For well over 50 years the Ladies Fellowship Group has provided entertainment, education, companionship, friendship, fellowship and support. We have reached out into the community as part of the development of the church family. Now we need your support to help us continue this valuable part of Bamford Chapel and Norden URC.

Help is needed to organise some of the events that we endeavour to bring to our members. We only meet once a month and the small

committee meet just 4 times a year. Can you spare some of your valuable time to help us continue this service to our community? After so many years we do not want to be the ones to close this link between the church and the



community and the valued friendship and support it provides. If you think you can help, please contact us.

We ask that you pray for the continuation of Ladies Fellowship and all it means to members both past and present.

#### Thank you - Linda Kerford and Lesley Sutton

It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's Father would supply his son-in-law with all the mead he could drink.

Mead is a honey beer and because their calendar was lunar based, this period was called the honey month, which we know today as the honeymoon.

# Thank you for

prayers and concerns and flowers received

during my recent ophthalmic surgery



With Blessings

Gillian Galloway



Dear all,

Just wanted to say thank you for the lovely flowers delivered to me recently; I am so sorry I was out at the time.

I am overwhelmed at the concern shown towards me; it is very humbling.

I think my foot is on the mend but only time will tell and possibly another steroid injection.

Thank you so much again.

God bless and love to all

Lesley Ashworth

## Mbuluzi, Swaziland

Opposite is a review from Pauline & Bernard Thompson of their project in Swaziland. Bamford Chapel & Norden URC held a fund-raising dinner in November 2017. Precious Nweko, one of the pre-school teachers said "I as a teacher say thank you very much for what you have done for me and the children. May the Almighty God bless you and the people who donated for us at Mbuluzi."



#### **Swaziland 2018**

(The Kingdom of eSwatini) – as announced by King Mswati III on April 19 2018

27 April 2018



#### Dear friends and supporters

2017 was a very successful year for us raising money for our work in Mbuluzi, Swaziland. Many family and friends gave us donations, Bamford Chapel held a fund-raising dinner and many people bought my home-made chocolates during November 2017.

We have a team of elderly knitters across the country who knit and donate woollen jerseys (85 this year) and two ladies who knit as many woolly hats (120 this year) as we need.

As a result of this we went with 3 very large, very full, suitcases and two pieces of hand luggage with the majority of space being used for the children of Swaziland.

This year the money was spent on:-

- New shoes and socks for 37 children
- Educational materials for both pre-school and primary school
- Six new computers for the primary school. In previous years we have bought 9 computers, a
  projector and 1 screen. The head teacher has had computer room built but until another
  classroom has been built the computer room cannot be set up.
- 10 families were given money to enable their children to go to high school and avoid the children being chased away if fees are not paid.
- Full uniform and school bag for one child
- Food for one family.
- Always footballs and skipping ropes for the primary school we take them with us.

Whilst we were there Bernard carried out some staff training on the computers and introduced Grade 7 (44 of them!)(13 and 14 year olds) to technology before they move up to High School in January.

I taught Grade 2 (29-7 and 8 year olds) Mathematics covering 2D and 3D shapes and their 2 and 10 times tables to music. Language difficulties were a bit of a problem but in the end they knew the square from a cube and could sing the tables.

We had some very difficult drives to reach rural areas as we had more heavy rain than usual and it had rained for several days before we arrived. For the first time we got stuck in the mud (Bernard got the car clear) and on the second visit we had to abandon the car and walk at least two kilometres carrying bags full of hats and jerseys. At least families are not worried about their crops this year.

We both appreciate all the help and support we have from everyone who has contributed in any way and we offer, on behalf of the children in Mbuluzi our grateful thanks.

Pauline & Bernard Thompson

# Thank you

I would like to say a very big 'Thank You' for all the cards and messages of support I have received since the sudden death of my husband Malcolm. I would especially like to thank Muriel Sturrock and Margaret Watson for the unstinting help and support they gave to me during these last few months (and even years).

God Bless Linda Kerford



## **Church Flowers**



Donations for flowers placed in church in May were received from:

Pat Gate in memory of Bob Elizabeth Greer for her Father's Birthday Also the same date her Mother died on his 80th Birthday

Editor: Paul Hardingham looks forward to the world cup...

## **World Cup Fever**

The former Liverpool Manager Bill Shankly famously said, 'Some people believe football is a matter of life and death, I am very disappointed with that attitude. I can assure you it is much, much more important than that!'

This month sees the start of the World Cup in Russia; a truly global event watched by billions on television.

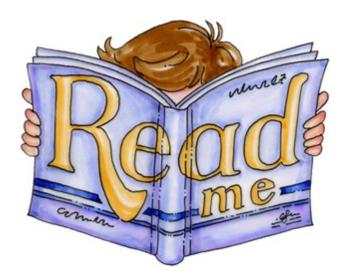
FIFAWORLD CUP RUSSIA 2018

Yet this competition illustrates some key points about the Christian life. As

Paul writes: 'But one thing I do: forgetting what is behind and straining towards what is ahead, I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus.' (Philippians 3:13b,14).

A prize to be won: The dream of every player in the competition is to be able to hold up the World Cup themselves. For us the prize is the eternal life, God's gift of relationship with him for now and eternity through Jesus. But there's an important difference between football and the Christian faith. To win the World Cup you have to be good enough, while Christ's love for us is underserved and is not dependent on how well we've done.

Training to be undertaken: If a team is going to win the World Cup, they have to train hard beforehand. Our training, as Christians, starts the moment we accept the gift of God's life. On a daily basis, we train ourselves to say no to the wrong things in our lives. As we build up our godly muscles we are better able to choose to do what is right in God's eyes. To enable us to do all this we need to engage in the spiritual disciplines of prayer, studying the Bible and being part of a church and small group. How is your training going?



## Bamford Chapel and Norden URC

As Assistant Editor of the magazine, I am writing to ask if you would like to write an article? It can be about anything you think would interest our readers. Review a book you have read, recommend a holiday location/place to visit. Put thoughts on paper about your faith journey or a testimony you would like to share.

The church magazine is considered by many to be the window of THE CHURCH. Let us have a look through YOUR window. We need your thoughts on the page

Speak to me if you wish to discuss this.

God bless

Lesley Sutton

## **Christian Resources Exhibition**



#### in Manchester on the 13th & 14th March 2019

I first went to the Christian Resources Exhibition when I was training for the ministry. I and my fellow students went to the event in the South. About 4 years ago Cameron Baines and I attended the northern event at Trafford Park.

It is an event where companies /organisations /charities etc. have stands and people with expertise in many and varied areas offer advice or sell their goods. The flyer says: "Worship, Youth, Families, Church buildings, Mission, Finance, Technology, and much, much more."

I find it a great exhibition. Some stands are of more interest than others but it is good to look around and pick up various freebies and seek advice on certain things of interest. I am suggesting we block book tickets for those who wish to attend. I will be going on one of the days (you don't go for both days). If you wish to attend because you are in any part of the work of the church (or want to go out of interest) then please see me in the coming weeks. For information please see www.creonline.co.uk

Last time I went Cameron and I looked around on our own and then met up for coffee and chat and then had another look around.

#### Thanks and God Bless, Richard

When you make a commitment, you build hope.
When you keep it, you build trust.

Editor: This guiz was kindly sent in by Melinda Cole, one of the editors at Parish Pump... it originally appeared in the East Leicester Fellowship of URC Churches.

## Can you find 30 Books of the Bible hidden in this passage?

This is a most remarkable puzzle. It was found by a gentleman in an airplane seat pocket, on a flight from Los Angeles to Honolulu, keeping him occupied for hours. He enjoyed it so much that he passed it on to some friends.

One friend from Illinois worked on this while fishing from his John-boat. Another friend studied it while playing his banjo. Elaine Taylor, a columnist friend, was so intrigued by it, she mentioned it in her weekly newspaper column.

Another friend judges the job of solving this puzzle so involving that she brews a cup of tea to help her nerves. There will be some names that are really easy to spot. That's a fact. Some people, however, will soon find themselves in a jam, especially since the books are not necessarily capitalised.

Truthfully from answers we get, we are forced to admit it usually takes a minister or scholar to see some of them at the worst. Research has shown that something in our genes is responsible for the difficulty we have in seeing the books in these paragraphs. During a recent fundraising event, which features this puzzle, the Alpha Delta Phil-Lemonade booth set a new sales record.



The local paper, the Chronicle, surveyed **Chronicle** over 50 patrons who reported that this puzzle was one of the most difficult they had ever seen. As Daniel Humana humbly

puts it, "the books are all right here in plain view, hidden from sight".

Those able to find all of them will hear great lamentations from those who have to be shown. One revelation that may help is that books Timothy and Samuel appear without their numbers.



Also, keep in mind, that punctuation and spaces in the middle are normal. A chipper attitude will help you compete really well against those who claim to know the answers. Remember, there is no need for a mass exodus, there really are 30 books of the

Bible lurking somewhere in these paragraphs waiting to be found.

#### (Answers on page 27)

## Quiet

A Sunday school teacher asked her children, as they were on the way to church service, 'and why is it necessary to be quiet in church?'

One bright little girl replied, 'Because people are sleeping.'











seventh day He rested."

## Thank You

I would like to thank all my friends at church who helped me with the school run to pick up my great-grandson Lucas; and all the other journeys they helped with whilst I had no transport of my own.



·Draw DO

God Bless Margaret Frain

## Thank you



I was grateful to the members of Bamford Chapel and Norden URC for their prayers, good wishes and beautiful flowers, following my recent

emergency eye surgery.

Thank you for your kind thoughts.

Kínd regards Susan Travís Editor: Christianity.org.uk is the website of the Christian Enquiry Agency Ltd. This is an agency of Churches Together in England.

#### Life is Precious



Christians believe that there is something special about human beings. Being human is not the same as being anything else in the cosmos - different in nature from being a rock, a tree, a spider or a chimpanzee. Humans are 'in the image of God'. That means we share something of the nature of God - we know the difference between good and evil, we have the ability to be creative, we have a capacity to love and seek justice, and we have a nature which is in some way eternal (some people call this a soul).

Everything Christians believe about the sanctity of life follows on from this. And the most wonderful of those facts is a belief that God knows every human individually - from the baby that lives only a few tragic minutes to the great-grandfather who celebrates his hundredth birthday. Christians also believe that God has a total and unconditional love for every human. (This is exhilarating but also challenging, because it means he must have loved Hitler as much as he loved Saint Francis of Assisi). It means that God loves you, wherever in the world you are reading this right now.

Several things follow logically from this:

**Human life is very precious**. In Christian ethics all humans should treat all humans with total respect. Admittedly we are not very good at this, but that is what God has asked of us.

**Humans need to respect themselves**. That means Christians try to do something worthwhile with their lives. For almost all Christians it means they try not to throw their one beautiful life away by viciously abusing drugs, alcohol, tobacco and so on.

Humans need to respect others. Out of this has come the laws that have made the UK civilised - about murder, the death penalty, abortion, euthanasia, contraception, embryo experimentation and so on. All these are controversial and Christians don't agree. However, they try to have their debates about it in the context of seeking God's best for humankind.

**Human life has absolute dignity**. Perhaps the most important belief of all is that God himself has inhabited a human body and so he has conferred utter dignity on human flesh. Christians believe that in Jesus God himself was walking and talking on this planet.

Find out more about Christianity at www.christianity.org.uk

## Carol Hartley & Susan Coates



are holding

A Grand Tombola Heywood Market Friday 22nd June 9 am to 3 pm

In aid of Heywood Food Bank (Children's Project) and Children of Belarus

Your support would be gratefully appreciated

## **Christian Aid**



Christian Aid week got off to a good start when the CWM committee did the Sunday morning service. We were reminded of the suffering of

the people of Haiti in recent years as a result of the massive earthquake and then, more recently, the hurricane which also devastated homes and killed many people. The money raised during Christian Aid week will be going to alleviate the on-going suffering of the Haitian people.



Six-year-old Charles Kerby holds his 11-month-old sister Mikerlina Dragon inside the Ste Therese camp, set up for people displaced by the 2010 earthquake, in Petion-Ville, Haiti, in June 2012. Kerby had to drop out of school after the 2010 earthquake to help his working mother care for his two brothers and sisters. (Dieu Nalio Chery/AP)

I am delighted to tell you that the Big Brekkie which we held on the day of Prince Harry and Meghan's wedding was really well supported and we raised an amazing £148. Thank you to all who supported that event. I think the bacon baps were appreciated by everyone!

An even bigger thanks to all those who volunteered to be involved in the House to House collection. As I write this, I have already banked £1,913 and there are still a couple of bags that haven't come back yet. I think that, as a Church, we can be justifiably proud of the number of volunteers who are willing to help in this venture and of the amount of money that we raise each year. I think you are amazing. So well done everyone.

**Margaret Ogden** 

## **COMMUNITY COFFEE MORNING**

Extract from a letter to Pat Gate from:-



17<sup>th</sup> April 2018

Dear Pat

For the year 2017 the group has donated £500 towards patient care. Your support is very much appreciated and your donation will go directly towards the ongoing costs of providing care for patients and their families here at Springhill.

I send the thanks of our patients and their relatives, staff and volunteers for your kindness.

With best wishes

Yours sincerely

## Emily Kennedy

Head of Business Development and Fundraising

Did you know.... In the 1400's a law
was set forth in England that a man was
allowed to beat his wife with a stick no
thicker than his thumb. Hence we have 'the
rule of thumb.'





# THE IAN NEWMAN COMMUNITY FILM CLUB

## at Bamford Chapel and Norden URC Norden Road, Rochdale OL11 5PQ

The film club has now been in existence for nine months. The opening night was a wonderful occasion and on the anniversary [15<sup>TH</sup> September] it is hoped to have another celebratory evening [with a cake]. The film is "Murder on the Orient Express."

We have experienced a few teething troubles but I feel these are gradually being ironed out with the help of many people. You know who you are. I would like to thank you ALL for the support and help you have given to this new initiative. Special mention should be made of Rochdale Township who have generously assisted with finances throughout the early months.

It is pleasing to see "new" faces attending the films. Community is at the heart of this film club and it is very gratifying to welcome strangers into our church.

I hope you have enjoyed the varied films we have chosen and will enjoy the future screenings. At the May film we introduced sub titles which were appreciated by many who recognise that projection is not always in an actor's repertoire unless they have been stage thespians before.

There won't be a film in June but we return on:

21<sup>st</sup> July with "Dunkirk" 12A

A 2017 war film written, directed and produced by Christopher Nolan that depicts the Dunkirk evacuation of World War II.

We welcome any suggestions/comments from our cinemagoers so please don't hesitate to speak to either myself, Joan Warner [Chair] or Linda Lees [Treasurer].

**Lesley Sutton** 

I never go outside unless I look like Joan Crawford the movie star. If you want to see the girl next door, go next door - **Joan Crawford** 

Tomorrow hopes we have learned something from yesterday - **John Wayne** 



Unless you have actually called into the Foodbank you might like to know what happens day by day. Clients have to be referred by our agencies across the borough and come with a red voucher which tells the volunteers their

name, address, age bracket and the number of people in the household. By far the majority are single claimants. We then have to check their details on the computer to ascertain their eligibility to be offered food that day. (Clients are only entitled for assistance three times in six months, as it is not meant to be an on-going food provision service, but a crisis resolution facility only). If they are entitled they are then invited to have a hot drink while they wait for their food to be packed. Some of the volunteers are assigned to sit and chat with the clients while they have a drink and I think some of them value that opportunity as much as getting the food. We also offer a debt counselling service.

Recently all the volunteers have been required to attend a training session which covered things like ethos, health and safety, manual handling, data protection and general housekeeping. Iain Wight who led the sessions informed us of some statistics which you might find interesting.

Since the Foodbank opened in October 2012

We have fed over 35,000 people, including 12,000 children.

We have dated and sorted around half a million food items.

We have met over 17,000 clients.

We have handled over 21,000 boxes on and off the picking shelves.

The amazing thing is that there are few volunteers who quit. Many of us have been there since it opened and all of us enjoy the work we do and

feel that it is rewarding. Please keep your donations coming in because without you this valuable service could not run. If anyone would like to see the Foodbank in operation, have a word with us and we will arrange for you to come down on a Thursday when we are both in.

Thank you once again



## Go Germ, Go



You may be wasting your money on antibacterial wipes and sprays because common germs can replicate themselves in just 20 minutes, recolonising to their original mass. And so it is that Dr Clare Lanyon, a biomedical scientist from Northumbria University, says that using wipes on kitchen surfaces is in fact 'an absolutely redundant' exercise.

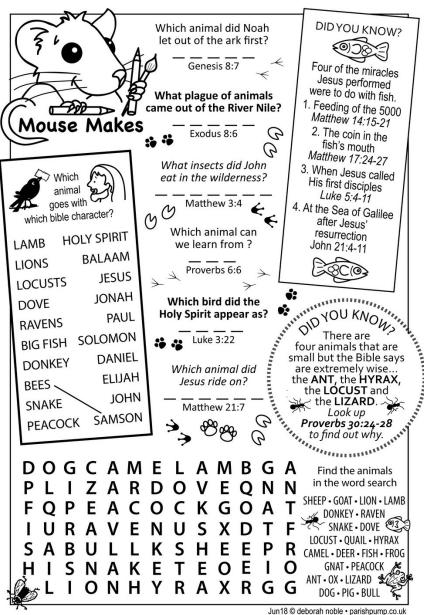
Following a programme for the BBC, Dr Lanyon said: 'The point of the show is that you don't need to be so fastidious in cleaning your home because you can't actually remove all bacteria, and nor would we want to — exposing ourselves to everyday pathogens is good in keeping the immune system healthy and strong.'

She goes on, 'Personally, I don't waste my time purchasing antibacterial products for the home... our research found that a lot of antibacterial cleaning products were not as effective as good old-fashioned soap and water.'

## Answers to "Books of the Bible" Quiz (page 18)

The books of the Bible, as they appear in the quiz, are as follows: Amos, Mark, Luke, John, Joel, Judges, Job, Hebrews, Esther, Acts, James, Ruth, Romans, Titus, Matthew, Genesis, Philemon (spelt Phillemon in quiz), Chronicles, Daniel, Nahum, Hosea, Lamentations, Revelation, Timothy, Samuel, Numbers, Malachi, Peter, Exodus, Kings.

## Children's Page



### **BAMFORD CHAPEL & NORDEN URC MAGAZINE**

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## DATES FOR THE JULY/AUGUST MAGAZINE

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**Times of Services:** 

Family Worship: 10.30 am: Holy Communion 1st Sunday in month Evening Worship: 6.30 pm: Holy Communion 3rd Sunday in month