

Mary's Song

- **Ask:** How would you show God to others?
- **Activity:** Play 'Name that Christmas Tune' using a line/verse from a Christmas song. Then ask the children if they can name that song or ask them to sing the next line. Feel free to use these links to find songs: <https://spoti.fi/3fJlYnp> <https://spoti.fi/2HHlksY>
- **Sing:** Great Big God <https://youtu.be/eSTfM8M2Md8>, Superhero <https://youtu.be/1FY4C930M2Y>, Wiggle Freeze https://youtu.be/tM_wGFVBBmA, Wiggle like a worm <https://youtu.be/YenZbKXjYg> Jesus love is very wonderful <https://youtu.be/VC4eb8Pk-3g> or some Christmas songs from above.
- **Talk:** Who was Jesus' mother? **Mary**. As this is the first Sunday of advent we are going to be thinking about Mary. In Luke's Gospel who is the Angel that visits Mary? **Gabriel**. What does he tell Mary? **She is going to have a baby and that he will be God's Son**. After this Mary goes to see her relative Elizabeth and sings a song about God's love. Lets have a listen to it.
- **Watch/Read:** Watch Lottie's 'Mary's Song' video on YouTube at <https://bit.ly/39hy8Tj> ; "I Will Magnify" from The Promise: Birth of the Messiah <https://youtu.be/Rj4Mx7xHZ28> or read Luke 1:46-55 <https://bit.ly/3l71kyv>
- **Discussion:** What do you think the song was about? **Mary is magnifying/glorifying God by singing about how good he has been to her**. Mary's joy comes out in the song. She sings about how God's Kingdom centres around the poor, the lost, the lonely, the hungry and the humble, rather than the rich, proud and powerful. I wonder how we can magnify/glorify God in our lives during this time of advent/waiting for Christmas? **We can be Hopeful in our waiting, Peaceful in our preparation for Christmas, Joyful and Loving to everyone in all situations**. How can you show Hope? **Encourage people when they are struggling, show them we care for them**. How can we show peace? **We can wait calmly without getting cross, include people in our games**. How can you show Joy? **Choose to be happy, do things you enjoy, laugh**. How can you be loving to people? **Do something for someone else: it could be as simple as smile or say hello to them, or invite them to play with you**. Challenge the children to be all of these things during the festive season.
- **Pray:** Dear Jesus, thank you that you came down from heaven to show us what your kingdom is like. Please help us to magnify you by being hopeful, peaceful, joyful and loving to others at this busy and exciting time, so that they may see what you are like. Amen.
- **Make:** 'DIY Instruments' - You will need: recycled materials (cardboard boxes and tubes, bottle tops and lids), rubber bands, wool/yarn and lolly pop sticks. For a guitar use a tissue box or a cardboard box, and then cut a hole in it 2/3 of the way down it. Then using elastic bands stretch them over the box and the hole. Then pluck the elastic bands to make a sound. Use a cardboard kitchen roll tube to make a neck for your guitar and glue or tape it to your guitar body. You can now decorate your guitar with paint, paper, either wrap the whole thing in plain paper and draw a design, or in nice wrapping paper, or use a variety of different papers to create a decoupage design, or add stickers, glitter and sequins. See what amazing designs you can come up with!
- **Make:** 'A Mini Lid Banjo' using jam jar lid, lollypop stick and elastic bands. Stretch the elastic bands over the lid and then glue or tape the lollypop stick or a piece of card to the jam jar lid, securing the elastic bands. This will stop them from pinging off! You can decorate your banjo with stickers, jewels, sequins, washi tape and pretty paper etc.
- **Make:** 'DIY Castanets' with corrugated cardboard and metal bottle tops. Draw an oval shape approximately 13cm X 4 cm on you card (smaller ovals for little hands). Folder the cardboard strips

in half and decorate with your own patterns using pens, stickers, glitter, sequins etc. Glue your bottle tops on the inside of your cardboard with the jagged edge of the top pressed into the cardboard. Make sure the bottle tops are on opposite ends of the cardboard and are aligned so they will tap together and make a clicking noise when pressed together.

- **Print:** The sheets below and do the Colouring, Mazes, Word Search and Puzzles.
- **Play:** Make a joyful noise with the instruments you made, or see what the children can magnify with their magnifying glasses. You could let the children play with a nativity set and act out Gabriel visiting Mary and Mary singing.
- **Drinks and biscuit**

make your own
musical
instruments



danyabanya.com



The Craft Yarn



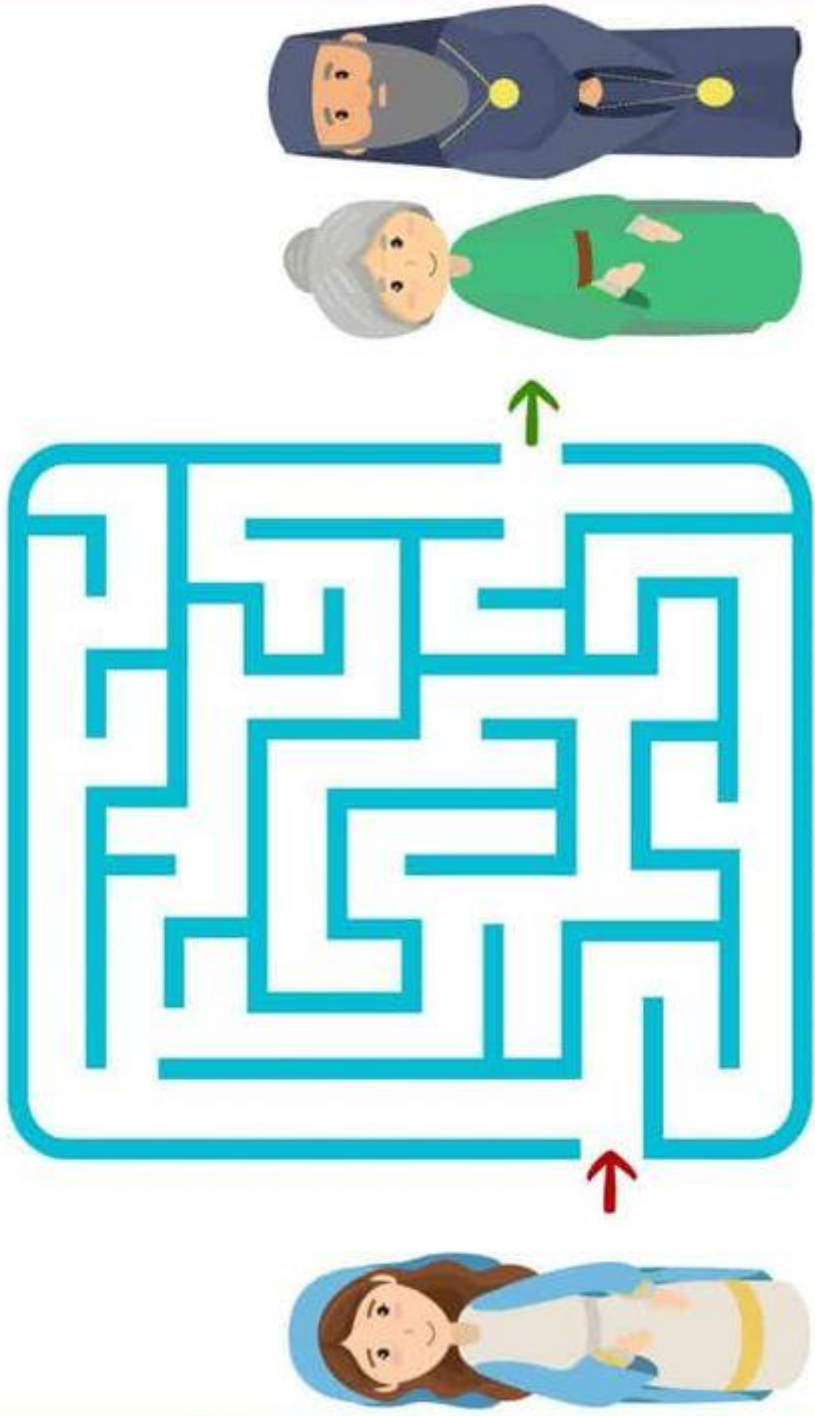
houzzingale





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Help Mary find her way to visit Elizabeth.



Mary's Song



And Mary said: "My soul glorifies the Lord and my spirit rejoices in God my Savior." Luke 1:46 (NIV)

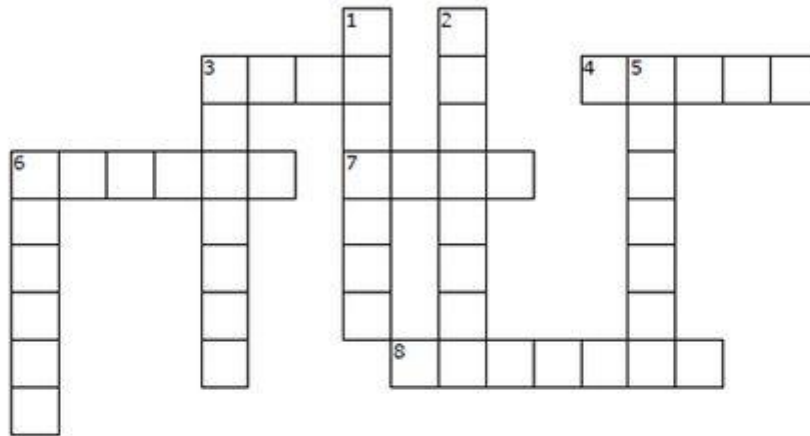
Words are taken from Luke 1:46-55 (NIV).

J Q F E A R B W R P H B N O E
R Y W W G X O J I R U H E R J
Y K C T W L U Y C O S O Z T H
I Y G H W B O L H U Y L T M U
Y M E S R E U R M D X Y H U N
B D E E W O J Z I E D Q R B G
L S O R S K Y Q D F V F O E R
E S T V C U N F E B I J N S Y
S P W A R Y D E E D S E E D K
S I F N M I G H T Y T C S E S
E R C T H I N G S T I N L R E
D I F V Q P E V A O P B E M F
Z T H M W G H E J N M L A C Y
G O G Y I R R E F U U N H Q S
N H C F R G R F H R J M T S C

blessed	great	mercy	rejoices	soul
deeds	holy	mighty	rich	spirit
fear	humble	name	rulers	things
glorifies	hungry	proud	servant	thrones

Mary's Song

And Mary said: "My soul glorifies the Lord and my spirit rejoices in God my Savior." Luke 1:46 (NIV)



ACROSS

3. The spiritual part of humans which lives forever
4. To be filled excessive self-esteem
6. To feel the need or desire for food
7. Having great wealth
8. Having good things given to you, especially from God

DOWN

1. To give honor, praise, and adoration to
2. To show mercy or compassion to another
3. One who yields or surrenders to the will or authority of another
5. To express great joy or happiness
6. Not proud or boastful

soul	rejoice	blessed	hungry	servant
glorify	humble	proud	rich	merciful

Mary's Song

Luke 1: 46-55

After the angel visits Mary, she leaves to visit Elisabeth. When Mary arrives, the baby in Elisabeth's womb jumps for joy and Mary sings the song below. Use the words in the box to fill in the blanks of the song below.

My soul _____ the Lord
and my spirit rejoices in God my Savior,
for he has been mindful
of the humble state of his _____.

From now on all generations will call me _____
for the Mighty One has done great things for me—
_____ is his name.

His _____ extends to those who fear him,
from generation to generation.
He has performed _____ deeds with his arm;
he has scattered those who are proud in their inmost thoughts.

He has brought down rulers from their thrones
but has _____ up the humble.
He has _____ the hungry with _____ things
but has sent the rich away empty.

He has _____ his servant Israel,
remembering to be merciful
to Abraham and his descendants _____
just as he _____ our ancestors

filled	mighty	lifted	blessed
helped	mercy	glorifies	forever
promised	good	holy	servant