

I am the Way, the Truth and the Life

- **Ask:** What would you do if you got lost?
- **Activity:** Draw a treasure map of the space you will be working in before the session showing a route around your space. You could make it more exciting with tunnels to crawl through, cushions to climb over, a ball pit to wade through etc. Remember to mark an X on the map where you can hide some treasure for the children to find i.e. biscuits, sweets, cakes - something they will find fun and rewarding! Once the children have found the treasure, you could sit down and talk while the children enjoy their prize.
- **Sing:** Our God is a Great Big God available at https://youtu.be/uZNVaBNzs_Q, or Jesus Love is Very Wonderful at <https://youtu.be/VC4eb8Pk-3g> or Wiggle Freeze at https://youtu.be/tM_wGFVBBmA or Wiggle like a Worm at https://youtu.be/_YenZbKXjYg. Or our special song for today's session which is John 14:6 (Memory verse song) Kidsong at <https://youtu.be/Q6STpPVW5OE>, or One Way Hillsong Dance Along with lyrics at https://youtu.be/ZZ2zXc_9Q00,
- **Talk:** When we get lost, what might we do to find our way? **Ask for directions, ask a police person, use a map, google maps or a sat nav.** Today we are talking about Jesus' statement 'I am the way, the truth and the life' from John 14:6-7.
- **Watch or Read:** 'I am the way, the truth and the life' Children's Talk on YouTube at <https://youtu.be/5Gzf0kpzYa0>, Lottie's 'I am the Way, the Truth and the Life' on YouTube at <https://www.youtube.com/channel/UCfoRgvwNoapVwiU5UCF2ZMg>, or read John 14:6-7 at <https://www.biblegateway.com/passage/?search=John+14%3A6-7&version=NIV>,
- **Discuss:** Jesus says he is 'the way'. What this means is that Jesus is like a map when we get lost. Jesus shows us the right way to go, the right way to think, the right choices to choose and the right way to live. Jesus says he is 'the truth', which means what he says is accurate and we can trust in it and in him. When Jesus says he is 'the life', he means that following him brings us close to God and makes us part of God's family. This is the way we were always meant to live and so following Jesus is the life we were always meant to have. It's the best life to live. This week can you practise following Jesus by asking him to help you make good choices in all you do, think and say.
- **Prayer:** Dear Jesus, Thank you that you are the way, the truth and the life. Thank you that you show us the right way to live. Thank you that your words are true and when we follow them we live the life we were always meant to live. Please help us this week to make good choices about the things we do, think and say. Help us to be kind and thoughtful to others. Amen.
- Is there anything that the children would like to pray about?
- **Make: A Treasure Map:** You will need A4 card, some cold wet tea bags, scissors, coloured pens and pencils. Help the children to wipe their card with a cold wet tea bag to make the map look old and authentic. Allow the card to dry then help the children to draw a treasure map on the paper. Ask the children what things might be on the map? Trees, sand dunes, grass huts, mountains, hills, rivers etc encourage the children to draw some of these things

on their map and mark an X that marks the spot for the treasure. Help the children to write Jesus says: "I am the way, the truth and the life" (John 14:6) somewhere on the map.

- **Make: Jesus' 'I Am' Wheel:** You will need to print out the wheel template below on A4 card for each child and cut them out. Colouring pencil/pens, scissors and one split pin per child. Ask the children to colour in the 1st page with 'I Am...' on. The children could colour in each section of the second page if they like but use colouring pencils so that you can still read the words. If not already done so, cut both circles out. Then take a split pin and with the 'I Am...' circle on the top, poke the split pin through the middle of the two circles and then bed each side of the split pin to the opposite side to hold it in place. Now the children can turn the top wheel and see all of Jesus' 'I am...' statements.
- **Activity:** Print out the attached sheets and colour the pictures, do the mazes, crosswords, word searches and anagrams.
- **Play:** Using the car mat and Happy Land toys let the child play. You could encourage the children to ask for directions to different places like the police station, the bakery, the fairies house and use words like this way, that way, turn left then right go stright ahead etc.
- **Drink and biscuit.**
- **Tidy up!**

'I am the way, the truth and the life' Treasure Map



Jesus' I am wheel



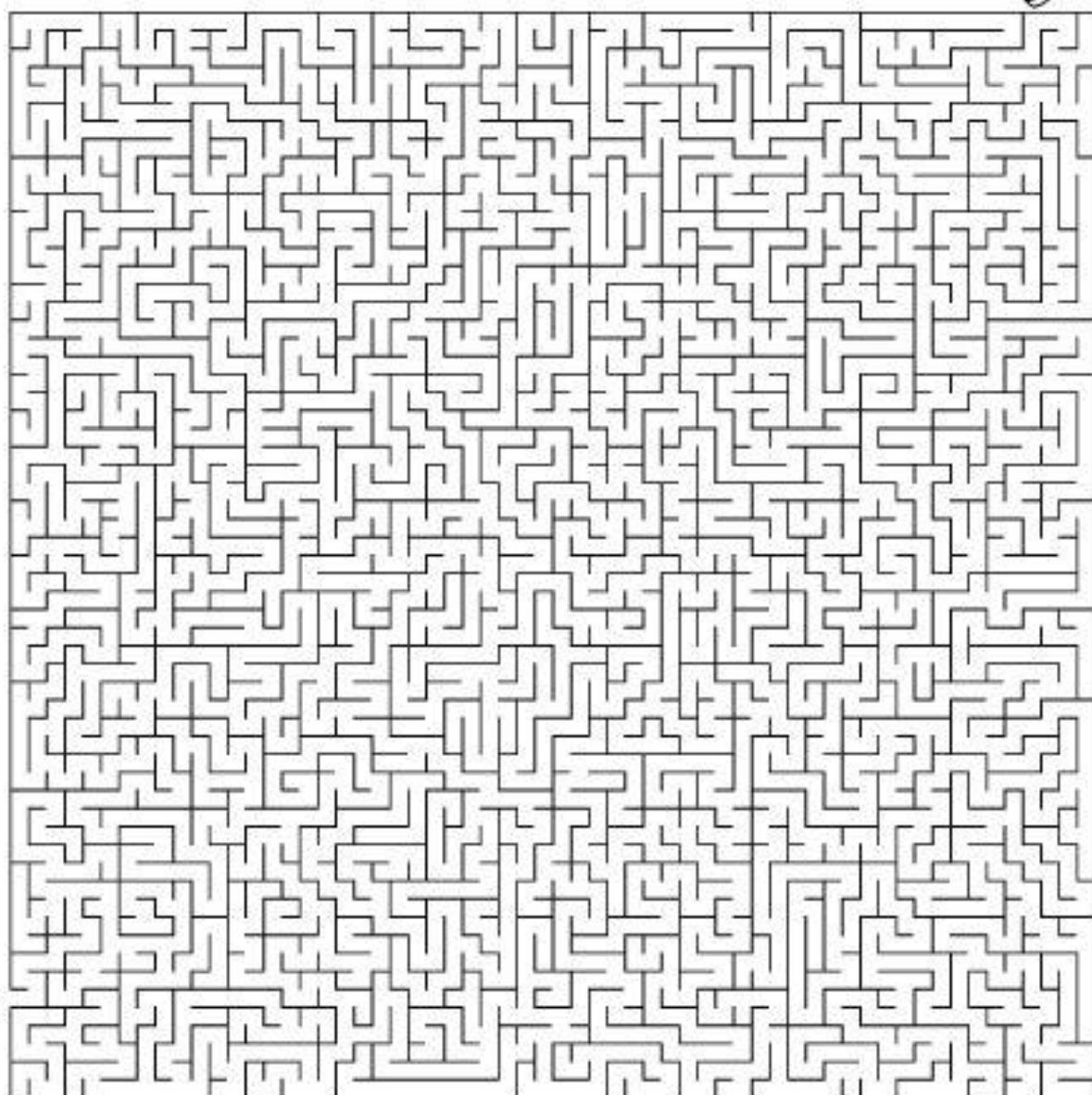
I am
THE WAY

the TRUTH,
and the
LIFE.

No one comes to
the FATHER
except through
ME.

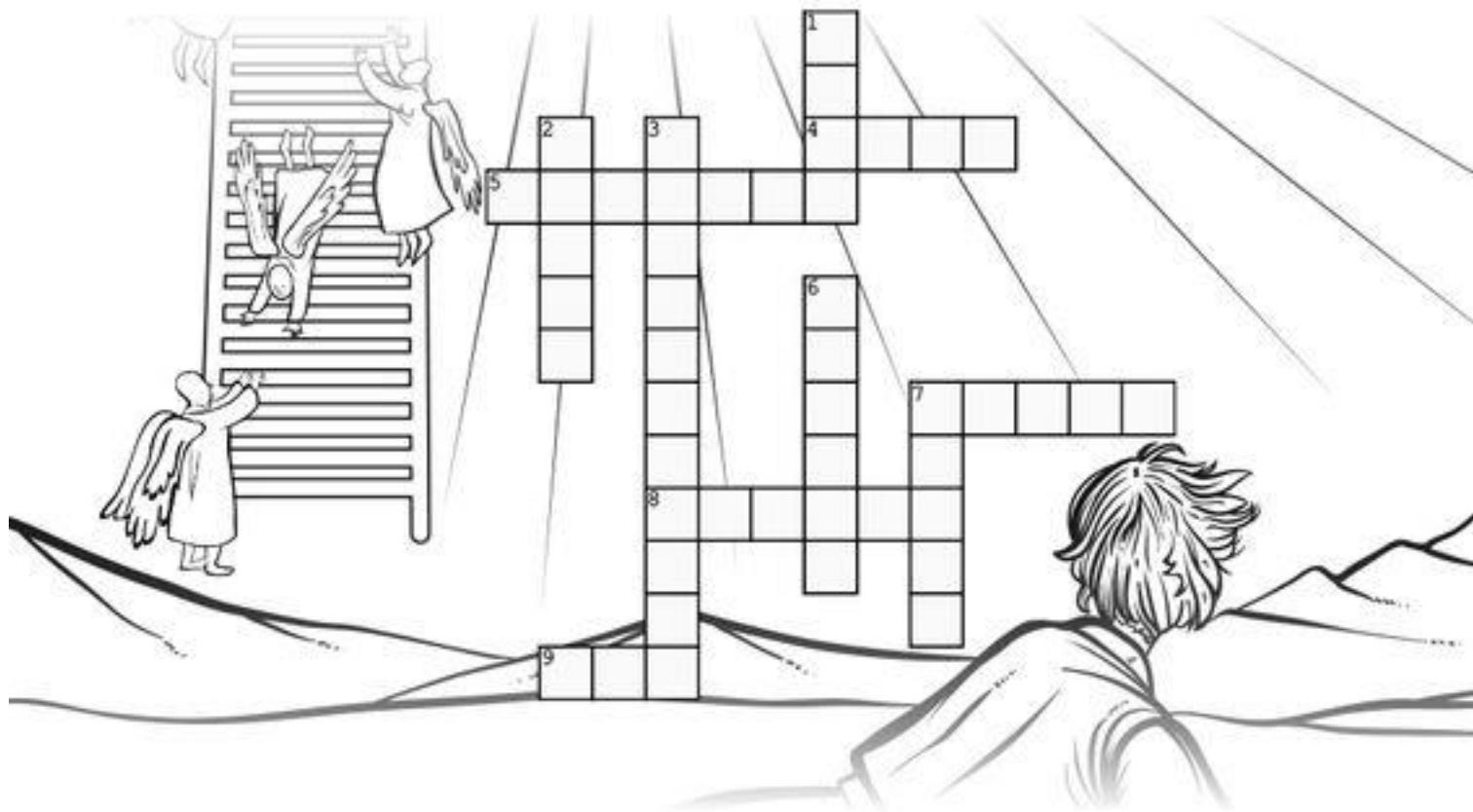
JOHN 14:6

FOLLOW JESUS!



"I AM" THE WAY, TRUTH, & THE LIFE

John 14:1-11



Across

4. "You will know the truth and the truth will set you _____."
5. Jesus said, "Do not let your hearts be troubled ... I go to _____ a place for you."
7. What Bible character had the most amazing dream about a ladder that reached down from Heaven?
8. In the dream about the ladder to Heaven, _____ were freely moving between Heaven and earth.
9. Thomas was confused about Jesus' statement that he was soon to depart. He said, "Lord, we do not know where you are going. How can we know the _____?"

Down

1. Jesus declared, "I am the way, the truth, and the _____! No one comes to the Father except through me."
2. Without the truth, we would be unable to discern right from _____.
3. Jesus is the only means to create, sustain, and restore life both physically and _____.
6. Truth is the actual reality of what is seen and what is _____.
7. _____ is the promised Messiah who came to bring salvation to the whole world!



JESUS' "I AM" STATEMENTS

In the Gospel of John, we read that Jesus made seven "I am" statements about Himself, helping us to know Him better. See if you can unscramble the letters below to finish Jesus' "I am" statements. Then, find the words that you wrote in the word search at the bottom of the page.

"I am the _____ of life." (John 6:35)
ARDEB

"I am the _____ of the _____." (John 8:12)
GIHLT RODLW

"I am the _____." (John 10:9)
ROOD

"I am the _____ _____." (John 10:11)
OGOD PEREDHHS

"I am the _____ and the _____." (John 11:25-26)
STONIREURCRE FIEL

"I am the _____, the _____, and the life." (John 11:25-26)
AYW THUTR

"I am the _____." (John 15:5)
NIEV

H	E	T	L	H	D	R	E	H	P	E	H	S
A	G	H	B	T	R	O	W	W	N	N	T	G
E	O	G	O	R	T	R	O	R	G	N	U	R
N	O	I	T	C	E	R	R	U	S	E	R	D
E	D	L	E	N	B	A	L	I	F	E	T	Y
U	O	E	I	G	F	I	D	O	O	R	A	O
R	L	V	R	L	N	L	A	R	L	W	E	O

