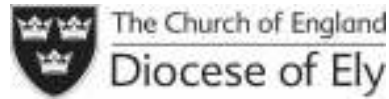


Fulbourn and the Wilbrahams



St Vigor's Fulbourn, St Nicholas' Great Wilbraham,
St John's Little Wilbraham, St George's Six Mile Bottom

21 July 2024: Trinity 8 Proper 11

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy, keep us in the same through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

Our Gospel today begins, 'The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, "Come away to a deserted place all by yourselves and rest a while.' For many were coming and going and they had no rest, even to eat.' Rest. A break from all the bustle and activity. Rest. A chance to renew, to stop, to slow. Rest. An end of work, if only for a little while. Rest. An opportunity to stop doing, so that you may simply be. Rest. We all need to rest, not just to renew our strength to work and serve; to recuperate, but also to meet God. Note, though, that Mark wants us to see that it was difficult to the point of impossibility for Jesus and his disciples to find rest: the peaceful, deserted spot they were sailing towards was filled with an importunate crowd who had seen them coming. And Jesus had compassion on them. Truly, this man was the Son of God!



Services in the benefice this coming week

Sunday 21 July, Trinity 8 Proper 11

9:30 Parish Communion **GW**
11.00 Parish Communion **F**
6 .00 Evensong

Wednesday 24 July

9:15 Wild Goose Worship **GW**

Thursday 25 July

8:30 Morning Prayer **F**

Friday 26 July

8:30 Morning Prayer **F**

Sunday 28 July Trinity 9 Proper 12

9:30 Matins **LW**
11.00 Parish Communion **LW**

Readings for Sunday

Trinity 8 Proper 11

Jeremiah 23.1-6
Ephesians 2.11-end
Mark 6.30-34, 53-end

Trinity 9 Proper 12

2 Kings 4.42-end
Ephesians 3.14-end
John 6.1-21

Evensong: Psalm 73.21-end, Job 13.13-14.6, Hebrews 2.5-end

Children's ministry

There is Sunday School at every 11 am service at St Vigor's. In addition, Sunday School materials are sent out each week in our weekly email.

Notices

Emma's last service as Pastoral Assistant will be on **Sunday 28th July, 11am at St Vigor's**. There will be a small party after the service to mark this. All are welcome to attend. We will also be taking a collection to buy her a leaving gift. Donations for this can be left at Twelve.

On Tuesdays, we are running a **6-week course (started on 18th June) for adults who would like to explore key themes and questions in Christianity**. The course is called Pilgrim and is particularly designed for those who are either new to faith or curious to learn more. We shall meet in Twelve in Fulbourn on Tuesdays at 5.00 for around 45 minutes, over light refreshments. Please see Emma for more details.

During the month of August, Morning Prayer at St Nicholas' will begin at 9:30.

Coffee and Chat sessions will run throughout August in the Wilbrahams. These will be on Wednesdays from 10.30am-12.00. On 7th, 14th and 28th August it will be held in St Nicholas' (Great Wilbraham) and on 21st August it will be in St John's (Little Wilbraham). All welcome!

Children who sing! We are always on the lookout for **more children to join our choristers** at St Vigor's! The children get free singing and music theory lessons, get to be part of a team, pizza provided at rehearsals and they are paid pocket money for singing at services! We welcome all children, 7-18 years old. If you know of any children who might be interested in joining the choir, please contact Sian, as Choir Administrator (fulbournchoirs@gmail.com), for more details. We always welcome new adult members too!

Ely Cathedral Free Parish Passes: For anyone interested in getting a pass for Ely Cathedral, you can apply by downloading the form (link below & hard copies available at the back of St Vigor's). Bring the completed form into the Cathedral during visiting times. There is no expiry date on the new passes. <https://www.elycathedral.org/plan-your-visit/visitor-tickets-and-tours/free-cathedral-entry>

Contacts

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Fulbourn Director of Music: David Poulter dccm.fulbourn@gmail.com

Wilbrahams Director of Music: Gillian Humphrey
gillianhumphrey@icloud.com

Benefice Safeguarding Officer: Mary Kendall: Tel: 07814669713,
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Website www.fulbournandthewilbrahams.org

Facebook <https://www.facebook.com/fulbournandthewilbrahams>