

The Body of Christ

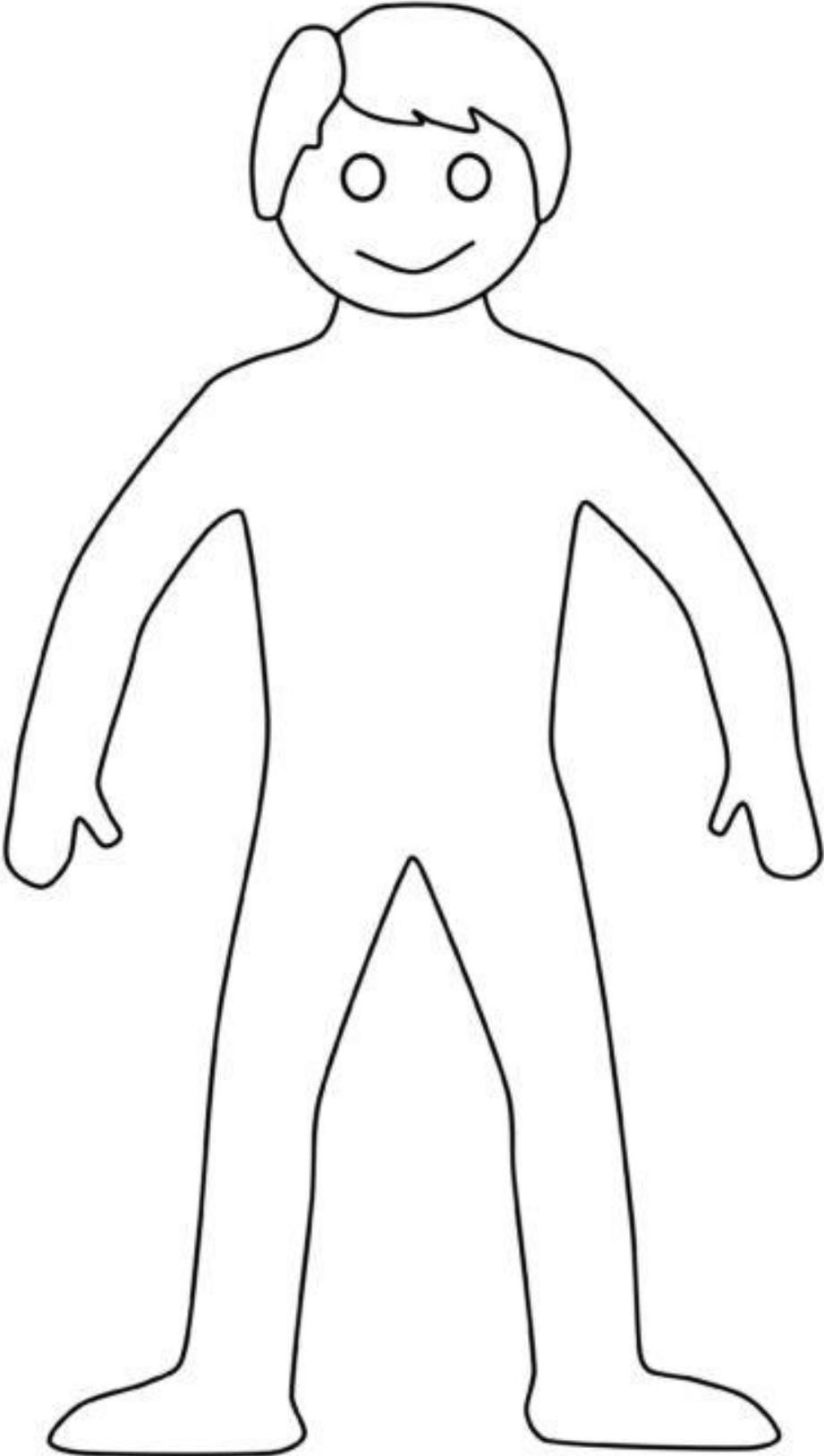
- **Ask:** What's your favorite part of the body?
- **Play:** Simon says body parts, choose one person to be Simon. Whoever is Simon calls out "Simon says wiggle your arm in the air, Simon says blink your eyes, Simon says hop on one leg, Simon says wiggle your bottom". Go through as many body parts as you can doing different things with them. If Simon doesn't say 'Simon says' then the children should not do it. If they do they become Simon and instruct the children what to do with the different body parts.
- **Talk:** Using a model of the body or something like a potato head toy. Talk to the children about the many parts of the body. We have a head, shoulders, knees and toes! What does an ear do? What do the eyes do? What would happen if we didn't have legs? What would happen if our brain didn't send the right messages to our body? **We would lift our leg instead of our hand so instead of picking up a glass we would end up kicking the table with the glass on and knocking it over!** Our bodies are made up of many different parts but we only have one body. God has placed each part of the body in the place where he wanted it. He gave each body part a particular job to do. Without the brain to tell which part of our bodies to move we couldn't move. Without the heart pumping blood around our body we wouldn't be able to do anything. It's the same with the body of Christ.
- **Watch or Read:** Lottie's The Body of Christ video on YouTube at <https://www.youtube.com/channel/UCfoRgvwNoapVwiU5UCF2ZMg>, or, 1 Corinthians 12 especially 1 Corinthians 12:27-30 at <https://www.biblegateway.com/passage/?search=1+Corinthians+12&version=NIV>
- **Discuss:** In 1 Corinthians 12, Paul talks about our community as the 'Body of Christ', where everyone has a unique and special part to play as part of this 'body', just as they do in a community. For example, in our church community, some people play music, some people help serve drinks, some people speak up front, some people help with Foodbank and so on. Just as every part of the body has a special role, so too everybody in a community of people like a church has a special part to play. God placed each person in the church in the right place - every part dependent on the other. What would happen if everyone got up to preach and no one cleaned the toilets? **We would have far too much teaching and very dirty toilets - yuck!** God values and loves every part of the body of Christ equally - none are better than the other. 'Do you think if your ear said, "I am not as pretty as the eye" or "I can't see like the eye", that makes it less part of the body?' **No, no matter how big or small we are, or what role we have in a community, God loves and values us just the same.**
We need every part to use their special gift/skill so that everything works well and everyone supports each other. This week can you think about what your special gift/talent/skill is and how you can use it as part of our church or our wider community?
- **Prayer:** Dear Jesus, Thank you that you love us and bless us with special gifts, talents and skills that we can play our part in your community. Please help us to recognise and use our gifts for you and to help other people. Amen.
- Is there anything that the children would like to pray about?

- **Make:** A Split Pin Body of Christ Model: You will need A4 card/Template printed on to A4 card, Scissors, colouring pencils/pens and 5 split pins per child. You might wish to cut the templates out before the session. When cutting out the template round of the arms legs and head as you cut them from the body. Depending on the age of the children you may wish to cut hands and feet off as well as forearm and thigh etc to make a more moveable body. Then take a split pin for each section of the body and push the split pin through the body part and then through the body before splitting the pin and folding it to opposite sides so that it holds in place. If you have separated the feet and hands poke the split pin through the hand and then through the arm before splitting the pin to hold it in place. Then ask the children to decorate the parts of the body. They can decorate them all differently to show how each part of the body is different. On the body of your person you could help the children write 'The Body of Christ - many parts but one body'. Or 1 Corinthians 12 to remind the children what bible verse we talked about today.
- **Build:** A Lego person out of lots of lego, you will need lots of different Lego pieces. Help the children either as a group or individually to make Lego characters using some of the ideas below/or google for some other ideas
- **Activity:** Print out the attached sheets and colour the pictures, do the mazes, crosswords, word searches and anagrams.
- **Play:** With Potato Heads start by putting body parts in the wrong places and discussing what it would be like if the feet were on top of the head and the eyes were where the feet should be. Then encourage the children to put all the body parts in the right places. If you don't have any potato heads, you could make play doh or Lego people, first putting body parts in the wrong places and then correcting them.
- **Have drink and biscuit**
- **Tidy up!**

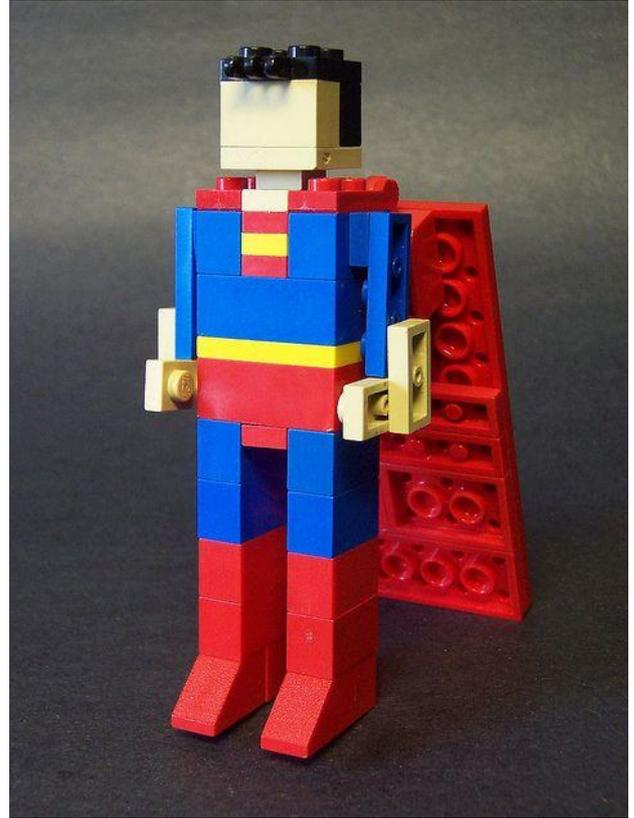
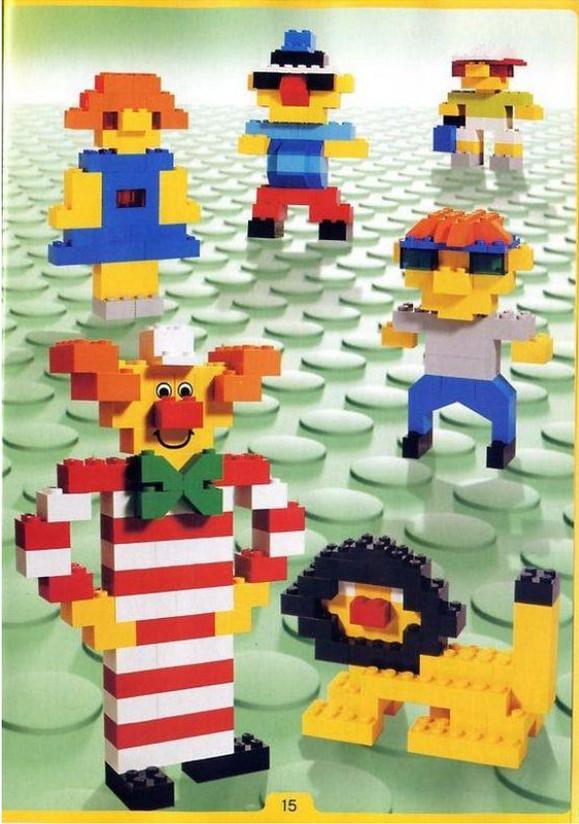
Split Pin Body of Christ Model



Split Pin Body of Christ Template

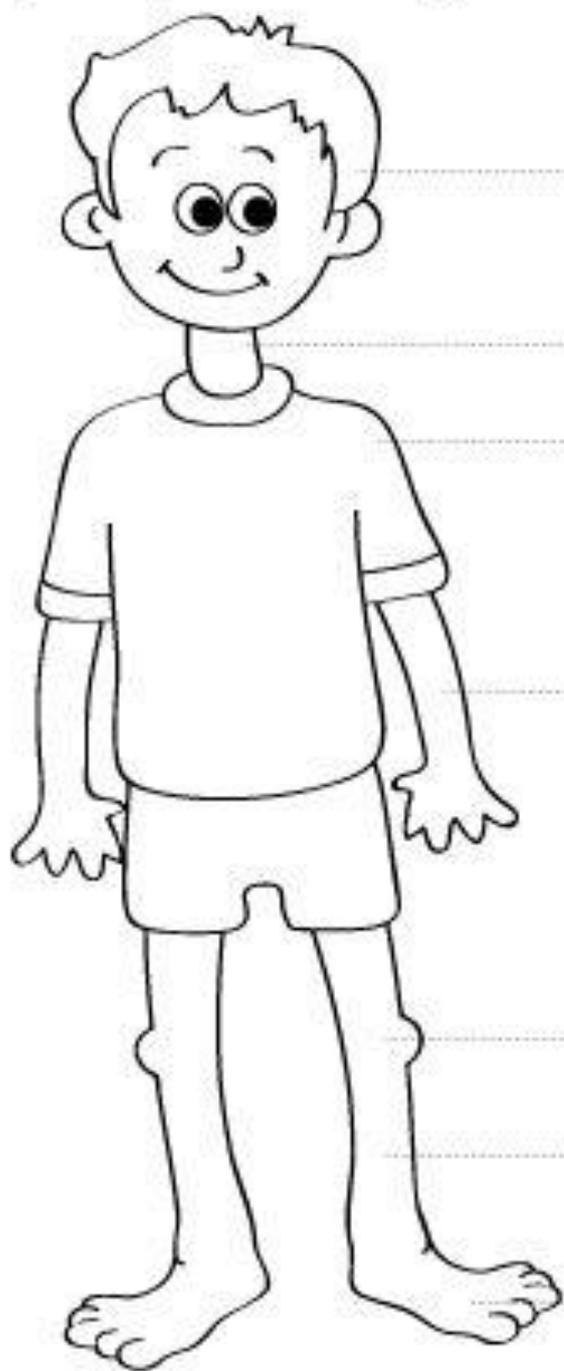


Build a Lego Person



Parts of the body

Complete the spaces with the following parts: Head, Neck, Shoulder, Hand, Knee, Leg and Feet



head

Name _____

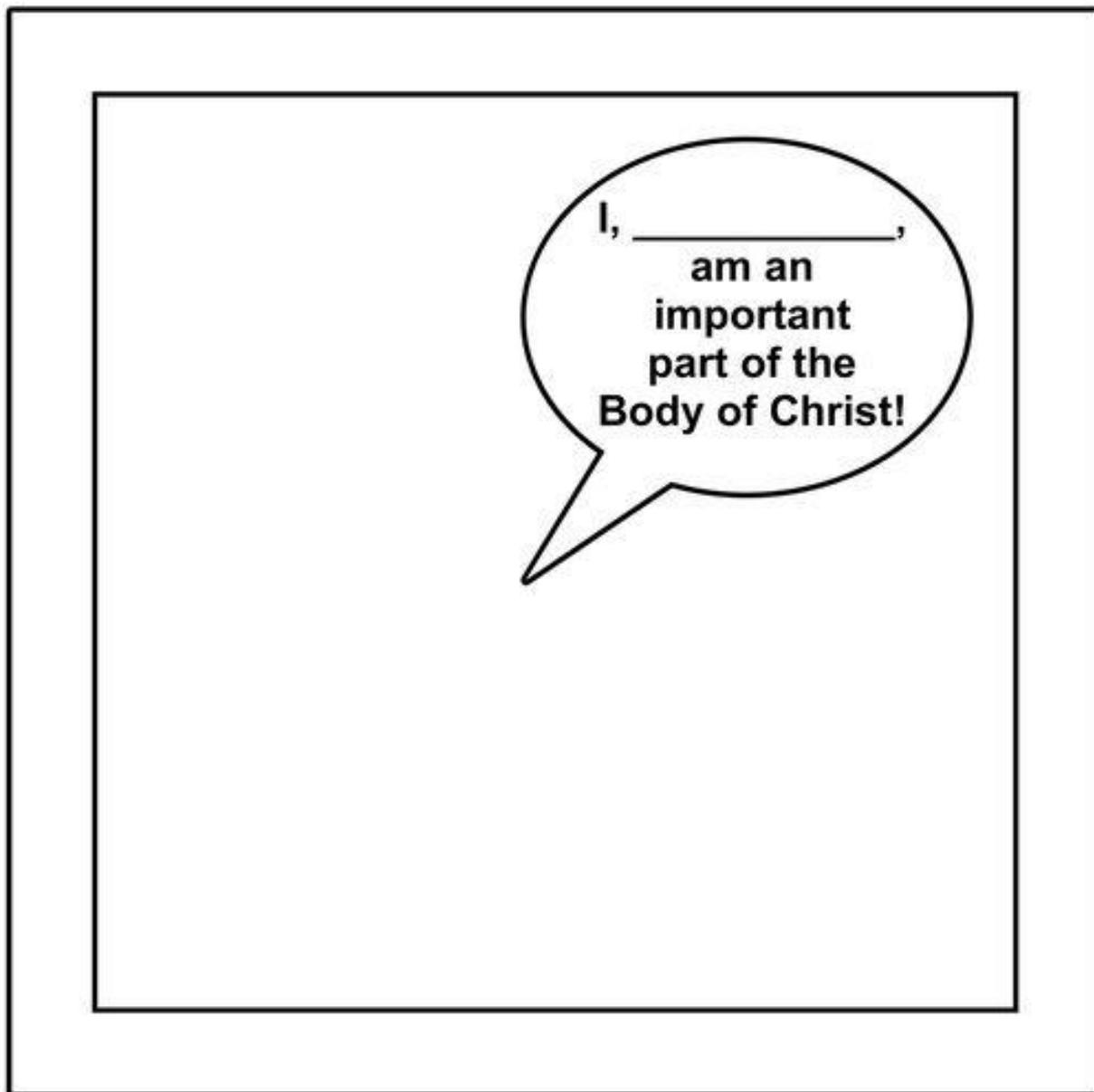
Free activities from www.cleverlearner.com

"MANY MEMBERS OF ONE BODY"

1 Corinthians 12:14-31

Draw a picture of yourself in the frame below and write your name in the blank to declare, "I am an important part of the Body of Christ!"

Don't forget to decorate your frame also.



I, _____,
am an
important
part of the
Body of Christ!

Word Search Puzzle **Body Parts**

