

Midweek Discipleship



This leaflet seeks to bring together the midweek options on offer which aim to help us grow as disciples of Jesus: As the church has grown larger, these have become more important in enabling us to care for one another more effectively, make friends, pray together, exercise our gifts, and grow

in faith, service and mission.

The Bible says *Do not give up the habit of meeting together, but encourage one another* (Hebrews 10:25). We're a diverse church, with different work patterns, personalities and needs, so we recognise that "one size does not fit all".

Life groups are typically gatherings of 6-18 people which meet mid-week in homes or by videoconferencing or a combination. Details of the groups currently running are below. You can find email addresses on the Long Furlong church address list. The goals of Life Groups are:

- Growth to maturity in our life-giving relationship with God through prayer, worship and bible study;
- Honesty with real sharing and support - where discipleship can happen;
- Reaching out in love and service to the communities around us.

If you are not currently in a group and are interested in finding out more about our Life Groups, or would like to change groups or start a new group— please talk to Andrew Turner, lifegroups@cca.uk.net.

Monday evening Group

Monday evenings fortnightly 7:30

Venue: Rainbow Way OX14 2PF

Leaders; Nigel & Ruth Chown

We meet fortnightly with refreshments followed by bible study and prayer. Our aim is to be a group that grows in our understanding of our God, our faith and how we live it out and to encourage, support and pray for each other in the inevitable ups and downs of our lives.



Bingham Life Group

Tuesdays weekly, 8pm.

Venue: Rivy Close OX14 3TX

Leaders: Philip and Diana Bingham



We are a life group linked to CCA on Long Furlong. We meet every week and read the Bible or focus on issues such as well-being. We enjoy cake and biscuits and share what has been happening in our lives. We pray and encourage each other. Some of us are involved with Street Pastors, music, preaching and children's work.

Green Shoots Group

Wednesday Fortnightly, 7:45pm

Venue: Alexander Close OX14 1XB

Leaders: David & Ticia Lever



We are a community committed to Jesus and being transformed through the Holy Spirit; to loving, caring and supporting each other in prayer and practical ways; to be an oasis where we can deepen our relationship with God and each other through studying Scripture, discussion; meditation and practical application; to sharing Jesus with others and engaging with broad life concerns; to sharing friendship and fun through hospitality and laughter.

Jars of Clay

Wednesdays fortnightly 8:00 pm,

Venue: Oxford Rd , OX14 2EE

Leaders: Jeremy Fry and Jo Walker



Often self-referred to as the CBeebies Life Group, we are a group of new and not so new Christians linked to CCA Long Furlong exploring what it means to follow Jesus through a lot of laughing, bible study and cheese....

Friday morning Group

Fridays 9:30 for 10:00 am,
Venue Abbey Baptist Church OX14 2BB
Leader: Claudette Beale



We aim to create a warm environment where adults at all stages on their faith journey can be encouraged, and where we can easily bring along friends. We are a diverse group of ages, life stages, nationalities and denominations. We meet mostly at Abbey Baptist Church and we start with a cuppa, followed most weeks by a Bible study and prayer. Outreach is important to us & we host a women's brunch for our friends & neighbours 2-3 times a year. A crèche is provided for those bringing pre-school children.

Thursday afternoon

Thursdays, fortnightly; 1.30 - 3pm
Venue Holland Road; OX14 1PH
Leaders:- Ruth Chown & Kath Cooke



A group for women of all ages where we aim to support and encourage each other in our Christian faith. Refreshments are followed by a short bible study and prayer for each other.

Thursday evening group

Twice monthly 8:00pm
Venue Loyd Close OX14 1XR
Leader Sheila McCabe



We're a friendly group that meets twice a month. We enjoy catching up with each other over refreshments followed by bible study/other short studies or following themes from the service, supporting each other through prayer and friendship. We also enjoy occasional socials and sharing hospitality.

Journey of Faith Groups

Monday evening – 8:00 pm Lounge NCR
Wednesday morning 10:30 Loyd Close OX14 1XR
Once a month
Leaders: Simon Furlong & Andrew Turner



Are there issues that you are struggling with - or perhaps you are facing a crisis - sometimes known as the 'dark night of the soul'? These groups explore these challenges on our journey of faith where our assumptions, perspectives and perceptions about God and ourselves no longer seem to work. By examining the "Stages of Faith" they also provide an open opportunity to air and reflect on issues in a relaxed and supportive environment by seeking to give people a bigger map with a more expansive vision and mature way to connect with God. Both groups meet once a month over a cuppa.

Prayer Triplets

A prayer triplet is three friends who meet to help each other to grow in their relationship with Jesus Christ — shaped by those in the group to be as flexible as needed—e.g. meeting fortnightly over a coffee, or for breakfast and prayer before heading off to work. It is a place for high levels of accountability, honesty and openness—marked with real love for one another and a desire to grow spiritually.



Mentoring@CCA

Mentoring gives the opportunity to talk through issues that you might be facing in your life and faith - to think them through in a confidential setting with a trained mature Christian mentor. More information is available from the Welcome desk and www.cca.uk.net/mentoring. To team up with a mentor, please contact Andrew Turner through the link on the website or on mentoring@cca.uk.net.



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