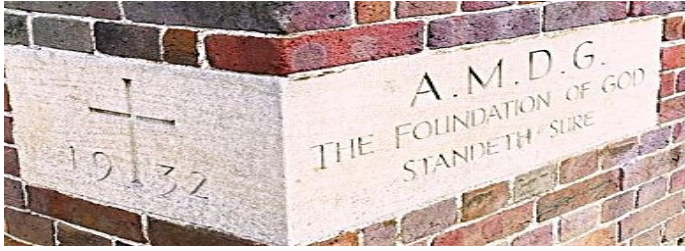


**All Saints' North Hillingdon
25th AUGUST 2024 Year B**



A central theme in today's readings is the commitment to faith. In the first reading, Joshua calls the Israelites to renew their covenant with God, emphasizing the importance of choosing to serve the Lord wholeheartedly. This theme of commitment is echoed in the Gospel, where Jesus' teachings challenge His disciples, leading some to question and even turn away. The reflection for this Sunday invites us to consider the depth of our own faith and commitment. Jesus' words about eating His flesh and drinking His blood were difficult for many to accept, highlighting the radical nature of His message. This passage reminds us that following Jesus often requires us to embrace challenging and sometimes uncomfortable truths. In Ephesians, Paul encourages believers to put on the full armour of God, symbolizing the spiritual strength and protection needed to stand firm in faith. This imagery reinforces the idea that faith is an active, ongoing commitment that requires both trust in God and personal effort.

NEH HYMNS AT 10 O'CLOCK

Gathering	475	Ye Holy angels bright,
Gradual	146	Holy, Holy, Holy!
Offertory	205	Christ is made the sure foundation
Comm.	274	Author of life divine
Sending	420	O Jesus, I have promised

Psalm 34 (Said)

Notices This week

Wednesday 28 th August 10am service	Revd Ulric
Sunday 1 st September 8 & 10am	Revd Ulric
Sunday October 27 th @ 5pm Fireworks display	John Arnold In Church gardens
Saturday 23 rd November All Saints Christmas Bazaar	In Church Hall 12-3pm

**Quiz night: Saturday 14th September
start's at 7:30pm teams of 6**

THIS WEEK'S INTENTIONS

We hold in your presence all who are being cared for in this parish, for the staff at the care homes for their care and dedication. We name before you all those with particular needs who have asked for our prayers;

Michael Worrell, Simon Matthews, Barbara Skelton, David Rance, Joan Taylor, Daphne Dix; Macey Ann Brazil, Veronica Samuels, Gill Mayer; Beverly Leavy, Hazel & Helen Parris, Lynn Taylor, Mark Callaghan, Susie Bromham, Georgie Isaiah, Marion Fogell and John Clarke.

May they know your presence with them, and that you are their strength, their healing, and their salvation.

We remember before God those who have died recently:

Give strength to those who are left to grieve and help us to share in each other's sorrow.

For those whose anniversary falls at about this time;

+++++

27 th	Joan Durnin
28 th	Philip Coleman
31 st	Lydia Hounslow Leslie Constable Scottie Coleman

+++++

Facebook: www.facebook.com/ASHillingdon

Parish Website: www.allsaintsnorthhillington.co.uk



**Sunday 22nd
September after
10am Eucharist**

COLLECT

Almighty God,
who called your Church to bear witness
that you were in Christ reconciling the
world to yourself:
help us to proclaim the good news of
your love,
that all who hear it may be drawn to
you;
through him who was lifted up on the
cross,
and reigns with you in the unity of the
Holy Spirit,
one God, now and for ever.

FIRST READING

Either **Joshua 24:1-2a, 14-18**

A reading from the book of Joshua.

Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, "Now therefore revere the LORD, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the LORD. Now if you are unwilling to serve the LORD, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the LORD." Then the people answered, "Far be it from us that we should forsake the LORD to serve other gods; for it is the LORD our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the LORD drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the LORD, for he is our God."

Or **1 Kings 8: [1. 6. 10-11] 22-30. 41-43**

PSALM Psalm 34:15-end

R *The Lord is near to the broken hearted.*

The eyes of the Lord are upon the
righteous
and his ears are open to their cry.

The face of the Lord is against those
who do evil,
to root out the remembrance of them
from the earth. **R**

The righteous cry and the Lord hears
them
and delivers them out of all their
troubles.

The Lord is near to the brokenhearted
and will save those who are crushed in
spirit. **R**

Many are the troubles of the righteous;
from them all will the Lord deliver them.
He keeps all their bones,
so that not one of them is broken. **R**

But evil shall slay the wicked
and those who hate the righteous will
be condemned.

The Lord ransoms the life of his servants
and will condemn none who seek refuge
in him. **R**

SECOND READING Ephesians 6:10-20

A reading from the letter of Paul to the Ephesians.

Be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains.

Pray that I may declare it boldly, as I must speak.

GOSPEL John 6:56-69

Hear the gospel of our Lord Jesus Christ according to John.

Jesus said to the crowd: "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever." He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father." Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

POST COMMUNION

God our creator,
you feed your children with the true
manna,
the living bread from heaven:
let this holy food sustain us through
our earthly pilgrimage
until we come to that place where
hunger and thirst are no more;
through Jesus Christ our Lord.

