

## I am the Light of the World

- **Ask:** How many lights can you see in the room?
- **Activity:** Play an opposites game. Using the PowerPoint provided at [I am the Light of the world opposites game](#) or printed flash cards below, ask the children to take turns in matching the opposites. Tall/Short, Happy/Sad, Empty/Full, Cold/Hot, Under/Over, Open/Closed, Up/Down, Awake/Asleep, In/Out, Light/Dark. Or you could blind fold one child at a time and give them an item to feel and see if they can guess what it is. Once the child has guessed their item let another child have ago with another item. How easy or difficult did the children find it to identify an object without seeing it? Today we are looking at the opposites Light and Dark.
- **Sing:** Our God is a Great Big God available at [https://youtu.be/uZNVaBNzs\\_Q](https://youtu.be/uZNVaBNzs_Q), or Jesus Love is Very Wonderful at <https://youtu.be/VC4eb8Pk-3g> or Wiggle Freezer at [https://youtu.be/tM\\_wGFVBBmA](https://youtu.be/tM_wGFVBBmA) or Wiggle like a Worm at [https://youtu.be/\\_YenZbKXjYg](https://youtu.be/_YenZbKXjYg).
- **Talk:** Today we are talking about Jesus' statement "I am the light of the world whoever follows me will never walk in darkness, but will have the light of life." from John 8:12. Why do we need light? **To see, the sun gives us heat, helps things to grow.** What would happen if we had no light or sun? **It would be dark all the time. It would be cold as the sun gives us warmth and things wouldn't grow well as they need light and warmth.**
- **Watch or Read:** I am the Light of the World Children's Talk on YouTube at <https://youtu.be/28Jc6-EICgM>, Lottie's 'I am the Light of the World' on You Tube at <https://www.youtube.com/channel/UCfoRgvwNoapVwiU5UCF2ZMg>, or read John 8:12 and 9:5 at <https://www.biblegateway.com/passage/?search=John+8%3A+12&version=NIV>, and <https://www.biblegateway.com/passage/?search=John+9%3A+5&version=NIV>,
- **Discuss:** We need light to live and grow. Without light, life would be dark, lonely and cold. Let's take a look at some cress I have grown: Here is some that I have grown by the window absorbing lots of sunlight. It has grown tall, green, lovely and looks really good to eat! Here is some cress I have grown in the cupboard where there is no sunlight - it has been in darkness. What has happened to the cress? **It has grown but it is yellow, doesn't look very nice, not sure I would want to eat it!** This shows us we need light in life to grow our food. We need light to grow strong and healthy. Jesus is a beacon of light. When we love and follow Jesus, he fills our hearts with light which is love, hope, kindness and all good things in life. We need Jesus because he is the light of the world, and when we follow Jesus we can share that light with others. How can we share the light that Jesus has filled us with? **We can smile at passers by, say kind words to people, help people, make and share things with people and lots more.** This week can you share Jesus' light with as many people as possible?
- **Prayer:** Light a candle or use a battery tealight. Ask the children to look at the candle and think about Jesus being the light of the world, as we pray: Dear Jesus, thank you that you are the light of the world. Thank you that you light up even the darkest of places. Help us to step into the light, follow you and be filled up with your light. Please help us to share your light with others so they can also follow you. Amen.
- Is there anything that the children would like to pray about?

- Make: I am the Light of the World Lighthouse:** You will need: White plastic tape or craft tape, a paper cup with a circular bottom, one for each child; a small clear plastic cup, one for each child; Black card PVA glue/sticky tape, Battery-operated tea light, A4 plain paper cut into strips, A4 red card cut into strips, scissors and “I am the light of the world” printed words enough for one for each child. Place the large paper cup rim down on the table. Then place the tea light on the bottom of the large paper cup. Take the small cup and place it over the tealight rim down. Sticky tape with the clear tape to the bottom of the large paper cup both cups should be rim down (See diagram below). Then take the strips of white and red paper and glue them around the large paper cup to create a red, white, red, white pattern all the way up the cup until you reach the bottom of the small clear cup rim. Then cut out three black rectangles for a door and two windows and glue them onto the light house. One black rectangle at the bottom for the door and the other two up the side of the light house for windows. Then take each word section and stick it to the light house so the children can read today’s bible verse.
- Make: An ‘I am the Light of the World’ Sun Catcher:** You will need: A4 black card, sticky back plastic, tissue paper and a ribbon for each child. Draw around the template from below onto the black card for each child (you may wish to do this before the session). Then place the black card template onto the sticky back plastic. Encourage the children to fill the clear gaps of the suncatcher with the tissue paper until all the clear parts are covered. Then take another piece of sticky back plastic and lay it over the tissue paper to hold all the pieces in place. Trim any excess sticky plastic off your suncatcher. Put a hole in the top with a hole punch and thread your ribbon through the hole. Hang it up in the window so you can see all the pretty colours.
- Make: A ‘Light of the World’ Lantern:** You will need: A4 sugar paper, scissors, stickers, glitter glue, glue stick per child. Take an A4 sheet of sugar paper and cut a 3cm strip off the bottom of the paper and put to one side for later. This is the lantern’s handle. Then fold the paper in half length ways and cut slits 2cm from the top and bottom. Start cutting at the folded edge to the other edge leaving 2cm of card intact at this edge. Keep each cut about 2cm apart. When finished cutting open your paper out and roll it round to make a cylinder and glue the edges together. Attach the handle to the top of the cylinder and then decorate with the stickers and glitter glue. You could help the children to write ‘I am the light of the world’ (John 8:12) on their lantern.
- Activity:** Print out the attached sheets and colour the pictures, do the mazes, crosswords, word searches and anagrams.
- Play:** Set up a tent or den for the children to go into - make it as dark as possible and give the children torches to see. You could put objects in the tent and ask the children to feel around and see if they can guess what the objects are before giving them the torches so they can see the objects. You could do some shadow animals on the side of the tent for fun if you like.
- Drink and biscuit.**
- Tidy up!**

# Plastic Cup Lighthouses

[christianitycove.com](http://christianitycove.com)



Light of the World

*Kids Bible Crafts*



[HowToHomeschoolMyChild.com](http://HowToHomeschoolMyChild.com)

I am the Light of the World!



Jesus said:

I AM the

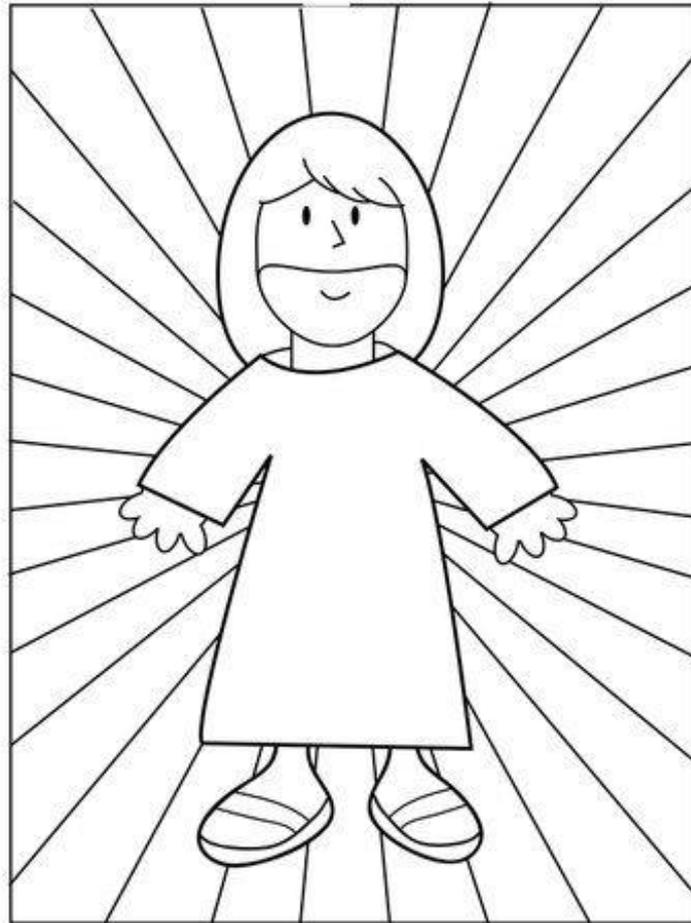
light

of the  
world

John 9v5

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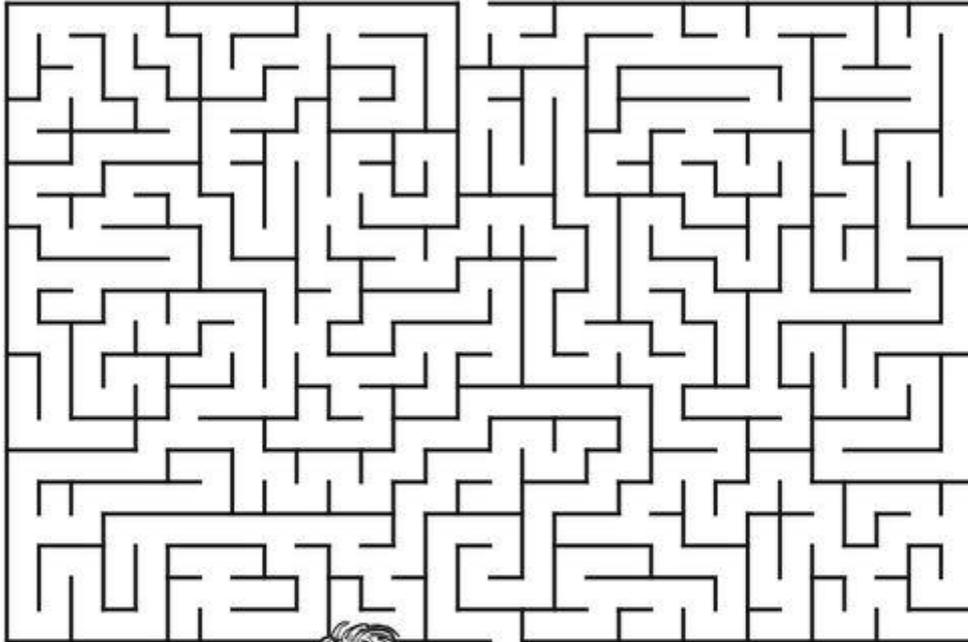
I am the light of the world



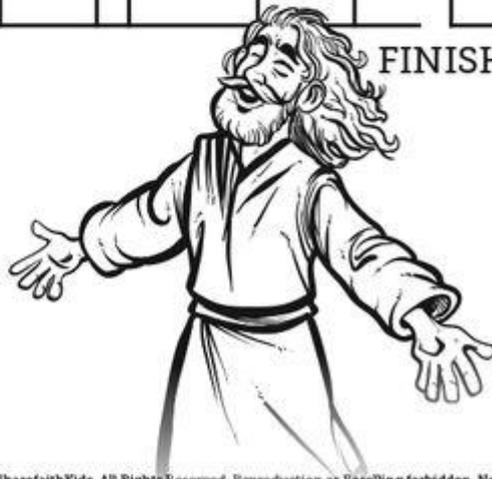
# "I AM" THE LIGHT OF THE WORLD

Follow Jesus, the Light of the World

START



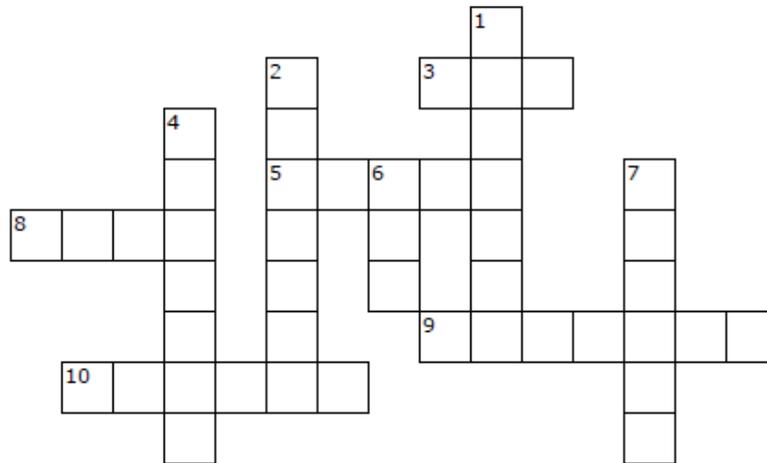
FINISH



# The Light of the World

There came a man who was sent from God; his name was John. He himself was not the light; he came only as a witness to the light. John 1:6, 8 (NIV)

Based on John 1:6-8, 19-28 (NIV)



## ACROSS

3. An adult male human
5. A source of illumination, such as a lamp, or a lantern
8. The man sent from God to prepare the way for Jesus
9. To give evidence based on personal knowledge
10. To reply to a question

## DOWN

1. To immerse in water
2. To be convinced that something is true
4. To admit that something is true
6. The creator of the heavens, earth and its people
7. The Messiah, as foretold by the prophets

CHRIST	ANSWER	MAN	JOHN	BAPTIZE
TESTIFY	LIGHT	BELIEVE	CONFESS	GOD