

If you / anyone in your network knows of **people who may be vulnerable** in these times of coronavirus but who haven't received anything from the NHS about being on the "official" vulnerable list, there is a form that can be filled in by the person, or on their behalf: [www.gov.uk/coronavirus-extremely-vulnerable](http://www.gov.uk/coronavirus-extremely-vulnerable)

People are encouraged to register even if they are unsure they have a condition which would make them eligible. Also, Red Zebra are coordinating the voluntary effort across the CT5 area:  
[redzebra.org.uk/whitstablecares/](http://redzebra.org.uk/whitstablecares/)

And their details, plus further information, are available there.

They are updating [www.connectwellkent.org.uk](http://www.connectwellkent.org.uk) daily. If you click on the website, click menu & then use the covid19 & news buttons there is lots of updated info & a link to Whitstable Cares (local response coordination Pt for Whitstable) may be of use. They are also putting the links when updated on social media - Red Zebra social prescribing fb page & Twitter @BeWellKent.

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