

Pastoral Care

Handout 3.1 Thoughts on Communicating

If you wish to communicate, on this one thing please meditate.

Avoid pretence, be real, be true, that I might know who's really you.

Show me yourself in honesty and not the "you" you'd have me see.

We will not progress very far unless you show me who you are

Yet all is lost if you don't see the person who is really me.

A bore is a person who talks when you wish him to listen.

Your friend has a friend, and your friend's friend has a friend – so be discreet.

Preach the Gospel at all times and, when necessary, use words. (St Francis of Assisi)

In general it is only those who have nothing to say who concentrate on how to say it.