

All Saints Church Thornton Hough

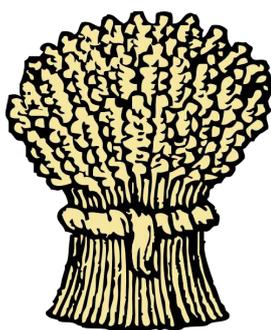
The Magazine



August - September 2019



Parish and Community Events



Harvest Festival Week

Sunday 15th - 22nd September

Full Details on Page 22 and Page 27

Wirral Men's Breakfast

at Thornton Hall Hotel
on Saturday 5th October

at 8.00am

with Guest Speaker

"Graham Kendrick"

Christian Music Writer

eg. "The Servant King" &

"Amazing Love"

Further details from

Charles Elphick on **336 4823**



All Saints Church 2020 Calendar

on Sale in September

Cost **£5.00** each

Village Hall

It is hoped to have an Arts and Food Festival each month in the Village Hall following the very successful one held in May with its many stalls. Visit the Village Hall for further details.



A letter from the Vicar

Happy Holidays!

Do you remember those days when it seemed that the summer holidays went on forever? Periods of sunshine punctuated with torrential rain, lazy days and time to explore, take the normal routine out of life and create new rhythms? Or those moments when the gloss of freedom from school or work led to fractious arguments, sullen responses to helpful suggestions as to what you could be doing, and the howl, “I’m bored!”



For those with children of school age, or families where the education system decides when you can take holidays, we are now into the full swing of the holiday season.

Holiday: the word derives from the Old English “Holy Day”, a special time, one set apart for celebration. It’s a reminder that holidays are precious things, given to us by God because we all need time to rest and recharge our batteries. Just as God is the Creator, so he gives us time for re-creation; time in which we can knit ourselves and our communities together afresh. Even spending time happily doing nothing at all is a way of re-creation; in a society where the emphasis is firmly on being active and being seen to be doing things, a holiday is a time where we can enjoy simply being.

That cry of “I’m bored!” then becomes one that we needn’t be afraid of: learning to be what might in the first instance be called ‘bored’, of letting time hang heavy and accepting its weight, of allowing quiet to seep into our every corner, is something which the ancient monastic traditions have encouraged and developed as a discipline.

But while we might be enjoying our holidays, we know that this is not the case for everyone. Holiday times can be desperately lonely for those who do not have someone to share them with. For some, there is no time for holidays, if deadlines are to be met and bills paid. Our farming community is particularly challenged by this. People working in the leisure and service sectors work very hard to enable us to enjoy our holidays, often for very low wages. And for some families, the long summer holidays are a period of real worry. The additional expense of providing more meals and childcare, the concern about children and young people in danger of getting involved in fights or other risky behaviours are huge burdens.

Holidays are times of thanksgiving. If we are able to take a holiday, let us be grateful for that, and relish the special time and experiences which we can enjoy which will build us up for our return. Let us also be mindful of those who will struggle during this period as well.

What can we do? You might like to think about the following suggestions:

Making a point of thanking those who serve us when we are enjoying our leisure time

If I am active and able, could I offer someone who is housebound a “holiday at home”? Bringing ice-cream, music or other favourite things to brighten up a day

Foodbanks are especially in demand in the summer season. Do consider putting a contribution in the special baskets which most large supermarkets have when you do your weekly shop

With Love and Blessings

Vicky



Notes on the PCC meetings held on 22nd May and 15th July

In May we welcomed our new vicar, Revd Vicky Barrett to her first PCC meeting. We began with a short service of Holy Communion in the church then continued the business part of the meeting in the Parish Hall.

Vicky took over as chairman and Alice Jones was appointed as the vice chairman of the PCC.

Prayer and pastoral care were discussed. The period between Ascension and Pentecost was when the *Thy Kingdom Come* initiative was encouraging people to pray. Vicky told us about the excellent Church of England daily prayer app which is available to download. She particularly encouraged people to join her for Morning Prayer during that period. The prayer list is maintained by Alan Splitt. In the past we have had a small Prayer and Pastoral Group, but this had not been running during the interregnum. In the July meeting we heard that this is now going to be re-convened and a date for the first meeting has been set. Prayer request cards and the Pastoral Care leaflet will need to be looked at.

All Saints is a charity and all PCC members are trustees. Members were reminded of their responsibilities and that up to date details need to be maintained on the Charity Commission website.

Alan Splitt, Alice Jones, Darren Jones, Ron Longman and Patsy Baker currently have permission to assist in **the distribution of Holy Communion**. If anyone else wishes to assist and is permitted to take communion the Vicar is able to give them permission. If anyone is interested, please speak to the Vicar. Vicky would like to commission afresh any existing distributors, plus any new ones, as part of a service.

Vicky expressed her appreciation for all the hard work that has gone on in arranging the services during the interregnum. She is looking at everything and proposed **maintaining the current service pattern** until September. This was agreed unanimously by the PCC. In September she would like to establish a working party with representation from different parts of the church- including the children's work, the music, possibly with representation from the younger people etc., to look afresh at what we do. Vicky said that change should be a process of evolution, not revolution. She would like to make more use of seasonal material than we perhaps had in the past. She would welcome feedback, both positive and negative. The 8:00am BCP service on a Sunday is not under threat.

The Village Hall Committee have asked that All Saints provide a trustee. The representative would need to be a resident of the village. This is still being followed up.

Finance reports for April, May and June have been circulated to the PCC. In July it was reported that the investments are not doing well at the moment. At one time the investments brought in about £25,000, now the same investments only bring in about £18,000. The treasurer commented that he was concerned about the level of income from planned giving and that the open plate giving has dropped dramatically. Income from planned giving is about £3,000 per month and open plate about £380 per month. Some people have moved away or died, and this has impacted on our finances.

Letters of thanks have been sent out to planned givers thanking them for their donations and telling them how much gift aid has been claimed. We are very grateful for all that they give. There has been a generous donation to help with the maintenance of both graveyards.

Energy bills are high, in particular the church electricity bill. Some of the lamps we use are high wattage and with some expenditure on more efficient fittings we might be able to reduce the cost of the bills. Eileen Roberts had noted that the flower fund had been very depleted and has encouraged some people to step forward and make donations to pay for fresh flowers. Thank you.

Current projects for the Fabric, Health and Safety team include the handrail at the new churchyard, a post-box for the Parish Hall, a new church noticeboard, roof repairs, and repairs to the spire (which will prevent rooks from nesting there). They are also looking at work which needs to be done in the Parish Hall. This includes replacing the skirting board under the hatch, looking at light fittings, better heating controls, decoration etc. The bench outside the Parish Hall also needs attention. It is estimated that a toilet in church would cost about £30,000; this is being kept in view but not a top priority at the moment.

It was confirmed that there are accident books in the office, in the kitchen and in the middle drawer of the table at the back of church.

Vicky had met with Linda Arch to review the **Safeguarding**. Safeguarding posters with contact details are now being displayed prominently in the church and the Parish Hall and our policy is prominently displayed on the website.

In the July meeting Vicky invited us all to think about **hospitality in our church**; what did we do well and what could we do better? She commented that two sets of her friends who had visited had been impressed by the church and by the welcome. We were encouraged to look beyond our boundaries. Comments that were made included:

- The church is always open.
- The music draws people in.
- The sidespeople are friendly and welcoming.
- The relaxed atmosphere reassures parents.
- cots2tots reaches out to people in the wider community and can be a channel to bring children to be baptized.
- People are invited to stay for coffee and chat. Not everyone does. We are going to try an alternative arrangement for the tables to encourage more interaction.
- In the days of families being apart, the church can replace the family in the local community.
- We need to get people over the threshold. Keeping an eye open for “For Sale” signs, providing a welcome pack with details of the local community, the church etc., inviting people to come to the church could all help.
- It was suggested that we could have coffee in church after the 10:30 service occasionally, but the lack of a toilet is a problem.
- We could have a Saturday morning *Come and Meet Our New Vicar* coffee morning and invite the local community.
- Activities such as walks, cycle rides etc. could encourage people to join in.

We need to look forwards, not backwards.

The Electoral Roll now stands at 99. Some people have been added since the Annual Meeting. If anyone else has not filled in their form yet, please do so!

Management of churchyards. It was brought to the attention of the PCC that we have a lot of unauthorised material in our churchyards. There are Diocesan regulations dating back to 2007 which we are not complying with. Many of the items could be a potential hazard to those maintaining the churchyard and this poses a Health and Safety issue. Having been made aware of the Diocesan regulations for churchyards the PCC passed a proposal asking the vicar to implement these with the support of the PCC.

The Three Churches Together group has not met recently but hope to do so soon. Among other things it is nearly time to start thinking about the parish Christmas card!! Maybe we could just enjoy our summer holidays first!



Sue Stinson
PCC Secretary



ACF

A church fellowship : for anyone from anywhere

At our Church Fellowship meeting in June, Trisha and Frans King stepped in at short notice and shared another Indian experience. This time the subject was Photography in a Powerpoint presentation. This showed the correct and incorrect composition of the subject and we learnt that “thirds” were most important. Elephants, cattle, goats in trees, a tiger and stunning views mainly in Rajasthan with local people for us to see.

As always Trisha’s talk was most informative and enjoyable. At the end of her talk Trisha said she would use her speaker's fee to make a Kiva loan, and as she had shown slides of India the loan would go to Kiva's field partner in India, Milaap, to support cottage industry. The money has now been used to help backfill Milaap's recent small loan to a seamstress near Jaipur, to buy a new sewing machine. Once the loan is repaid Trisha will lend it to another borrower, and so on, indefinitely. Anyone with Internet and a Paypal account can participate in Kiva lending. The minimum loan is US\$ 25, with the term of the loan varying from a few months to 2-3 years. Lenders do not receive interest and losses are possible, but in general there is a high expectation of loans being repaid. Visit www.kiva.org to see how it works. By tapping into Kiva crowdfunding, Kiva's field partners in developing economies can lend to support micro-entrepreneurs who would not otherwise be able to raise business capital on favourable terms. We were delighted that our Vicar, Vicky was able to join us for this talk.

Strawberry Tea

This was an enjoyable afternoon when members and guests met to chat and spend time with friends around the Annual Strawberry Tea. This event will have to be renamed as it is a shadow of its former self. Yes there were some strawberries and everyone appreciated the variety of goods on display. Twenty three people were present - the noise level was high and if anybody wanted to eavesdrop - well that would have been impossible!! Cake boxes and doggy bags were available to take home.



Thank you to all the friends who helped us prepare and set up beforehand.

Next Party? This will be in October for the Fellowship’s 30th anniversary.

Watch this space !!

Eileen Roberts



ACF

A church fellowship : for anyone from anywhere

Our three charities to which we give £100 each were chosen this year as

Wirral Youth For Christ

North West Air Ambulance

BEAM - a new project providing drop in centres for school children who are troubled but unable to speak to teachers or parents. BEAM is the Children's Society's outreach and is very successful.

Hopefully in 2020 the above charities will provide a speaker for us.

Forthcoming Events - there are no meetings in August

Fellowship Meetings in the Parish Hall

Wednesday 11th September at 2.15pm speaker : Dr Ian Cubbin

"It wasn't who did it but how did they do it"

Ian's intriguing subject will direct us to the works of Agatha Christie. This is sure to be an exceptionally brilliant talk by a well known local speaker.

Chatterbox Venue : 64 Eton Drive

Tuesday 17th September at 2.15pm

Coffee Mornings in the Parish Hall

Wednesday 25th September at 10.30am

Everybody welcome to come and enjoy the friendly atmosphere with tea, coffee and biscuits and the usual cake stall, jams, chutneys, cards and a generous raffle.

Looking further ahead a special date for your diary - Wednesday 9th October at 2.15pm when we celebrate our 30th Anniversary with a special birthday tea and The Ven Mike Gilbertson Archdeacon of Chester as our speaker.

Eileen Roberts

The teddy bears' picnic

For the last session before the summer break cots2tots had a teddy bears' picnic with snacks, yummy cakes, jelly and fruit. This was followed by party games- discovering the excitement of passing the parcel and playing with balloons.



Vicky entertained them all then the leavers were presented with Children's Bibles, courtesy of the Raby School Trust.

A big thank you to Rachel and all the helpers for making this such a fun filled year.



SUMMER
AL FRESCO DINING
ON OUR
GARDEN TERRACE



Enjoy the beautiful gardens and countryside views from our garden terrace. It's the perfect spot in the summer sunshine for a drink, lunch, afternoon tea or dinner with family and friends. Once the sun begins to fade, the mood changes, with blankets, heaters and festoon lighting it's a welcome place to wind down.

0151 336 3938 | lawnsrestaurant.com

THORNTON HALL
HOTEL & SPA
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Neston Road, Thornton Hough, Wirral CH63 1JF | 0151 336 3938 | thorntonhallhotel.com

Bardsey Island

Just off the tip of the beautiful Llyn Peninsula lies Bardsey Island or “Ynys Enlli” in Welsh. A holy island, a place of pilgrimage and according to legend the burial place for 20,000 Saints. The Island is situated about 2 miles off the mainland.



The North Wales Pilgrims Way, a long distance walking route, ends on Bardsey. It starts at St Winifred's well in Holywell and travels a distance of 133.9 miles (215km). The Pilgrim's Way is marked by way marker disks and visits many small churches en-route, with many dedicated to Celtic Saints. *(The well at St Winifred's Holywell is known as the Lourdes of Wales as it has a healing spring on the site of her decapitation and restoration.)* Bardsey Island marks the end point of the North Wales Pilgrims Way.

North Wales Pilgrim's Way-markers

Bardsey has bronze age burial sites and iron age hut circles on view and tales of Viking invaders have been handed down over the years. Archaeological evidence also shows that humans first came to Bardsey 7 - 9000 years ago. In 516 St Cadfan built a monastery on the island making it an important religious site. St Cadfan was a Breton –born missionary who was captivated by the sight of Bardsey from across the sea. The monastery was dissolved by Henry VIII in 1537 and its building demolished leaving only ruins.



The Ruins of St Mary's Abbey

The island is still an important place of pilgrimage for many today just as it was in the middle ages when hundreds of pilgrims seeking solace, healing and absolution found their way along the coast to Aberdaron hoping that the weather would be fair enough for the 2 mile crossing. The claim to be the final resting place of so many saints may be because of the missionary monks who went there after their travelling days were over. According to Geraldus, an early travel writer, who visited the island in 1188, nobody died of illness there—only old age! The outline of beehive huts where the monks stayed, can be seen on the western slopes of the hill looking towards the setting sun. It is also said that King Edward 1 and his court visited in 1284.

In medieval times Bardsey was a major centre for pilgrimages and by 1212 it belonged to the Augustin Order. The Pope at that time declared that 3 pilgrimages to Bardsey was equivalent to 1 to Rome.

In the 16th Century the island was inhabited by pirates rather than holy men. These were motivated by greed rather than necessity as many of them were wealthy landowners . Not a tranquil time for the island which fortunately did not last long.

Legend has it that Bardsey may be the burial place for King Arthur and that Enlli is another word for Avalon - the island of apples. In 1998 a gnarled and twisted apple tree was discovered. It is believed to be the only survivor of an orchard tended by the monks over 1000 years ago. The Bardsey Apple (Afal Enlli) has since been propagated by grafting and is available commercially. Since its discovery it has led to a resurgence in many other Welsh Apples being discovered and propagated.



Bardsey is about 1/2 mile (1.0 km) wide, 1 mile (1.6 km) long. The highest point is 548 feet (167 m) at Mynydd Enlli. Most of the rest of the island is fairly flat where cows and sheep graze freely. To the south the island narrows and then broadens to where the lighthouse stands. Since 1974 the island has been included in the community of Aberdaron. It is the fourth largest offshore island in Wales. On a clear day the Irish mountains of Wicklow are visible.

To get to the island is not straightforward. There is a boat service from Porth Meudwy an inlet near Aberdaron and can take about an hour. Unfortunately it can only operate when the weather, tide and currents are favourable which is not very often!. It allows visitors to stay on the island for a few hours. Be aware - the return journey can be delayed if the weather or the sea changes!

The spirituality and sacredness of the island and its association with King Arthur has made Bardsey a “special “ place in the cultural life of Wales attracting artists, writers and musicians to its shores.

The village of Aberdaron is interesting with its white painted houses and shops and the church of St Hywyn’s which is situated on the seashore. At one point the church was close to collapsing into the sea but better sea defences saved it . The cemetery here contains ample evidence of past tragedies. At the end of the 18th Century, people from the island sailed or rowed as far as Liverpool to sell their wares.



St. Hywyn’s Church Aberdaron

It musty have taken them a long time!



Today the island is peaceful and tranquil with a working farm which includes a small shop. The farm is run in a way that is conducive to the wild life ie no commercial fertilisers are allowed. The former school “Yr Ysgol ”, has some information boards on what life used to be like in the past. Walking around the island you can discover the small but beautiful church and the ruins of St Mary’s Abbey. In the orchard here can be found the Bardsey Island Apple Tree.

On the coast is the Trinity House Lighthouse built in 1821.



There is a bird and field observatory situated on the island and Bardsey is one of the best places in Gwynedd to see grey seals, and the waters around the island attract dolphins and porpoises.



Grey Seals

It is now famous for its history, wildlife and rugged scenery. A bird observatory was established in 1953, largely due to the island's position on important migration routes. Bardsey has been designated a National Nature Reserve and site of Special Scientific Interest and is of international importance. It is a nesting place for puffins, choughs and Manx shearwaters (16 thousand of them) and many other bird species.

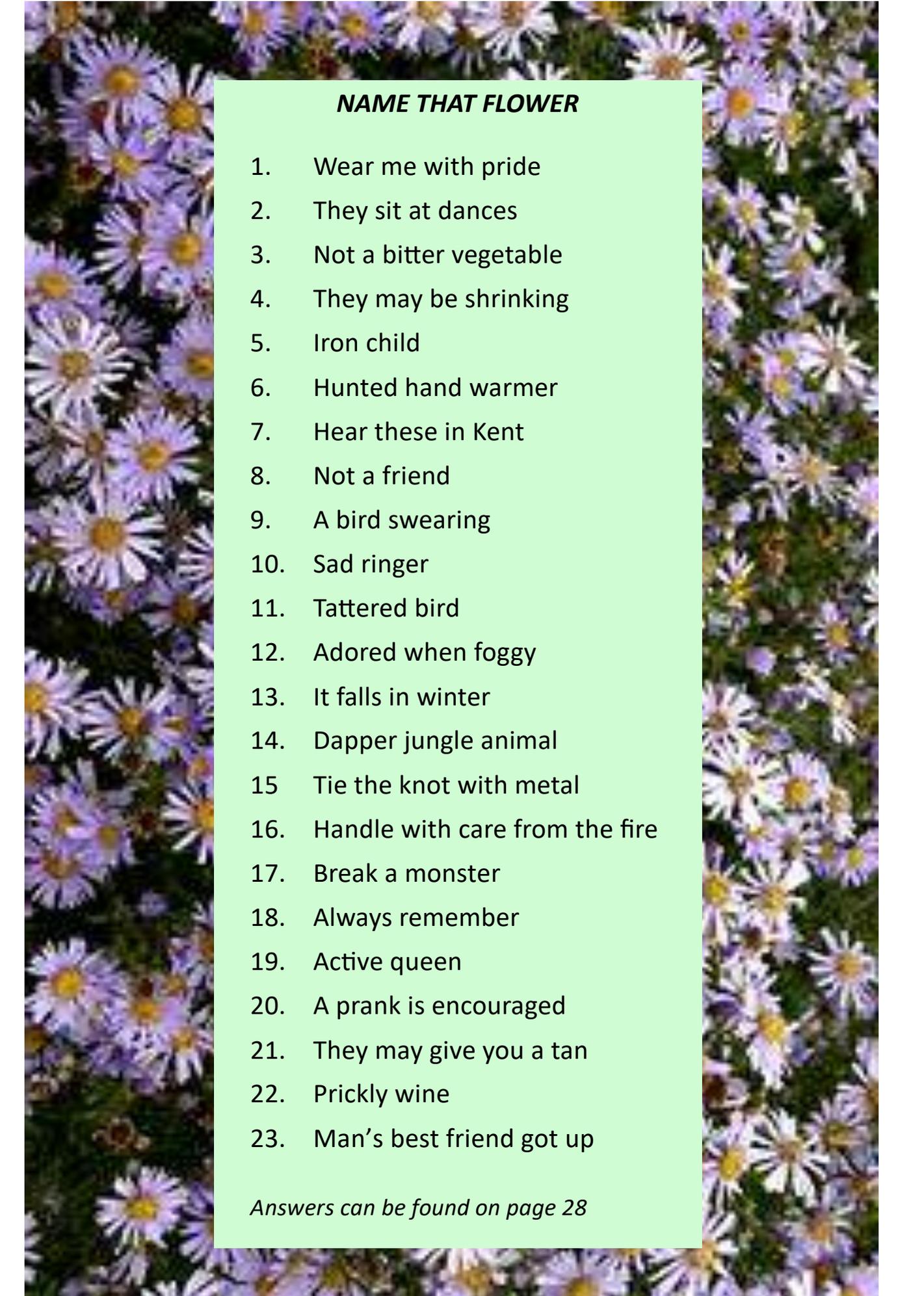


Choughs

BM



Manx Shearwaters



NAME THAT FLOWER

1. Wear me with pride
2. They sit at dances
3. Not a bitter vegetable
4. They may be shrinking
5. Iron child
6. Hunted hand warmer
7. Hear these in Kent
8. Not a friend
9. A bird swearing
10. Sad ringer
11. Tattered bird
12. Adored when foggy
13. It falls in winter
14. Dapper jungle animal
15. Tie the knot with metal
16. Handle with care from the fire
17. Break a monster
18. Always remember
19. Active queen
20. A prank is encouraged
21. They may give you a tan
22. Prickly wine
23. Man's best friend got up

Answers can be found on page 28

Poetry Corner

Upon Westminster Bridge September 3 1802

William Wordsworth

*Earth has not anything to show more fair:
Dull would he be of soul who could pass by
A sight so touching in its majesty:
This City now doth like a garment wear
The beauty of the morning; silent, bare,
Ships, towers, domes, theatres, and temples
lie
Open unto the fields, and to the sky;
All bright and glittering in the smokeless air.
Never did sun more beautifully steep
In his first splendour valley, rock or hill;
Ne'er saw I, never felt, a calm so deep!
The river glideth at his own sweet will:
Dear God! The very houses seem asleep;
And all that mighty heart is lying still!*



This is probably Wordsworth's second most popular poem (the first being about daffodils) and its appeal seems to me to be akin to that of Robert Frost's *Stopping by Woods on a Snowy Evening*: it captures a unique moment in time and dwells on the complicated emotions it evokes.

Wordsworth invites us to stand with him on Westminster Bridge, at daybreak, to witness a rare and awe-inspiring sight: the great industrial metropolis, with its million teeming inhabitants, centre of the British Empire - usually smelly, noisy, bustling and wreathed in smog - miraculously clean, peacefully still and sparkingly lovely. Wordsworth's poems were normally about the natural world - *splendour in the grass* and *glory in the flower*, so this is quite a surprise.

Another surprise is that although he seems to writing the poem while actually standing on the Bridge - *the houses seem asleep*, the *mighty heart is lying still* - in the same way that Keats wrote about his experience of reading *Chapman's Homer* as soon as he finished it, we can tell from reading the diary of his sister Dorothy that the day on which they rode over Westminster Bridge at 5.30 am on their way to France was not September 3rd, as in the title, but July 31st. It was a whole month before this "spontaneous overflow of powerful feelings" found its way onto paper.

In his preface to *The Lyrical Ballads*, a collection of poems by him and Samuel Taylor Coleridge, Wordsworth explains that although poetry is: “the spontaneous overflow of powerful feelings” the poet needs time to assimilate the experience, and so “it takes its origin from emotion recollected in tranquillity”. Thus he is able to conjure up “Thoughts that do often lie too deep for tears” (*Intimations of Immortality*) when, as he says in the daffodils poem, he is lying on his couch “in vacant, or in pensive mood”.

We know that the famous daffodils appear in his sister Dorothy’s journal, and similarly with Westminster Bridge he had her help remembering those “powerful feelings”. Her 1830 Journal records:

“ . . . we left London on Saturday morning at half past five or 6, the 31st of July (I have forgot which) It was a beautiful morning. The city, St Paul’s with the river and a multitude of little boats, made a most beautiful sight as we crossed Westminster Bridge. The houses were not overhung by their cloud of smoke, and they were spread out endlessly; yet the sun shone so brightly, with such a fierce light, that there was even something like the purity of one of nature’s own grand spectacles.”



William Wordsworth (1770 - 1850) lived up to his surname by being the greatest poet of the 19th century. His manipulation of language, metre, rhyme and expression are so masterly that the artifice seems natural. Like Keats’s *On first Looking into Chapman’s Homer*, this is a classic Italian sonnet - rhyming abba abba cdcddc - and every line has ten syllables, as in the iambic pentameter of Chaucer and Shakespeare, Milton and Pope, but he produces his grand sweeping effect with such unforced ease that it hardly seems like metre, or “poetry” at all.

He did aim quite consciously to make poetry available to ordinary people. He also wrote about everyday events and characters, to enable his readers to appreciate their surroundings more and feel more respect for a rainbow, a solitary reaper, a dripping rock, and of course daffodils.

Caroline Lancelyn Green



The Red Fox

Thornton Hough • Wirral



You will find us a classic country pub with open fires, wooden floors, good old furniture and lots of rugs and plants.

The bar sits at the heart of the pub, with an array of cask ales on tap, a back shelf crammed with malts and gins and a decent list of over 50 lovingly chosen wines. Our team of chefs continually develop our daily menu with a spine of freshly prepared classic British dishes, complemented by a few more exotic influences here and there.

We hope you can pop in and see us soon.

www.redfox.pub ~ 0151 353 2920 ~ [f/redfoxpub](https://www.facebook.com/redfoxpub)

The Red Fox, Liverpool Road, Thornton Hough, Wirral, CH64 7TL

We finished our Summer Season with an excellent talk – Extra Help. This is a local organisation where the focus is on offering ‘extra help’ which may be walking your dog, shopping, driving to an appointment, ironing, helping prepare meals or just sitting in for a ‘tea and a chat.’ The ‘helper’ is always the same person, so a friendly relationship may be established. A very ‘helpful’ talk – ask any WI member if you are interested in obtaining this type of help.

During July our Gardening group (visiting, not digging!) discovered some lovely local gardens in Burton and Prenton.

On Tuesday, 9 July, we enjoyed a Bingo and Beetle Drive evening.

There will be no August evening meeting, but we are planning a French Buffet Lunch on Saturday, 10 August, 1 pm for 1.30 pm - £6. Dress accordingly, if you wish – should be fun!

September activities

We return to our regular evening meeting on Tuesday, 3 September, when our speaker will be Melanie Latham, whose subject will be Chutney and Cheer – do come and join us.

The Strollers will be strolling down by Parkgate Old Baths on Thursday, 12 September, 10.30 am. Again, you are all welcome!

Ladies who Lunch will be at the Red Fox on Wednesday, 18 September, at 12.30 pm.

We are planning a coach trip to Erddig Hall, Wrexham, on Thursday, 26 September – open to all – contact Anne McTigue (336 3292)

You are always very welcome to join us at any of our events – we will be very pleased to see you.

Harvest

As well as our Harvest gifts for the foodbank, do use this time to make a harvest of your talents. Perhaps you are gifted with a wonderful smile, or you enjoy conversations, or flower arranging or baking. Would you be willing to offer any of your gifts to help with one of our groups in church such as our children’s group, our flower arrangers or welcomers for different activities. If so please contact the Vicar or one of the churchwardens.

The Defibrillator



The site of the Defibrillator



The Defibrillator

Earlier this year a Defibrillator was fitted outside the WI on Neston Road and training was given on how to use it by Nick Blair, a Paramedic Officer representing the North West Ambulance Service.

A defibrillator gives a high energy electric shock (a defibrillation) to the heart of someone in cardiac arrest. It is easy to use. The machine gives clear spoken instructions on what to do.

There are now many public access defibrillators placed around the country and in an emergency, you can find out where they are situated by ringing 999.

If you come across an adult who is unconscious, unresponsive, not breathing or not breathing normally then they could be in **cardiac arrest**. The most important thing is to **call 999** and start **CPR (Cardio Pulmonary Resuscitation)** to keep the blood flowing to the brain and around the body when the heart can't.

On the following page you will find a simple guidance on how to use the defibrillator to help resuscitate anybody in cardiac arrest and a summary of the steps to take for CPR

How to use a Defibrillator

- Press the green button to turn on and follow the instructions
- Peel off the sticky pads and attach them to the patient's skin, one on each side of the chest, as shown in the picture on the defibrillator
- Once the pads have been attached, stop CPR and don't touch the patient. The defibrillator will then analyse the patient's heart rhythm
- The defibrillator will assess whether a shock is needed and if so it will tell you to press the shock button. An automatic defibrillator will shock the patient without prompt. Do not touch the patient while they are being shocked
- The defibrillator will tell you when the shock has been delivered and whether you need to continue CPR
- Continue with chest compressions and rescue breaths until the patient shows signs of life or the defibrillator tells you to stop so it can analyse the heartbeat again.

If you witness a cardiac arrest, its crucial to call 999 and start CPR immediately.

There are 6 main steps :

- Step 1 Shake to see if you get a response and Shout for help
- Step 2 Check for normal breathing eg regular chest movement, listening for breathing or feeling for breath on your cheek
- Step 3 Call 999 and ask for an ambulance and a public access defibrillator
- Step 4 Give 30 chest compressions ie interlock your fingers and place the heel of one hand on the chest and push downwards and release at about 2 presses per second
- Step 5 Give 2 rescue breaths if you can
- Step 6 Continue with either the chest compressions and /or rescue breaths until help arrives

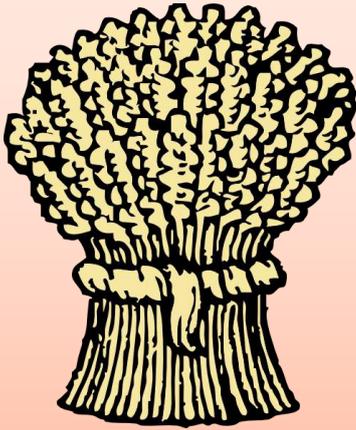
The above is only a simple guidance and more detailed information can be found on the websites below.

<https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/how-to-do-cpr>

<https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/defibrillators/how-to-use-a-defibrillator>

**Janet Gaywood
President WI**

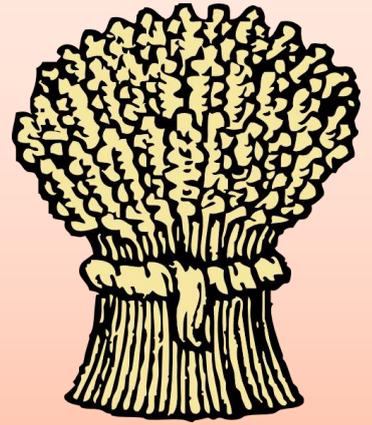
Harvest Festival Week



Please bring your Harvest gifts to any of our services during the week beginning

Sunday 15th September
8.00am & 10.30am

The 10.30am service will be followed by a **Harvest Lunch**
In the Parish Hall
Cost £5.00 (children £2.00)



Harvest Celebration Service

Sunday 22nd September
at 10.30am

Morning Prayer at All Saints

Why not join Vicky for a morning prayer service in church on Mondays, Tuesdays, Thursdays and Saturdays at 9.15am.

It is a very peaceful way of starting the day

With Readings from Psalms, Old and New Testament

All Welcome

No wonder he wags his tail.

When God had made the Earth and sky,
The flowers and the trees.
He then made all the animals
And all the birds and bees.

And when his work was finished
Not one was quite the same,
He said "I'll walk this Earth of mine
And give each one a name".

And so he travelled land and sea
And everywhere he went,
A little creature followed him
Until it's strength was spent.

When all were named upon the Earth
And in the sky and sea,
The little creature said "Dear Lord,
There's not one left for me".

The Father smiled and softly said
"I've left you to the end,
I've turned my own name back to front
And called you DOG, my friend".



Anon

A Little Humour!

A Vicar gave a sermon on the dangers of alcohol and the need for moderation. At the end of his sermon he announced in a loud clear voice:

'If I had all the beer in the world, I'd take it and throw it into the river.' With even greater emphasis he added, 'And if I had all the wine in the world, I'd take it and throw it into the river.' Finally, he intoned in an extremely serious manner, 'And if I had all the whisky in the world, I'd take it and throw it into the river.'

The Vicar then sat down and the final hymn was announced with a smile by the organist, 'For our closing hymn this Sunday, let us sing together hymn number 109: 'Shall We Gather at the River.'



Thornton Hough Community Trust

Charity no. 1109865 Company no. 5462878

Thornton Hough Community Trust. *Who are we?*

The trust is a registered charity and limited company, created in 1999 prior to the death of the last Viscount Leverhulme. The trust has, over the years, developed into the organisation it is now.

The trust, due to celebrate 20 years at this year's AGM in October, is a community group whose members work tirelessly to preserve the appearance and upkeep of Thornton Hough, Raby, Brimstage, Raby Mere and Storeton.

The Trust also helps members of the community with any issues they may have, for example, bus routes being changed, planning issues etc.

Over the years we have fundraised and spent over £150,000 on numerous projects within the parish of Thornton Hough including; a contribution to the building of the children's play area on the Green, planting of daffodils through Thornton Hough, installation of heritage carriage lamp streetlamps through Raby, Brimstage and Thornton Hough. We have donated to many local groups also, both churches, the rugby and cricket clubs, village club, village hall, parish hall, WI, and the primary school. We have arranged many preservation jobs around the parish including, cleaning and lighting of the war memorial, work on the pavilion, ground works on the green plus many more.

The trust is currently working with the council on works to the millennium arch and best kept village sign. We continually work to improve road safety through our villages through lobbying and monitoring. The trust has a voice over conservation and planning matters being consulted on relevant planning policy such as the local plan. We get involved in consultations nationally and locally regarding greenbelt and planning matters.

We are members of the Wirral Green Space Alliance, a newly formed lobbying group of over 20 active groups on Wirral bringing forward a wide range of environmental, conservation and preservation issues not least the protection of Wirral's Greenbelt. We are also members of The Wirral Society (Campaign to Protect Rural England, Wirral district committee).

The threat to our greenbelt is a recent constant within the trust, officers work to monitor planning applications and any issues that may impact our greenbelt. We meet regularly with various stakeholders making our voice heard.

Each year we also arrange the Christmas lights through the village, adding to the number of trees lit up every year. We held a very successful "light up our village" campaign in 2018 where we raised over £2000 and encouraged as many households as possible to light up their gardens in white. We plan to build on the success of 2018 again this year.

So in summary, everyone is welcome at Trust meetings, you don't have to be a member but membership only costs £5 per year. We meet on the third Wednesday of the month except December and August in the WI Hall, Neston Road, Thornton Hough.

Visit our website thctrust.co.uk or follow us on Facebook and Twitter.



Some of the flowers purchased by the Trust and planted on Neston Road.

***Geoff Dale
Chairman
Thornton Hough Community Trust***

Parish Hall

The Parish Hall is available for special events such as children's parties, birthday celebrations or anniversaries at a reasonable cost. Please contact Margaret Gamble on 336 7540 for availability and further details.

Cookery Corner

2 wonderful recipes from Eileen

Paradise Slices

Ingredients

- 9oz (250 gms) plain or milk choc chips
- 7oz (200 gms) sugar 2eggs beaten
- 3.5 oz (100 gms) butter or margarine
- 7oz (200 gms) dessicated coconut
- 7oz (200gms) mixed dried fruit and cherries



Preheat oven to 170 C—Fan Oven 150C Gas mk 3

Grease and line 7 x 11 ins tin (18 x 28smc)

Cover the bottom of the tin evenly with the choc chips. Cream butter and sugar and add remaining ingredients. Carefully spoon over the choc chips and smooth the top. Bake for about 25 min until lightly golden.

Remove from the oven whilst in the tin carefully cut into 12 squares and leave to cool in the tin to ensure the chocolate is completely set before lifting out to serve

Apple, Apricot and Pistachio Loaf

- 4.4 oz (125gms) soft butter,
- 9 oz (250gms) plain flour,
- 1 teaspoon baking powder, 2 large eggs
- 1 tablespoon mixed spice
- 5.3oz (150gms) soft brown sugar
- 5.3oz (150gms) dessert apples
- 5.3oz (150gm) dried apricots
- 5.3oz (150gms) peeled pistachios



1. Preheat the oven to 150°C. Grease a 1kg loaf tin. Put the flour, baking powder, spice, butter, sugar and eggs in a large bowl and whisk with an electric hand whisk on a low speed until well combined.
2. Peel, core and chop the apples into 1cm dice. Chop the dried apricots. Add the apples and apricots to the cake mixture along with the pistachios, and fold them in with a spoon until combined.
3. Pour the mixture into the prepared loaf tin and bake in the oven. If using a long, shallow loaf tin, bake for 1 hour. If using a short, deep loaf tin, increase the cooking time to 1½ hours. Check if the cake is cooked by inserting a clean skewer or knife into the centre – if it comes out clean, the cake is ready. If not, bake for a further 5 minutes and check once more. Repeat until the skewer comes out clean. Leave in the tin to cool for at least 30 minutes before turning out, then allow to cool to room temperature before slicing and serving.

Register of Baptism, Burials and Marriages

Extracts from the Church Registers for June / July

MARRIAGES Kevin Joseph ENRIGHT and Samantha Louise MOSS 27. 7. 19

Dean Thomas HUGHES and Stacy BIRCHALL 28. 6. 19

BAPTISM Edward James BENJAMIN 14.7.19

		Died	Age	Burial/ Cremation
BURIALS	David William MARSDEN	7. 6. 19	68	1. 7. 19
	Stanley LANE	26. 5. 19	92	9. 7. 19

COFFEE ROTA

August

4th Brenda and Verity

11th Margaret and Elaine

18th Jane and Vi

25th Shirley and June

September

1 st Heather and Eileen

8th Brenda and Verity

15th Syd and Rachel

22nd Shirley and June

29th Linda and Peter



HARVEST

We are doing things a little differently this year and spreading our Harvest celebrations over a week. We will begin by receiving non perishable gifts on Sunday September 15th and our Celebration Harvest Lunch will be after the 10.30 am service on that day. This year it will include some poetry and songs.

During the following week collections of harvest gifts will be ongoing so that 8.0 am and Wednesday congregations will be able to participate in giving if they so wish and boxes will be in church for any who would like to donate throughout the week during church open hours.

Our Harvest Festival Service will be at [10.30.am](#) on September 22nd when we can give thanks to God for all his blessings and there will be a final chance for harvest gifts to be brought.

Decoration of the church will be on Saturday 21st at 10 am. Any help will be gratefully received.

Rev VB

Trade Directory

Trade	Name	Contact Tel	Mob
Gardner	Nick Holden	364 0592	0754 734 1175
Greenhills garden Services	Will	336 5167	07754 411693
Joiner	Paul Whitehead	353 0493	07762 637374
Painter & Decorator	A Foreshaw	327 4788	07979 233 422
Health & Wellness - Pilates	Peter Heath	644 9279	07808 920 813
PAT Testing	Joey Farrell		07723 997 434
Gas Service	Mike Jones	342 5805	07813 137 134
ACG General Maintenance	Andrew Grover		07384 466 414

Following a suggestion from various readers, we have compiled the above list based on their recommendations. if you know of anybody else who would like to be included please inform any of the Editorial Team.

Disclaimer "The above are not recommendations of the editorial team and neither All Saints PCC nor the editorial team can accept any liability resulting from using these organisations/trades people."

Children's Society

It's that time of the year again!

Please return your house collection boxes in August. They may be handed in at the back of the church on Sundays. Heather or Eileen will be pleased to receive them so that they can empty the boxes, count the money and return the empty box back to you. Thank you very much.

If anyone would like a box please see Eileen. It's very easy as you just put coins in the box as and when you wish. The boxes are collected and the contents counted each August and then the empty boxes returned to you.

Eileen Roberts

ANSWERS - Name That Flower

1. Poppy	7. Canterbury bells	13. Snowdrop	19. Busy Lizzy
2. Wallflower	8. Anemone	14. Dandelion	20. Larkspur
3. Sweet pea	9. Crocus	15. Marigold	21. Sunflowers
4. Violets	10. Bluebell	16. Red hot poker	22. Hollyhock
5. Orchid	11. Ragged robin	17. Snap dragon	23. Dog rose
6. Foxglove	12. Love in a mist	18. Forget-me-not	

Parish Diary for August and September

July

Sunday	28		Sixth Sunday after Trinity
		10:30 am	Holy Baptism (Common Worship)
		6:30 pm	Holy Communion (BCP)
Wednesday	31	10:30 am	Holy Communion (Common Worship)

August

Sunday	4		Seventh Sunday after Trinity
		8:00 am	Holy Communion (BCP)
		10:30 am	All Age Holy Communion (Common Worship)
Wednesday	7	10:30 am	Holy Communion (Common Worship)

Sunday	11		Eighth Sunday after Trinity
		10:30 am	Holy Baptism (Common Worship)
		6:30 pm	Holy Communion (Common Worship)
Wednesday	14	10:30 am	Holy Communion (Common Worship)

Sunday	18		Ninth Sunday after Trinity
		8:00 am	Holy Communion (BCP)
		10:30 am	All Age Holy Communion (Common Worship)
Wednesday	21	10:30 am	Holy Communion (Common Worship)

Sunday	25		Tenth Sunday after Trinity
		10:30 am	All Age Morning Prayer (Common Worship)
		6:30 pm	Holy Communion (BCP)
Wednesday	28	10:30 am	Holy Communion (Common Worship)
Friday	30	7:00 pm	Choir Practice

September

Sunday	1		Eleventh Sunday after Trinity
		8:00 am	Holy Communion (BCP)
		10:30 am	All Age Holy Communion (Common Worship)
			United with St George's

Wednesday	4	10:30 am	Holy Communion (Common Worship)
Friday	6	7:00 pm	Choir Practice

Sunday	8		Twelfth Sunday after Trinity
		10:30 am	Holy Baptism (Common Worship)
		6:30 pm	Holy Communion (Common Worship)

Parish Diary for August and September...

September

Wednesday	11	10:30 am	Holy Communion (Common Worship)
		2:15 pm	ACF: An Agatha Christie Topic (Dr Ian Cubbin)
Friday	13	7:00 pm	Choir Practice
Sunday	15		Thirteenth Sunday after Trinity
		8:00 am	Holy Communion (BCP)
		10:30 am	Holy Communion (Common Worship) with children's group
		12:30 pm	Harvest Lunch
Monday	16	9:00 am	cots2tots
Tuesday	17	2:15 pm	ACF: Chatterbox Club
Wednesday	18	10:30 am	Holy Communion (Common Worship)
Friday	20	7:00 pm	Choir Practice
Sunday	22		Harvest / Fourteenth Sunday after Trinity
		10:30 am	Harvest Festival Service
		6:30 pm	Holy Communion (Book of Common Prayer)
Monday	23	9:00 am	cots2tots
Wednesday	25	10:30 am	Coffee Morning
Friday	27	7:00 pm	Choir Practice
Sunday	29		Fifteenth Sunday after Trinity
		10:30 am	Holy Communion (Common Worship) with children's group
		5:50 pm	Choir Practice
		6:30 pm	Choral Evensong (Book of Common Prayer)
Monday	30	9:00 am	cots2tots
October			
Wednesday	2	10:30 am	Holy Communion (Common Worship)
Sunday	6		Sixteenth Sunday after Trinity
		8:00 am	Holy Communion (BCP)
		11:00 am	United Service at St George's URC

Who to contact about our groups

Bible Study

Monday Group

Bible Study and Prayer	Shirley McEvoy	336 3449
Home Group	Alice Jones	alice@allsaintsth.org.uk

Children and young people

Cots 2tots	Rachel Brothwell	07903 275375 rachel@allsaintsth.org.uk
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Sunday School

New Comets	Linda Arch	linda@allsaintsth.org.uk
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A Church Fellowship (ACF)	Eileen Roberts	336 3465
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Church Choir	Iain Stinson	342 4800 iain@stinson.org.uk
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The Magazine Team	Patsy Baker	336 3273
	John McIver	336 4829
	Iain Stinson	342 4800
	Brian Morris	336 1393

The Magazine

Thank you to all those who have contributed articles, photographs and ideas for this edition of *The Magazine*. Contributions for future editions of *The Magazine* are very welcome. Please contact any member of the editorial team with your ideas and articles. Articles may be submitted in any reasonable format and should not be subject to any copyright restrictions.

**The deadline for submission of materials for the next edition is
Thursday 12th September 2019.**

Who's who at All Saints

Vicar	Revd Vicky Barrett	336 2766 vicar@allsaintsth.org.uk The Vicar's normal day off is Friday
Churchwardens	Patsy Baker Alice Jones	336 3273 patsy@allsaintsth.org.uk alice@allsaintsth.org.uk
Verger	Margaret Gamble	336 7540
PCC Secretary	Sue Stinson	342 4800 sue@allsaintsth.org.uk
PCC Treasurer	Iain Stinson	342 4800 iain@stinson.org.uk
Planned Giving Secretary	Sydney Deakin	334 6111
Prayer Link Coordinator	Rhona Mayhew	334 5637 rhona@allsaintsth.org.uk
Event Coordinator	Rachel Brothwell	07903 275375 rachel@allsaintsth.org.uk
Electoral Roll Officer	Elly Macbeath	
Safeguarding Officer	Linda Arch	safeguarding@allsaintsth.org.uk
Health & Safety Officer	Lucinda Russell	
Church Flower Rota	Jane Wilson	328 1408
Parish Hall Caretaker and Bookings	Margaret Gamble	336 7540
Director of Music	Iain Stinson	342 4800 iain@stinson.org.uk
Magazine Contributions		editor@allsaintsth.org.uk
All Saints Church Website		allsaintsth.org.uk
Data Privacy Statement and Safeguarding Policy		allsaintsth.org.uk/about-us/