

Deepening Discipleship Course Accompanier Guidelines

Purpose of participants having a Course Accompanier

To provide three opportunities for participants to explore areas of the course relevant to their personal journey of discipleship with someone they trust.

What is the role of the Course Accompanier?

For the participant to share their understanding about:

- Their experience of the course.
- What is being learned, or unlearned.
- What particular areas of discipleship might be explored.

Each participant is invited to discuss different aspects of discipleship with a view to self-awareness, knowledge about the course material or the Christian journey.

Course accompanying is not counselling, advice giving, teaching, course evaluation or spiritual direction, although each of these might be present in a limited fashion. It is an exploratory partnership of peers on the Christian journey.

At the start of the course your course accompanier will be sent a weblink and password to access the course materials.

The course of the conversation

Set agreed boundaries with each other about:

- Time for meeting – about 1 hour per meeting.
- Confidentiality – what does this mean for each of you?
- Whether or not the contents of the meeting can be referred to outside the set times without consent.
- The participant and accompanier taking personal responsibility for what they share with the other – e.g. share only what you are comfortable with sharing.
- How you will decide what to speak together about.

Concluding the conversation

Conclude with an informal summary, verbal or written, of what has been discussed, its potential value and proposed actions. The participant is to take responsibility for further action or study. If agreed, set a further meeting within the course framework. We recommend meetings after Sessions 1, 4 & 8.