



INFORMATION SHEET

The Canterbury Diocesan Counselling Service for Clergy, Ordinands, and their families in Canterbury Diocese.

The Diocese offers eight counselling sessions, which are usually 50 minutes duration. As far as possible, and by agreement, you will be offered the same time on the same day each week.

ETHICAL CODE

Canterbury Diocesan Counselling Service counsellors are Accredited and/or registered with their professional body; the British Association for Counselling and Psychotherapy (BACP) and abide by an Ethical Framework for Good Practice which can be seen at www.bacp.co.uk

RECORD & NOTE KEEPING

As required by BACP counsellors receive regular clinical supervision. Most will keep short written notes which are not identifiable by name and which are stored securely in line GDPR and insurers requirements (usually around 3 years), when they will be disposed of confidentially.

CONFIDENTIALITY

Counselling sessions are confidential.

The only exceptions are:

- where you give your express consent to disclose information;
- where the counsellor believes you may harm yourself or others;
- where the counsellor would be committing an offence by not disclosing.

However, your counsellor will, whenever possible, discuss this with you first.

FINANCE

Clients are invited to make a contribution to the cost of counselling, but this is not obligatory.

CANCELLING SESSIONS

If you are unable to keep a planned session please inform your counsellor as soon as possible. Your counsellor will explain their procedure for cancelled and missed appointments in your first session.

If you have any questions about the above information please do not hesitate to speak to your counsellor.