

THE
DIOCESE
OF ARGYLL
& THE ISLES



ST JOHN'S CATHEDRAL, OBAN

ST JAMES, ARDBRECKNISH & KILBRANDON



THE
SCOTTISH
EPISCOPAL
CHURCH

March 9th ~ Lent 1

CATHEDRAL SERVICES

Every Sunday	10.15am	Cathedral Sung Eucharist
2nd & 4th Sundays	5pm	Fellowship @ 5
3rd Sunday	5.15pm	Cathedral Evensong
Wednesdays	11am	Shorter Cathedral Eucharist
Thursdays	10am	Morning Prayer

ST JAMES ARDBRECKNISH
EPISCOPAL EUCHARIST IN KILBRANDON

Next: March 16th @ 10.30am (see p4)
Next: April 6th @ 3.30pm

DIARY FOR THE WEEK

Sun March 9th Lent 1

10.15am	Sung Eucharist
	Celebrant and Preacher—Bishop David
2.30pm	OMS Concert
5pm	Fellowship @ 5

Please note—Provost Margi is attending the Provincial Faith and Order Committee and will be unavailable Monday—Wednesday of this week

Wed 12th	11am	Shorter Eucharist followed by coffee
Thu 13th	10am	Morning Prayer
	10.30-11.30	Coffee Morning

Sun March 16th Lent 2

10.15am	Sung Eucharist
5.15pm	Evensong

ST JAMES ARDBRECKNISH

10.30am Eucharist led by Rev'd Tom Ebbens RN

DIARY DATES AHEAD

Sunday April 13th Palm Sunday—Journey to the Cross (p4)

Holy Week—Monday/ Tuesday / Wednesday

5pm Compline

Maundy Thursday 7pm—Mass of the Last Supper and Vigil until 9pm

Good Friday 12– 12.30pm Stations of the Cross then quiet reflection

1– 1.30pm Taize Readings & Chant then quiet reflection

2– 3pm Passion Reading & Liturgy of the Last Hour



Lent #act #pray #reflect...

Thoughts for the coming week.... Sundays not included in the 40 days

- Commit to pray for those making the news headlines each day
- Select a charity that you will support during Lent, consider the Bishop's Lent Appeal for Children's Hospices Across Scotland
- Think about our congregation and pray for our growth in faith
- Think about the Eucharist – what does it mean for you?
- As we go to bed, pray for the homeless
- Pray for grace in our dealings with others

ST JOHN'S EPISCOPAL CATHEDRAL, OBAN

Fellowship @ 5

All Welcome for
music, prayer
& discussion
with food

Every 2nd & 4th Sundays

5pm

St John's, Narthex, George Street

#inclusive #open #informal

SC016664

OBAN MUSIC

@ ST JOHN'S CATHEDRAL

WELCOMES

ENSEMBLE RENARD



MUSIC BY: OLIVER KNUSSEN DARLUS MILHAUD JUDITH WEIR SAMUEL BARBER
ISABELLA LEONARDA LALO SHIFRIN PAUL TAFFANEL

SUNDAY MARCH 9TH @ 2.30^{PM}

Tickets £15 on the door

No charge is made for children and young people attending our concerts

Refreshments during interval

<https://ensemblerenard.co.uk/>

<https://www.obanmusicsociety.com/concerts/>

Chamber
Music
Scotland

OSCR
Official Scottish
Recording
Company

HOME COMMUNION

Please ring Provost Margi on
01631 562323

do keep trying if I am out....

if you would like her—or one of the
team—to bring communion at home
if you are unable to be at services.

LENT 2025



DIOCESAN LENT BOOK.

Bishop David has chosen the book 'Healing Wounds' by Erik Varden



Are we healed through our wounds or are our wounds themselves healed from some other source?

In this 2025 Lent Book, Erik Varden starts by examining the New Testament where it spells out why Christ's wounds were efficacious for the healing of humankind. He contends that while this theological perspective is fundamental, it often falls short of addressing the emotional and spiritual needs of believers. Bob Dylan once said, tongue in cheek, 'Pain sure does bring out the best in people.' The philosopher Donald MacKinnon said, 'Suffering never ennobled anyone.' Suffering by nature poses questions people wrestle with today in many fields of life with counsellors, therapists, philosophers, and spiritual directors. But the conundrum remains and in this book Varden sets out to resolve it. Structured to guide readers through a journey of reflection, beginning with the raw reality of suffering and moving toward the possibility of redemption and renewal. Varden employs a contemplative tone, inviting readers to sit with their own experiences of pain and consider how these might be transformed through faith and introspection. His insights are particularly relevant during the Lenten season, a time of reflection on Christ's passion and its implications for believers.

The book can be obtained through any bookseller, but is currently available on Amazon for £11.95.

We will read it individually through Lent, **THEN GATHER WITH BISHOP DAVID IN THE CATHEDRAL ON TUESDAY APRIL 15TH AT 10.30AM** to reflect together on all that it has stirred in us.

For those unable to gather in-person, Bishop David will lead a Zoom Reflection on Wednesday April 16th at 2pm

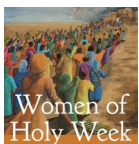


PRAYER STATIONS A different prayer station will be available each week in the Lady Chapel as we invite you to spend a few minutes reflecting on aspects of faith—use it before or after services, or pop into the Cathedral at a time each week to focus more deeply and walk Lent more intentionally.

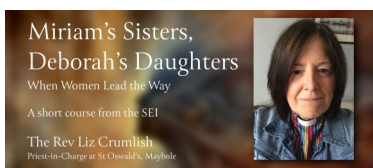


40 DAYS to do more than give things up 40 simple ideas to act # pray# reflect on

See the front page for the first set of actions/ thoughts for this week.....



LISTENING FOR GOD Each week at the Wednesday Communion we will hear a reading from Paula Gooder's 'Women of Holy Week' - encountering the life of Jesus in those momentous days—reflecting on the tension, drama and shock of Holy Week, encouraging us to banish the overfamiliarity and feel the Passion in a new way.



PROVINCIAL

The latest in the series of online short courses provided by the Scottish Episcopal Institute will take place throughout Lent, It is made up of six roughly 25-minute video's with questions for reflection or discussion.

The course will consider how different times demand a different kinds of leadership, involving imagination and creativity – gifts and qualities exhibited by numerous

women in scripture. Monday 3 March – Leadership in Liminal Times

Monday 10 March – Leadership as Learning – Miriam Monday 17 March – Leadership as Resistance – Vashti

Monday 24 March – Leadership as Tenacity – Mary, mother of God Monday 31 March – Leadership as Breaking the Mould –

Mary of Bethany Monday 7 April – Leadership as Finding New Landmarks – for such a time as this

The course can be joined at the above links from 7pm each Monday in Lent



HOLY WEEK

Sunday April 13th Palm Sunday—Journey to the Cross (see p4)

Monday/ Tuesday / Wednesday 5pm Compline

Maundy Thursday 7pm Mass of the Last Supper / Vigil til 9pm

Good Friday 12– 12.30pm Stations of the Cross then quiet reflection

1- 1.30pm Taize Readings & Chant then quiet reflection

2– 3pm Passion Reading and Liturgy of the Last Hour

MARCH 9TH

Eucharist Readings: Deuteronomy 26:1-11 Luke 4:1-13

Additionally for your reading: Psalm 91:1-2, 9-16 Romans 10:8b-13

Hymns: NEH 67 Sheet-Psalm 91 NEH 383 SP 37 Communion: NEH 337

COLLECT

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are, yet did not sin:
give us grace to discipline ourselves in submission to your Spirit,
that, as you know our weakness, so we may know your power to save;
through the same Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit,
one God, world without end.

INTERCESSIONS

Province—Primus Mark, the Faith and Order Board meeting this week.

Diocese – Bp David; Provost Margi; Tom, Assistant Curate (NSM); Canon Ian, Assistant Priest (rtd);); the people of the West Highland Region: St John's, Ballachulish, St Adamnan's, Duror, St Mary's, Glencoe, St Paul's, Kinlochleven, St Bride's, Onich, and Holy Cross, Portnacrois with the Rev'd Amanda Fairclough

Anglican Communion – Zanzibar, our companion diocese: Bp Michael Hafidh; the Anglican Church of Canada
Acting Primate: Archbp Anne Germond.

Porvoo Communion – Chelmsford, England: Bp Gulnar Francis-Dehqani; Karlstad, Sweden: Bp Sören Dalevi

PRAYERS

We pray for our Cathedral and the congregations in Ardbrecknish and Seil, Easedale and Luing.
May we be inspired to work to deepen our faith and draw others into our worshipping community.

LORD JESUS, YOU CALL US TO BE DISCIPLES.

GUIDE AND STRENGTHEN US TO SHARE YOUR LOVE WITH ALL WE MEET

GIVE US COURAGE TO REACH OUT TO HELP OTHERS, GIVE US WISDOM TO KNOW HOW BEST TO CARE
AND GIVE US HOPE TO BELIEVE YOU CAN TRANSFORM US AND ALL YOUR PEOPLE INTO YOUR LIKENESS.

We pray for the fear engendered around the nations when diplomacy disintegrates and the politics of power are paraded to subjugate others and maintain controlwe pray for places where peace still seems afar
Ukraine, DR Congo, Sudanand all peoples living in fear... may hearts be changed and vision enlarged to bring new life and peace-filled present and future...

We pray for real and lasting peace in the world, built on justice and care, to be instilled in homes and hearts that all may know God's Kingdom in their lives.

We pray for the people of Gaza, the West Bank and Israel—that the ceasefire agreement may hold and peace may be established with renewed hope and fresh understanding.

May leaders of nations and peoples administer their role with wisdom and integrity and for the wellbeing of all in their care and as part of the global family.

We pray for Anglican churches around the world in our common mission to draw people to know Christ and live out his love for the world by inspiring and resourcing faith communities, deepening spiritual growth, and working for justice. We pray for churches where they are unable to witness of live their faith openly...where there is conflict or discrimination that your strength will enable them to grow and minister.

We pray for our community, especially those working to bring calm and hope in times of difficulty.... for the Dove Centre—Oban Hospice, their staff, Board, volunteers and all who find help and friendship, support and encouragement.

We pray for all who are unwell, troubled or distressed may they know God's healing and strength, hope and renewal and we give thanks where healing is felt and seen. We pray for all medical professionals and volunteers

We give thanks for the lives of those who now worship in God's nearer presence and pray for those who mourn, that they may know God's comfort.



A LENT PRAYER FROM THE METHODIST CHURCH

The Israelite prophet Micah said: "What does the Lord require of you? Only to act justly, love mercy and to walk humbly with your God."

God of mercy and source of justice,
pour on your people such love and compassion that we cannot remain silent,
we cannot tolerate injustice and poverty.

As your grace fills our hearts so may we be stirred into action
to demonstrate your love for all the world

ST JAMES' ARDBRECKNISH



DATES FOR THE DIARY

March 16 10.30am Eucharist
The Rev'd Tom Ebbens RN

April 20 10.30am
Easter Eucharist

The Rev'd Tom Ebbens RN

World Day of Prayer

7 March at Glenorchy Kirk—
details tbc

**Sitting
with
Silence**

*Facilitated by Peter Johnson
& Rosemary Power*

Wednesday March 26th

12.45pm—1.15pm

These silent prayer sessions are a half-hour of calm with God, followed by a chance to eat your lunch in company. Tea and coffee available.

All always welcome

ST JOHN'S EPISCOPAL CATHEDRAL
DIOCESE OF ARGYLL & THE ISLES

PALM SUNDAY
JOURNEY TO THE CROSS
Sunday April 13th

10.15am

The Passion Reading
with anthems & hymns

12.15pm

Liturgy of the Sacrament
Eucharistic Prayer
and receiving of communion

*Setting Holy Week apart
to enter the Easter joy
more fully*



CANON 35's GRANTED AND ON DISPLAY IN THE CATHEDRAL

CHAIRLIFT—ordered—at least 6 week delivery / installation

NAVE ALTAR—being ordered/ kneelers remain in place

The Bishop has been made aware of all comments arising from the Consultation



IONA PILGRIMAGE

15–18 March 2025

at Iona Abbey

Rosemary Power, who has written about Iona, is offering tours of the abbey carvings & medieval nunnery. Please let her know if you intend to go: 01852 200537

Rosemarypower@live.co.uk

A number of us are intending to **spend a few days on Iona** shortly, staying at the Abbey to attend the Sunday service/ and scheduled activities... or take time out to think, walk, pray.

Book individually but hopefully travel together....

3-night stay — £423.00 Reduced rate — £211.50 (apply on booking)

Bed / full board/ usually shared bedrooms...disability-accessible rooms available. A 20% non-refundable deposit is required at the time of booking.

Book at: <https://iona.org.uk/visit-and-stay/iona-abbey-centre/2025-programme> or through Suzanne: Tel. +44 (0)141 429 7281. admin@iona.org.uk.

Additional costs are: Foot ferry to Mull £9 return approx. & to Iona £3.40 approx. Bus across Mull, if running, OR carshare and help the driver with car ferry / petrol costs, approx. 45 km/32 miles

CATHEDRAL VESTRY MEMBERS 2025

EX-OFFICIO

Provost as Chair

Rectors Warden—Ken Oxland—*plus Assisting Finance*

Peoples Warden & Synod Lay Rep— Colum Scott

Alt Synod Lay Rep—Daniel Stollard

Lead Property— Ken and Colum

Link for Finances—David Pollard

Secretary—Margaret Sime

4 CONSTITUENT MEMBERS

Stewardship/ Gift Aid—Susannah Hughes

Members: Mark Evetts, Jenny McEvoy, Joy Blakeney

ACTING ON BEHALF OF & REPORTING TO SYNOD

Safeguarding: Catriona Petit **Assisting:** Mel Crossley

WAYS of GIVING to the CATHEDRAL We are so grateful to all who give to the Cathedral to safeguard our present & future

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STEWARDSHIP /GIFT AID contact Susannah Hughes if you would like more information.

CONTACT DETAILS & INFORMATION

CATHEDRAL PROVOST & DIOCESAN DEAN

The Very Rev'd Canon Margi Campbell *Non work days Fri/ Sat*

Cathedral: provostoban@argyll.anglican.org
01631 562323

Diocese: dean@argyll.anglican.org

- **NSM CURATE: The Rev'd Tom Ebbens RN**
tomebbens09@hotmail.co.uk
Tom's work is for the RN thus he is not always available.
- **Assisting Priest (Rtd) The Rev'd Canon Ian Walter**

CATHEDRAL WEBSITE: stjohnsoban.org.uk/

CATHEDRAL FACEBOOK: www.facebook.com/stjohnsoban

ST JAMES' WEBSITE stjamesardbrecknish@outlook.com

DIOCESAN WEBSITE: argyll.anglican.org/

PROVINCIAL WEBSITE: www.scotland.anglican.org/