

## Handout 2.2 Reminders when visiting

- Always ask where to sit – to avoid sitting in the chair of a person who has recently (or not so recently) died
- Visit at an appropriate time – and this may vary. Not everyone gets up early and goes to bed late, nor do we all have meals at the same time. Visiting during East Enders may be unwelcome. So ask.
- Professionals and carers must always take precedence.
- Inform chaplaincy teams if you visit someone in hospital.
- Tread carefully. By virtue of visiting you are in a position of power and the person being visited may feel nervous or inadequate.
- Arrive at the time arranged and never stay beyond an hour. Less is better than more. If visits become regular then an hour is still enough.
- Be reliable. If you have said you will be there Tuesday at 2, then you are.
- You are the visitor. Be courteous.
- If you are very overloaded then don't visit. Phone and politely postpone – you do no good to yourself or others if you are too stressed.
- If visiting in a hospital or residential establishment be even more sensitive. Is your offering to pray with the person causing embarrassment.?
- Recognise and maintain the boundaries.