



Revd Ann Templeman
The Rectory
69 Liverpool Old Road
Much Hoole
Lancs PR4 4RB
Telephone: 01772 448515
Mobile: 07877 659156

Liz Boland
19 Vicarage Close
Fulwood
Preston
PR2 8EG
07903 200204

<http://hooleparishchurch.com>
anntempleman@live.co.uk lizboland@yaoo.co.uk

We are facing hugely uncertain times at the moment, and we have no idea what will happen next, or what life will look like next week, next month and beyond. Yet, we worship a God who “is the same yesterday and today and for ever.” (Hebrews 13v8)

While we are unable to meet together at church each week, we can still “virtually” attend Sunday School by using these family activities and worshipping God at home.

Guidance for using these activities

- Find time (there will be plenty of that over the next few weeks!) to enjoy them all
- Think about what you are reading/watching/doing as this will mean you will get more from it than if you treat it as just another job to tick off the list
- You don’t have to do this on a Sunday. It will come to you on a Friday (hopefully) and is there for you to enjoy at a time that suits you.

Why not download a Bible app for children? They are, undoubtedly, going to spend more time on the internet and playing on gadgets, so why not make it productive and learning more about God and the Bible as they play? The best two I think, are *Guardians of Ancora* by Scripture Union and *Superbook Bible for Kids* app. These are both full of games and quizzes about the Bible and are a lot of fun.

If you need support, please don’t hesitate to contact someone for help. Ann and Liz are more than happy to chat with you about anything you are struggling with, and in your copy of the church magazine, which will be delivered soon, you will find a card with details of who to contact if you need to self-isolate and you need practical help.

Please be assured that you are in our prayers and hopefully it won’t be too long before we are back together at St Michael’s.

‘God is our strength and refuge, an ever-present help in trouble.

Be still and know that I am God' Psalm 46

MOTHERING SUNDAY 22 March 2020

Introduction

Mothering Sunday is a day when we traditionally celebrate our mums and those who look after us. Who looks after you? Who is looking after you now, when you can't go to school?

Did you manage to make your mum a card at school? If not, why not do it today (when she's not looking!)

Bible bit

In the Bible, there are some great examples of mums. If we had been at Sunday School this weekend, we were going to look at when Moses was born. Read about it in Exodus 2v1-10, or you can watch it on one or both of these clips:

<https://www.youtube.com/watch?v=XuFgkGJEwYI>

<https://www.youtube.com/watch?v=t9HNNvInyzo>

Think about these questions:

- What special thing did Moses' mum do for him?
- How did God look after Moses?
- How does God look after us now?

Activity

During this week you will have lots of spare time. Why not make something specially for your mum (or another adult who looks after you.) Adults really appreciate it when children think to help them out. It could be as simple as remembering to put your dirty washing in the basket, or putting your toys away, or if you're old enough, making her a cup of tea or coffee, or help making a meal. What can you do this week?

Prayer

You might not be used to praying with other people in your family, but this is the perfect time to practice. You don't have to sit with your hands together and eyes closed, but it can help to keep you focussed. Adults and children can all do this together (adults, make sure the children see you modelling this, even if it feels a bit weird, it will make it much easier for the children and help them realise we all need to pray, however old we are.)

Think of something you want to thank God for. Think of something you want to say sorry for. Think of something you want to ask God for. Then say:

Thank you, God for...

Sorry God that I ...

Please God ...

End your prayer saying “Amen,” which simply means I agree. If you don’t say Amen, it doesn’t mean God hasn’t heard or that you haven’t prayed properly!

Song

This is a great song for the family to enjoy together. The video is great fun and will teach you about all sorts of Bible characters, as well as reminding you that God is always with us and has always been with us.

<https://www.youtube.com/watch?v=qGbSK5zRTtA>