



SAINTS ALIVE!

*Nationally
acclaimed
Parish magazine*



***The Parish Magazine of
All Saints' Church, North Hillingdon UB10 9BT***



The 80th anniversary of D-Day serves as a reminder never to forget those who fought and died.

June 2024 edition

90p (*suggested minimum donation*)



THE PARISH OF ALL SAINTS, NORTH HILLINGDON
UB10 9BT

THE CHURCH OF ENGLAND

Deanery of Hillingdon & Diocese of London

THE PARISH MISSION STATEMENT

All Saints' Church aims to be a welcoming Anglican community, a place of prayer and worship, providing a ministry to all and where people gather to share the love of Jesus Christ.

Normal SUNDAY Times

Said Eucharist

8.00 am

**SUNG PARISH EUCHARIST WITH
SUNDAY SCHOOL**

10.00 am

*followed by refreshments in the
Church Hall next door, at which all
(and especially any visitors) are
very welcome.*

On the 3rd Sunday of each month: Sung
Parish Eucharist *in a less formal style*

10.00 am

USUAL HOLYDAY & WEEKDAY Times

The Parish Eucharist on Holydays &
Feastdays

7.30 pm

On weekdays

Wednesday

10.00 am

Please see the Parish Website or the weekly ***Parish Bulletin*** on the church porch notice-board for full details or telephone the Vicarage (01895 262024).

Enquiries concerning Baptisms, Banns, Marriages or other parish business can be made during **Vestry Hour** in church, which is normally on Saturdays between 10:00 and 11:00. **No** appointment is needed.

Parish Website: www.allsaintsnorthhillington.co.uk

Facebook: www.facebook.com/ASHillington

Twitter: @ASHillington

SAINTS ALIVE! is the Parish Magazine of All Saints' Church, North Hillington UB10 9BT and is published eleven times annually, with a two-month edition over the summer. Any opinions expressed in articles in *Saints Alive!* do not necessarily reflect the views of the Editor or of the Parochial Church Council of All Saints'.

The members of this month's production team are John & Carol Clarke, and Anne Robinson. Articles for the July&August 2024 issue need to reach John Clarke by ***Tuesday 25th June 2024*** cwasnh@btinternet.com ***We shall definitely need some new items for the next edition, please.***

Please don't forget to mention SAINTS ALIVE! when you contact any of the advertisers in this month's edition. It makes a difference.

This space could be working for your business, especially as the Magazine also appears on our Parish Website. For the current advertising rates Please contact Magazine Editor: (01895 812374) or cwasnh@btinternet.com

We thank our advertisers for their ongoing support of our Parish Magazine.



Dear All Saints,

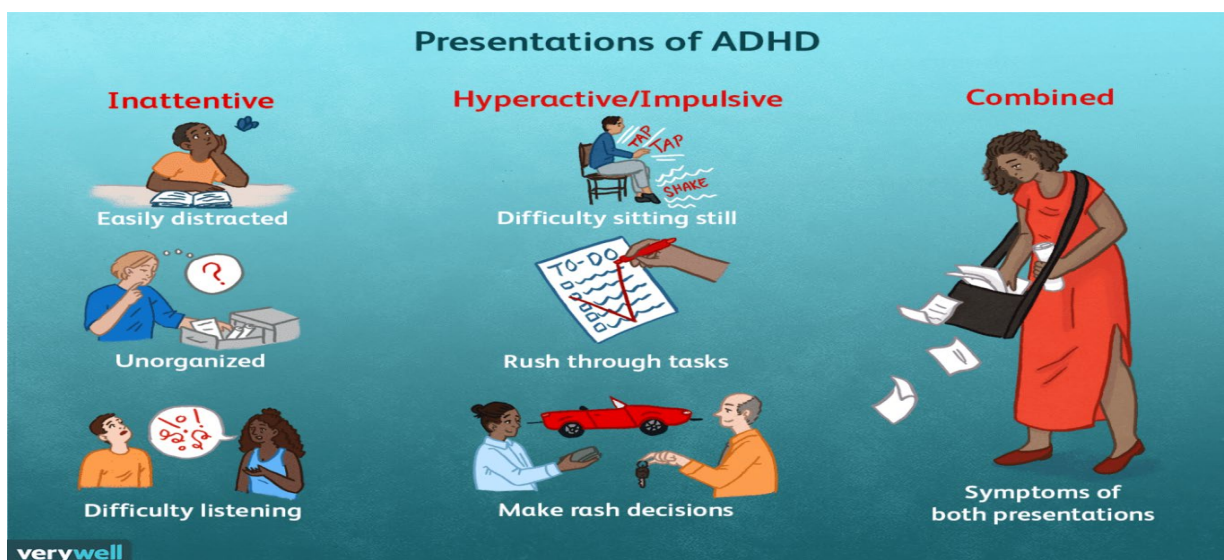
Recently a colleague's son tragically died. He had been struggling a long time with mental health, so I thought I would say a few words about what 'ADHD' looks like in adults. Medically, ADHD is caused by a poorly functioning 'pre-frontal cortex', the part that does executive function. They often have over-active minds 'like washing-machines' and struggle with task management and time-keeping, and often seen as lazy procrastinators. Simply, the ADHD mind get distracted. It is easily bored in conversations, interjects inappropriately, doesn't filter what is said, often unthinkingly upsets others, then catastrophise and feels rejection very strongly. ADHD people often struggle with authority figures as they can't listen to or follow mindless instructions, they get impatient in queues, and only focus on things they are interested in. Relationally, people with ADHD can seem uncaring and insensitive because they struggle showing empathy (they will classically tell a similar story about themselves). They tend to live in the present and do things only when they really need to be done, ignoring other tasks. On the positive side, the over-active ADHD mind does function really well in exciting high intensity environments, like war zones, hospital emergency rooms, racing cars, or as stand-up comedians or live TV presenters.

ADHD people are often intelligent, but because they struggle to use their over-active minds to good effect, they tend to strongly feel shame, guilt and have low self-esteem. They are aware they are different, that their minds and emotions don't function quite as they should, but are not sure why, and blame themselves. They constantly tell themselves 'I must try harder'. In social situations they endlessly 'mask' themselves to fit in. Because of the constant guilt and shame many people with ADHD end up in our churches, seeking forgiveness, salvation and an accepting community.

As to causes, there is a genetic component. ADHD certainly tends to run in families. It also may have roots in trauma; when a child lives constantly in fight or flight mode, they remain hyper-aware of those around them, always vigilantly living in the moment, never learning to empathise, relate or relax. Adults diagnosed with ADHD in later life are often relieved that 'it's not their fault'. Self-understanding helps people with ADHD, as do normal healthy habits; exercise, good eating, good sleep, and focusing on organisation. Some chose medication and express afterwards how calm their mind now is, and are amazed they are able to focus on tasks without distraction.

Many of these 'ADHD' characteristics are commonplace to us all; it's when they are extreme they become an issue. We are all different, and however our brains work, self-knowledge, awareness and acceptance of difference in others, and toleration of each other is beneficial to us all.

May all our restless minds know the peace of Christ, Revd Ulric





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Spending some time with Joan.....

I was recently told by one of our congregation members that Joan Taylor had been making regular trips to hospital for test and checks for her current health improvement plans that the doctors were managing and reviewing her current condition. So I popped in to hand deliver to her our weekly bulletin as I do every week (one of the tasks handed over to me from Fr. Desmond to members of our Church unable to attend on a regular basis) just to keep her in touch with latest news.

I guess this must have been very challenging for a woman looking to celebrate her 95th birthday later in December year. However it was wonderful to see Joan again along with daughter Kerry and Adam her son in law.

Now in parliamentary terms the oldest living female member in the House of Commons is known as the “Mother of the House”. And the oldest living male member in the House of Commons is known as the “Father of the House”. And this prompted me to ask who is our “Mother of the House” here at All Saints’ Church and who is the “Father of the House” here at All Saints’? Do you know?... I do

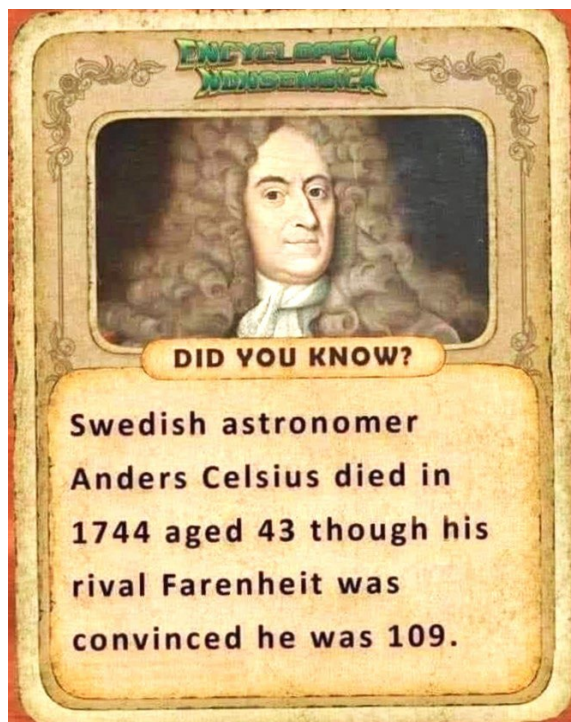


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Smile Again 😊

The Ascensiontide service on Sunday (19th May 2024) the guest Preacher had a beautiful picture and tore up paper during her active sermon. I told her afterwards about the young curate (RIP) Tony Eagles making paper airplanes up in the pulpit and flying them “what goes up must come down”. And a welcome cake in the hall for L.B.H Mayor 😊

Rosemary Bounden

John,

sunshining it's also Ascension Day. Sunday and Monday I wrote the little message to go with the May Saints Alive magazine ready to post when Bank Holiday rain stopped I did it about 6.45pm.

I decided to send a copy to Angela Barnes to go in her “keep memories box (white with cream roses). The undertaker (Lodge Hillingdon Uxbridge Road) had given her with all her cards and messages”.

Wednesday nearly 12 noon thought time to ring vicars bell, something I do on my own doorbell since lockdown (when the vicar did ring the bell 9am – 12 noon and 6pm), and my phone bell rang, it was Angela, she was so thrilled to get that mornings' post and to receive a copy of The Saints Alive May magazine and we chatted for about 20 mins.

*I wished she had actually spoken to you. Just sharing her “**THANK YOU**”. Angela also said she on Margarets behalf, something she would want to do.*

“And look AngelaDorothy has joined the party” 😊



Editors notes


On the front page of this month edition I am remembering on your behalf the 80th anniversary of WWII.

The Headstone is that of the Chaplain to the Forces,
The Rev H.T Wagg.


IN MEMORY

Sgt. (Pilot) Colin William Hebron Davie
Royal Air Force Volunteer Reserve
Died on operational service 9 November 1942

Chaplain 4th Class, The Rev. Henry Thurlow Wagg
Mentioned in Despatches and former curate of this parish
Killed in action 19 July 1944



The Rev. Henry Thurlow Wagg



Sgt. Colin William Hebron Davie

They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.

More smiles for you..... 😊



**AS A KID, I USED TO
WATCH THE WIZARD OF
OZ AND WONDER HOW
SOMEONE COULD TALK
IF THEY DIDN'T HAVE A
BRAIN. THEN I GOT
SOCIAL MEDIA.**

**Two little boys were at a
wedding when one leaned over
to the other and asked, "How
many wives can a man have?"
His friend answered, "Sixteen...
four better, four worse, four
richer, and four poorer."**



SUMMER FETE



Saturday 29th June
12pm to 3pm

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NORTH HILLINGDON, MIDDLESEX UB10 9BT
PARISH DIRECTORY**

(Unless otherwise indicated, the area code is 01895.)

***New members are always welcome at our
organisations.***

Parish Priest	Revd' Ulric Gerry The Vicarage, Ryefield Ave UB10 9PE	01895 262420
Churchwarden Emeritus	Mr Ken Marriott 95 Windsor Avenue UB10 9AX	01895 238368
Churchwarden & Altar Servers	Mr John Clarke 91 Victoria Avenue UB10 9AJ	01895 812374
Honorary Deputy Churchwardens	Mrs Lynn Taylor 213 Windsor Avenue UB10 9BD Mrs Lesley Thompson 1 Sedgwick Avenue UB10 9DF	01895 258393 01895 233509
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PCC Secretary	Mrs Anna Hillier 8 Hartshill Close UB10 9LH	01895 253815
Free-Will Offering Secretary	Mr John Arnold 33 Midhurst Gardens UB10 9DL	01895 259716 John.Arnold@microsoft.com
Hall Bookings' Secretary	Miss Samantha Langley 91 Victoria Avenue UB10 9AJ	Asnh.hallhire@outlook.com 01895 812374
Electoral Roll Officer	Mrs Anne Robinson	anne.robinson82@btopenworld.com
S/School Resources' Co-ordinator	Mrs Jane Turnbull	01895 257539
Safeguarding Officer	Mrs Jane Turnbull	01895 257539
Sacristans	Mrs Ann Tutton	01895 239785
Music Co-ordinator	Mrs Jane Turnbull	01895 257539

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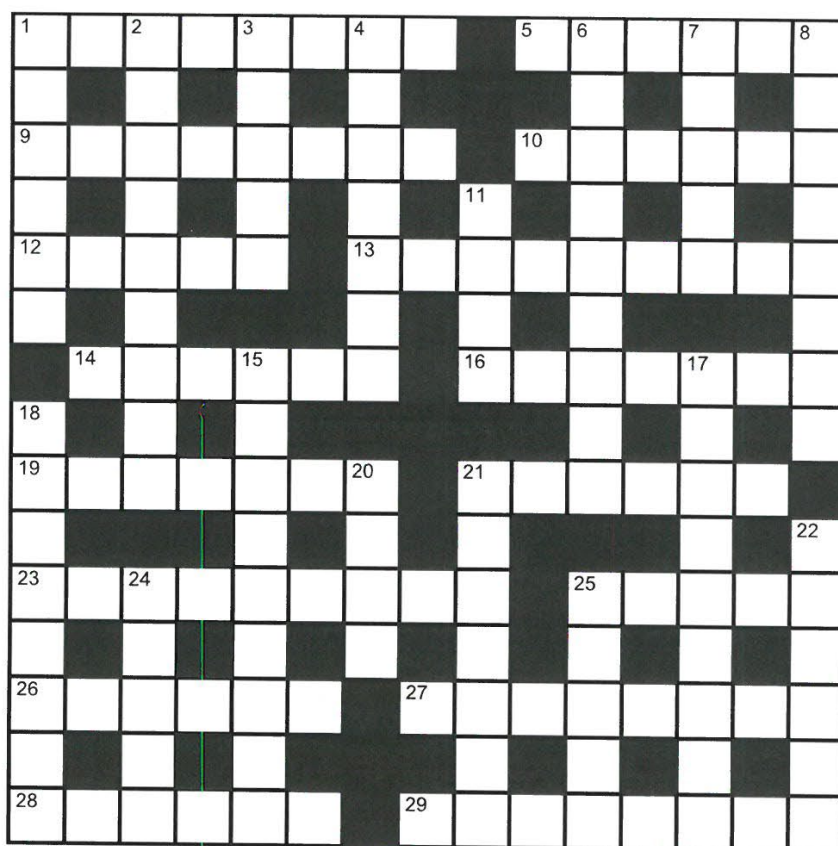
BIBLE CROSSWORD XIII

Across

- 1 Bag for carrying provisions (8)
 5 Uncovered (6)
 9 Expressing mirth (8)
 10 Silkworm's casing (6)
 12 Consumed (5)
 13 Wailing (9)
 14 Collections of families (6)
 16 Musical instrument (7)
 19 Loads (7)
 21 Grumbled (6)
 23 Grain beating (9)
 25 Temple offering (5)
 26 A Roman one was found in Philippi (6)
 27 Preach (8)
 28 This son would receive a double portion (6)
 29 Where Peter saw his vision (8)

Down

- 1 Murdered (6)
 2 Breaker of 7th commandment (9)
 3 King of the Amorites (5)
 4 Lightsources (7)



6 Tyre and Sidon were of this land (9)

7 Ruth's mother-in-law (5)

8 Doorway of the waste (4,4)

11 Visionary herdsman (4)

15 Thanksgivings (9)

17 Meal shared on the shore with the risen Jesus (9)

18 Don't put this in someone's way! (8)

20 Waterborne transport (4)

21 Ancient city of Canaan (7)

22 Like Eutychus, as he fell (6)

24 Governed (5)

25 Crucifixion device (5)

THE BAPTISM & TEMPTATION OF JESUS WORD SEARCH



ANGELS
BAPTISM
BELOVED SON
BREAD
CAST DOWN
DESCENDING
DEVIL
DOVE
FASTING

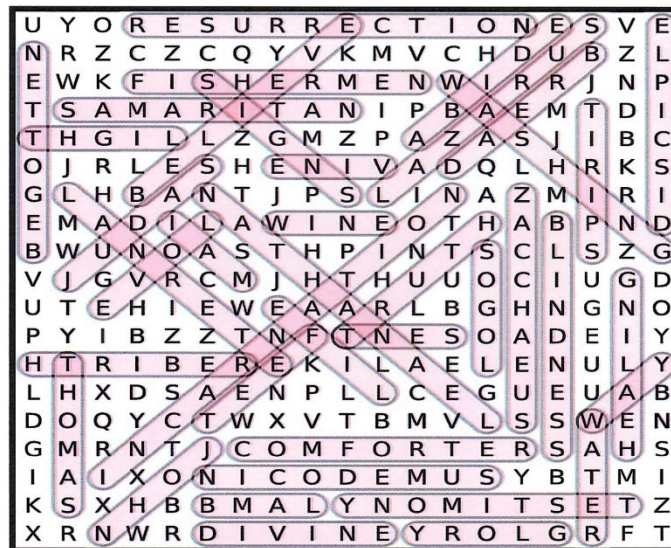
FORTY DAYS
FORTY NIGHTS
HEAVENS
HIGH MOUNTAIN
HOLY CITY
HOLY SPIRIT
HUNGRY
IMMERSION
JESUS

JOHN THE
BAPTIST
JORDAN
KINGDOMS
LAMB OF GOD
MESSIAH
PINNACLE OF
TEMPLE
RIGHTEOUSNESS
RIVER
SATAN

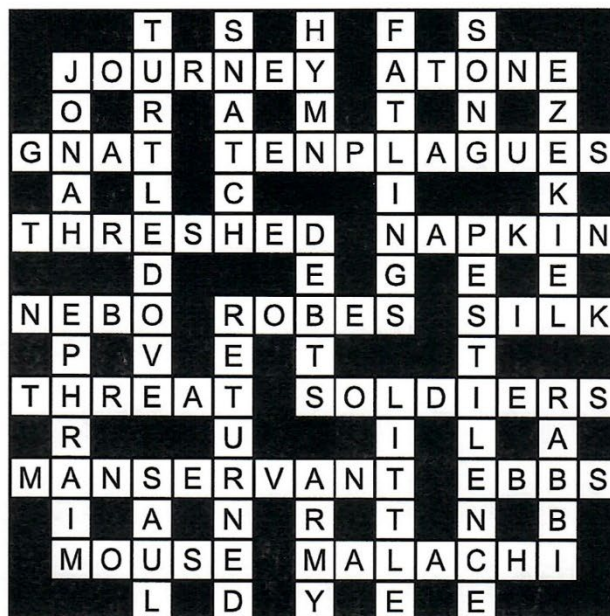
SINLESS
SON OF GOD
STONES
TEMPTATION
VOICE
WATER
WILDERNESS
WORSHIP

THE GOSPEL OF JOHN WORD SEARCH

SOLUTION



BIBLE CROSSWORD XII - SOLUTION

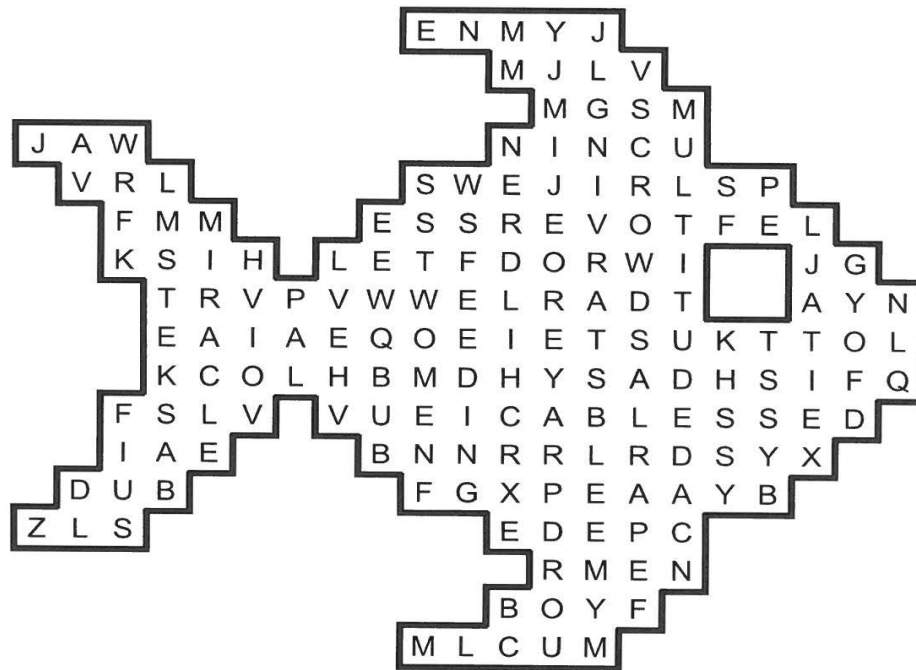


Across: 6 Journey, 7 Atone, 9 Gnat, 10 Ten Plagues, 11 Threshed, 13 Napkin, 15 Nebo, 17 Robes, 18 Silk, 19 Threat, 20 Soldiers, 23 Manservant, 26 Ebbs, 27 Mouse, 28 Malachi.

Down: 1 Turtledove, 2 Snatch, 3 Hymn, 4 Fatlings, 5 Song, 6 Jonah, 8 Ezekiel, 12 Debts, 14 Pestilence, 16 Ephraim, 17 Returned, 21 Little, 22 Rabbi, 24 Saul, 25 Army.

Just for you Lucy 😊

FEEDING OF THE 5,000 WORD SEARCH



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BOY
BREAD
CHILDREN
COMPASSION
CROWDS
DISCIPLES
EAT
FEEDING
FISH
GATHERED
GRASS

HUNGER
JESUS
JEWS
LEFTOVERS
LOAVES
MEN
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MULTITUDE
PRAYER
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TWELVE
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Please telephone to enquire about opening hours before visiting



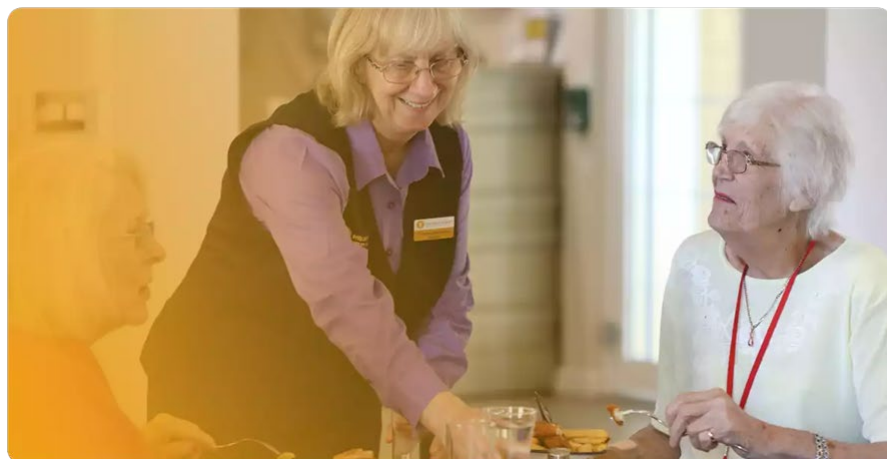
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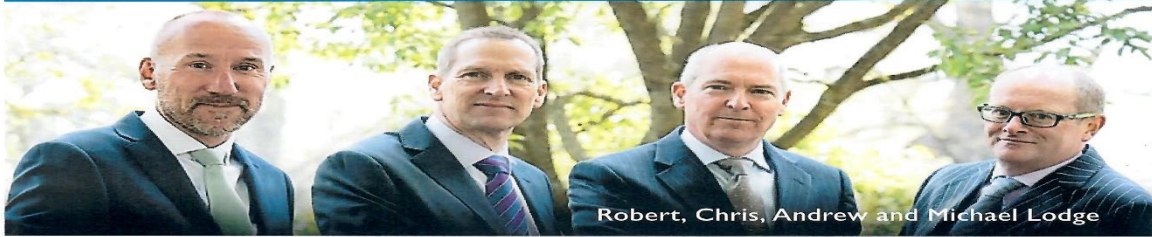
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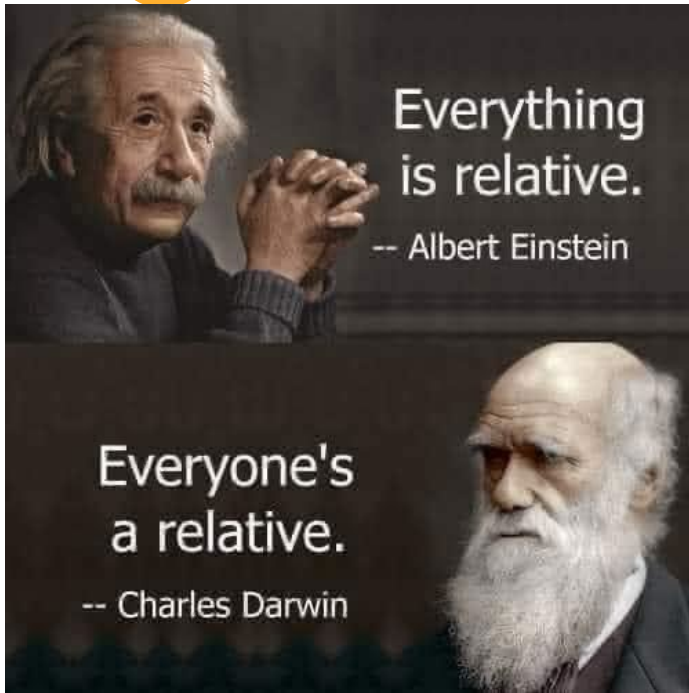
ALL SAINTS' SUMMER FETE

29TH JUNE 2024

LOOK WHO IS BACK.....



Some More smiles for you.....



**How come there is
enough asphalt for speed
bumps**

**But not enough to fill pot
holes**



Archdeacon's Visitation Service in Hillingdon 2024

Admission of Churchwardens

Celebration of 2030 Vision
and Ministry in the Deanery

Presentation on Common Fund 2025 for Treasurers and Parish
Representatives

Tuesday 2nd July 2024

Location:

All Saints, Hillingdon, UB10 9PE

[Map](#)

Churchwardens Registration from 19.00

The Service begins at 19.30



