



CATHEDRAL WORSHIP

SUNDAY 10.15am CATHEDRAL EUCHARIST

**First Celebration of the Eucharist by The Revd Beki Cansdale
Preacher: The Rt Revd Dr Keith Riglin**

***5.30pm CATHEDRAL EVENSONG**

**Note slightly later time due to concert*

WEDNESDAY 11am

SHORTER CATHEDRAL EUCHARIST

THURSDAY 10am

SAID MORNING PRAYER

followed by coffee

This week.. Celebrating the Ordination to Priesthood of our Curate

Saturday October 9th saw the Cathedral filled with choir and congregation, family and friends, together with clergy from our Diocese and from around the Province, to celebrate the Ordination into the Priesthood of our Curate, Beki, by Bishop Keith. Here is a taste of the occasion Thank you to all who helped and assisted at the service, during refreshments and afterwards.



READINGS and PRAYERS for WEEK of OCTOBER 10th

READINGS FOR SUNDAY
EVENSONG READINGS
WEDNESDAY READINGS

Hebrews 4: 12-16
Proverbs 3: 1-18
Romans 2:1-11

Mark 10: 17-31
1 John 3: 1-15
Luke 11:42-46
Psalm 127/128

HYMNS Sunday 10th October: **from service sheet**

DAILY READINGS

MONDAY Matthew 10:5-15
TUESDAY Matthew 10:16-23
WEDNESDAY Matthew 10:24-33
THURSDAY Matthew 10:34-42
FRIDAY Matthew 11:1-6
Teresa of Avila, Teacher of the Faith, 1582,
SATURDAY Matthew 11:7-15

COLLECT

O Lord, since without you we cannot please you:
let the work of your mercy
in all things guide our hearts;
through Jesus Christ our Lord,
who lives and reigns with you
in the unity of the Holy Spirit, one God,
world without end. Amen.

INTERCESSIONS

PROVINCE—Primus Mark; the people of the Diocese of Aberdeen & Orkney and Bp Anne Dyer

DIOCESE—Keith, our Bishop; Margi, our Provost; Beki, our Curate; Ian, Assistant Priest (rtd); the people of Holy Cross, Claddach Kirkibost, and of St Brendan the Navigator, Balmartin: Priest: Sue Newby, on North Uist and Episcopalians on Benbecula and South Uist

ANGLICAN COMMUNION— Church of the Province of West Africa: Primate Jonathan Bau-Bau Bonaparte Hart; Zanzibar, our companion diocese: Bp Michael Hafidh

PORVOO COMMUNION — Strängnäs, Sweden: Bp Johan Fredrik Dalman; Tunsberg (Tønsberg), Norway: Jan Otto Myrseth; Truro, England: Bp Philip Ian Mounstephen.

LOCAL COMMUNITY & WORLDWIDE -

For all still fearing the effects of Covid and shielding, as restrictions ease—for wisdom in our actions and care for each other. *We pray for generosity of heart and deep care for all .*

We pray for those who find the darker winter months hard, for those who are missing friends, family and for all who support those struggling with life....locally we pray for 'Hope Kitchen', Home Start, Salvation Army, the Dove Centre.

May those in need know your presence and strength, may we find ways to support them, pray for God's comfort, God's light, for community and hope as summer moves into autumn.

We pray for all those ordained over the last month. *May God guide them with all wisdom, insight and faith, that they may each be blessings to those whom they serve, that they may be encouraged as they learn and grow in ministry.*

We pray for Governments here and around the world, particularly in places of turmoil and chaos.

For those affected by natural disasters, fire, flood, earthquakes, storms, hostility, violence, for all fleeing their homes or living in fear of others.

Give peace where it is needed, courage to emergency and aid workers, wisdom to all leaders.

For safety for all on our streets, in our neighbourhoods, in towns, cities, villages. *We pray for wisdom for leaders that vital changes are made, peace for those who are worried, comfort for those who have lost loved ones through crime.*

We pray for our care of the natural world, new greener energy, preparations for COP 26 and our attempts in the Cathedral to be better stewards of creation's resources. *May we learn to live simply, that others may simply live.*

SUFFERING—those we name in our hearts and those who have asked for prayer

For all unwell at home, in nursing or care homes, hospital or Hospice, those recently diagnosed, undergoing or awaiting treatments or operations & those who wait with them. For those reaching the end of their earthly journey of life and their families... May your healing and wholeness sustain them.

DEPARTED- Remembering the lives of those who have gone before us.....their family and friends....

May they rest in peace and rise in glory as we who mourn seek comfort and restoration



SUNDAY OCTOBER 31ST ALL SAINTS & ALL SOULS

10.15am Festal Eucharist

During this service we will offer remembrance of loved ones.

A list will be available in St John's Cathedral from Sunday October 17th for names to be added.



SWAP 9: BATHROOM - SHAMPOO/CONDITIONER

Let's treat our environments as well as we may treat our hair. Look down any toiletries aisle in a supermarket and it's a sea of plastic bottles. Why not break free from the cycle and buy an eco friendly alternative. There are plenty of beautiful (in look and smell) no-plastic packaging shampoo/conditioner bars out there. If switching to a shampoo bar then it's wise to make sure you have a wee jar, or soap dish to put it in where it can dry out between uses, and last that bit longer. Still keen on liquid shampoo and conditioner? Why not see if there is a shop nearby that will do refills, or buy shampoo and conditioner in metal or glass jars which can be re-used and recycled. Whatever you buy, it's also an idea to check what chemicals are in it, and whether these might be harmful to the environment.

[#Shower](#) [#Bath](#) [#CleanHair](#) [#CathedralClimateAction](#) [#CommunityOfHope](#) [#OneYear](#) [#LentToLent](#) [#Swaps](#) [#EcoFriendly](#) [#LessWaste](#) [#CreationCare](#)

COVID RESTRICTIONS

In the Cathedral we wish to show our care for each other by being careful and cautious.

- Places of Worship: **No distancing is now required**
Some rows remain at 2m /most are still 1m apart.
- **Masks are worn in churches** (unless exempt, or for those leading/ reading) inc singing.
Sanitiser used on entering & leaving /before & after receiving Communion
- **Choirs** may perform without masks 1m apart + screens.
- **Eucharist received in bread only**
- We continue to keep **Test & Trace** details & will inform if cases arise by email, but **without naming** the person
- **Coffee** can be drunk (without masks) standing or seated. Masks worn whilst moving
- The Cathedral will be cleaned Monday –Friday before opening for Private Prayer between 9-12noon,

Please do not come to worship if you have symptoms, tested positive / or been in contact with someone who has symptoms or tested positive.

Latest SEI newsletter and SEC Inspires Online with much Provincial news available from

- <https://www.scotland.anglican.org/who-we-are/vocation-and-ministry/sei/sei-newsletter/>
- <https://www.scotland.anglican.org/who-we-are/publications/inspires/>

SEI Journal on Climate Change from <https://www.scotland.anglican.org/who-we-are/vocation-and-ministry/sei/sei-journal/>

WAYS of GIVING to the CATHEDRAL ~ THANK YOU!

We are so grateful to all who continue to give to the church to safeguard our future in our Cathedral.



www.easyfundraising.org.uk



<https://smile.amazon.co.uk/>

Cathedral Church Of St John The Divine.



Bank: RBS, George St, Oban Sort Code: 83-26-04
Acc. no: 00178722 St John's Cathedral Oban



stjohnsoban.myknowchurch.co.uk/giving

Credit/Debit Cards contact Peter Kemp for details



If you can enter the stewardship scheme /Gift Aid please chat with Susannah Hughes

OBAN MUSIC SOCIETY IN ST JOHN'S CATHEDRAL



Oda Hjertine
Voltersvik

Piano

Programme of music by
Karlens. Lund, Shostakovich
Scriabin, Grieg, Prokofiev

SUNDAY OCTOBER 10th
3pm

£10 Tickets on the door

Masks required unless exempt ...Test & Trace details will be taken

St John's Cathedral
*Open for
Private Prayer*

Monday to Friday
9am til 12 noon

We are delighted that we can now reopen, enabling people to come in for times of quiet or to look around.

Please continue to use sanitiser on entering and leaving. Please check in using the Test & Trace App QR code.

Thursdays @ 10am

SHORT MORNING PRAYER
followed by coffee until 11am

Join Margi & Beki for this time of prayer and then chat in the Cathedral

All welcome



CONTACT DETAILS...

CATHEDRAL PROVOST & DIOCESAN DEAN

The Very Rev'd Canon Margi Campbell 01631 562323

Cathedral: provostoban@argyll.anglican.org

Diocesan Matters: dean@argyll.anglican.org

Days off: Usually Friday (Saturday)

ASSISTANT CURATE: The Rev'd Beki Cansdale

07867 516035 / 01852 300779

revdbekicansdale@gmail.com

Study Day: Monday/ Days off: Friday, Saturday

CATHEDRAL Website: <https://stjohnsoban.org.uk/> FaceBook: <https://www.facebook.com/stjohnsoban>

Daily Prayer <https://www.scotland.anglican.org/spirituality/prayer/daily-offices/>

Weekly Provincial Eucharist: 11am <https://www.scotland.anglican.org/broadcast-sunday-worship>

Joint Call to Prayer Sundays @ 7pm . <https://www.scotland.anglican.org/return-of-joint-call-to-prayer-sunday-7pm/>