Thursday 4 May 2023

Celebrating the Coronation

Children at Tudor CE Primary School had a whole day learning about the King’s Coronation. They all made red, white and blue bunting to decorate the school class rooms and corridor and designed, made and decorated a crown fit for a king. The youngest children acted out the coronation and listened to 'Zadok the Priest' by GF Handel, which was heard among the music at the Coronation. Full story here.

Pupils from Barnham Church of England VC School arrived at their local church in style. The procession of children included a horse and a number of hobby horses as they 'galloped' to St Gregory's Church in Barnham ready to crown their King. Full story here.

Children from year 5 at Mellis CofE Primary School, learned about King Charles iii, the Coronation and in particular the Coronation Chair. The children designed, built and decorated the chair using 'up-cycled' old boxes and wood. Full story here.

All Saints' Church in Kesgrave hosted a ‘coffee and cake’ event including a raffle with Ipswich Town Football Club tickets as the star prize. Children were given the chance to dress up in royal robes and a crown to pose for pictures on a throne. All money raised will be donated to the Homestart charity and Martlesham church’s top up shop. Full story here.

Christian Aid Week

14 – 20 May

This year Christian Aid is holding the ‘Big Pea challenge’ and there are lots of fun fundraising activities on their website here. Richard Stainer, Diocesan World Mission
Officer, says "I have seen the difference Christian Aid is making to lives in Southern Ethiopia as they combat the effects of the climate crisis. In some villages they have helped to install water pumps, in others they have helped finance the building of barns or the making of irrigation systems. Your support of Christian Aid enables these things to happen". As an individual, as a family or as a church why not have some fun raising money for Christian Aid and changes lives for the better across the world?

**Christian Aid Week Fundraising Concert**  
Saturday 20 May 2023, 7.30pm  
St Mary the Virgin Church, Ship Lane, Bramford, near Ipswich IP8 4AT

Join the Ipswich Gilbert and Sullivan Society for this concert in aid of Christian Aid. Tickets are £15 each and there is an option to donate more if you wish. The price includes wine or a soft drink. Tickets are available [here](#). For further information please contact Charles Croydon on 07854 776870.

**Children's Mental Health Week**  
15 – 22 May

"Anxiety is a normal emotion in us all, but sometimes it can get out of control and become a mental health problem... a quarter of adults said they felt so anxious that it stopped them from doing the things they want to do some or all of the time. 6 in 10 adults feel this way, at least some of the time" Mental Health Foundation research ([mentalhealth.org.uk](http://mentalhealth.org.uk)). Healthwatch Suffolk report that 2 in 5 young people report ‘moderate’ to ‘severe’ levels of anxiety and the NHS widely share that 1 in 6 children under 16 have probable mental disorders.

"I have 5 children, 3 daughters-in-law and 7 grandchildren, and know that all of them – at ages and stages different from each other – at times feel at least discouraged and challenged; at worst unheard in national decision making; unvalued or misunderstood in their contribution to society; or anxious about ‘getting through’. And I know we are lucky; so many aren’t. Even the little ones gain a language and perception of ‘cost of living crisis’ and a ‘failure to meet standards’; and our youth face fears over their futures after hearing phrases like ‘a lost generation.’” says Hilary Wordsworth-Sewell, Diocesan Children's and Families' Enabler, "We have strategies to address some of these concerns alongside the help from our church communities, but it needs every one of us to do something as often as we are able. So – my challenge to you is this...seek out (at least) one young person, family, or family member and do something to walk alongside them. You could agree to a weekly phone call or meet-up, you could put them in touch with organisations or projects to give them aid, you could let them know their anxieties and fears are heard, and above all – please pray for them. Together we can make a difference, raise awareness and ultimately put action on the agenda. Thank you!".

Click [here](#) to access a bank of resources, from information and connections, to raising awareness and finding support. If you wish for more information please email [Hilary Wordsworth-Sewell](mailto:).
Events

Celebration Weekend
Friday 12 – 14 May, 10.00am to 4.00pm
All Saints' Church, Bury St Edmunds IP33 3QW

Join All Saints' Church for their double Jubilee: Platinum (70 years) of the Parish and Diamond (60 years) of the church building. Refreshments, including celebration buns, will be available all weekend. On Sunday 14 May at 10.00am Bishop Martin will lead a Jubilee Eucharist Service, followed by a Bring and Share lunch.

Elevate Worship Night - Unfortunately this event has been cancelled.

Dementia-Friendly Service
Sunday 14 May, 10.30am
St Edmundsbury Cathedral, Bury St Edmunds, IP33 1LS

St Edmundsbury Cathedral will marks Dementia-friendly Sunday which will coincide with the Alzheimer’s Society’s Dementia Awareness Week, 15-21 May. The service this Sunday will highlight Memory Boxes which can be created to prompt conversations with a person in connection to a meaningful collection of items. To help the Cathedral become a better place to visit for those living with dementia, a working group has been formed. In the past 12 months, new signage has been installed and other small improvements have taken place, like new welcome mats to ensure comfort and safety. Dementia awareness training has also been provided for Cathedral staff and volunteers.

The Lightwave Community CIO Thank You Gathering and AGM
16 May from 6.30pm-9.00pm
Ringshall Village Hall, Stowmarket IP14 2JB

You're warmly invited to join this fantastic opportunity to hear about what has been happening in and through the Lightwave Community in the last year, to praise God and to show our gratitude to all those who have been part of making it happen, especially our trustees. The meeting will also include the essential business of the Annual General Meeting for the Lightwave Community - and cake! Please let us know you’re coming by clicking here.

Look to the skies - Prayer Walk for Ascension Day
Thursday 18 May, 7.30am (or arrive from 6.30pm to relax together with a bring-your-own picnic)
Foxearth Meadows nature reserve, nearest postcode is CO10 7HZ.

This prayer walk is offered by Churches Together as part of ‘Suffolk in Prayer’ and ‘Thy Kingdom Come’. It will be led by the Revd Ruth Ridge. Please contact Andy on 01787 464010 for more information.
**Big Suffolk Prayer Walk**  
19-21 May 2023  
Hosted by Suffolk in Prayer and Ipswich in Prayer to encourage people all across our county to unite together in times of prayer. You can follow local routes and maps, or very simply pray as you do your daily walk or pop to the shops. Those less mobile are encouraged to join in at home, praying over maps or photographs of their local area. More information visit [www.suffolkinprayer.uk](http://www.suffolkinprayer.uk) where you can let us know what you’ll be up to, or you can email suffolkinprayer@gmail.com

**Concert by Charity Quin**  
Saturday 20 May, 7.30pm  
St Andrew's Church, Wingfield IP21 5RB

Join Charity Quin, singer/songwriter as she brings us the beautiful songs from her latest album *Good Morning Gorgeous*. Free entry, with refreshments available. Donations are greatly appreciated for the church maintenance fund. More information on 01379 384181

**Catching the Fire**  
Sunday 21 May, 12.00pm - 4.00pm  
White House Farm, Great Glemham IP17 1LS (note Sat Nav is unreliable)

Join this Lightwave community event, part of Thy Kingdom Come (10 days of prayer starting Thursday 18 May) and the Big Suffolk Prayer Walk (19-21 May). This year the theme is 'Celebrating God's Spirit at Work' and we are coming together to worship, eat together and prayer walk. Please bring your own picnic and invite your friends. Bishop Mike, Archdeacon Sally and many others from rural churches will lead worship for all ages. Story, song and breaking bread in a breath-taking outdoor setting. Enjoy tea, cake and more in the banqueting barn at 2.30pm. Worship and celebration of mission in Suffolk at 3.00pm

Car parking is available on site. You are welcome to just turn up - but it would greatly help our planning if you would sign up for this event [here](#).

**Church Grants training – major donor fundraising for Church Appeals**  
Tuesday 23 May, 1.00pm – 2.30pm | Online webinar

Join this training session to learn from decades of church-related major fundraising capital appeal experience and explore:

- how to identify major donors already within your networks
- Finding new major donors and know how best to approach these
- Gain the confidence in how to 'present the ask' and 'close the ask'

This training is for: fundraising appeal leads, church leaders, Churchwardens and members of a building or fundraising committee. Sign up for training [here](#).
Conference: Building a generous church
Saturday 10 June, 9.30am to 3.30pm
St Augustine's Church, Ipswich IP3 8TH

We are delighted to invite you to our first conference on how to improve your church's finances. Led by Archdeacon Rhiannon King and the Diocesan Parish Resources staff and our keynote speakers:

Jonathan de Bernhardt-Wood, National Advisor for Giving and Income Generation, Church of England
Bridget McIntyre, Social entrepreneur and former High Sheriff of Suffolk
The Revd Al Metcalfe, Vicar of St Augustine's Ipswich and Chair of Oasis Centre, Gorton

This will be followed by nine specialist workshop options: creating a financial strategy; parish share; giving and generosity dilemmas; financial MOTs; Parish Giving Scheme; running a stewardship campaign; raising money for mission and ministry, church grants and digital giving.

We can offer you free parking, a light lunch, exhibition stands, advice and support and a chance to connect and share your ideas with others. Book here. To download the poster please click here.

Environmentally Aware Worship - Praxis East
Wednesday 14 June 2023, 7.00pm – 9.00pm on Zoom

Liturgy and worship practitioners across the eastern dioceses are invited to come together to share experience, ideas and expertise. Praxis East is one of the regions of a national organisation you can join. The major benefit of the annual subscription of £15 is the quarterly journal Praxis News of Worship, which keeps you informed of topical worship and liturgy issues and Praxis training events across the country. Find out more here.

A Quiet Day with The Revd Dr Charlie Bell
Friday 16 June 10.00am - 3.30pm
The Barn, The Rookery, Hollesley Road, Eyke IP12 2RR

Charlie is well known to some of us from his time working at the West Suffolk Hospital. He is curate of St John the Divine, Kennington as well as a national Board member of AffCath. Charlie Bell is an Academic Clinical Fellow in Psychiatry at South London and Maudsley NHS Foundation Trust and King’s College London. He is also the John Marks Fellow, College Lecturer and Director of Studies in Medicine at Girton College Cambridge. His book, ‘His Queer Holiness’, was published last year by Darton, Longman and Todd. Join this meeting from the diocesan group of the Society of Catholic Priests. Please bring food to share at lunch-time - drinks will be provided. Participants are welcome to stroll in the delightful gardens. Booking via Michael Wilde 01284 767415 or cormack246@gmail.com. A £10 donation would be appreciated.
John's Gospel with Prof David Ford  
Saturday 17 June, 9.30am to 12.30pm  
Salvation Army, Violet Hill Road, Stowmarket IP14 1NE

Prof David Ford will lead the Bishops' Study morning looking at John’s Gospel. Prof Ford is Regius Professor of Divinity Emeritus in the University of Cambridge and a Fellow of Selwyn College. He has studied John's Gospel for most of his academic life and the fruits of that study are distilled in his recently published theological commentary on John’s Gospel, which has been widely acclaimed and the bishops can attest is a wonderful inspiration for sermon ideas! Come along and be inspired, illuminated and enthused as Prof Ford unfolds this the most multi-layered of gospels for sermon ideas!

Click [here](#) to book (please book early to avoid disappointment!)  This event is free of charge, enquiries to Lesley Steed: lesley.steed@cofesuffolk.org.

Re-Imagining Mothers’ Union Discovery Day  
Friday 23 June 10.00am to 3.00pm  
Shepherd Drive Baptist Church, Ipswich IP8 3SL

MU members are invited to come together for this Re-Imagining Mothers' Union Discovery Day in June. "I met the vicar who started by saying she knew all about Mothers’ Union and then, having looked at some of our resources, became much more interested and said 'I never knew you did this' - so come along and join in as we re-imagine Mothers' Union for the needs of our communities today." Jeanette Appleton. To book your free place email: Jeanette.Appleton@mothersunion.org or phone 07768 418942.

Early Years Ministry Network Meeting  
Saturday 24 June, 2.30pm - 4.30pm  
The Woolpit Institute, Woolpit IP30 9QH

Are you involved in Early Years Ministry in the diocese? Perhaps you run a parent and toddler group, a pram service or work with under 5's on a Sunday? If so, this event is for you. It will be a chance to make friends, share experiences, look at the bible together, explore new resources and eat some delicious, home baked cake. This event is open to anyone, lay or ordained who has a heart for reaching the youngest children and their families in our communities with the hope of the gospel. To book please click [here](#).

Suffolk Saints - Saint Botolph Pilgrimage  
Monday 3 July to Friday 7 July

Join this five-day pilgrimage inspired by St Botolph. The journey begins in Dunwich before setting off to Snape Maltings. Day two heads along the shore of the Alde to Iken with the following few days taking pilgrims through the Finn Valley to Claydon and onwards through the Gipping Valley to Stowmarket. Day five is the final day of the journey which ends at St Edmundsbury Cathedral in time for a special Choral Evensong.
A full programme is available [here](#) and the booking form is [here](#).

Safeguarding Q&A Session

This is a meeting for all Parish/Benefice Safeguarding Officers to ask questions... are there
things that you're not sure about? do you want to know how to find out about training for your church members? would you like keep up to date with changes? Whatever your question, this is an opportunity to share it with the Diocesan Safeguarding Team, who will do their best to provide you with some answers. Please join us, so that we can get to know you a little better, at the same time as updating you with any changes to Safeguarding Training, DBS check, Dashboard, or other matters that you would like to know more about. There are several sessions to choose from – they will all be the same, so hopefully you will be able to join us for one of them.

Tuesday 13 June, 3.00pm  Book here
Monday 19 June, 10.30am  Book here
Tuesday 4 July, 7.00pm  Book here
Saturday 15 July, 9.30am  Book here.

Notices

Vacancies

**Rector** | Rougham, Beyton with Hesett and Rushbrooke | Closing date: 15 May
**Insight Technical Support (Full or Part-time)** | Closing date: 19 May
**Lead Evangelist** | Closing date: 19 May
**Safeguarding Administrator** | Closing date: 22 May
**Rector** | Claydon and Barham, Great Blakenham and Henley | Closing date: 26 May
**Associate Vicar for Mission** | St Augustine’s Church, Ipswich | Closing date: 28 May
**Youth Pastor** | St Augustine’s Church, Ipswich | Closing date: 28 May
**Parish Nurse (Part-time)** | Walton Parish Nursing | Closing date: 31 May
**Debenham High School Chaplain and Leader of youth orientated congregation** | Closing date: 2 June
**Priest 0.5** | Exning Landwade/Assistant Curate (in charge) of Exning St Agnes | Closing date: 5 June
**Priest (0.5)** | Sproughton, Burstall, Copdock with Washbrook & Belstead | Closing date: 7 June
**Cook/Chef** | St Edmundsbury Cathedral
**Safeguarding Committee Member** | St Edmundsbury Cathedral
Perspectives Ipswich's Centre Co-ordinator | for further information please email perspectivesipswich.plss@gmail.com or call 07443 537541
Area Secretary Local branch of the Royal School of Church Music | for information please email Richard Hubbard, RSCM Suffolk Team Leader, rscmsuffolk@gmail.com