

Growing Younger Sunday

30 January 2022



On Sunday 30 January we are encouraging churches to recognise that young people are co-pilgrims on our journey of faith and they can teach, share and reflect in a relevant, reverent and innately spiritual way.

Join children, young people and their families as we share in the planning, leading and serving in Worship on this or every Sunday.

For enquiries please contact:

hilary.wordsworth-sewell@cofesuffolk.org (Children and Families) or
matt.levett@cofesuffolk.org (Youth and Young Adults).

- 1** Include the Growing Younger Prayer in your worship - written by young people and commissioned by our Bishops.
- 2** Use our short YouTube video in your worship or in mailings to your communities and school.
- 3** Look out for our online resource bank of ideas and experiences - Liturgy, Music, Prayer, Talk and Listen.