



## Fruit of the Spirit – Faithfulness! At Harvest

- Ask: What is Harvest? Harvest is the time when the farmers collect all the fruits, vegetables and grains in that have grown over the summer. Do you know what a Harvest festival is? It is a time when we thank God for all the food that has been collected by the farmers at harvest time.
   Traditionally we would come together at church and invite people to bring food to give to the Foodbank to help those who are less well off than us. Unfortunatley at this time we are unable to invite you to the church for a Harvest service, but if you feel able to during this difficult time:
- Activity: Collect some of your favourite tinned/jar/packet food with long dates and donate them to the Foodbank either in the box outside St Johns Community Church our in the Food Bank trolley at your local supermarket. We are sure it will be received with thanks. Unfortunately, we cannot accept fresh food as it does not last long enough.
- Sing: Great Big God <a href="https://www.youtube.com/watch?v=uZNVaBNzs\_Q">https://youtu.be/1FY4C930M2Y</a>, Wiggle Freeze <a href="https://youtu.be/tM\_wGFVBBmA">https://youtu.be/1FY4C930M2Y</a>, Wiggle Freeze <a href="https://youtu.be/tM\_wGFVBBmA">https://youtu.be/1FY4C930M2Y</a>, Wiggle Freeze <a href="https://youtu.be/tM\_wGFVBBmA">https://youtu.be/YEBBmA</a>, Wiggle like a worm <a href="https://youtu.be/VC4eb8Pk-3g">https://youtu.be/YEABNZS</a> Jesus love is very wonderful <a href="https://youtu.be/VC4eb8Pk-3g">https://youtu.be/YEABNZS</a>, Always faithful <a href="https://youtu.be/3E3OmboTEIQ">https://youtu.be/VC4eb8Pk-3g</a>, Always faithful <a href="https://youtu.be/3E3OmboTEIQ">https://youtu.be/VC4eb8Pk-3g</a>,</a>
- Talk: What do you think Faithfulness is? Faithfulness means sticking by someone or being someone others can rely on.
- Watch/Read: Lottie's 'Fruit of the Spirit: Faithfulness' session on our St Johns Community Church YouTube channel, <a href="https://youtu.be/i363QWUkvpo">https://youtu.be/i363QWUkvpo</a> in which Lottie talks more about Harvest, faithfulness and how we can be faithful to each other. You could also read Galatians 5:22-23 <a href="https://www.biblegateway.com/passage/?search=Galatians%205:22-23&version=NIV">https://www.biblegateway.com/passage/?search=Galatians%205:22-23&version=NIV</a> and 1 Peter 4:10 <a href="https://www.biblegateway.com/passage/?search=1+Peter+4%3A10&version=NIV">https://www.biblegateway.com/passage/?search=1+Peter+4%3A10&version=NIV</a>.
- Discussion: In the video we saw someone being friends with someone because she liked her hat, what happened when the hat blew away? The girl was no longer friends with her because she was only friends with her because of the hat. When Micah had to do his maths homework before he could see a movie with his friends, what did his friends do? They stayed and helped him do his maths rather than getting angry with him and going to the movie without him. Which of these children do you think were faithful? Micah's friends, because they stayed with him and helped him: they weren't friends with him because they liked something he had or wanted to know his secrets. God is faithful to us - he loves us, gives us good things, & will never give up on us, even if we mess up or make mistakes in life. God wants us to be faithful with others – to share what we have, to help people & not give up on them. Harvest is a time that we can show faithfulness by being grateful for the food we have, but also by sharing our food with those who don't have as much. I wonder how we can be faithful to others this week? Micah's Vlog this week told us that 1 Peter 4:10 says God gave us gifts and talents so that we can help others faithfully. What talents have you got that you could use to help someone? Dancing - you could entertain someone with a dance. Drawing/crafting - you could draw or make something that will put a smile on someone's face. Telling jokes - you could tell someone a joke to cheer them up. You could be kind to someone, ask

someone to play who's on their own. There's lots of different things you could do - see how many you can think of and do!

• Pray: Dear Jesus Thank you that you are always faithful to us and give us what we need. Help us to be faithful by doing what we say we are going to do, standing by people when they are struggling, and helping those in need. Amen.

## • Paint: Fruit Paint Printing:

Cut some fruit and veg in half (apples, carrots, potatoes, oranges, onions etc), get some paint in a tray, dip your fruit and veg in and then stamp them on paper or card. See what amazing patterns and shapes you can make! With an adult's help, maybe use a knife to cut some patterns or shapes into some hard fruit or veg (apples, potatoes. You could use some lovely autumn colours of red, orange, yellow and brown. You could even make some harvest thank you cards for people who have been faithful to you, like mums or dads who take care of us, friends who stick with us no matter what, maybe your grandparents who help looking after you. What about your teachers or dinner ladies at school - I'm sure they would love a card with some fruit and veg prints on to say thank you for being faithful by teaching us, caring for us and feeding us when we are at school!

• **Print:** The sheets below and do the Colouring, Mazes, Dot to Dots and Word Search.

## Fruit and Vegetable Paint Prints

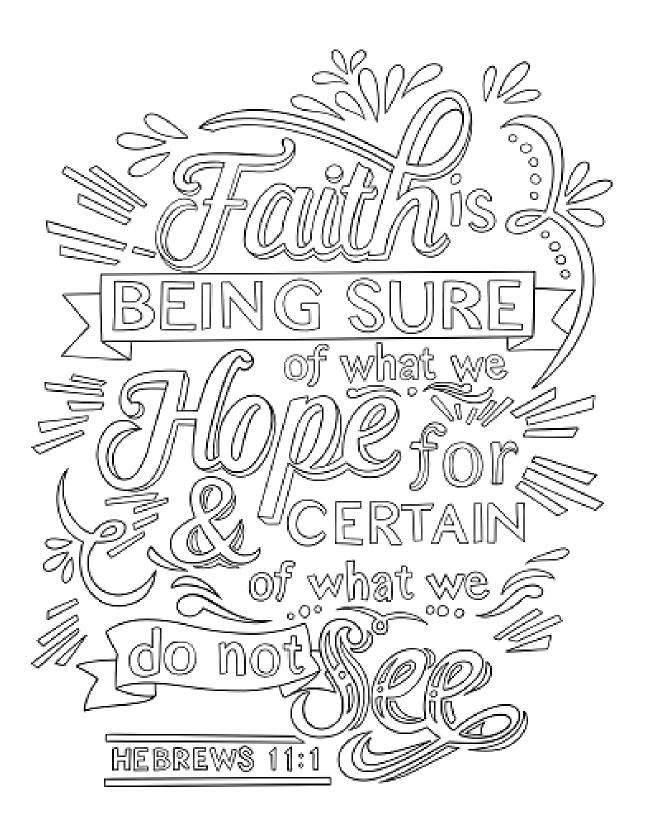




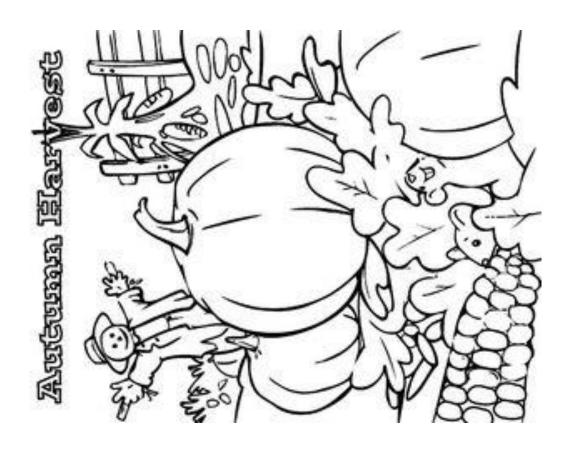
## how to make a potato stamp



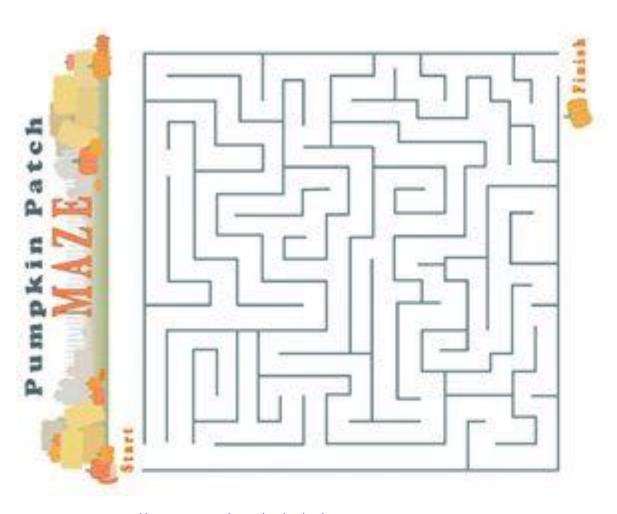




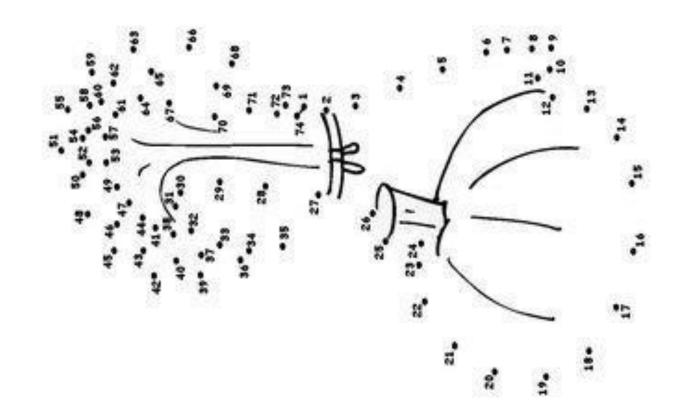
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