

Jesus Heals a Paralytic Man

- **Activity:** - Find a blanket or sheet, ask a child to lie in the middle with at least one adult on each side holding the corners. Very carefully lift the blanket/sheet with the child in up off the floor, try walking around with it, try lifting it up higher as if going up steps and then, being careful of the child's head, placing it down gently on the floor. If you have other children let them have a go. Put a dolly/teddy in the blanket and let the children carry it. If you are feeling brave, a parent could lie in the blanket and see if the children can lift it! Talk about how it felt to be carried and to carry the blanket. What might it feel like to be carried or carry the blanket for a long time/way?
- **Sing:** - Jesus' love is very wonderful, Wriggle like a Worm or Wiggle Freeze from the YouTube channel.
- **Ask:**-What do you think a miracle is? **A miracle is something that cannot be explained and is believed to be carried out by God.**
- **Watch:** - 'Jesus Heals a Paralytic' on the YouTube channel. Or read Mark 2:1-12, Luke 5:18-26.
- **Discuss :** - What do you think 'paralytic' means? **It means the man's legs wouldn't work, so he was unable to walk.**
- Why do you think the friends carried the man to Jesus? **They wanted to help him - he was their friend and they were being kind.**
- Do you think the men would have known that their kindness would still be being talked about 2000 years later? **No. We have no idea what impact our kindness will make - even the smallest act of kindness can make a big difference.**
- What act of kindness do you think you could do for your family, friends or neighbours? **You could make your bed, put your things away without being asked. Help with jobs around the house, video call or phone a friend/neighbour for a chat. Make a card or some biscuits for someone and leave them on their doorstep.**
- **Activity:** - Build your own scene out of Lego like the ones in the YouTube video and ask your parents to post them on our Facebook page for everyone to see
- **Make:** - 'Arise and Walk Craft' of a paralysed man on a stretcher below by printing out the man template, colouring him in and making a stretcher from paper/card or material.
- **Make:** - Through the roof picture craft below.
- **Make:** - A woven mat that can be used as a placemat, especially if you laminate it. Instructions below.
- **Make:** - Some biscuits using the recipe below to leave as an act of kindness on a friend's or neighbour's doorstep. Leave a note so they know who they are from
- **Activity:** - If you have a printer print out the PDF's attached and colour in the pictures, join the dots, do the word search and/or crossword puzzle.

Arise and walk Craft

You will need:

- The man template from below
- Paper/felt/material
- Lolly sticks/pipe cleaners/straws/strips of paper or card
- Scissors
- Glue
- Colouring pens/pencils/crayons



To prepare cut out the man template and cut paper/felt/material into 11cm x 6cm rectangles.

Help the child(ren) glue their paper/felt/material pieces to lollypop sticks/pipe cleaners/straws/strips of card/paper. Have them colour the man, then put the man on the stretcher.



Chocolate Cookies

Ingredients:

Makes 24 Cookies

75g Butter, softened

75g Caster sugar

75g Soft light brown sugar

1 medium egg

1 teaspoon vanilla essence

175g Plain flour

½ teaspoon baking powder

100g milk chocolate drops or chunks

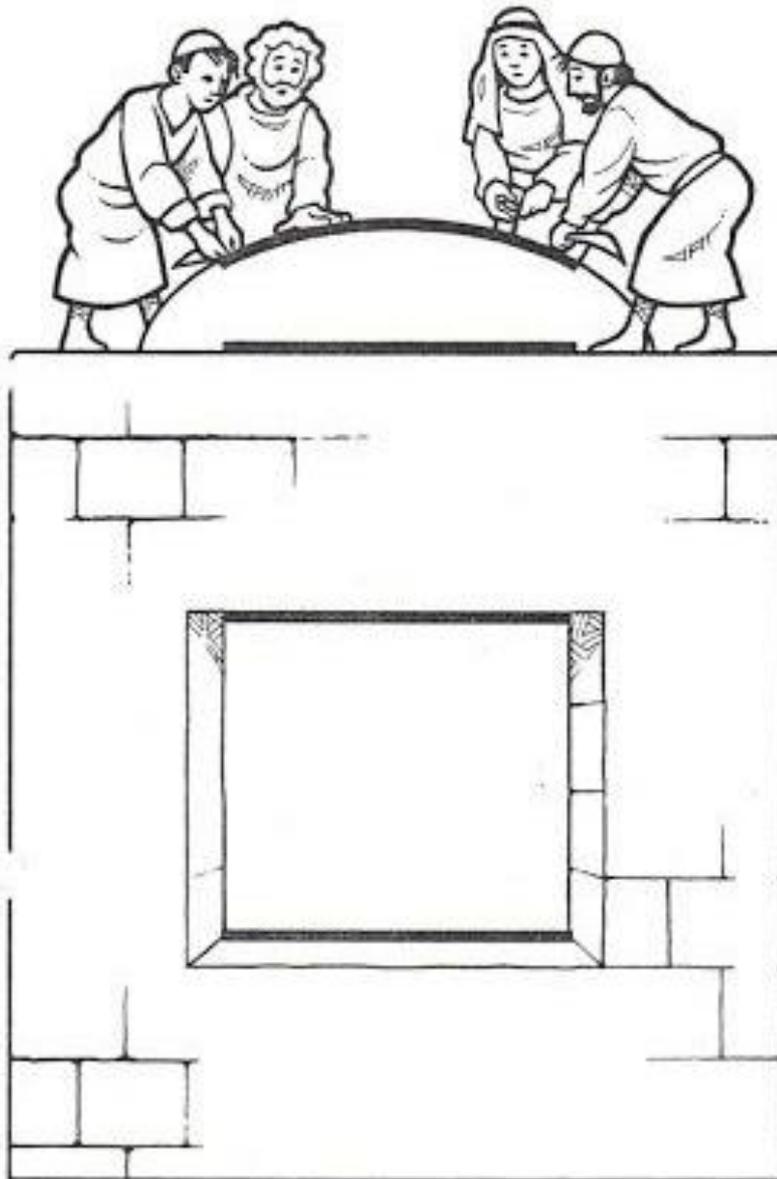
Method:

1. Heat the oven 180C gas Mark4. Use a paper towel to wipe a little oil over two baking trays. Put the butter and both types of sugar into a large mixing bowl.
2. Stir the butter and sugar together with a wooden spoon until mixture is smooth and creamy. Break the egg into a small bowl and beat it well with a fork.
3. Add the vanilla essence to the egg and mix it in. Then, add the eggy mixture to the large bowl, a little at a time, stirring it well between each addition.
4. Sift the flour and baking powder through a sieve into the bowl. Stir mixture until it is smooth. Add the chocolate drops to the mixture and stir them in well. Then, put a heaped teaspoon of the mixture onto one of the baking trays.
5. Bake the cookies in the oven for 10 minutes until they are golden brown. Leave them on the trays for a few minutes. Then use a spatula to lift them onto a wire rack to cool.
6. When cool share them.

Through the Roof Picture Craft

Print out this page and cut out the strip at the side of the house picture and colour both in. Then cut a slit along the two bold lines on the roof of the house and feed the strip through the holes in the roof of the house. You could attach string or thread to the strip to make it look more like the friends are lowering the man down.

Mark 2:3-5 Some men came, bringing to [Jesus] a paralyzed man. . . Since they could not get him to Jesus because of the crowd, they made an opening in the roof. . . and then lowered the mat the man was lying on. When Jesus saw their faith, he said to the paralyzed man, "Son, your sins are forgiven."



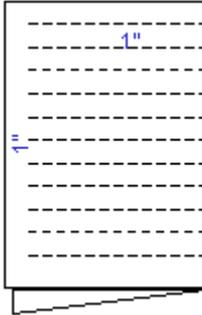
DLTK's Crafts for Kids - Woven Mats

This craft offers children an opportunity to learn the basic of weaving.

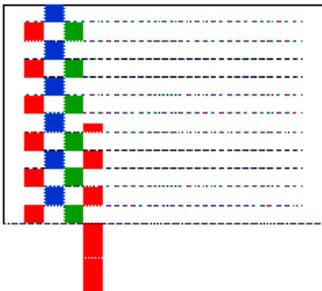
Materials:

- **scissors**, glue, ruler, pencil, one A4 piece of paper.
 - this larger piece will become the background colour for the placemat
- 16 strips of paper in a single colour or multiple colours
 - these strips should be 3cm wide by 30cm long

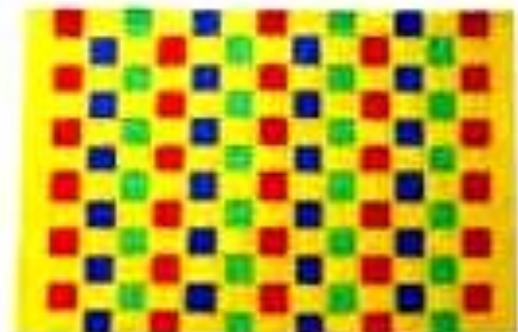
Instructions:



- Take the large piece of paper and fold in half across the width.
- Use your ruler to mark 3cm wide spaces all along the folded edge.
- Do the same along the open edge but the marks should be 3cm from the edge of the paper.
- Draw a line connecting the marks.
- With the paper still folded and starting at the fold cut along the lines being careful to stop 3cm from the open edge.
- Unfold the paper to reveal the loom that you have created.



- Weave the 3cm strips through the loom. If you are using multiple colours be sure to alternate them for the most colourful effect.
- Glue/tape the ends of the strips to the edges of the loom to hold them in place.
- You should end up with something like this: -



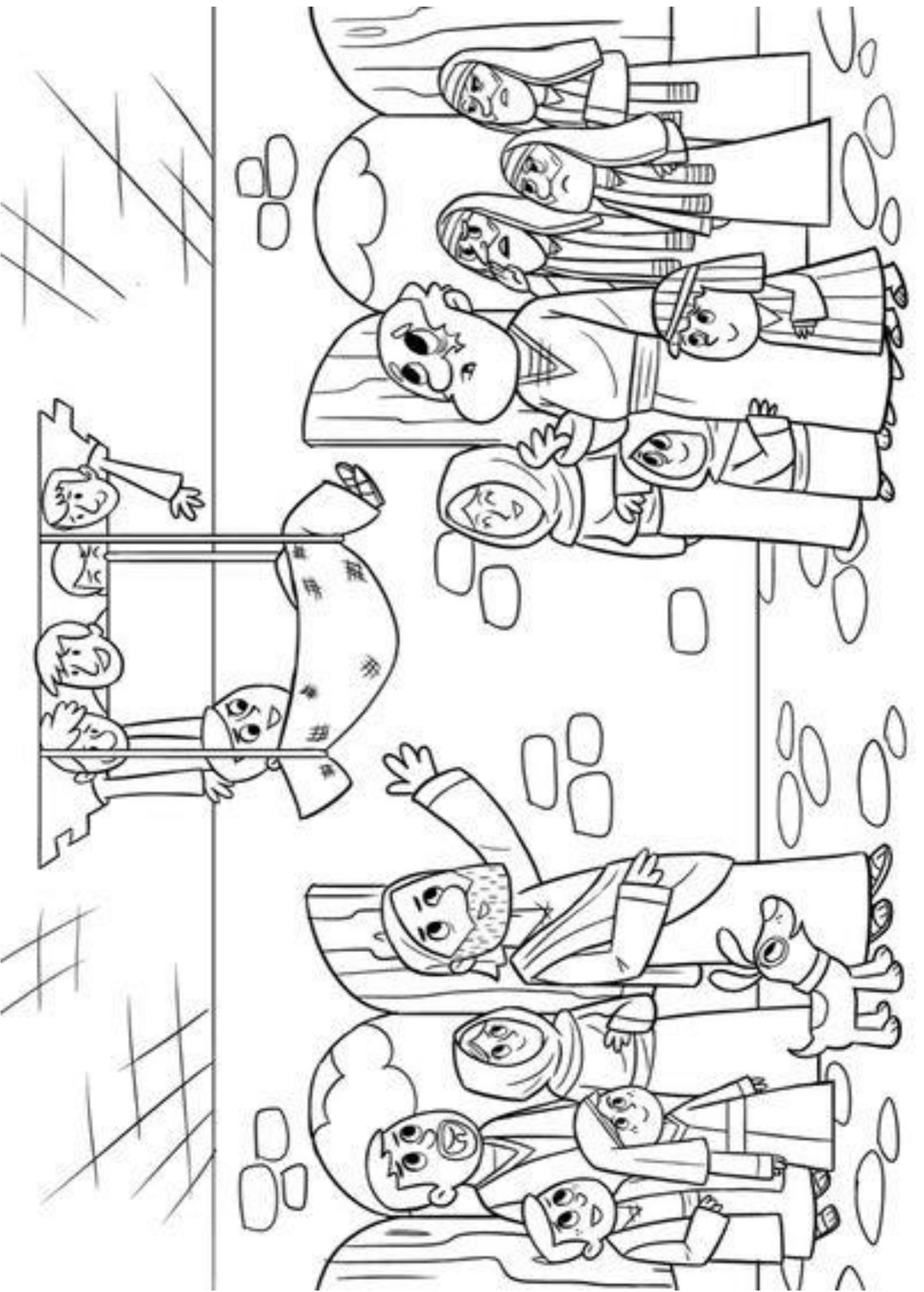
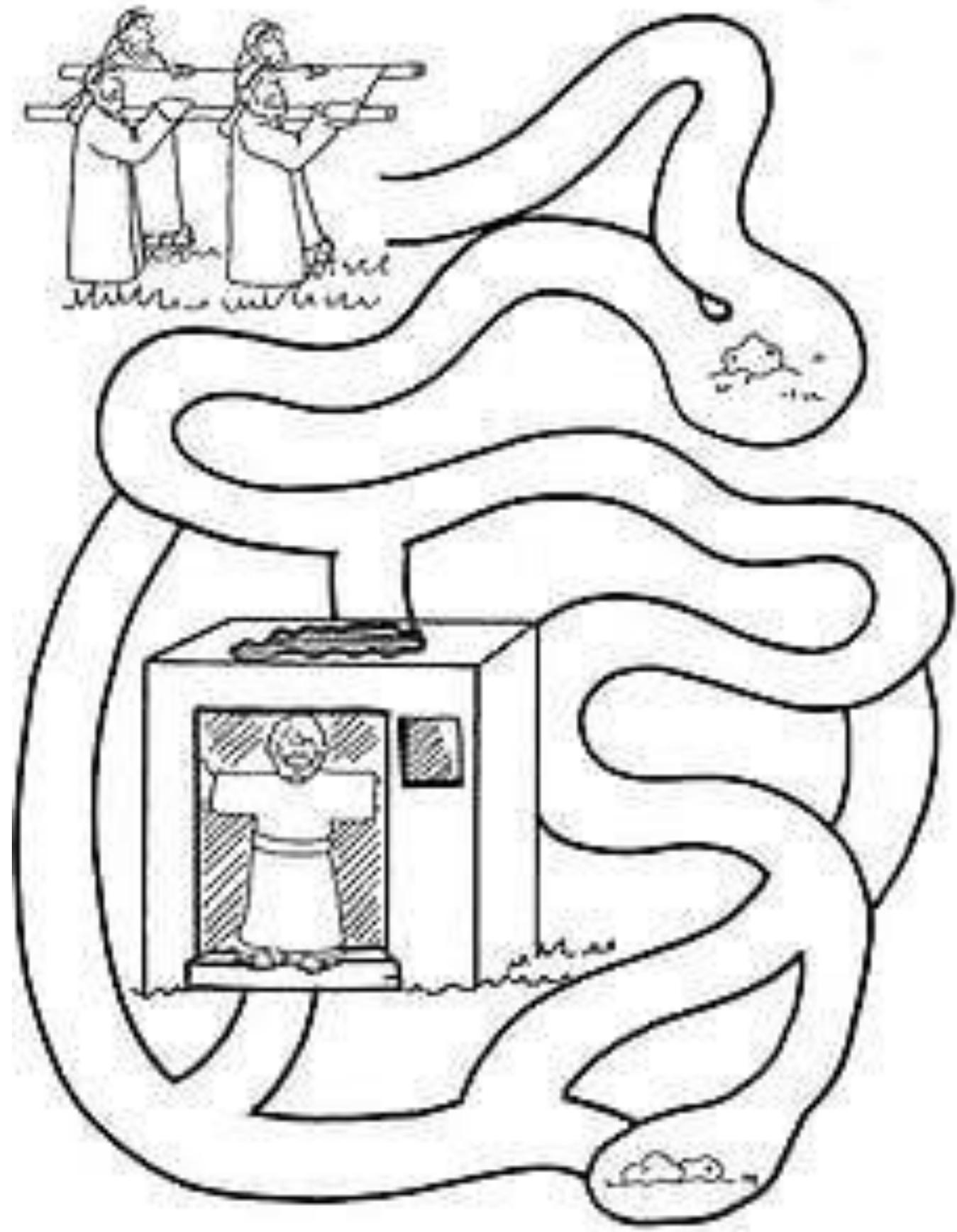


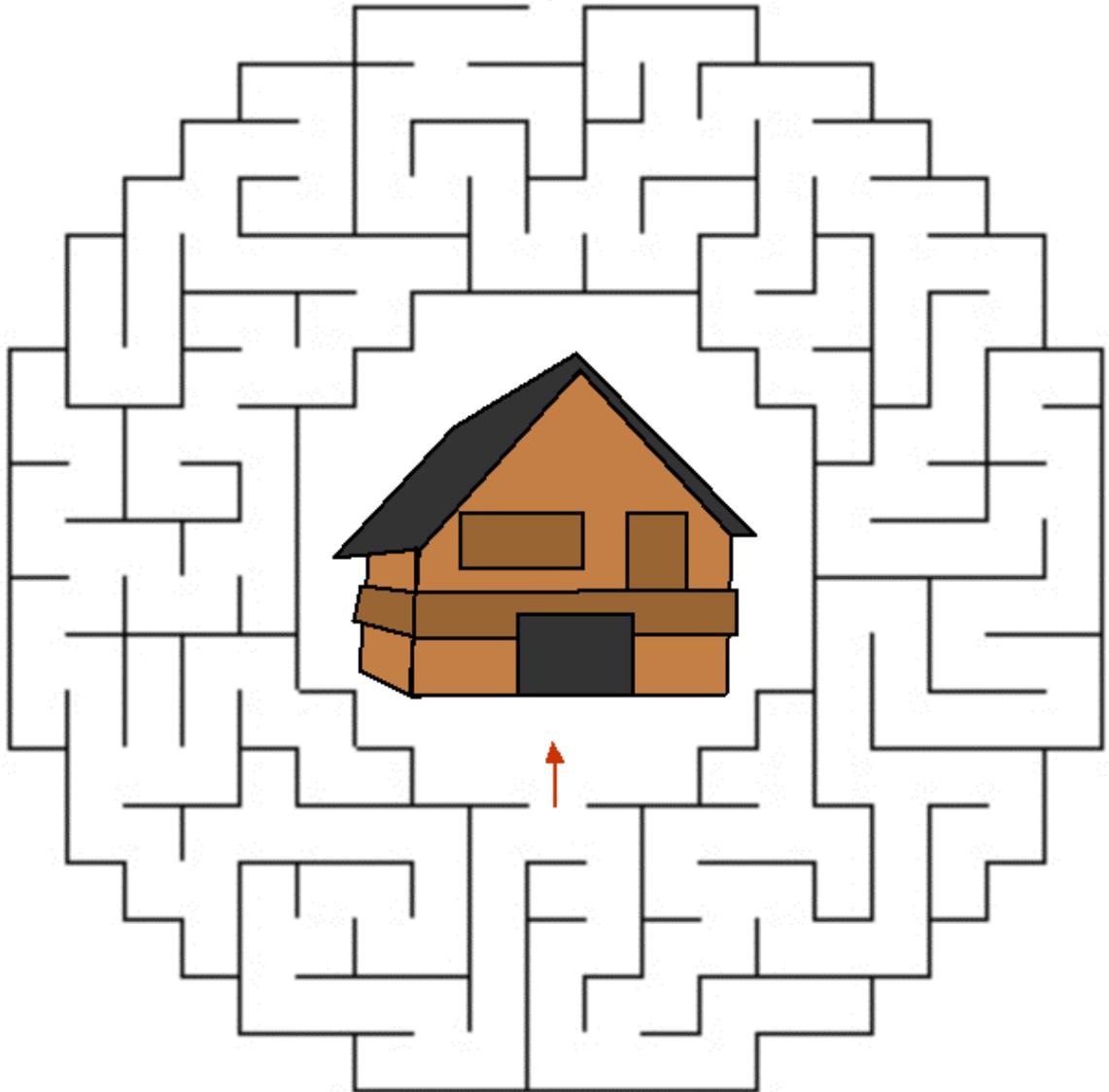
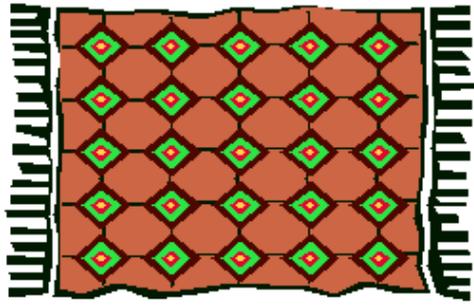


Illustration of two figures



Jesus Heals the Paralytic Maze

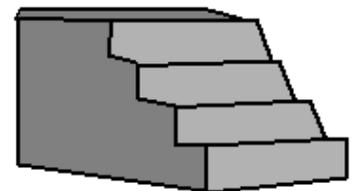
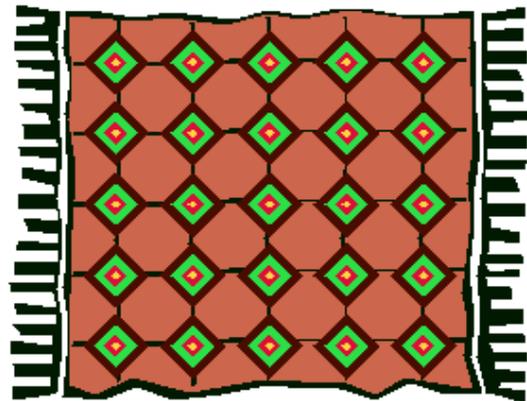
Help the man on mat find the house where Jesus is.



Jesus Heals the Paralytic Word Search

C R O W D K A C
R T P N J L T D
R E W O L A L P
R U A L M W Q Q

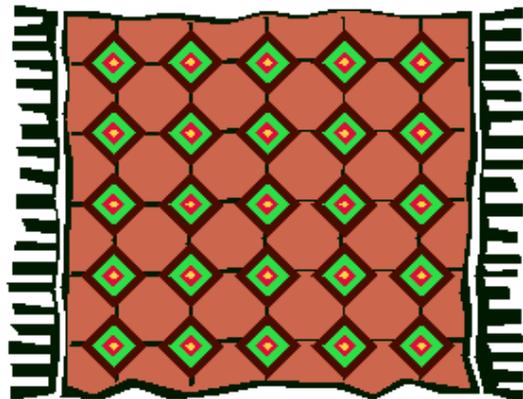
crowd
lower
mat
walk



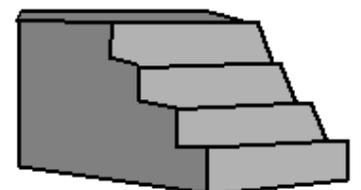
Jesus Heals the Paralytic Word Search

Y B T E R D E B C S Q E E R G
B Z M E S X E A E S L Y K O N
Z O W C C A P L W V Y J O C E
W O G I T E C C A A Z D R R V
L F T B R A Z R A E L R B O I
I E Q N R Q V S I R H K A W G
D V A I D E Z A M A R J F D R
R U M W O W B T T X T I J E O
M C I T Y L A R A P R S E D F
T E A C H E R S F O U R T D U

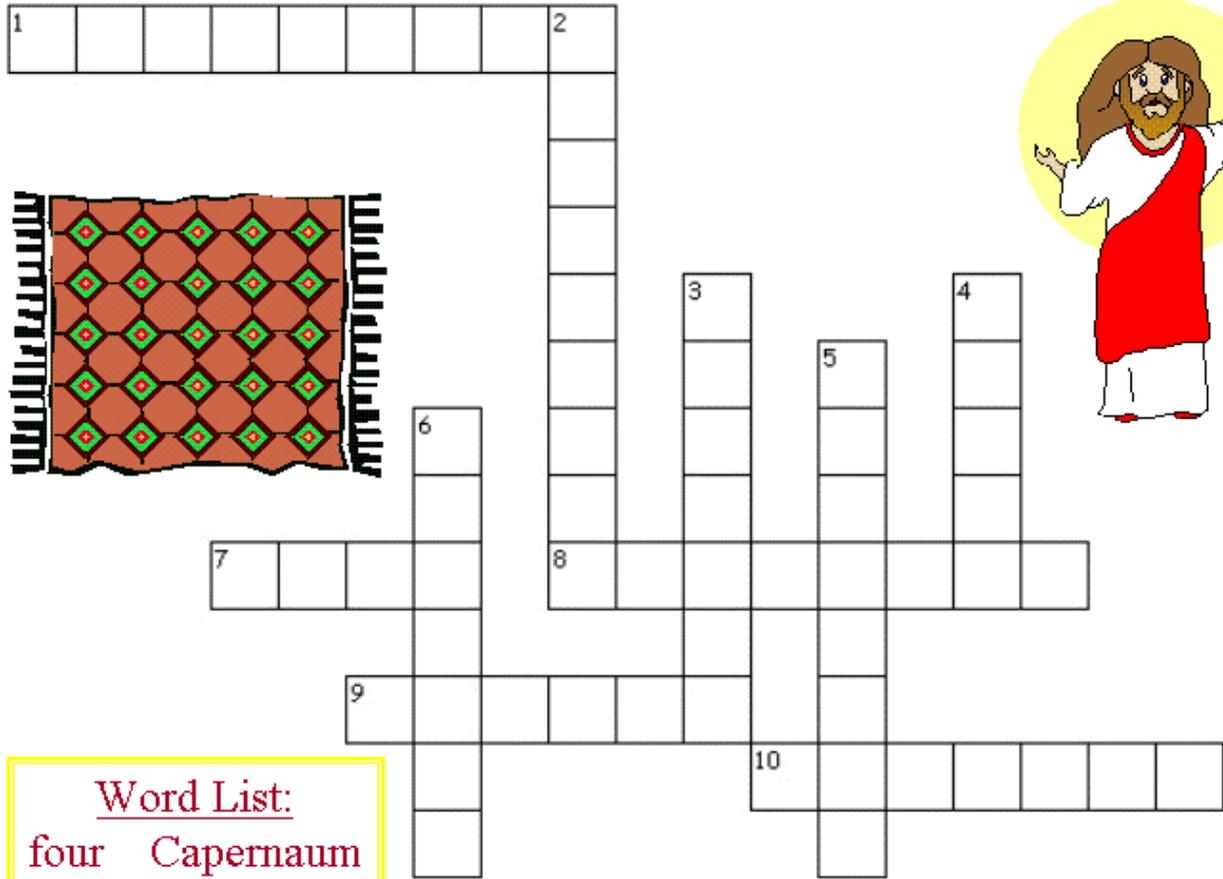
amazed
broke
Capernaum
carried
crowded
excited
forgiven
four



healed
lower
miracles
paralytic
staircase
teachers
walk



Jesus Heals the Paralytic Crossword



Word List:
four Capernaum
broke teachers
crowded walked
forgave lowered
paralytic miracles

Across

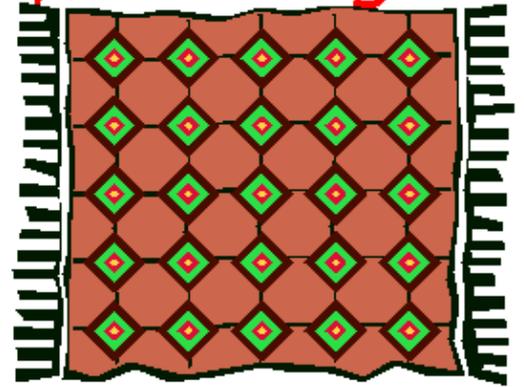
1. This is the label the man had because he couldn't walk.
7. This is the number of men that brought the paralyzed man to see Jesus.
8. Jesus performed two of these when He saw the paralyzed man.
9. The man that was carried in was healed so he stood and ____ out on his own.
10. The men couldn't get in the house to see Jesus because it was so ____.

Down

2. The name of the town where this miracle took place.
3. The four men ____ the paralytic down through the roof to get to Jesus.
4. The men ____ through the roof so they could get the man to Jesus.
5. The ____ of the law questioned Jesus authority.
6. Jesus did this for the man first, before he healed him.

Unscramble the letters to find the words in our

Jesus Heals the Paralytic Anagram



aceilmrs _____

cdeeitx _____

aacilprty _____

efginorv _____

bekor _____

aceehrst _____

acdeirr _____

adeehl _____

aacemnpur _____

aaceirsst _____