

5 Disciplines To Build In Every Man

- Based on Vince Miller's "Called To Act"
- Handouts available to download from our website www.mossvalecommunitychurch.co.uk
- The end goal of the Christian life is ultimately to become the man that God wants us to be
- **1 Corinthians 9:25** "Everyone who competes in the games goes into strict training."
- We are going to briefly look at a reminder of five spiritual disciplines.



5 Disciplines To Build In Every Man

- **ONE | Prayer**

"Beginning Awkward Conversations With An Unseen God"

- The **A.C.T.S.** Method:

- Adoration
- Confession
- Thanksgiving
- Supplication

(handout on our website)



5 Disciplines To Build In Every Man

- **TWO | Scripture**

"Discover the greatest book ever written, printed, and sold"

- **Just start reading!** Gospel of Luke then the Book of Acts

- Easy-to-read version e.g. NIV

YouVersion Bible app www.youversion.com

- The Bible in One Year www.bibleinoneyear.org

Read a devotional online / paper copy

e.g. www.ucb.co.uk/word-for-today

- **Establish regular patterns**

- **Learning how to study the Bible**

Inductive Bible Study Method

(handout on our website)



5 Disciplines To Build In Every Man

- **THREE | Brotherhood**

"The Brotherhood We Need, We Avoid"

- We need relationships with other believers
- We don't establish spiritual connections because we don't know how or experienced the benefit
- One on one relationships or Bible study groups aid our spiritual maturity
- Spiritual growth doesn't happen in isolation; it occurs in a community
- When we link arms, great things happen!



5 Disciplines To Build In Every Man

- **FOUR | Accountability**

"Christian Men Have The Wrong Idea About Accountability"

- Brothers in accountable relationships make great men of God
- It needs to be proactive and positive, not reactive and negative
- We need to self-impose accountability
- Accountability needs to be spiritually-focused

(handout on our website)



5 Disciplines To Build In Every Man

- **FIVE | Personal Ministry**

"Get Off the Bench and Into the Game."

- Christian men who are accelerating their spiritual growth are generally involved in personal ministry
- Move from being a disciple to discipling others
- Find unique ways to use your gifts, passions, and talents for kingdom benefits
- We often disqualify ourselves for lack of knowledge or personal sin
- We need another man to say, "Get off the bench and get into the game."

