

# Holy Cross Newsletter

## Lent 2021

This comes with our thoughts and prayers for each one of you, as you continue to “hang on” in this 3<sup>rd</sup> lockdown.



We know life is tough for many, so if you need help or would like a chat do give any of us a ring. We are also including an Ash Wednesday card and booklet for Lent for you to use each day. We hope you will enjoy using them.

### Ash Wednesday and Lent.

Lent is a time when we can spring clean our spiritual lives & reflect on our connection with God.



Ash Wednesday, is so called because ash, made by burning Palm crosses, was mixed with oil and used to make the sign of a cross on a person's forehead.



“Turn away from sin and be faithful to the Gospel” were the words spoken.

Dust is a recurring theme as in Lent we remember Jesus' time in the desert, relying only on what God provided for him. Covid means we are in a desert time too. We also can trust the God who offers hope and who walks with us every step of our Lent journey.

### Prayer of Blessing.

May God bless you,  
May God keep you in the Spirit's care  
and lead your life with love. Amen.

**Holy Cross Church is open** for anyone to pop in for a quiet time or for personal prayers.

Sundays & Wednesdays 10 am to 2pm

### Archbishops' Call to Prayer



An invitation for anyone to call on God in Prayer.

More than ever, this is a time when we need to love each other, and prayer is an expression of love. They suggest pausing to pray at 6pm each day, but any time to suit you is fine and the topics suggested are:-

- Sunday** Family, friends and loved ones
- Monday** Schools & colleges, children and young people
- Tuesday** Elderly, isolated and vulnerable.
- Wednesday** Businesses, the workplace and economic wellbeing.
- Thursday** NHS, other key workers & carers.
- Friday** National and local government.
- Saturday** All who are grieving, & all suffering with physical and mental ill-health.



A free phoneline of hymns, reflections and prayers



### A Lent Prayer

Lord Jesus, desert dweller,  
help us now, at this time of Lent,  
to accompany you.  
As we walk, God, be our way.  
As we learn, God, be our truth.  
As we grow God, be our life.  
We pray in Jesus' name.  
Amen.