

## COLLECT

Almighty Father,  
whose will is to restore all  
things  
in your beloved Son, the King  
of all:  
govern the hearts and minds of  
those in authority,  
and bring the families of the  
nations,  
divided and torn apart by the  
ravages of sin,  
to be subject to his just and  
gentle rule;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING

**Jonah 3:1-5. 10**

*A reading from the book of Jonah.*

The word of the LORD came to Jonah, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

## PSALM Psalm 62:5-end

**R** *God alone is my rock and my salvation.*

For God alone my soul in  
silence waits;

truly, my hope is in him.  
He alone is my rock and my  
salvation,  
my stronghold, so that I shall  
not be shaken.  
In God is my safety and my  
honour;  
God is my strong rock and my  
refuge. **R**

Put your trust in him always,  
O people,  
pour out your hearts before  
him, for God is our refuge.  
Those of high degree are but  
a fleeting breath,  
even those of low estate cannot  
be trusted.  
On the scales they are lighter  
than a breath,  
all of them together. **R**

Put no trust in extortion;  
in robbery take no empty pride;  
though wealth increase, set not  
your heart upon it.  
God has spoken once, twice  
have I heard it,  
that power belongs to God.  
Steadfast love is yours, O Lord,  
for you repay everyone  
according to his deeds. **R**

## SECOND READING

**Hebrews 9:24-end**

*A reading from the letter to the Hebrews.*

Christ did not enter a sanctuary made by human hands, a mere copy of the true one, but he entered into heaven itself, now to appear in the presence of God on our behalf. Nor was it to offer himself again and again, as the high priest enters the Holy Place year after year with blood that is not his own; for then he would have had to suffer again and again since the foundation of the world. But as it is, he has appeared once for all at the end of the age to remove sin by the

sacrifice of himself. And just as it is appointed for mortals to die once, and after that the judgement, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin, but to save those who are eagerly waiting for him.

## GOSPEL Mark 1:14-20

*Hear the gospel of our Lord Jesus Christ according to Mark.*

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake – for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

## POST COMMUNION

God of peace,  
whose Son Jesus Christ  
proclaimed the kingdom  
and restored the broken to  
wholeness of life:  
look with compassion on the  
anguish of the world,  
and by your healing power  
make whole both people and  
nations;  
through our Lord and Saviour  
Jesus Christ.