



# Christ Church

Northcourt Road & Long Furlong

*“With Jesus, Like Jesus, For Jesus”*

EASTER 3

SUNDAY 3<sup>RD</sup> MAY 2020

## WELCOME TO THE NEW NEWS SHEET

Now that we're several weeks into the COVID lockdown, we're merging the weekly news sheet and the COVID19 newsletter, into this new combined format, which we hope is easy to look at online and also to print out at home.

## CHURCH INFORMATION

### Christ Church Together

While the congregations across the two Christ Church sites are unable to meet physically during the Coronavirus outbreak, we're producing a joint Christ Church Northcourt Road and Long Furlong news sheet each week.

### Sunday 3<sup>rd</sup> May

We're livestreaming again this Sunday morning at **10:30am** - all welcome!

<https://youtu.be/upWOBPUKab8>. After the livestream, why not make a cuppa and phone someone, or Zoom in your network, to encourage one another in the Lord.

And at **4pm** we're streaming the weekly Family Worship Resource, <https://youtu.be/Sr-RLiXTH1I>. This week's story is the Prodigal Son, brought to us by Jeremy Fry. All welcome!

### Technical/Practical Support

The Networks are the first line of offering help to those who need shopping or medicine picking up etc. We are also aware that with the new apps/software currently being used, there may be some people who need help with this. If your network is unable to help with your needs then please contact the central team of people keen to offer help by emailing [coronahelp@cca.uk.net](mailto:coronahelp@cca.uk.net) or phone the church office on 07707 850282.

### News sheets, Prayer Diary, Mission of the Month

We're continuing to produce these, making them available on the church websites and from MyChurchSuite. If you have any problems accessing these, please contact our Ops Manager [clint@cca.uk.net](mailto:clint@cca.uk.net).

### Parish Giving Scheme Telephone Registration Pilot

If you are considering setting up a direct debit through the Parish Giving Scheme for your giving to Christ Church, they are now giving the option to set up a regular donation via the phone. The PGS website has more details, but you can either ring them or ask for them to give you a call back. Their website is <https://www.parishgivingscheme.org.uk/> or you can follow the link on the Christ Church giving page (<https://cca.uk.net/give/>).

### Church Office

Clint is working from home. Email [clint@cca.uk.net](mailto:clint@cca.uk.net), phone 07707 850282. The news sheet is now being produced by Clint and Suzie. Please send any information to be included in the news sheet to the office email: [office@cca.uk.net](mailto:office@cca.uk.net) by 4pm Thursday. Please try to keep information to a 65 word limit.

### Christ Church Networks

Connecting church members to TALK, PRAY, and HELP, so everyone feels they belong, are known and loved. If you would like to join one, contact [clint@cca.uk.net](mailto:clint@cca.uk.net)

## FEEDBACK/REVIEWS

### Independent Safeguarding Review

The report from the independent safeguarding review on the handling of the Tim Davis case will be coming out in the next few weeks. We will signpost it to the church as it becomes public.

### APCM

The Annual Parochial Church Meeting (when we receive reports, explore the vision, and elect PCC members) has been postponed until the Autumn because of COVID19.

## PCC Feedback

Your PCC (Parish Church Council) met last Monday evening on Zoom, masterfully chaired by Philip Bingham. It's such an encouragement that we have godly, prayerful and wise PCC members. We received and discussed a vicar's report, heard about staffing plans during the COVID19 restrictions, received reports from the Mission Support Group and The Barns Café, we paused for prayer, and then reviewed the Annual Report to the Charity Commissioners, our finances, and approved a couple of new policies (video conferencing with children and young people, and the recruitment of exoffenders). Do chat to PCC members to find out more (see <https://cca.uk.net/whos-who/>).

## Long Furlong Leadership Team Feedback

The LF Leadership team has met physically and virtually since our last feedback. Some normal business has been done (e.g. making sure that the annual report is in a new 'readable' style thanks to David Lever; progressing a new banner etc.) and reviewing worship with Richard Kemp-Harper. However, mostly we have been working out our response to Covid 19. Initially, it has been a pastoral review, but we have begun to think & pray about the future shape of church, how we connect & grow, during this time. Do contact any of the team if you have ideas or concerns - Diana Bingham, Nic Cook, Kath Cooke, Phil Cooke, David Lever, Jane Robinson, Anne Taylor & Derek Walker.

## OTHER NEWS/UPDATES



### Barns Café News

The Barns Café has been closed to customers since Saturday 14 March because of the COVID19

outbreak. Following consultation with staff, and with their agreement, the Barns Cafe Directors and PCC have furloughed all the Barns Cafe paid staff, with the exception of the manager Phil Adams. Phil will split his time between Abingdon Foodbank and undertaking ongoing financial and management tasks for the cafe. We anticipate this will be for a period of 3 months, but are keeping the situation under review. Please be praying for all the Barns Cafe team, both paid staff, volunteers and Directors. Pray also for those in the community who are missing the friendship and relationships built through the work of the cafe.



### Foodbank

Thank you for all the donations of money and produce. This week's particular Foodbank needs are: Tins of meat - meatballs, curries, stewed steak, mince etc., Pasta, Tins of carrots and potatoes, Tins of spaghetti hoops, Sugar, Puddings - rice pudding, custard, jellies,

long life sponge puds, Jams, Cereal. Any produce can be brought to the church between 9:30 and 1:00 on Tuesdays and Fridays. It is hugely appreciated at this difficult time.

### Why Zoom Video Chats Are So Exhausting


Many of us will be thankful that social media is helping us keep some level of connection during the lockdown. But many of us are also finding excessive online video meetings like Zoom exhausting. Here's an interesting article that explains some of the psychology behind that, with some practical tips on protecting ourselves. Remember, Jesus came that we might have life in all its fullness! (John 10:10) [www.psychologytoday.com/blog/deviced/202004/why-video-chats-are-wearing-us-out](http://www.psychologytoday.com/blog/deviced/202004/why-video-chats-are-wearing-us-out)

### Daily Hope

Daily Hope is a free phone facility aimed for people who are self-isolating and have little or no access to internet technology. People can ring 0800 804 8044 and hear a message from Archbishop Justin Welby and then press a number to hear a hymn or prayer, a reflection or a service. Please let anyone you know who would appreciate this.

## UPCOMING EVENTS

### Alpha

 We're running some mini online Alpha's, looking at the big question of life and exploring Christian faith together. Details are on the website, but so far we're planning Alphas on Mondays, starting 11<sup>th</sup> May at 7:30pm, Fridays, starting 15<sup>th</sup> May at 2pm and another potential daytime group for young adults. We are in need of a technically minded person to help with the Friday afternoon group. Please Pray – for God to move by his Spirit and draw people to Jesus

Invite – who do you know who might value an invitation

Run – run a mini-online Alpha with a few others, invite your friends. Get in touch with us at [alpha@cca.uk.net](mailto:alpha@cca.uk.net) if God is stirring you.

### Thy Kingdom Come (21-31<sup>st</sup> May)

We're exploring joining in this global wave of prayer Thursday 21<sup>st</sup> May, Ascension Day: 11am Book of Common Prayer communion. Evening - virtual prayer gathering hosted by Long Furlong congregation Friday 22- Saturday 30 May – we're exploring this! Sunday 31<sup>st</sup> May, Pentecost, 6:30pm extended online worship, 6:30pm service/ Hungry style.



## Christian Aid Week (10-16<sup>th</sup> May)

Christian Aid is supporting the poorest communities in the world during the Covid 19 crisis. Donations are helping to

fund getting soap, clean water and medical supplies to these communities. To donate, please visit

<https://www.christianaid.org.uk/appeals/key-appeals/christian-aid-week>

## PRAYER

### Wednesday Morning Prayer Meetings

We've restarted the 8am Wednesday morning prayer meetings, online using Zoom. These run for 45 minutes, and include a Psalm and open praise, a bible reading and intercessory prayers. You're welcome to join, please email [keith@cca.uk.net](mailto:keith@cca.uk.net), or Dal on [wardendal@cca.uk.net](mailto:wardendal@cca.uk.net), or Janice on [chriswgordon6@aol.com](mailto:chriswgordon6@aol.com) for the meeting ID and password (which will be the same every week).

### Nessa Watts

Thank you to all of you who have been asking about how Nessa, our curate is. Nessa is signed off sick and will be for some weeks to come because of the COVID19 lockdown. Please uphold her and James, Emily and Esther in your prayers.

### Esther Johns

Esther died peacefully on Monday 27 April, falling asleep in the Lord. Please hold her very close friends

Edith Evans, and Carol and David Debling, and Esther's wider friends and family in prayer.

### Please Pray For Those Who Are Unwell

[LF] Judy Wood, Caroline Craig, Louis Furlong, David Robertson, Rachel Robertson, Logan Mazie (Jane J's great nephew), Cynthia Holland. [NCR] Janet (Lesley Taylor's sister), Sheila (friend of Vicky Russell), Myrtle Hodgkins, Tom Bewley, Joanna Kilburn.

Please contact the office if you would like your name or a friend or relative's to be included on this list. The name will remain there for six weeks or so. If the need is for continued, long-term prayer support, the name will be added to the monthly prayer diary. Please let the office know when a name can be removed from the list. Thank you

Notices now on the web at [www.cca.uk.net](http://www.cca.uk.net), [www.longfurlongchurch.org.uk](http://www.longfurlongchurch.org.uk) and on ChurchSuite.

Follow us on Facebook at 'Christ Church Long Furlong' and 'Christ Church Abingdon'



## USEFUL LINKS/RESOURCES

Christ Church Abingdon Website: [www.cca.uk.net](http://www.cca.uk.net)

Christ Church Long Furlong Website: [www.longfurlongchurch.org.uk](http://www.longfurlongchurch.org.uk)

Family and children website: [www.ccafamlyresources.com](http://www.ccafamlyresources.com)

NHS 24/7 Mental Health helpline: Adults: 01865 904 997 Children and young people: 01865 904 998  
<https://www.oxfordhealth.nhs.uk/news/24-7-mental-health-helpline-replaces-111-in-oxfordshire-and-buckinghamshire/>

## THE WEEK AHEAD

Daily – The Life groups and Networks connect on various days and times

Monday 4<sup>th</sup> May 7:30pm – PCC Meeting

Wednesday – 8am prayer meeting on Zoom – see news sheet

Thursday 7<sup>th</sup> May 6.30pm – Genesis (years 7-9) meeting-up via Zoom

Friday 8<sup>th</sup> May 7pm – Space (years 10-13) meeting-up via Zoom

Sunday 10<sup>th</sup> May – more details will be on websites: [www.longfurlongchurch.org.uk](http://www.longfurlongchurch.org.uk) or [www.cca.uk.net](http://www.cca.uk.net)

10.30am Christ Church Together Livestream

4.00pm Family All-Together Time – Bible story, prayer, worship & challenges – for all ages.