



## Theme: Life is full of surprises

Book: **Handa's Surprise** by Eileen Browne

### Reflection on last week's faith in action, with the families.

**What** was last week's action?

**How** did that make you feel?

**Why** did that make a difference?

### Craft ideas:

#### Link to theme:

- Make a gift tag for a surprise present - add sequins/glitter/stickers.

? I wonder who you like to give a gift to and why.

### Inspiration ...

#### Biblical References:

**2 Kings 5:1-14**

*The healing of Naaman*

#### • SNACK TIME

*Pieces of fruit*

#### • SONGS

*Use musical instruments*

*Bumping up and down in my big red tractor.*

#### Additional resources:

A re-telling of the story on Youtube

[https://youtu.be/XyIV\\_xYi0as](https://youtu.be/XyIV_xYi0as)

Gift Tags to decorate.

### Theme Introduction:

Even very young children have expectations and when things don't go as they had hoped, they will soon let you know, by crying or having a tantrum. This is their way of coping and expressing their feelings.

Helping children to understand that things don't always go as we want is very helpful for their development. Helping parents talk to their children about the way things happen could in some cases prevent a toddler having a melt down.

### Theme exploration:

Wow! Handa, really did get a surprise when she lifted the basket off her head didn't, she? Life doesn't always go as we expect. Things don't always work out as we had hoped. Sometimes the surprises are nice and sometimes they aren't, sometimes we need to change our plans, which can be upsetting. Talking to your grown-ups about how you feel is always a good idea, when things don't go as you would want.

### Free play suggestion:

#### Link with book:

- Have play foods available.

? I wonder which fruit or vegetable is heaviest/lightest.  
I wonder have you tasted each of these fruits/vegetables.

- Provide 2 washing up bowls of water. One warm one cold. Ask the children to close their eyes and put their hand in the water.

I wonder if the temperature of the water surprised you. ?

- Baskets to balance on head and walk.

? I wonder how long can you balance the basket on your head.  
I wonder if you can walk and balance the basket on your head.



### Prayer time

*Lord, life sometimes gives us surprises, some we want and some we would rather not have. Help us to trust in you during the ups and downs of life. Amen.*

### Faith in action:

Discuss with someone what you think your talents are, what they think they are?  
How can you make someone smile?