



## The Path of Forgiveness

1. Thinking back to your schooldays, what was the naughtiest thing you did, & how were you dealt with?
2. Why do you think forgiveness is such a difficult thing for us to do? Thinking about the Lord's Prayer, why do you think Jesus ties God's forgiveness of us to the way we forgive others?
3. Why do you think Jesus makes a point of saying that forgiveness should come from the heart? (Matthew 18:35) What's the difference between 'heart-forgiveness' & 'head-forgiveness'?
4. Try to make up a scenario where the fourfold path of forgiveness (*Telling The Story, Naming The Hurt, Granting Forgiveness, & Renewing or Releasing the Relationship*) can be seen being played out in practice...

Can you think of an example from your own life where this fourfold path has been successfully worked through? How did you feel at each stage, & what lessons might be learned from your experience?

5. Perhaps bring to mind or share a situation in your own life where you know you need to work towards forgiving someone more fully than perhaps you've so far been able to do...