

SafeSpaces is a **free, independent support service**, providing a **confidential**, personal and safe space for **anyone who has been abused by someone in the Church** or as a result of their relationship with the Church of England, the Catholic Church of England and Wales or the Church in Wales.

SafeSpaces is open to anyone over 18 who has suffered any type of abuse, regardless of whether the abuse was recent or in the past. You do not have to have reported to the Church or the Police and you don't need to be an active member of the Church to access support.



Support is provided nationally through our **FREE Helpline** and **Live Chat** for as long as it is needed.

email: safespaces@victimsupport.org.uk

0300 3031056

Opening Times:

Monday, Tuesday, Wednesday, Friday and Saturday: 10.00am - 6.00pm

Thursday: 12.00pm - 8.00pm CLOSED on Sundays

www.safespacesenglandandwales