

St Andrew's Church

ISSUE 32, January 2021

GORLESTON Community Magazine

Inside this issue: Monthly Recipe, School News,
Ramblings, Bumper New Year Quiz... *And much more!*

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Hello Gorleston!



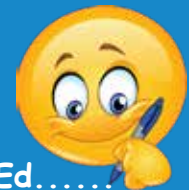
Welcome to Issue 32 of YOUR free community magazine.

At last! 2021! I am sure I am not the only one very glad to see the back of 2020, but although at times it showed humanity at its worst, we also saw the very best of people throughout the year. We saw people coming out of retirement to serve on the frontline; people putting others first; people making sacrifices for the greater good; communities coming together to help the impoverished and those shielding; neighbours becoming neighbourly; an amazing use of technology to bring people together albeit virtually rather than physically; talents being shared on social media to entertain us, keep us fit and keep our spirits up; the rewording of classic songs to amuse us; and of course, particularly on the internet and social media, the great British sense of humour came to the fore, albeit at times more akin to gallows humour - make sure you check out the Lockdown Giggle Box on page 30!

So,

"Here's to the bright New Year, and a fond farewell to the old;
here's to the things that are yet to come, and to the memories that we hold."
(Author unknown)

Out with the old and in with the new!
God bless you and keep you safe,
and we'll meet again in February!



Ed.....

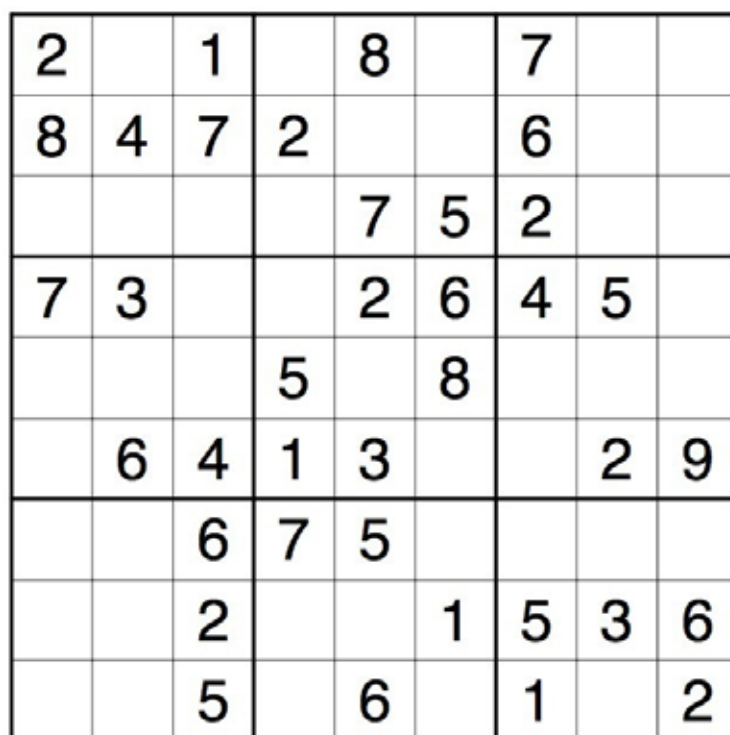
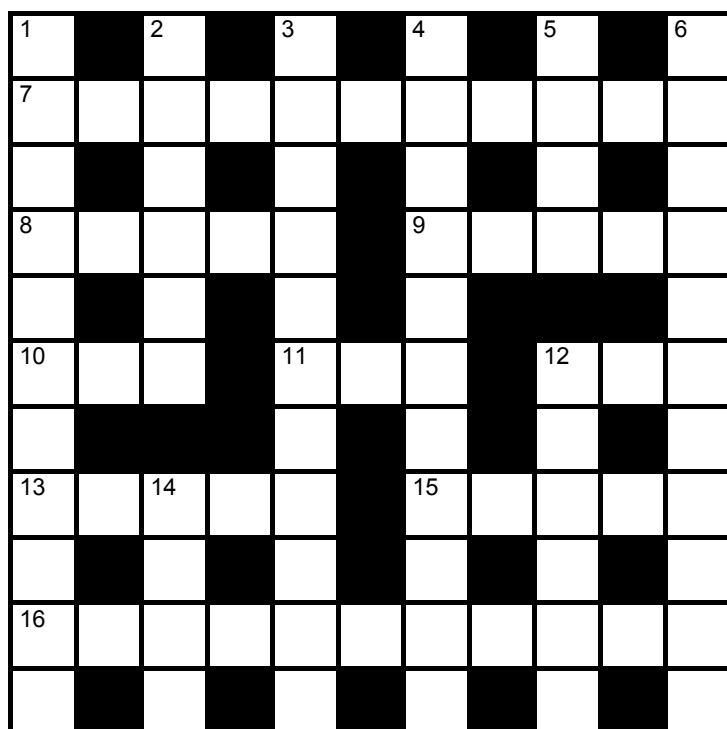
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Deadline for the February Issue is
Monday 11th January

Thanks to **Nigel Butcher**
for this month's front page picture

Coffee Time 1



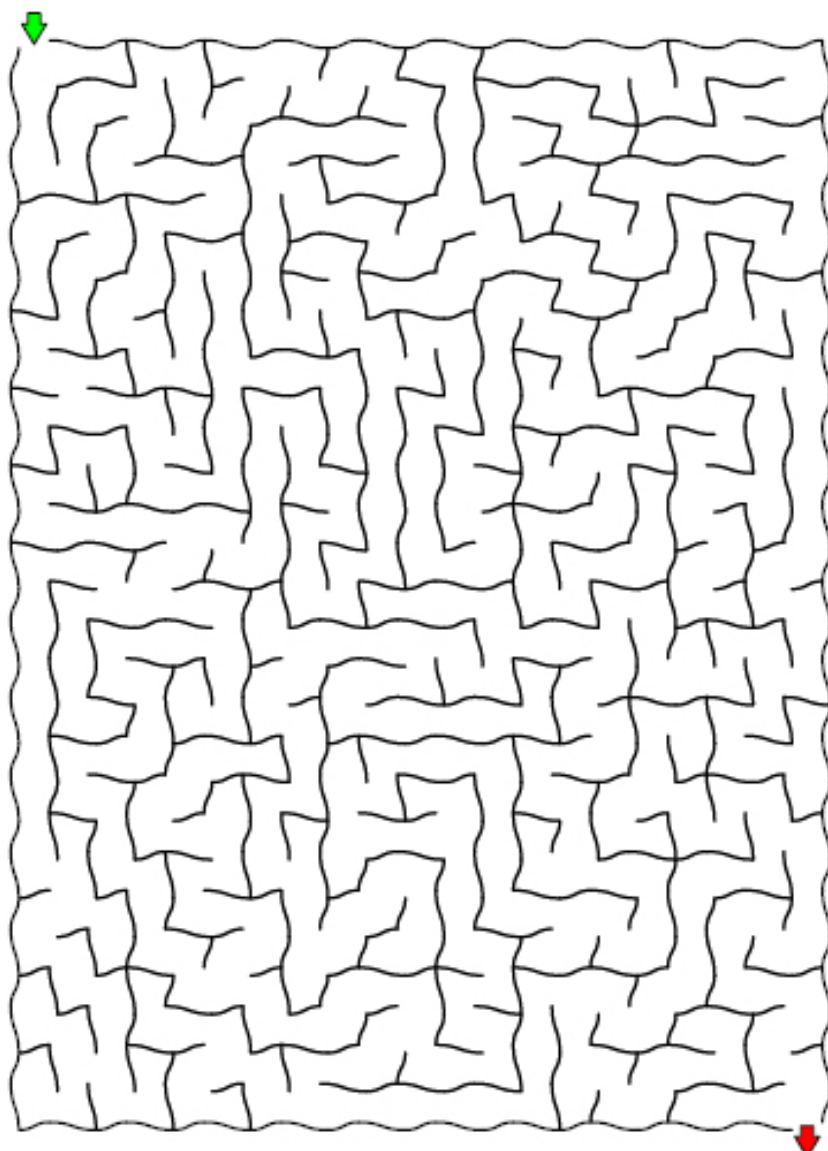
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Across

- 7 Where rumours may be heard (2,3,6)
- 8 Deplete (5)
- 9 Lover of Juliet (5)
- 10 Consume (3)
- 11 Posed (3)
- 12 Mousse (3)
- 13 Simultaneous firing of artillery (5)
- 15 Respiratory organs (5)
- 16 Echo (11)

Down

- 1 Generous supply (4,7)
- 2 House of Charles I and II (6)
- 3 Scene of battle for e.g. Williams and Murray (6,5)
- 4 Raconteur (11)
- 5 Thin stratum (4)
- 6 Apparently (2,5,4)
- 12 Approach (2,4)
- 14 Molten rock (4)



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The Rockin' Rev

Happy New Year Everyone!

It's good to begin a new year with hope, but few of us have left 2020 unscathed by the coronavirus pandemic.

For example, recent surveys reveal that nearly half of us, 48 per cent, put on weight during lockdown.

Millions of us turned to alcohol or drugs. Public Health England reports that one in five of us aged 45-74 are now drinking more than 21 units a week. The Royal College of Psychiatrists expresses alarm at the rapid rise in patients whose alcohol or drug use led to a decline in their mental health in 2020.

Children have suffered. Childline had nearly 43,000 calls from young people between March and October last year. Cyber bullying has soared, with one in three children being bullied during the pandemic, according to the Anti-Bullying Alliance.

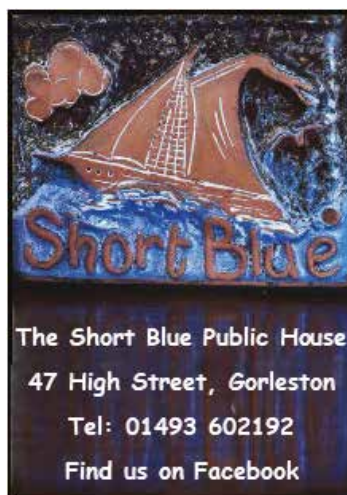
For millions of pensioners, Covid-19 hit the fast-forward button on ageing, according to Age UK. Lockdown left old people frightened. This was accompanied by a loss of their confidence, mobility and even functions such as memory.

Suicidal thoughts soared during lockdown, with the number of people seeking help tripling, to stand at more than a quarter of a million. The Royal College of Psychiatrists warn that mental health services are now overflowing with patients struggling to cope with anxiety, psychosis and depression.

I recently discovered that The Cambridge Dictionary named "quarantine" as its "Word of the Year" for 2020. Apparently, it was the most looked up word between January and October of last year. I imagine that the words "pandemic" and "lockdown" weren't too far behind.

The Cambridge Dictionary has also added a new meaning to the word "quarantine" which reads, "A general period of time in which people are not allowed to leave their homes or travel freely, so that they do not catch or spread a disease."

Rev Brian Hall
Vicar of St Andrew's Church



The editors are also considering some possible new words for the dictionary. These include "Quaranteam" (a group of people who go into quarantine together), "Lockstalgia" (a feeling of nostalgia for the lockdown period), and "Coronrial" (someone born around the time of the pandemic).

So, looking forward, what might The Cambridge Dictionary name as its "Word of the Year" for 2021? Perhaps the word "vaccine" is an early contender.



2021



Ryan was delighted with the cloak, but not so sure about the face mask

Monthly Recipe

from

Fleetwoods Butchers

Slow-cooked pork, cider & sage hotpot

Preparation time - 40 mins, cooking time - 3 hours, serves 6



Ingredients

- 1kg diced pork shoulder
- 20g butter, cubed, plus a little extra
- 4 leeks, trimmed and thickly sliced
- 4 garlic cloves, crushed
- 3 tbsp plain flour
- 500ml dry cider
- 400ml chicken stock
- 2 bay leaves
- ½ small bunch parsley, finely chopped
- small bunch sage, leaves picked, 5 left whole, the rest chopped
- 200ml single cream
- 400g Maris Piper or King Edward potatoes
- 400g sweet potatoes
- 4 tbsp olive oil

Method

1. Heat half of the oil in a deep ovenproof frying pan, or flameproof casserole dish, and fry the pork pieces over a medium high heat in batches until seared all over, then transfer to a plate. Add another 1 tbsp oil to the pan, if you need to, while you're cooking the batches.

Once all the pork is seared, transfer to a plate and set aside.

2. Add another 1 tbsp oil to the pan with a little butter and fry half the leeks with a pinch of salt for 10 mins until tender. Add the garlic, fry for a minute, then stir in the flour.
3. Pour in the cider, a little at a time, stirring to pick up any bits stuck to the bottom of the pan and to combine everything. Add the stock, bay leaves and seared pork, then simmer, half-covered with a lid for 1-1½ hrs until the meat is just tender (it will later cook to the point of falling apart in the oven). Can be prepared a day ahead.
4. Heat the oven to 200C/180C fan/gas 6. Simmer uncovered for a few minutes to reduce the sauce, if you need to – it shouldn't be too liquid or the potatoes will sink into the sauce. Stir in the parsley, chopped sage, remaining leeks, and the cream, then season well.
5. Peel both types of potatoes and cut into slices 2mm thick, by hand or using a mandoline. Alternate layers of potato and sweet potato in circles over the pie, or randomly, if you prefer. Dot the cubed butter over the top and bake for 1-1½ hrs until the potato is tender. Nestle in the whole sage leaves, brushed in a little oil, for the last 10 mins. Leave to rest for 10 mins before serving



Richard Routledge



As Bob Dylan wrote, “The Times They Are A-changin’”. This will be in two parts, this month will be about the music and the next time about fashion.

Back in 1988 we could see the start of change in club music. Going to Nicky Holloway's Doo at the Zoo's in London, you could hear more hip hop, Chicago garage, and Balearic sounds. At this time I also had a weekly residency at Tiffany's in their lower tier club called Tiffs 2. I buzzed in a rising star on the local scene to DJ with me, called Ritchie. It soon became the place to be seen in, with full houses every Saturday night, and Ritchie was their darling DJ.

The music was changing very quickly and with my old soul head I didn't like it!! Nicky Holloway invited me to his new venture at the Astoria Theatre in London called Trip. I went with my mind determined not to like it.

We walked in and it blew me away, it was full of very
sixties, hippy looking clubbers just plugged into all sorts
of music from hip hop, hip house, garage, funk and the
dreaded new acid house. Nicky took me aside and told me
to get over myself and change right now or just give up.

Getting home, within three weeks we put on our first acid house party. The press had a field day with me, but the parties went onto another level. I had a new generation of clubbers to deal with, with my older crowd dropping off. This came at the right time, Tiffs 2 was rammed every Saturday night and Ritchie was the star, he was even picked to tour with house stars Prodigy. We had a new batch of DJs to go to such as Top Buzz, Colin Favor, Fabio Grooveride, DJ Rap, Jumping Jack Frost, Mr C, DJ Sy and loads more. The whole of clubland was buzzing and by 1990 the huge thing called acid house had arrived and taken over.

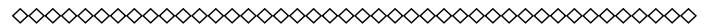
Then came my big next step which was to do bigger venues.

Email: gorleston.community.magazine@gmail.com

The first one was at the beer garden on Great Yarmouth seafront. I took the plunge and asked superstar DJ Carl Cox to headline the event. To this day I still get a buzz out of that one, nearly 1800 in the building, it was like a football crowd. We had banners from Bannerama in London, huge water fuelled lasers and dance platforms. You can find this event on YouTube to this day.

In next month's issue fashion changes with a bang and the music story goes mad.

Find Richard and What Is Hip on Facebook at:
<https://www.facebook.com/WhatisHipGLSTN/>



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Richard Routledge

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Ormiston Herman Academy

At Ormiston Herman Academy, we are enjoying a month of celebrations. We recently enjoyed learning about the festival of Diwali and the story of Rama and Sita and how they defeated the evil King Ravana and were welcomed home with special lights called divas.

Another celebration of lights that we are learning about is the Jewish festival of Hanukkah, which begins on the 10th of December this year and lasts for eight days. Along with other important religious events, we will be learning about the customs and beliefs and promoting respect and tolerance for all religious groups.

On Friday 4th December, we began our Christmas celebrations. We decorated our halls and classrooms and learnt about the first week of advent, again celebrated with candles and light.



We will of course, be learning about the meaning of Christmas to Christians around the world and we will be writing about the Christmas story in a variety of creative ways.

This term is usually a flurry of glitter, learning lines and creating costumes for Christmas productions, however this year, we are going to be the audience, rather than the actors! We are going to be watching a virtual pantomime, created by The Hobgoblin Theatre Company, who will be entertaining us with a specially written production called 'The Best Christmas Ever,' which is loosely based on 'A Christmas Carol.' We will be sitting back and enjoying the digital performance with ice creams - oh yes we will! Hobgoblin have entertained us several times before and their productions are always enjoyed by pupils and staff, so we cannot wait!

Christmas is going to be very different for many of us this year, but from all the pupils, staff and Governors at Ormiston Herman Academy, we would like to wish you a peaceful and happy Christmas season.



This year's celebrations are obviously looking different to previous years and we have worked hard to find new ways to celebrate safely.

Each class is learning an extract from the poem 'Twas the Night Before Christmas,' and a recording of this, accompanied by pupils' artwork, will be available to view on our academy website.

The children have also been busy learning Christmas songs and parents will be able to listen to these by visiting the Ormiston Herman Academy website.



Hair We Are



Just doesn't seem possible, as I am writing this Christmas is coming up very fast. A lot has happened in the last month. Once again most local businesses, unless selling essential products, were asked to close their doors and not trade. I have to say though, this lockdown just did not seem the same as the one we had to endure

through the summer. In fact this lockdown probably did more longer lasting damage to the smaller businesses than it did the big ones.

It really was a struggle for business owners in the hospitality sector and hairdressing industry such as Fusion to understand exactly what the rules were. Even though we were in lockdown I could go to B&Q and buy a pot plant!! Most of the businesses at Gipton Hall were open, the car parks were full and people going about their business in a normal fashion. I guess we will find out in a very short time if the lockdown was successful.

It is a very worrying time for everyone, but at least we now have the cavalry coming over the hill in the form of an a vaccine. However we still have to be cautious, it's not quite over yet and I still feel the rest of the winter and early spring will be challenging for our dear old NHS.

Christmas worries me; this whole pandemic is mostly controlled by the public being sensible with the way they behave. The three household rules at Christmas are a little misleading because some people think that they can mix 3 households together at any one time, wrong!! You can only mix three households over the complete 5 day break. So for example, if you meet up with your 2 children, from 2 different households and their families on Christmas day, your children, or you then can't go mix with anyone else for that whole period, which I can see causing problems with grandparents etc.

I personally would have preferred to have a quiet Christmas this year, stayed safe and then had a couple of days extra bank holiday at Easter, when hopefully we really can get together and celebrate the end of the pandemic.

The weekend of November 29th was the planned switch on of the Gorleston High Street Christmas lights, which for the first time that I can remember had to be called off because of the pandemic. However the lights and the tree in Feathers Plain are up and the lights will be switched on this year on Friday December 4th at the same time as those in Gt Yarmouth.

I have mentioned that word now "Christmas". Not only is it the season to be Jolly and Merry, it is also the season for sadness and despair. Christmas 2020 will be a festive season like never before. The outbreak of coronavirus earlier this

year, and the restrictions that have been introduced as a result, have changed our lives considerably, particularly when it comes to using technology – and many people will have turned to online shopping and banking for the first time.

But while this option offers convenience and speed, consumers need to be on the lookout for scammers who will use malicious and sophisticated tactics to try and spoil your Christmas. Online shopping fraud is rife even in less trying times, with 22,455 reports received by Action Fraud from September to December 2019 and losses totalling £22.3m over that period. Those numbers are likely to be even higher this year.

The good news is, if you know what to look out for, scams can be avoided if you know how to stay safe online over the Christmas period.

Counterfeit goods

If you're looking to buy someone a present from a familiar brand this Christmas, make sure you don't end up buying a dodgy knock-off. These can range from poorly made t-shirts with rip-off logos to electronics which could break after one use or even be dangerous. In my industry of hairdressing this applies not only to electrical items like GHD's, it also applies to retail products like shampoo, conditioners and treatments, you can never tell what product has been poured into the bottle, usually the price is a good give away with any of these items

There are some telltale signs that the retailer you are buying from might not be trustworthy.

First of all, follow the golden rule – if it sounds too good to be true, it probably is. A well-known product being sold at a fraction of its standard price is one of the telltale signs that it's unlikely to be legitimate. Take a closer look at these websites too, particularly if the brand name is unknown. While genuine retailers always design their websites with great care and expense in order to set themselves apart from competitors, fake sites are often thrown together quickly, and are often full of spelling mistakes, or generic images that don't relate to what's being sold.

It is also important to check whether it has a returns policy. A real company should tell you how and where to return a faulty item, and should have clearly stated contact details, such as an email address, phone number and address.

Fake reviews

You may expect a product that has received scores of five-star reviews to make the perfect stocking filler gift, but we've repeatedly found that all too often this is simply not the case.

We've found businesses manipulating review systems, misusing genuine review tools or even incentivising customers to leave good reviews in exchange for free products or vouchers – meaning that you could risk being duped and sold a dud.

There are a few tips to follow to ensure you aren't misled by fake reviews when buying presents this Christmas, which may be left on counterfeit or even dangerous products.

Dig a little deeper and read the comments in each review, asking yourself whether they really ring true. Do lots of the positive reviews seem overenthusiastic or lacking in facts? Do many of the comments follow a strikingly similar format or are they mostly posted by reviewers with newly registered accounts? If so, they might be fake.

Be sure to read the negative reviews too. They can be eye opening and, generally speaking, are less likely to be bought or incentives

Covid Scams to be aware of

I have read with interest that the rise in the number of financially vulnerable consumers as a result of the coronavirus pandemic has created the ideal breeding ground for scammers. There have been 3,709 reports of Covid-19 related fraud as of 31st October 2020, accounting for £20,127,684 (yes, that's right over £20 million) unverified losses, according to action fraud.

Watch out for bogus e-mails offering a refund on council tax and utility bills, as these give scammers potential access to your personal bank account details. In July 2020 the Crown Prosecution Services jailed a man aged 20 years old for 30 weeks after he sent more than a thousand texts claiming to be from authorities offering refunds to people as part of the government's response to the pandemic. He obtained 191 sets of personal details and used 49 for fraud amounting to £10,019.17.

Some mobile phone apps promise to give updates on the virus, but instead lock your phone and demand a ransom. Britons are encouraged to use the NHS Covid-19 app giving information and identifying when the user has been in close contact with someone who has later tested positive for Covid-19.

Always check charity collection "volunteers" To check a charity is legitimate, visit gov.uk/checkcharity. All charities with an annual income of at least £5000 must be registered here.

Fake investment opportunities encouraging victims to take advantage of the financial downturn" are on the rise. Bitcoin platforms are using emails and adverts on Social Media to encourage unsuspecting victims to put money into fake investment companies using bogus websites.

There are even fraudsters preying on benefit recipients offering them help to apply for universal credit while they take some of the payments as their fee.

Tech support scams

Tech support scams can start with either a phone call, an email or a pop-up message appearing on your computer, stating there is something wrong with your computer or internet connection and that it needs to be fixed.

These types of scams are more likely to catch you off guard if you're distracted entertaining loved ones or in the middle of baking Christmas treats.

This is a common scam whereby criminals try to trick you into installing remote-access software which gives them

control of your computer, and allows them to access email and bank accounts. In the last 12 months, Action Fraud says people have lost £16.5m to this type of scam.

If you receive a call from anyone claiming that your PC has been infected by viruses – hang up. You should also take the same approach with any sort of cold caller claiming to be from your bank or the police who is trying to use their position of supposed authority to convince someone to transfer money out of their account or click a dangerous link.

Investment scams

With savings rates at rock bottom, people may be looking for new ways to secure a decent return on their money as part of a New Year's resolution to refresh their personal finances.

However, scammers are poised to tempt us with attractive "investment opportunities". According to Action Fraud, bogus schemes cost consumers nearly £700m between September 2019 and September 2020 – a rise of almost 30 per cent on the year before.

These scams might start with a cold call, but victims are increasingly being targeted via email, social media platforms and Google search results.

The most commonly reported scams involve investments in shares and bonds, forex and cryptocurrencies – such as bitcoin – and often use bogus celebrity endorsements.

Unrealistic or "guaranteed" returns are a common warning sign, as is pressure to act quickly.

Before following up any investment opportunity, check the financial regulator's register to make sure the person or firm you're dealing with is authorised.

Holiday scams

With promising news about a vaccine and speculation around the introduction of airport testing, as we head towards the festive period people may start switching their attention away from the cold and dark winter weather to the summer sun in 2021.

But there are criminals who want to turn your dream holiday into a nightmare – and they are ready to exploit any potential easing of travel restrictions as people try to book a well-earned break.

Between March and July of this year, victims of holiday-specific scams reported losses of close to £22m.

Watch out for fake listings on holiday accommodation booking sites. A key tactic to look out for is an attempt to get you to pay for your stay by bank transfer, instead of paying through the official holiday letting website.

If you are scammed by bank transfer it is very difficult to trace the money and you could find it much more difficult to get your money back – so being asked to pay this way should set alarm bells ringing.

Just a few of the scams out there to be careful of.

Remember this information is for you to be aware of at all times, not just at Christmas time.

In the meantime can I take this opportunity from all of us at Fusion, have a great Christmas and lets all hope for a dramatically increased happy and prosperous 2021!



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New Year Coffee Time

Bumper New Year Quiz with anagram clues

1. What word do the Scottish people give for the last day of the year and its celebration?
8 - agony ham
2. What day of the week was New Year's Day, 2019?
7 - duty sea
3. In which European country is it a tradition to jump from a chair right before midnight and also smash plates against friends' doors?
7 - mark end
4. On New Year's Day 1993, which former country effectively split into two?
14 - hazes cavil cook
5. What name was given to the predicted computer meltdown at the beginning of the year 2000?
10/3 - mumbling lieu
6. Can you name the President of Cuba who fled the country on January 1st, 1959, with the advance of a rebel army led by Fidel Castro?
7 - baits at
7. Nicknamed 'the Granddaddy of Them All', which annual American college football bowl game is usually played on January the 1st?
3/4/4 - soother blew
8. On January 1st 1881, Ferdinand de Lesseps began French construction on which great civil engineering project?
3/6/5 - anathema can lap
9. 'The ball drop' is a famous part of the New Year's Eve celebration in which touristy part of New York City?
5/6 - requiems sat
10. Which English author, born on New Year's Day 1879, wrote the novel A Passage to India?
1/1/7 - reform set
11. Who wrote the song 'Auld Lang Syne'?
6/5 - stubborn err
12. Literally meaning the 'beginning of the year', what name is given to the Jewish New Year?
4/8 - horns ash ha ha
13. Which sovereign state became independent of the United Kingdom on New Year's Day 1984?
6 - in bure
14. In Scotland, 'first-footing' is a tradition which involves visiting homes with a gift of whisky and which other item?
1/4/2/4 - focal mu opal
15. Who won a Golden Raspberry Award for worst actress in her 2012 film New Year's Eve?
5/7/6 - hijackers as a parser
16. The village of Allendale, famous for its New Year fire festival, is in which English county?
14 - motherland burn
17. 'New Year' is a song by which British girl pop group - it was released as the second single from their debut studio album 'One Touch'?
9 - a bugs base
18. In which English county is it an old tradition to say 'black rabbits, black rabbits, black rabbits' just as the clock is about to strike midnight on New Year's Eve?
9 - risky hero
19. The month of January is named after which Roman god of doorways?
5 - sunja
20. Songkran, often celebrated by water fights, is the New Year's festival in which Asian country?
8 - hand tail

Ormiston Venture Academy

Children in Need supported in a blaze of Yellow

Bright yellow clothing adorned the corridors at Ormiston Venture Academy in Gorleston on Friday 13th November in support of the BBC's Children in Need appeal.

The students attended the school day looking amazing dressed in yellow, sporting Children in Need Pudsey ears, socks, jumpers, t-shirts and onesies. Students made a contribution to the charity to show their support. College clash points were received for the students who embraced the cause and were dressed to impress. The students were committed to donate towards the charity which supports over 2,400 projects helping children facing a range of disadvantages, such as poverty, abuse or physical disability.



A "pie the teacher" contest drew hundreds of students to virtually watch the eventual winner, (some might say loser), Mr Scotney get pied at the beginning of the day on the playground. Head boy Alex Riches took delight in his responsibility of administering the 'prize!' Students Elijah Palmer, Tobie-Regan Walden and Madelaine Marten created a huge Pudsey poster which students were able to collaborate on, colouring in during lunch times to raise awareness of the charity.

Mr Waters who leads the Union of Venture students commented:

"It was a great effort by all staff and students in these difficult times the students and staff really took to the yellow theme as there were so many Pudsey outfits and ears on show during the day. Raising £522 for such a worthy cause along with the £106 raised in the Macmillan coffee morning earlier in the year is a key priority for the Union of Venture Students and something we are incredibly proud of."





Continuing in the Spirit of Christmas the academy hosted its annual Christmas Fayre. Sadly we were not able to invite the community in this year, but the show must go on and students attended in their year group bubbles to continue with our COVID safety measures. Students and staff again this year were invited to swap their blazers to wear a Christmas jumper, donating food items to the foodbank drive lead each year by our very own elves ((Union of Venture Students), having donated over 800 items last year.

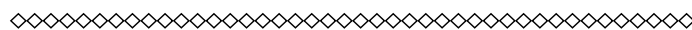
Students enjoyed live music and entertainment, buying Christmas related gifts, treats, sweets and drinks, and

having a go on a whole host of games and activities, along

with the raffle with our top prize being a Nintendo Switch, kindly donated by CEX.

Each College participated in making decorations, decorating their college Christmas tree and their very own Nutcracker to ensure everyone was getting into the spirit in the countdown to Christmas.

It has been a strange time for us all, but we would like to take this opportunity to thank our wonderful community for all of your support and look forward to celebrating successes with you in the future.



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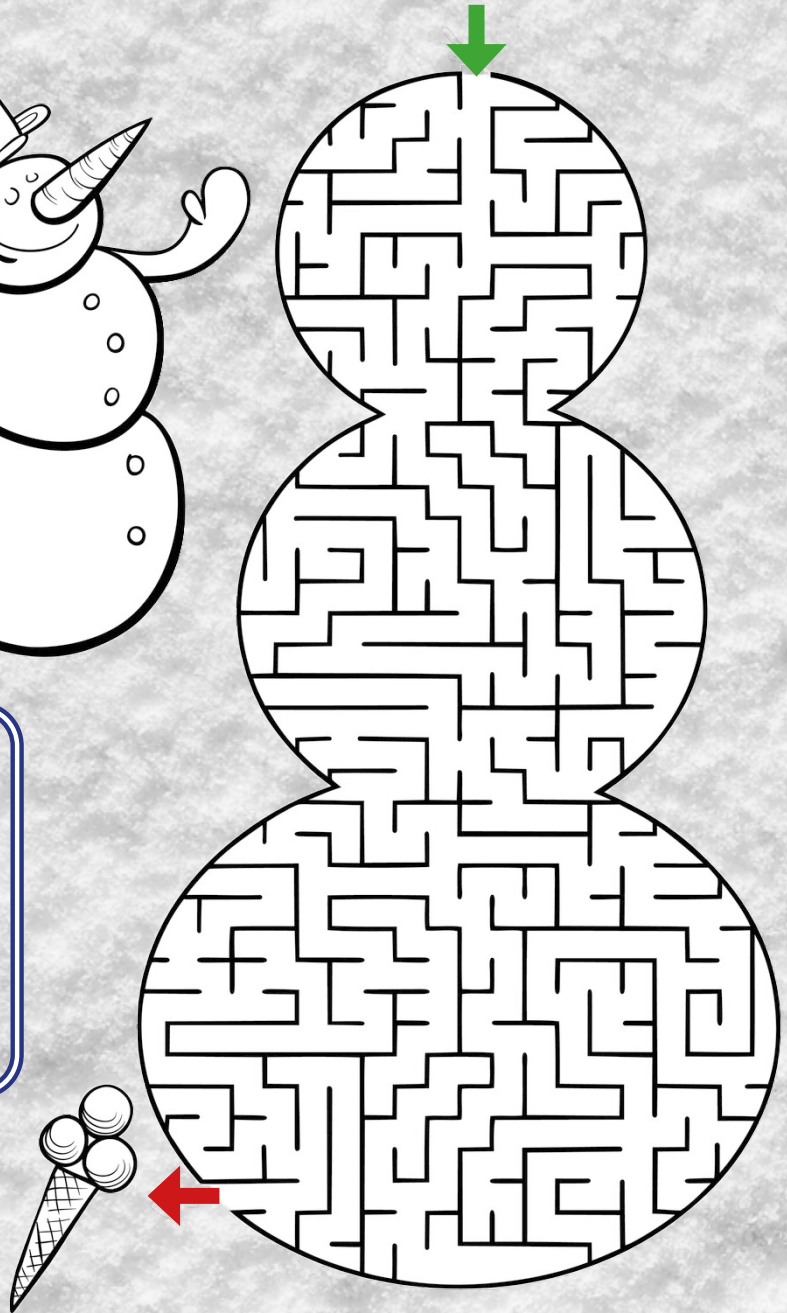
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Kids' Corner

Happy New



Can you help the snowman find his way through the maze to the icecream?



Bible thoughts:

Galatians 6:10 - When we have the opportunity to do good to anyone, we should do it.

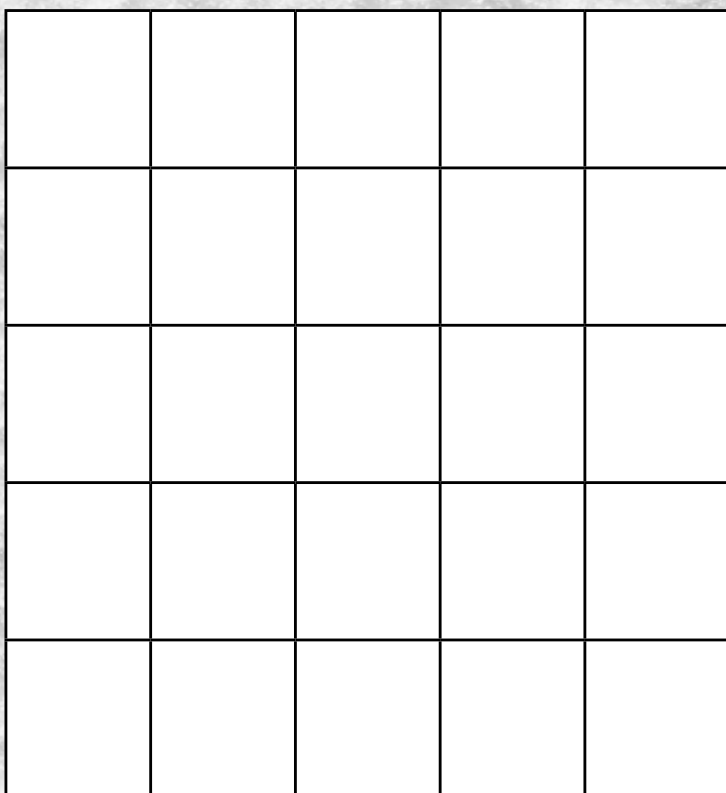
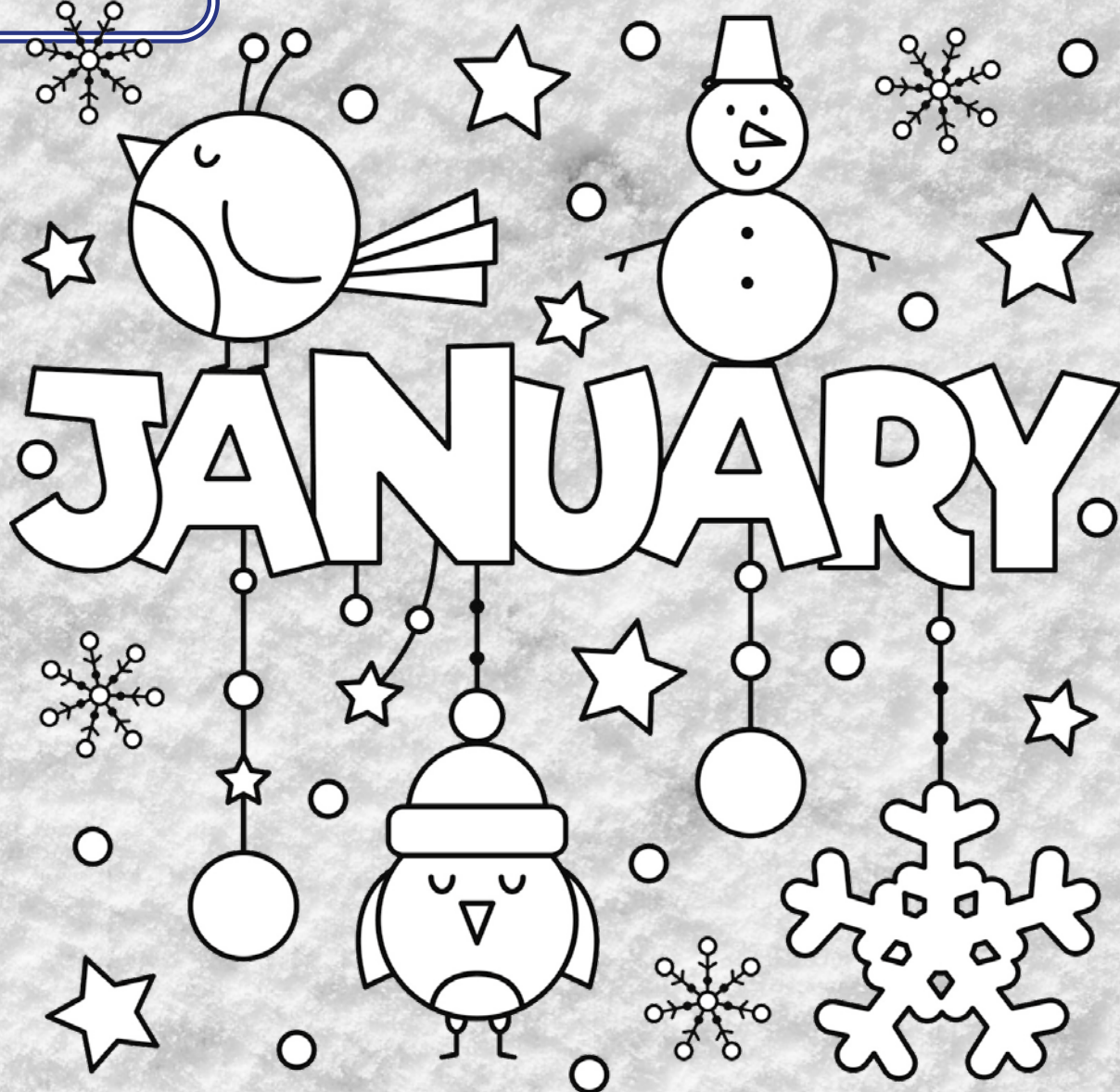
Proverbs 3:27 - Do everything you possibly can for those who need help.

It is nice when people are good to us or help us. Being the one to help someone else and to do good to them also brings its own rewards. This year let's try to do that as much as possible and appreciate when it is done to us.

As Bill and Ted once said: 'Be excellent to each other'.
(*'Bill and Ted's Excellent Adventure'* is a PG comedy movie.)

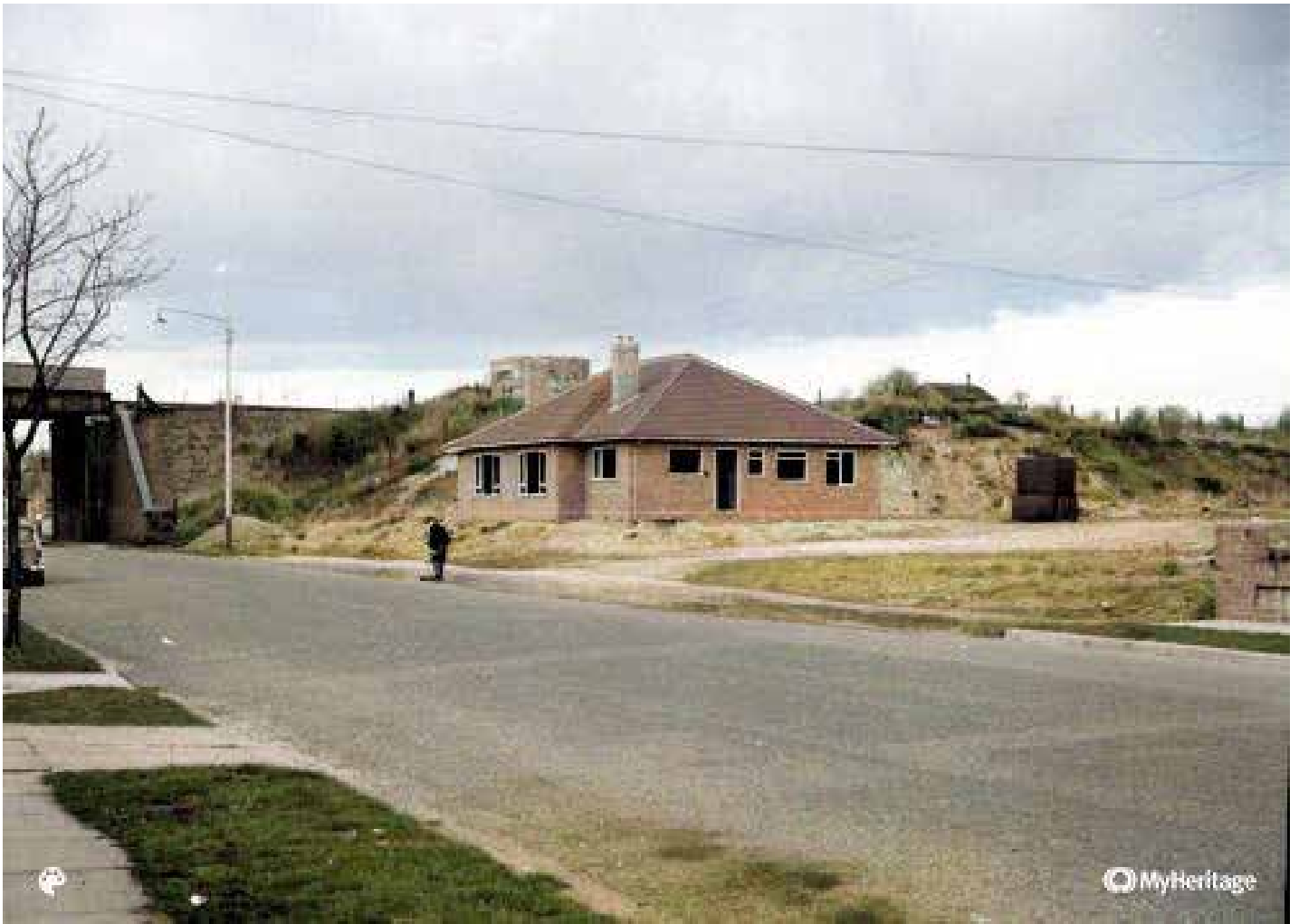
Year!!

Colouring & Drawing Fun



Gorleston Then & Now

by John McBride



The location of Gorleston North Railway Station was just beyond the pair of bungalows under construction on Burgh Road. Whilst this station closed during the Second World War due to bomb damage, never to reopen, the line from Yarmouth to Lowestoft continued until 1970 when the line closed. Note the war-time pill box beside the track on the embankment beyond the bungalows. The main difference between these two photographs is that the railway embankment and bridge have been replaced with modern road versions carrying the Gorleston Relief Road.





Opening **THE** **Book**

with
Reverend
John Kinchin-Smith

I guess that many will look back on 2020 as a year they might rather forget. It has not only been a year of untold suffering and death through Covid-19, but the year continued to witness countless natural disasters, conflicts, terror and war in many countries, the rise of populist right-wing governments, the suffering of millions of refugees and the ongoing effects of pollution, climate change and environmental destruction. For many the year has also been one of personal pain through the loss of employment, livelihood, security, physical or mental health and the death of a loved one. At the beginning of 2021, where does one find hope?

In the previous three "Opening the Book" articles we looked at what the Bible says about death and the questions: "What happens when we die? Is this the only life? Is there life after death? Does heaven exist? If so, what's it like? How can I know that I will go there?" Over the next three months we will look at what the Bible says about the future here on earth. Is history going somewhere, for example, or will everything continue the same, or get even worse? The Bible gives clear answers to these questions and within the answers finds "HOPE", not only for the life-to-come but also for this world too. This hope is based on two main teachings: first, God will bring to an end the world as we know it; second, the Jesus of history, who came in humility and poverty two thousand years ago, will come again to this world in power and glory. In the Bible these two teachings are integrally related.

That "the world as we know it will end" brings hope is because it assures us that history is actually going somewhere, and that God is in control. As we discovered in November and December, both the prophet Isaiah (chapter 25) and John (writing in Revelation chapter 21) speak of a time when there will be no more death, suffering or pain. Jesus spoke about his return many times in the Gospels; other books in the New Testament also write about this. And Jesus' return in glory brings hope because it assures us that what is true, beautiful, loving and good will have the final word. We will explore these further next month.



Ramblings of a Displaced Cockney

Team Games



In another life, I was an officer in a Boys' Brigade (BB) Company in East Sussex for 15 years working with the Junior Section, boys aged from 7 to 11. I had been a BB Company Captain in London years before, until Jenny and I moved to Lancashire, so the experience was not new to me, except that in London my main focus was on the 11 to 18 group and on our mixed youth club.

My enduring memory of those years in East Sussex is when the BB introduced a team games competition to be competed for by Junior Sections across the world, which in reality meant mainly Commonwealth countries but also the Netherlands and the USA.

This was a fascinating experience as each year it involved six specially designed original team games, featuring ball skills and lots of physical and manual dexterity. You could practise as much as you liked but at one evening's meeting you had to have an independent timer/judge to come in to score your attempt at each game, when you said: "This next one is the one that will count!" Then the scores were collated centrally and the results published of the several hundred competing teams.

As a scientist, I immediately recognised that this gave the boys an excellent opportunity to do some real scientific experimenting, working out the best way, within the flexibility of the event, to actually approach each game. The boys always got a great deal out of this part of the process and, by suggesting alternatives, they had a real sense of ownership.

The actual six boys in each game could vary, to involve more overall. The six for each event were not necessarily the brightest or most physically co-ordinated. Usually the key factor was that the team members would do exactly what the experiments had shown to be the best way, so that the team would be those who would definitely follow the plan and not "try to be clever" or show off!

One year, two key members of the squad were boys who went to a local special needs school. Their great strength was to follow exactly what had been found to be the best solution to each problem.

One meeting night, we were very surprised when an officer arrived from Headquarters in London to present the boys with the trophy as International Champions, a remarkable achievement!

I went out with the two boys after the meeting to see the parents and asked the boys to tell them that they were "World Champions". Both boys were completely blank as the concept had no real significance for them. However, I did make a special point of phoning their Headteacher so that she could make an appropriate fuss of them at their school assembly.

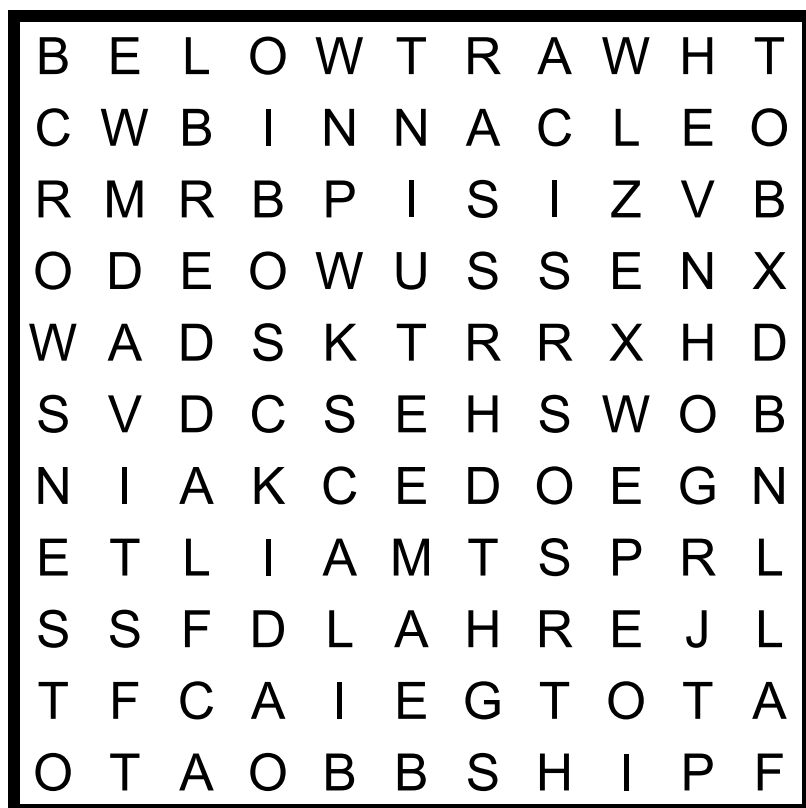
The story just goes to show how important team work is and that a successful team can be made up of a range of skills and potential contributions . . . the team is bigger than the individuals who make it up!

More Coffee Time!

Wordsearch

Can you find the words listed below?
Words occur in the grid forwards, backwards and diagonally.

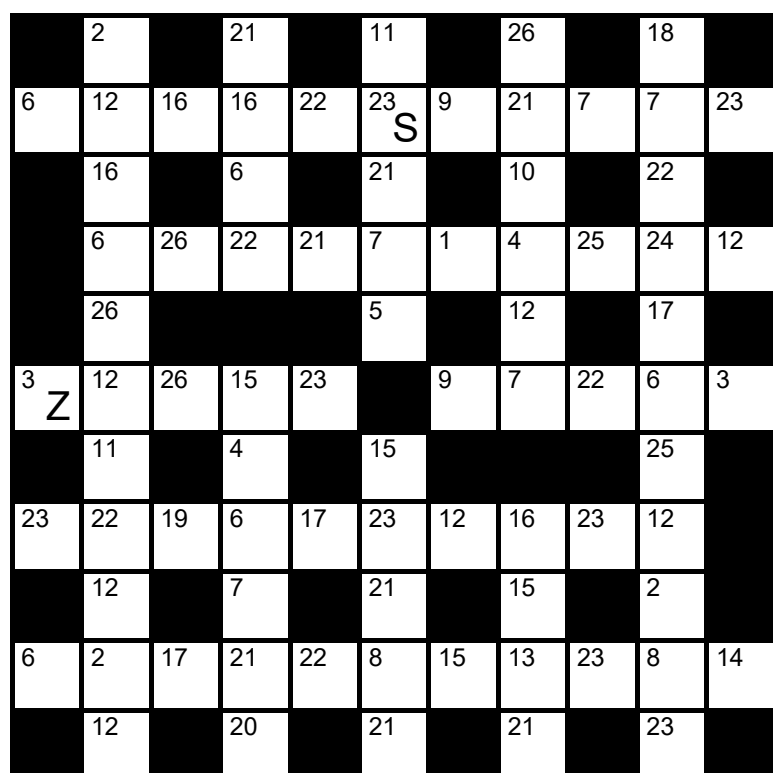
Nautical Terms



Aft	Deck	Port
Beam	Fall	Purser
Below	Ladder	Ship
Binnacle	List	SOS
Boat	Mess	Stack
Bow	Officer	Stern
Crow's Nest	Overhead	Thwart
Davits		

Codebreaker

Every white square is numbered from 1 to 26, with the numbers corresponding to letters of the alphabet. Use your knowledge of words to work out where letters go, completing both the grid and code boxes, and using every letter of the alphabet.



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22	23 S	24	25	26
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A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

Sent in by Riley Crowe Aged 8

"I like Christmas because I get to spend time with my family & friends
I like to look at all the glittery Christmas lights on my way home in the car
The food at Christmas is what I look forward to the most. The turkey, the stuffing and
of course Yorkshire puddings!
Merry Christmas everybody, I hope you enjoy my picture."



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Ormiston Cliff Park Infant & Junior Academies



Welcome to 2021!

As we begin 2021, we would like to look back at, and celebrate, some of the wonderful things our pupils and staff have accomplished recently. The last year has been a challenging one for everybody, but as a family we have persevered; having fun and learning, together, and apart.

National Christmas Card Competition Success



This year's OAT & OT Christmas Card Competition featured some outstanding designs, so we were incredibly proud to hear that 2 of our pupils had won prizes.



Abigail in Year 1 was the OAT Primary Runner-up (above), and Olivia in Year 5 was the OT Primary Winner (right). Congratulations to both of them - such beautiful card designs! The winners saw their card designs become reality, as well as receiving art supplies and a generous donation to the charity of their choice.



Charity Fundraising

An update on our Children In Need Day non-school uniform fundraising: we raised a grand total of £404.11! We would like to say a huge thank you to everyone who donated.



One of our Year 5 pupils, Ellie-May, has raised over £100 for Sunbeams Play, Great Yarmouth by selling some of her wonderful festive

handmade crafts. Fantastic job Ellie-May, well done!

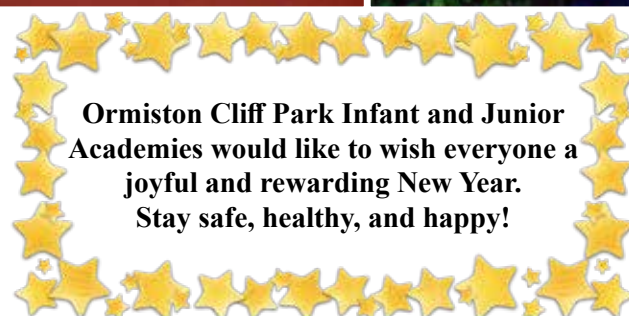


The children have also been making Christmas decorations, creating festive art pieces, and taking part in Christmas Jumper Day!



Christmas Events

Our usual festive performances weren't possible this year, but that couldn't stop our superstar students! Each class recorded a Christmas song and this was put over a montage of festive photographs. These lovely performances have given us all a lift as the children have shown us once again what stars they are.



Ormiston Cliff Park Infant and Junior Academies would like to wish everyone a joyful and rewarding New Year. Stay safe, healthy, and happy!

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Vets and Pets



Caring for your guinea pig



Guinea pigs make lovely pets! They are easy to handle, very sociable and, provided they are well cared for, tend to stay in good health. Here are some tips to keep them fit and well:

Get social! Guinea pigs are sociable animals and should be kept in groups or pairs as they will become stressed and anxious if they are on their own. Males reach sexual maturity at 9-10 weeks, females even earlier at 4-6 weeks so it is essential that the male, at least, is neutered to prevent unwanted pregnancies in mixed sex pairs.

Feeding: Guinea pigs require a high fibre diet, and grass hay must be available at all times. Guinea pigs also need approximately one quarter of a cup per adult guinea pig of a commercial pelleted diet, plus leafy green foods to provide vitamin C and other nutrients. They have continually growing teeth, so to keep their teeth healthy, they need free access to hay to chew on.

Diseases: Some pets may be prone to respiratory conditions or eye infections if the incorrect bedding is used. Guinea pigs are also susceptible to mite infestation and symptoms include hair loss and intense itchiness and scratching. Guinea pigs instinctively hide any signs of pain and illness, therefore it is important to check them at least once a day.

We are here to help you with all aspects of guinea pig care, so if you have any questions regarding your guinea pigs, please give us a call!

Disclaimer: As far as possible we have taken all due care to ensure that the information and advice given here is correct. It must, however, be realised that advice can differ in different circumstances. We can therefore accept no responsibility for errors and suggest seeking direct professional advice whenever there is any doubt.

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Gorleston Funeral Home

Hello Everyone,

Odette here from your local funeral home on Church Lane. I hope everyone had a safe and happy Christmas, despite us all living in some unsettling times right now. But I'm hopeful that 2021 will bring with it some more positive and uplifting times for us all.

One thing I have taken from 2020 is realising what is really important to me, and what I may focus on in my life that doesn't really matter in the grand scheme of things. Perhaps you also may have taken something from 2020, that makes you re-evaluate things in your life and those in it?

Christmas can sometimes be a very lonely time for people, especially for those who lost loved ones this year. The team paid tribute to those lost this year and the years before by being part of a special online memorial service called United in Light, which was reflected in a stunning window display with a festive feel.



The funeral home also created a hamper packed with treats for the staff of Gresham Nursing Home during the second National Lockdown.

But as we approach 2021, I'm sure we all have new things we want to achieve, and I'm sure on most people's agenda, it's to be more healthy and active, I know that it's on the top of my list!

There's some beautiful areas around our town, Bluebell Woods, Williamson's Lookout, Burgh Castle, maybe a

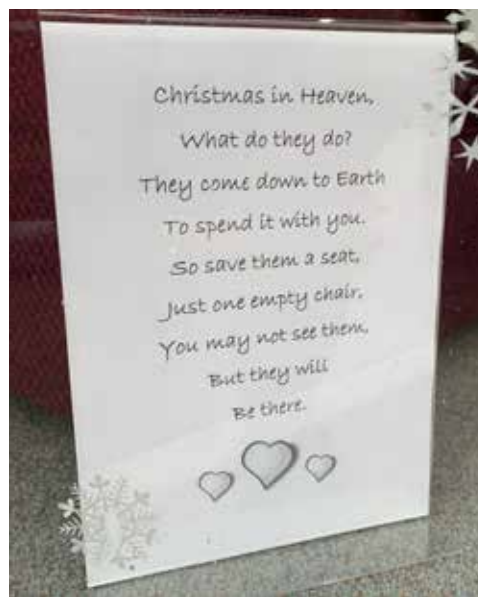
stroll to Gorleston Beach for a cup of tea and a piece of cake, where you'd also be supporting a small business too. With the new arrival of January, I am going to get out more and explore the lovely places we have around our town, whilst getting more active too. And as I polish off the last Quality Street in the tub, I like most others will be looking at my eating habits and where I can make some positive changes.

And as I concentrate my thoughts on healthy eating, here are some fun facts I found on the NHS website, and I thought I would share a few of these with you.

Did you know...?

- Apples are more effective at waking you up in the morning? (I might have to edge into this one slowly)!
- Broccoli contains twice the amount of Vitamin C than an orange. It also contains as much calcium as whole milk and is more readily absorbed by the body.
- Onions are great anti-oxidants
- Whatever you have planned, whether its some New Years Resolutions or something you are looking to achieve, perhaps you don't have anything you are looking to change, I hope your 2021 is Happy and Healthy.

Speak to you all soon!



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East Norfolk Sixth Form College

EN students awarded prestigious LIBF Scholarships

Seven Business and Finance students at East Norfolk Sixth Form College have been awarded prestigious scholarships from The London Institute of Banking and Finance.

With 5 A grade students and one A* student collecting certificates in Financial Studies, and Rebecca Hughes who gained her Diploma in Financial Studies with a grade A, it highlights the amazing achievements of those students.

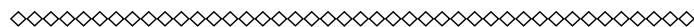
Scott Mowberry from the LIBF, who presented the awards at the virtual event, said that “Financial footprints are a big thing in our lives and it’s great that we can teach students to make finance work for them”

The course is equivalent to an A level and is run by the London Institute of Banking & Finance which has been providing training, education and support to the banking industry for over 140 years, our students have received scholarships to their University in the City of London if they wish to take that route post A-levels.

Marco Mocanu, a financial studies student, said that “The first year of the course was fantastic and I got to learn about how to finance better and from this I have also helped my parents on how to finance better too.” One student, Chloe Jacobs received an A* which means she is within the top 2% in the country.

Lindell D’Angelo, Lexi Fruin, Willow Goodwin and Sophie Lennox were also rewarded for their A grades in Financial Studies.

Deborah Dyer, Accounting and Finance teacher, said: “I am always so pleased when students get recognition for their hard work with the awarding of these scholarships. The course is such a fantastic opportunity to develop not only practical life skills but can open the doors to some very rewarding careers. It is always lovely to have students come and tell me how they have found that the topics we discuss and the knowledge they pick up along the way has been of benefit to both them and their families.”



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Gorleston-on-Sea Heritage Group

EV Barr and the Coliseum Cinema

Gorleston's Coliseum Cinema opened on the 4th August 1913. The Bioscope (a weekly newspaper produced for the then newly emerging cinema business) of Thursday 14 August 1913 described the building as an "imposing new hall situated in High Street, and was recently opened in the presence of a large gathering of influential residents." The new cinema had been designed by Ralph Scott Cockrill, ARIBA, and according to the Bioscope article "had been constructed on the most elaborate principles and has a magnificent stone front, the entrance being in the form of a wide vestibule. The handsome plush tip-ups are so arranged that an uninterrupted view is obtainable from all parts, whilst there are ten exits, enabling the hall to be cleared in thirty seconds if necessary. The latest fire extinguishing appliances have been installed to ensure the complete safety of the public. The undertaking is owned and controlled by that well known syndicate of which Mr. E. V. Barr is managing director, and, under such reputedly successful management, bids fair to become one of the most popular shows in the Eastern Counties. " Quo Vadis ? " is being shown this week, and is an indication of the high standard to which it is intended the programme shall be restricted."

Ernest Valentine Barr was born in 1880 at Walthamstow the son of George and Amelia Barr. He was involved in the early days of cinema in the mid to late 1890s as an itinerant Kinematograph showman. It is believed that he was also an entertainer and a comedian at this time. His family moved to Great Yarmouth and were living at number 25 Nelson Road South according to the 1901 census, Ernest's occupation was recorded as an "Electrical Engineer." Around this time Ernest had formed partnership with another electrical engineer Frank Charles Bowers (1872-1936) to create Bowers and Barr the well known local electrical contractor that is still trading today.

THE Bioscope of 20th November 1913 published a short biography about Ernest Barr with the headline "A POPULAR DIRECTOR. Many of our readers will recognise in the accompanying photograph Mr. Ernest V. Barr, the well-known managing director of Messrs. E.V. Barr, Limited, of Great Yarmouth, Gorleston, and Lowestoft. In the early days of cinematography, Mr. Barr was associated with that form of entertainment which has since become almost a relic of the past—we mean the hiring of a hall and giving a few weeks' show, then departing for the next town of importance, and so on; and it was whilst touring thus, that Mr. Barr obtained that fundamental knowledge of his business and experience to which he owes his subsequent success. He soon realised that the itinerant show must give place to the permanent cinema, and he resolved to grasp the first opportunity of launching out in that direction. His

chance soon came, and he was not slow to take advantage of it. The Gem, the first hall of its kind at Yarmouth, had been erected, and Mr Barr set to work to promote a company with a view to acquiring this enterprise. He soon achieved his object, and the Gem was opened under his management. It soon became a recognised resort for Yarmouth folk, and a feature of the town so far as visitors were concerned. Without pausing to rest upon the success of the Gem, a large site was acquired on the Parade, and the Empire Picture Playhouse was erected. This was a success and was quickly followed by the erection of the Coliseum at Gorleston, and last, but not least, the Palace at Lowestoft. At each hall Mr. Barr is represented by a competent resident manager, and he is loud in his praise of their loyalty. The keynote of Mr. Barr's success has been progress, and, although his company is a private concern, it will be no breach of confidence on our part to say that at the last distribution the handsome dividend of 43 per cent. was handed over to the shareholders."

We will return to the topic of the Coliseum in the following months. The committee and members of the Gorleston-on-Sea Heritage Group wish all readers of the Gorleston Community Magazine a happy, safe, peaceful and COVID19 free New Year.



MR. ERNEST V. BARR.

Coffee Time Answers

1	J	2	C	3	Z	4	U	5	M	6	T	7	L	8	K	9	B	10	Q	11	P	12	E	13	V
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	26	R						5	M		12	E		17	H										
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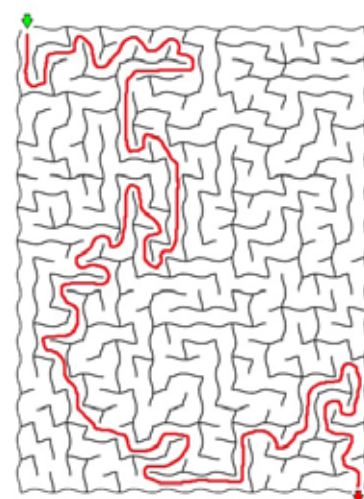
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9	8	5	3	6	4	1	7	2

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16	R	E	V	E	R	B	E	R	A	T	E					
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New Year Quiz

- Hogmanay
- Denmark
- Czechoslovakia
- Millennium Bug
- Batista
- The Rose Bowl
- The Panama Canal
- Times Square
- E.M. Forster
- Robert Burns
- Last
- Rosh Hashanah
- Brunei
- A lump of coal
- Sarah Jessica Parker
- Northumberland
- Sugababes
- Yorkshire
- Janus
- Thailand

B	E	L	O	W	T	R	A	W	H	T
C	W	B	I	N	N	A	C	L	E	O
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O	D	E	O	W	U	S	S	E	N	X
W	A	D	S	K	T	R	R	X	H	D
S	V	D	C	S	E	H	S	W	O	B
N	I	A	K	C	E	D	O	E	G	N
E	T	L	I	A	M	T	S	P	R	L
S	S	F	O	L	A	H	R	E	J	L
T	F	C	A	I	E	G	T	O	T	A
O	T	A	O	B	B	S	H	I	P	F



Gorleston FC



After the enforced break, Gorleston picked up where they left off to make it five wins in a row with a victory over Thetford Town.

Thetford have proved something of a nemesis for the Greens recently, winning the last five encounters in which Gorleston have only found the net twice.

But the new look Greens made comfortable work of it this time, with a 4-0 victory.

Christy Finch (below) netted twice, Chris Henderson (11 below) and Kyle Ingram (below right) scored the others.



Connor Ingram pressured by three Thetford defenders

Gorleston had another new signing playing in that match, with Jake Jessup (below) making his debut in goal. Jake has previously played for the likes of Lowestoft Town, Chelmsford City and Coggeshall Town.



The Greens were due to play Kirkley in the FA Vase. However, Kirkley announced that, due to COVID, they were not going to play again until January thereby handing Gorleston a bye to the next round, where the Greens were given a trip to Leighton Town.

Because of Kirkley's decision that meant there was also no local Derby on Boxing Day. Instead, Gorleston were given an away day to Cambridgeshire with a trip to Ely City.

The Reserves restarted with a win as well, beating Watton Utd 3-0.

It wasn't such a good return for the A Team or Womens side, who both lost, but they were pleased to be back playing.

The A Team will be representing the club in the Norfolk Junior Cup this season and will take on Longham in that competition towards the end of January.

The December winners in the monthly GoLD Draw were Kath Gallant and Lee Vaughan who received £75 between them in prize money. Entry is just £5 per month and pays out cash prizes, as well as raising funds for the Greens. For more information on the draw, and how to enter, visit the website, speak to Dave Hardy or email gorlestonfootballclub@hotmail.co.uk

For the latest news and up to date fixtures, visit the club website at www.gorlestonfc.com

Gorleston FC would like to wish all supporters and readers a happy new year.

January Fixtures				
2nd	1.30pm	Reserves	League	Thetford Rovers (A)
2nd	3pm	First Team	League	Swaffham Town (H)
3rd	2pm	Womens	League	Dussindale & Hellesdon Rovers (H)
7th	7.45pm	Under 18s	League	Diss Town (A)
10th	2pm	Womens	League	Thorpe St Andrew Hurricanes (A)
12th	7.45pm	First Team	League	Woodbridge Town (H)
14th	7.45pm	Under 18s	League	Waveney (A)
16th	3pm	First Team	League	Norwich Utd (A)
21st	7.45pm	Under 18s	League	Norwich Utd (H)
23rd	3pm	First Team	League	Mildenhall Town (H)
24th	2pm	Womens	Cup	Stalham Town (A)
26th	7.45pm	Under 18s	League	Bungay Town (A)
30th	1.30pm	A Team	Junior Cup	Longham (A)
30th	3pm	First Team	League	Long Melford (A)
31st	2pm	Womens	League	Waveney (A)

Lockdown Giggle Box



Do locksmiths have to be in lockdown, or are they key-workers?

Have you seen the new 2020 calendar?
January - February - Lockdown - December

If school is closed for much longer, my mum is going to find a vaccine before the scientists.

Because I had to stay at home in lockdown, I started talking to my brother. He seems a nice bloke.

Another strange day without any sport to watch. You know, today I found a stranger sitting on my sofa. Apparently she's my wife.

My husband saw a used mask in the kitchen this morning. He sprayed everything down and cleaned thoroughly. Tomorrow I'm putting a mask in the bathroom!

So, you're telling me, showing up at the bank wearing a mask and gloves, and then asking for money is now ok?

Just done a big wash of pyjamas so I would have enough clean clothes for work this week.

New lockdown rules mean groups of up to six can meet. Six of the Seven Dwarves have already arranged to meet up - the one left out isn't Happy.

Now I understand why dogs get so excited about going for a walk.

Just to say, I was washing my hands before it became compulsory.

Did you know people only write the word lockdown because they don't know how to spell cwarenteen.

My 4-year-old daughter has been learning Spanish in lockdown, but she still can't say "please", which I think is poor for four.

I'm proud of myself, during lockdown my origami skills have improved tenfold.

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— AND —
A HAPPY NEW YEAR

**CHRISTMAS & NEW YEAR
OPENING TIMES:**

THURSDAY 24th DECEMBER 9am-3pm

CHRISTMAS DAY, BOXING DAY & SUNDAY 27th DECEMBER CLOSED

MONDAY 28th TO THURSDAY 31st DECEMBER 10am-2pm

FRIDAY 1st JANUARY CLOSED

SATURDAY 2ND JANUARY 10am-2pm



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