

News from the Upper Thames Churches



In this week's Upper Thames news:

1. **Sunday 12 January - Epiphany 1**
2. **Rhythm of life**
3. **A zoom based initiative for disabled or neurodiverse Christians**
4. **Kavali Curry Night in support of the St Sampson's appeal**
5. **Reminders:**
 - **Foodbank**
6. **January Services**
7. **Morning Prayers**

1. Sunday 12 January - Epiphany 1

- **10am Worship Together at St Sampson's**
- **Readings:**
 - [2 Timothy 3:14-17](#)
 - [Luke 24:13-21 & 25-32](#)



2. Rhythm of life

The diocese has started a really interesting initiative for people looking to expand their ways to pray. Every month there is a different style or ethos explained in an online course. If you would like to think about joining in, do look at the material in church and follow the links in the attached pictures. I don't always promote things from elsewhere as we have a fair amount going on ourselves! But in this case, I am really excited to see how it will work and whether you will find it interesting/works for you. Do look into it, and do let me know (if you do any of the course) how it was.

Debbie



3. A zoom based initiative for disabled or neurodiverse Christians



Are you a disabled Christian living in the Diocese of Bristol?

Join our monthly Zoom for disabled and neurodiverse people and those living with long-term health conditions.

Prayer | Information | Support

Contact Alice to sign up to the mailing list:
alice.kemp@bristoldiocese.org
[0117 906 0100](tel:0117 906 0100)

4. Kavali Curry Night



SUPPORTING ST. SAMPSON'S CHURCH APPEAL

Kavali Curry Night

Monday 24th February 2025 at 7pm

QUIZ, RAFFLE & LOTS MORE
£25* per person
** to include Quiz, Raffle & Games. Drinks extra*

PLEASE CONTACT
Sharon on 01793 751 375
Helen on 07976 546 825 or helendixonmail@gmail.com

5. Reminders

- [Current Foodbank Shopping List](#)

Please leave donations in the box at the back of St Sampson's church. Donations are collected first thing on Friday mornings.

6. January Services

- **Sunday 19 January - Epiphany 2**

- St Sampson's:
 - 8am Holy Communion - *followed by breakfast*
 - 10am Morning Worship
 - 6.30pm Evensong
- Holy Cross:
 - 10am Morning Worship
- St John the Baptist
 - 10am Holy Communion

- **Sunday 26 January - Epiphany 3**

- St Sampson's:
 - 10am Holy Communion
- Holy Cross:
 - 8.30am Holy Communion
- St John the Baptist:
 - 10am Morning Worship

7. Morning Prayers

- **Monday Morning Zoom Prayers, 9am - all welcome**

Join Zoom Meeting

<https://us04web.zoom.us/j/79134196612?pwd=0b8fDtH3jho0hwJfaSmdu3cAqCHHhU.1>

Meeting ID: 791 3419 6612

Passcode: xG0QAI

- **Thursday Morning Prayers at St Sampson's**

Everyone is welcome and we'd love new people to join us. There are usually about 7 - 10 of us in number; we meet at 8.30am to enjoy coffee and the Iona Community's 'Wee Worship Book', and finish by 9.30am. Do join us.