



## Pews News and Service Sheet for Sunday 20<sup>th</sup> August– Trinity 11

### This week:

**10am Midweek Mass in St  
Peter's Chapel**

**Online Zoom service\*:**

**Wednesdays at 10am**

**Morning Coffee: Fridays**

**10 – 12 noon in Church**



**St John's  
Pevensey Road**

**Welcome to Mass  
this morning.**

\*Please request a link to  
the Wednesday Zoom  
service by emailing:  
[pewsnewsstjohns@gmail.  
com](mailto:pewsnewsstjohns@gmail.com)

Also to this email address  
please send any updates for  
prayer lists or pews news by  
11am **Tuesday**.

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## Our prayers are asked for:

Holly H, Peggy S, Arlene, Bostik, Dianne, Goldie, Lorenzo Andy, Gladys, Marie N, John T, Nigel and Carrie, Geraldine, Della, The Rev Lizzie G, Clare, Janet F, Tim, Basia S, Kathryn, Gill T, Lesley, Jack P, Sheila, Peter, and Anna.

## Please pray also for

the repose of the souls of the recently departed, including Martha Winieki, ...and those whose Years Minds fall around this time, including Mark Smallman, Terri Danes and all who mourn.

### St John's Prayer Cross

Ramona  
Beverly  
Helena  
Sue T  
Don F  
John H  
Nanny C

James  
and  
Damier

Rachel and Mene  
Maite and Chaz

Audrey  
and  
Jeannie

Peter and Jean

Benedic,  
Savannah & Rob  
baby StJohn

Evangeline, Hope  
and Patricia

Jean &  
Geoff

Maddy  
Tina  
Dulcie  
Aspen  
Gabriel  
Anna  
Jack M  
Patrick  
Nigel

RIP  
Harvey  
Avril  
June  
Nanny P  
Mum  
Barbara

All are  
prayed  
for by  
name  
on  
Fridays

Please let us know of those who require this longer-term prayer support. Or pin their names, via the slips of paper provided, on the wooden Prayers Cross at the back of the Church.



**The Hastings Foodbank**, run by the Trussell Trust, provides individuals and families with three days' worth of nutritionally balanced, non-perishable food. Our donations, at the back of church, are collected by them fortnightly. Can you help by donating? Their current "Urgent" list is shown below.. Toiletries and household cleaning products are also very welcome.

### TOP 5 ITEMS NEEDED THIS WEEK:

1. Soup
2. Tinned meats
3. Coffee
4. Custard
5. Nappies

Date: 14/08/2023



*Introit: God be in my head - Rutter.*

## Opening Hymn

And can it be that I should gain  
an interest in the Saviour's  
blood?  
Died he for me, who caused his  
pain?  
For me, who him to death  
pursued?  
Amazing love! How can it be  
that thou, my God, shouldst die  
for me?

'Tis mystery all! - The Immortal  
dies -  
who can explore his strange  
design?  
In vain the first-born seraph  
tries  
to sound the depths of love  
divine!  
'Tis mercy all! Let earth adore,  
let angel minds inquire no more.

He left his Father's throne above  
so free, so infinite his grace  
emptied himself of all but love  
and bled for Adam's helpless  
race.  
'Tis mercy all, immense and  
free,  
for, O my God, it found out me.

Long my imprisoned spirit lay  
fast bound in sin and nature's  
night:  
thine eye diffused a quickening  
ray;  
I woke - the dungeon flamed  
with light.  
My chains fell off, my heart was  
free  
I rose, went forth, and followed  
thee.

No condemnation now I dread,  
Jesus, and all in him, is mine!  
Alive in him, my living Head  
and clothed in righteousness  
divine.  
Bold I approach the eternal  
throne  
and claim the crown, through  
Christ my own.

*Charles Wesley (1707-88)*

## The Welcoming of the People

*Priest* In the name of the Father,  
and of the Son and of the Holy  
Spirit. *All Amen.*

*Priest* Lord be with you.

*All* and also with you.

### Prayer of Preparation

Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom  
no secrets are hidden:  
cleanse the thoughts of our  
hearts by the inspiration of your  
Holy Spirit, that we may  
perfectly love you,  
and worthily magnify  
your holy name;  
through Christ our Lord. Amen.

## Prayers of Penitence

### Invitation to confession

*Deacon* God so loved the world  
that he gave his only Son Jesus  
Christ to save us from our sins, to  
be our advocate in heaven, and to  
bring us to eternal life. Let us  
confess our sins in penitence and  
faith, firmly resolved to keep God's  
commandments and to live in love  
and peace with all.

**All Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name.  
Amen.**

Almighty God, who forgives all who truly repent, have mercy upon *you*, pardon and deliver *you* from all *your* sins, confirm and strengthen *you* in all goodness, and keep *you* in life eternal; through Jesus Christ our Lord.  
**All Amen.**

### **The Gloria in Excelsis is sung**

***Glory to God, Glory to God  
Glory to God in the highest  
Glory to God in the highest  
and peace to his people on  
earth.***

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you  
thanks,  
we praise you for your glory.  
***Glory to God, Glory to God  
Glory to God in the highest***

Lord Jesus Christ, only Son of the  
Father,  
Lord God, Lamb of God,  
you take away the sin of the world:

have mercy on us;  
you are seated at the right hand of  
the Father:  
receive our prayer.

***Glory to God, Glory to God  
Glory to God in the highest***

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
***Glory to God, Glory to God  
Glory to God in the highest.***

### **The Collect**

**Priest** God of glory,  
the end of our searching,  
help us to lay aside all that  
prevents us from seeking your  
kingdom,  
and to give all that we have  
to gain the pearl beyond all price,  
through our Saviour Jesus Christ.  
**All Amen.**

### **The Liturgy of the Word *all sit***

*A reading from the prophet Isaiah*

*Isaiah 56. 1, 6-8*

Thus says the LORD: Maintain  
justice, and do what is right, for  
soon my salvation will come, and  
my deliverance be revealed.  
And the foreigners who join  
themselves to the LORD, to  
minister to him, to love the name of  
the LORD, and to be his servants,  
all who keep the sabbath, and do  
not profane it, and hold fast my  
covenant--

these I will bring to my holy  
mountain, and make them joyful in  
my house of prayer; their burnt  
offerings and their sacrifices will be

accepted on my altar; for my house shall be called a house of prayer for all peoples.

Thus says the Lord GOD, who gathers the outcasts of Israel, I will gather others to them besides those already gathered.

For the Word of the Lord.

**All Thanks be to God.**

### **A Reading from the letter to the Romans**

*Romans 11.1-2, 29-32*

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. Do you not know what the scripture says of Elijah, how he pleads with God against Israel? .....

for the gifts and the calling of God are irrevocable.

Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

For the Word of the Lord.

**All Thanks be to God.**

**Hymn during which the Gospel is brought amongst us.**

**Father, hear the prayer we offer:  
not for ease that prayer shall be,  
but for strength that we may  
ever  
live our lives courageously.**

**Not for ever in green pastures  
do we ask our way to be;  
but the steep and rugged  
pathway  
may we tread rejoicingly.**

**Not for ever by still waters  
would we idly rest and stay;  
but would smite the living  
fountains  
from the rocks along our way.**

**Be our strength in hours of  
weakness,  
in our wonderings be our guide;  
through endeavour, failure,  
danger,  
Father, be thou at our side.**

*Maria Willis (1824-1908)*

### **Gospel Reading**

*When the Gospel is announced  
the Deacon says*

Alleluia, alleluia. The word of the Lord endures for ever.

The word of the Lord is the good news announced to you.

**All Alleluia.**

**Deacon** The Lord be with you

**All And also with you.**

**Dcn** Hear the Gospel of our Lord Jesus Christ according to Matthew  
**All Glory to you, O Lord.**

*Matt. 15. 21-28*

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon."

But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us."

He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs."

She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table."

Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

## **Sermon**

### **The Creed**

*Deacon* Let us declare our faith in God, Father, Son and Holy Spirit.

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with**

**the Scriptures; he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of Intercession** - *led by the intercessor using their own words or ...*

Lord God, through your grace we are your people:  
through your Son you have redeemed us; in your Spirit you have made us as your own.

We pray for ... (*new Christians, the Church*)

Make our hearts respond to your love.

Lord, receive our praise  
**and hear our prayer.**

We pray for ... (*the world, society, the local community*)

Make our lives bear witness to your glory in the world.

Lord, receive our praise  
**and hear our prayer.**

We pray for ... (*people in need, Christian service*)

Make our wills eager to obey, and  
our hands ready to heal.  
Lord, receive our praise  
**and hear our prayer.**

We give thanks for ...  
Make our voices one with all your  
people in heaven and on earth.  
Lord of life,  
**hear our prayer, and make us  
one in heart and mind to serve  
you with joy for ever.**  
**Amen.**

### **The Peace**

*Deacon* God is love, and those  
who live in love live in God and  
God lives in them.

*Priest* The peace of the Lord be  
always with you

**All and also with you.**

Let us offer one another a sign of  
peace.

*All may exchange a sign of peace.*

**Offertory hymn** *during which the  
altar is prepared, and bread and wine  
are placed upon it.*

**And now, O Father, mindful of  
the love  
that bought us, once for all, on  
Calvary's tree,  
and having with us him that  
pleads above,  
we here present, we here spread  
forth to thee  
that only offering perfect in  
thine eyes,  
the one true, pure, immortal  
sacrifice.**

**Look, Father, look on his  
anointed face,  
and only look on us as found in  
him;**

**look not on our misusings of thy  
grace,  
our prayer so languid, and our  
faith so dim:  
for lo, between our sins and  
their reward  
we set the Passion of thy Son  
our Lord.**

**And then for those, our dearest  
and our best,  
by this prevailing presence we  
appeal:  
O fold them closer to thy  
mercy's breast,  
O do thine utmost for their  
souls' true weal;  
from tainting mischief keep  
them white and clear,  
and crown thy gifts with  
strength to persevere.**

**And so we come: O draw us to  
thy feet,  
most patient Saviour, who canst  
love us still;  
and by this food, so awful and  
so sweet,  
deliver us from every touch of  
ill:  
in thine own service make us  
glad and free,  
and grant us never more to part  
from thee.**

*William Bright (1824-1901)*

### **Prayer at the Preparation of the Altar**

*The priest takes the bread and wine.*

Blessed are you, Lord God of all  
creation; you bring forth bread  
from the earth.

**All Blessed be God for ever.**

Blessed are you, Lord God of all  
creation; you create the fruit of

the vine.

**All Blessed be God for ever.**

**The Eucharistic Prayer (B)**

The Lord is here.

**All His Spirit is with us.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things;

who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;

as your Son, born of the blessed Virgin, he lived on earth and went about among us;

he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.**

**Hosanna, Hosanna,  
Hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord.  
Hosanna, Hosanna,  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;

grant that by the power of your Holy Spirit,

and according to your holy will,

these gifts of bread and wine

may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,

took bread and gave you thanks;

he broke it and gave it to his

disciples, saying:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

In the same way, after supper he took the cup and gave you

thanks;

he gave it to them, saying:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

**Deacon** Let us proclaim the mystery of faith

**All Christ has died:  
Christ is risen:  
Christ will come again.**

And so, Father, calling to mind his death on the cross,

his perfect sacrifice made once for the sins of the whole world;

rejoicing in his mighty resurrection and glorious ascension,

and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,

we bring before you this bread and



this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of St John the Evangelist, Mary the Mother of God and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **All Amen.**

### **The Lord's Prayer**

*Deacon* Let us pray with confidence as our Saviour has taught us:

**All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

### **Breaking of the Bread**

*The priest breaks the consecrated bread.*

We break this bread to share in the body of Christ.

**All Though we are many, we are one body, because we all share in one bread.**

*We sit as Agnus Dei is sung by all.*  
**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, grant us peace.**

### **Giving of Communion**

*The priest says the invitation.*

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

*Communion is received. Please bow your head if you prefer to receive a blessing.*

The Body of Christ. **Amen.**

The Blood of Christ. **Amen.**

*Anthem: A Gaelic Blessing - Rutter*

### **Hymn**

As the deer pants for the water  
so my soul longs after you;  
you alone are my heart's desire  
and I long to worship you.

*You alone are my strength, my shield;  
to you alone may my spirit yield:  
you alone are my heart's desire  
and I long to worship you.*

I want you more than gold or silver,  
only you can satisfy;  
you alone are the real joy-giver  
and the apple of my eye.  
*You alone are my strength, my shield;*  
*to you alone may my spirit yield:*  
*you alone are my heart's desire*  
*and I long to worship you.*

You're my Friend and you're my Brother  
even though you are a king:  
I love you more than any other,  
so much more than anything.  
*You alone etc*

*Martin Nystrom © 1983 Restoration Music Ltd, Adm. By Sovereign Music UK*

### **Prayer after Communion**

*Priest* Lord of all mercy,  
we your faithful people have  
celebrated that one true sacrifice  
which takes away our sins and  
brings pardon and peace:  
by our communion  
keep us firm on the foundation of  
the gospel and preserve us from  
all sin; through Jesus Christ our  
Lord. *All Amen.*

*All* Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and  
brought us home.  
Dying and living, he declared  
your love, gave us grace, and  
opened the gate of glory.  
May we who share Christ's body  
live his risen life; we who drink  
his cup bring life to others;  
we whom the Spirit lights

give light to the world.  
Keep us firm in the hope  
you have set before us,  
so we and all your children shall  
be free, and the whole earth live  
to praise your name; through  
Christ our Lord. Amen.

### **Notices**

#### **The Blessing**

*Priest* The Lord be with you.  
*All* And also with you

*Priest* The peace of God,  
which passes all understanding,  
keep your hearts and minds in the  
knowledge and love of God,  
and of his Son Jesus Christ our  
Lord; and the blessing of God  
almighty, the Father, the Son, and  
the Holy Spirit, be among you and  
remain with you always.

*All Amen.*

### **Final hymn**

**Glorious things of thee are  
spoken,  
Sion, city of our God;  
He whose word cannot be  
broken  
formed thee for his own abode.  
On the Rock of Ages founded,  
what can shake thy sure  
repose?  
With salvation's walls  
surrounded,  
thou may'st smile at all thy foes.**

See, the streams of living  
waters,  
springing from eternal love,  
well supply thy sons and  
daughters,

and all fear of want remove.  
Who can faint while such a river  
ever flows their thirst to  
assuage?

Grace, which like the Lord the  
giver,  
never fails from age to age?

Saviour, if of Sion's city  
I through grace a member am,  
let the world deride or pity,  
I will glory in thy name.  
Fading is the worldling's  
pleasure,  
all their boasted pomp and  
show;  
solid joys and lasting treasure  
none but Sion's children know.

*John Newton (1725-1807)*

### **The Dismissal**

*Priest* The Lord be with you.

*All* And also with you

*All* May the grace of our Lord  
Jesus Christ, and love of God,  
and the fellowship of the Holy  
Spirit, be with us all, evermore.  
Amen.

*Priest* May the souls of the faithful  
departed, through the mercy of  
God, rest in peace...

*All* and rise in glory. Amen.

*Dcn* Go in peace to love and  
serve the Lord.

*All* In the name of Christ. Amen.

*Organ voluntary: Festival Voluntary*  
– Flor Peeters

*Do stay for coffee!*



### **A Message from Kate:**

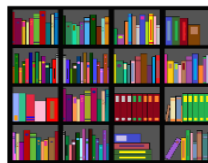
#### **Via Beata Walks**

As part of my preparation for walking the Compostela next June, I am going to be walking on Fridays if anyone would like to join me. In addition, I am planning some 3-day weekends to start walking this new pilgrimage route across England from Lowestoft to St David's in Wales. The first weekend will be the 20 -22<sup>nd</sup> October; each day's walk will be 11- 13 miles. If you would like to join this or any future weekends do talk to me and I will keep you updated. The walk website is [www.viabeata.co.uk](http://www.viabeata.co.uk).

christian  
aid

St John's,  
Pevensey Road

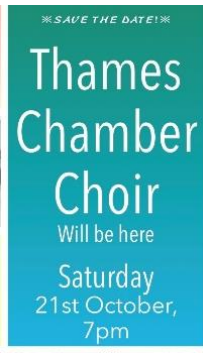
## **Bring and Buy Bookstall**



**50p per book**

... please put your donation money  
in the Christian Aid collection slot  
in the wall - thank you!

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Tina is our Administrator.  
Usual office hours  
09.00 –13.00 Mon, Tues,  
Thurs.  
Please contact her also for  
**Church Hall Bookings**

**News from the Diocese:** As part of the Diocesan Year of the Old Testament, we have two groups (one afternoon and one evening) reading and discussing together. On **Wednesday 6th September, we're going to begin looking at Exodus.** Anyone (clergy or lay) is welcome to join us either 1:30pm to 2:45pm or 7:45pm to 9pm. For any queries, please contact Marc: [marc\\_lloyd@hotmail.com](mailto:marc_lloyd@hotmail.com)  
**Zoom meeting details – “Genesis Exodus Reading Group” Join Zoom Meeting - <https://us02web.zoom.us/j/84828857268>**  
**Meeting ID: 848 2885 7268**