

HOPE HERALD

News, views & comment from
St James Church, Hope

May / June 2021



Rose
'Queen
Elizabeth'

What's inside

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Notice of changes

Services from 6th June

SUNDAYS at 09.30 am

Holy Communion (Anglican)

SUNDAYS at 11.30 am

Elim Pentecostal Church Worship



Happening in June

Details of services and details of the link with Elim Church are on page 4



Let's keep it tidy!

Whenever you are in the Church grounds please pick up any litter you see and put it in the bin



From The Vicar

May/June 2021

THIS SUNDAY we licenced our curate Pam as assistant minister for our churches, St James and St John's. It is a real pleasure working with Pam and it has been wonderful to watch her blossom and grow into her ministry, using her gifts and experience to care for, encourage and help others to grow around her.

Her own journey of faith as a Christian didn't start till relatively late in life and I suspect if you'd have asked 15 years ago if she thought God would call her into ministry she would have fallen around laughing.

For myself I have been a Christian all of my life, but I also never would have thought that God would call me into ministry, but despite my own initial reluctance to answer that call, I have found it immensely rewarding to be a priest in the Church of England,

drawing on my own gifts and experience to care for, guide and support those in my parish and beyond.

I find this pattern of God surprising us with different callings in our life is a common one. Whether I am talking to ALM's, readers, church wardens, fellow priests, or any of the many other vocations we can be called to, so many of us found ourselves surprised to be asked by God, sometimes through friends and neighbours, to serve in this way. What I have also found is that, despite the challenges we all sometimes face in these roles, we have all found great life, joy and contentment brought us through answering that call.

God does not call us to places and work, because it suits Him, but because not only can we do it and do it well, but that we will

thrive and grow through answering that call. That doesn't mean to say that there won't be challenges and heartache, there is no escaping that in this life, but we will not find anything we cannot overcome with God at our side guiding and strengthening us as we face it.

I do not know what or where God may have called you in the past and where He may be calling you now, but I encourage you to listen to that voice and look for the signs that He sends that you find where your gifts and experience can do the most good, helping others, serving God and becoming more fully the best you, living life in all its fullness through Jesus Christ.

God's blessing

Gareth

Change at St. James: the what and why

TALKING to a number of different people recently, there seems to be some misunderstanding as to why our Sunday service time is being brought forward to 09:30 am.

Some four years ago, we were approached by the Elim church, who were currently worshipping at Holy Angels on the Height. Their congregation had outgrown the building and they were looking to move to larger premises. St James was a perfect fit for them.

No sooner had we started negotiations with them when Cyprian, our vicar at the time, moved on.

Being in interregnum, your PCC decided it would be unwise to enter into such an agreement without a vicar at the helm.

We now have Gareth as our vicar and he is in full agreement with Elim sharing our church on Sunday mornings. Hence to accommodate both parties, we are making the minor sacrifice of starting half an hour earlier each Sunday. If you cast your minds back only a few years, the Sunday services were always at 09:30

To allay any concerns about St James PCC losing control of the building, the

legal team at diocese level, has drawn up a contract which has been approved by your PCC and will be signed and approved by Bishop David. Any changes to the building or the service times will have to be approved by St James PCC.

This contract will be in place from June 1st for three months with an agreement to terminate the contract with one months' notice from either side. Or conversely to extend the contract if both parties are in agreement.

After this initial trial period, we may enter a more formal sharing arrangement.

Both the Elim congregation and that of St James should benefit from this agreement with occasional joint services, for example Remembrance Sunday, and of course more opportunities to mix at our social gatherings; garden parties, barn dances etc..

On Sunday the 27th June we have been formally invited to remain behind after our service has ended and join Elim for their service as an official welcoming event.

Although we have seen little or no congregation growth in the ten

years or so I have been warden, we have actively encouraged and supported the "Twelve Apostles Church" and "New Life Church" to meet in our hall.

If any of you wondering how the agreement with Elim is going to affect these two regular groups; the Twelve Apostles will return on Saturdays as soon as they wish to. New Life will be moving to Holy Angels when their services resume.

As an area, don't you think that our parish is a stand-out location for Christianity? There is St James, St John's, Elim, Elmwood, Holy Angels, The Twelve Apostles, New life church, The Height Methodist and many more, all spreading the word within a very small area. I for one think that is fantastic.

In conclusion, God makes decisions such as these. Worry not about the future, . All we can do is TRY OUR BEST to heed his words and look after our church, both the building and the congregation of today.

Trevor

From the Churchwardens

THERE'S A LOT going on at the moment! As I write, the boiler is finally behaving (thanks to Trevor's patience and persistence), and we are back to worshipping in the main body of the church.

Personally, I didn't mind worshipping in the Lady Chapel, as I think it gave a feeling of "togetherness", in a way which being dotted around the whole church doesn't.

It was a delight to see so many people attending the Easter worship, and also to see people braving the cold to come regularly to worship each Sunday.

I have friends living in other parts, whose churches have remained and still are closed, and they really long to attend worship on Sundays.

Thanks to the clergy, for the flexibility to adapt to whatever they find in church each Sunday, to Ken for resisting the cold and continuing to play the organ, and to each of you, congregation members, who have regularly turned out to give thanks to God and to pray for others. It's been very inspiring! Now, at last, it seems that the weather is warming up.

Our hall has been closed, but we have had

some new opportunities. The second round grant application to Viridor Credits for the hall refurbishment has been completed and submitted. Unfortunately, we have received news that we were not awarded a grant, but we will continue to seek the (around) £50,000 needed for the hall refurbishment.

Thanks to a "tip off" from Tony Woods, our treasurer, and some deft work by Margaret Adshhead and Sylvia McGreal, we were able to access some kitchen equipment from Patricroft United Reformed Church, which is closing down.

New requests have been coming in to use the hall when the lockdown restrictions are further eased. One of these was from the local Council, who wanted to use the hall as a polling booth on May 6th. The Elim church is also hoping to start a Mother and Toddlers' Group later in the year.

On the subject of the Elim Pentecostal Church, we have been in discussions about sharing our church premises with them in the near future. Elim Pentecostal derives from the Welsh Revivalist tradi-

tion, and are members of the Evangelical Alliance, and Churches Together.

The arrangement will begin in June, now all the necessary permissions and agreements are in place. It will mean some degree of adapting to the different situation from St James' members (earlier start to service on Sunday for example), but, having seen how people adapted to the broken boiler situation, this should be easy!!

Change has also come in relation to marriage registration – from May 4th. the traditional marriage registers are now "closed", and registration will be online (using a programme called RON – short for Registration Online – yes, seriously!!). Marriage Certificates will only be issued by the Registrar after the wedding service.

We look forward to changes coming in relation to easing lockdown restrictions, and what we will and will not be able to do in church in the forthcoming months.

Thanks again for all your support, prayers, and faithfulness,

*Bob and
Trevor.*

The story behind the HYMN: 'Lord, for the years'

*Lord, for the years your
love has kept and guided,
urged and inspired us,
cheered us on our way,
sought us and saved us,
pardoned and provided:
Lord for the years, we
bring our thanks today.*



THIS WELL-LOVED hymn was written in 1967 by the Revd Timothy Dudley Smith, who became Bishop of Thetford. He later confessed: "I wrote it on a train when I was very pressed for time. I'm thankful if something I write gets picked up, but I

suspect anyone who does something in a rush later regrets that they didn't find time to apply the sandpaper a bit more!"

Dudley Smith had been asked to write a hymn for the centenary service of the Children's Special Service Mission, now Scripture Union, in St Paul's Cathedral. His commission was to write words that could be fitted to Jean Sibelius's *Finlandia*, and so "Lord for the years" was written.

He need not have worried about lack of time – his lyrics were a 'hit' in the cathedral on the day, and went on to become so well-loved that George Carey chose the hymn to be sung at his consecration as Bishop of Bath and Wells, and then again later, in 1991, for his consecration as Archbishop in Canterbury Cathedral.

The hymn continued to be widely sung and loved, then in 2002 Timothy Dudley Smith was asked to write an extra verse for it so that it could even be sung around the time of the Queen's Golden Jubilee.

Many of the words in the hymn are true for the Queen herself, as she celebrates her 95th birthday this month. She does indeed thank God 'for the years your love has kept and guided, urged and inspired us, cheered us on our way'...

And so indeed the 'extra' verse added for the Queen has also held true:

*Lord for our hopes, the
dreams of all our living,*

*Christ and his kingdom
one united aim,
Rulers and peoples bound
in high thanksgiving,*

*Lord of our hopes, our
trust is in your Name.*

Neighbourhood Watch

IN ONE small rural village the local vet also led the local Neighbourhood Watch group.

Late one night the phone rang, and his wife answered. An agitated voice inquired, "Is your husband there?"

"He is, but tell me, do you need him as the vet or the Neighbourhood Watch?" the wife asked.

"Both!" was the reply. "We can't get our dog's mouth open, and there's a burglar in it!"



LATE EXTRA: THE WOW FACTOR

IT'S ALMOST certainly true that if you wait long enough, fads and fashions you thought had gone forever will re-appear – in a slightly different format perhaps, but fundamentally the same. Have you never come across a photo of yourself wearing clothes or make-up or a hair style once considered 'with it' which you wouldn't be seen dead wearing now? If drain pipe trousers were to make a comeback, or 'the long look' of the 50s or mini-skirts or hot pants, would you be tempted? Grandma in hot pants! Now that's a thought!

Funfairs and theme parks are not things I get to go to any more. I've done my time, as many of you have; but my youngest grandchild has reached the stage when the company of other girls of the same age is more inviting than having to be saddled with me. I've no quarrel with that, because funfairs and theme parks cannot be classed as cheap family entertainment and if you are going to fork out the high price of an entrance ticket, you surely ought to do something more than sit around watching others enjoy themselves.



It was a long time before I got to go to a funfair at all. In the town where I was born and grew up there was a large open public space opposite a natural spring of safe drinking water known as 'Becket's Well'. The story is that Thomas Becket, the famous Archbishop, stopped to refresh himself at this spring before escaping from the town disguised as a simple monk. He had been on trial at the local castle by order of King Henry II. In Victorian times the site had been smartened up with some decorative stonework and an overarching roof. The large, open space, known locally as 'Midsummer Meadow', was where visiting circuses, funfairs and other such attractions would set themselves up. These visits were not frequent and became for local children, therefore, occasions which ought not to be missed. Unfortunately my mother could not bring

herself to take me to the funfair because her younger sister had once been seriously injured whilst riding on a 'super new attraction, too good to be missed'.

What actually happened was that my aunt made the mistake of thinking that the roundabout she was riding on with her son – advertised as having 'the fastest of fast cars' – had come to a stop. She stood up ready to get off, when all the cars lurched forward and she lost her balance, falling right into the middle of the machine. It stopped again almost immediately, but not before it had torn off some of her hair and given her several serious lacerations to the head. Fortunately she made a complete recovery; but she always wore her hair long so as to disguise any scarring.

Most colleges in Oxford start their new academic year in mid October; but the theological colleges had four terms per year, not three and were still in town at the beginning of September when a large funfair moved in and set itself up in the road known as 'St. Giles'. Students still in residence made the most of it. I remember being

tempted to take a ride on ‘the Wall of Death’. This was a drum-like structure with a solid floor. You had to go inside and stand with your back against the wall. The whole structure started to rotate, slowly at first, then with increasing speed until without any warning the floor dropped away and you saw that you had risen about 30 feet off the ground and were stuck to the wall by sheer force. There was also an attraction called ‘the Bomber’. It consisted of a long arm, fixed at the centre, which rotated at considerable speed. At each end of the arm there was a little compartment, rather like a side-car. I cheerfully climbed into the one which waited at ground level. It then swung upwards, from 6 o’clock to 12 as it were, to let the other driver get into his compartment. It was then that I discovered there were no safety straps. I clung on for all my life was worth, looking down at the road below. Once the arm began to rotate and reached full speed, the sheer force of the movement kept both riders safe

inside their compartments. When Mary, my wife, and I came to work in the Diocese of Manchester, we were told that we must be sure to spend a day at Belle Vue. There was a zoo of sorts there then, and many of the animals were easily accessible. A rhinoceros pushed its horn through the fence in front of me, and I was able to stroke its head. Later we took a ride on ‘the Bobs’, a fabulous rollercoaster



which twisted this way and that as it took you forward. Mary was wearing a nice pair of clasp earrings when we took our seats. When we got off the earrings had disappeared, snatched off by the sheer force of the ride. I read recently that a young man had broken records by riding a big rollercoaster at Alton Towers more than 64 times in succession. It took him

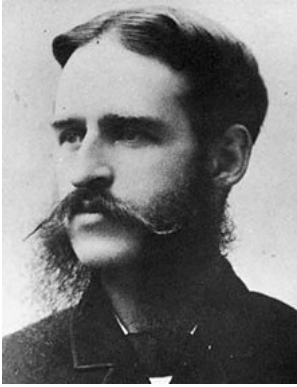
over 6 hours, but that still works out at more than 10 rides per hour. It didn’t say how he felt afterwards. I haven’t done it for a long time, but I don’t think there is anything quite like that feeling you get when the car you’re sitting in reaches the highest point of the ride, hovers for a minute, and then plunges you downwards, pulling the bottom out of your stomach. Spiritually speaking, I feel that God uses the first part of our church year to draw us slowly upwards to a point of great excitement. Jesus has come and made himself known to us. Jesus has died out of love for us. Jesus has risen: death itself cannot overcome us. Jesus leaves us. We hover: what next? Exhilarating joy possesses us and drives us forward, and the Holy Spirit assures us that by word and deed we all have it in us to fill the world with God’s praise. Wow!

D G B

CROSSWORD ANSWERS

ACROSS: 1 allege, 4 intend, 9 pence, 10 licking, 11 awaiting, 12 game, 14 desperate, 18 baby, 20 describe, 22 appoint, 23 trots, 24 nudged, 25 accent. DOWN: 1 appeal, 2 lanyard, 3 greatest, 5 nice, 6 erica, 7 dogged, 18 flannellette, 13 narcotic, 15 episode, 16 obtain, 17 teaset, 19 bipped, 21 wife.

The First Submarine, 1878 – Born in Manchester.



THE REVEREND GEORGE GARRETT, a Moss Side vicar, founded the Submarine Navigation and Pneumataphore company at 56 Deansgate Manchester in 1878. His first vessel, “**Resurgam**”, the first ever military submarine, was devised in that office in 1878, and built in Trafford Park.

Not being too near the sea, Garrett and his small team had to go to the Wirral to test his invention. **Resurgam I** was a 14ft, one-man vessel

which was hand cranked and was nicknamed “the curate’s egg”.

This was followed by the second (and more famous) **Resurgam II** of 1879. It was 45 feet (14 m) long, displaced about 30 tons on the surface and 38 tons submerged and was steam powered - the furnace and chimney being shut off before diving.

It was really not very practical -as you can imagine, the boiler full of superheated water made conditions inside the submarine very hot and uncomfortable indeed.

Nevertheless, although the submarine was lost in 1880 near Rhyl on its way to trials in Portsmouth for the Royal Navy its wreck was only discovered as late as 1995.

However, it did impress a Swedish Industrialist, Thorsten Nordenfelt, sufficiently to finance

George on other inventions.

Together, they built another submarine for Greece and two for Turkey - Garrett was then commissioned as a Commander in the imperial Ottoman Navy for carrying out trials in these submarines. All of them suffered from severe stability problems, but led the way for modern designs.

George built another submarine for Russia but this one sank on the way there and the Russians refused to pay for it!



“**Resurgam**” in Manchester

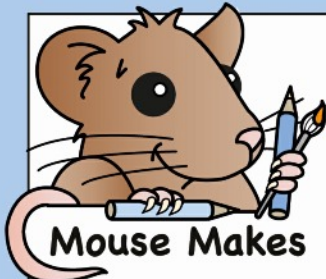
With Father’s Day in mind:

What a father says to his children is not heard by the world, but it will be heard by posterity. – Richter

Directly after God in heaven comes Papa. – Mozart as a boy

A father is a banker provided by nature. – French proverb

Junior Pages



JESUS HEALS

Who was the first person
Jesus healed?
John 4:46-54

Who did Jesus heal
from fever?
Mark 1:29-31

How was the the
paralysed man
brought to Jesus?
Mark 2:1-12

Jesus **healed** and
made the...

SICK	ABLE
DEAD	WALK
BLIND	FORGIVEN
DEAF	ALIVE
CRIPPLED	SPEAK
SINNER	MOVE
MUTE	SEE
PARALYSED	WELL
DISABLED	HEAR



Where did the
demons ask Jesus
to send them
when he drove
them out?
Mark 5:1-20

How long had
the man by
the pool been
disabled?
John 5:1-15

What did Jesus say made
the woman well?
Matthew 9: 20-22



"There are **many** things that
Jesus did. If every one of them
were written down, I suppose the
whole world would not have room
for the books that would be written."

John 21:25

How many men were
healed from leprosy?
Luke 17:11-19

What did Jesus heal
Bartemaus from?
Mark 10:46-52



Jesus raised Lazarus from the dead,
how many days had he been buried?
John 11:1-45



THE SAINT & THE MONSTER

St Columba, whose feast day is 9th June, was born in Ireland and came to Scotland to be a 'pilgrim for Christ'. He founded a monastery on the island of Iona in 563. The monastery at Iona became a centre of learning and many missionaries were trained there. Columba carried the message of God's love throughout Scotland and monks from his monastery carried the message into England.

St Columba wrote a number of hymns and is said to have transcribed, or written out by hand, some 300 books in his lifetime.

And what has he got to do with a monster? Well, it wasn't the Loch Ness monster but a monster that was living in the River Ness. St Columba is said to have driven away this monster who was attacking a swimmer, with the sign of the cross and the words "Thou shalt go no further, nor touch the man; go back with all speed."

MONSTER MUNCHIES

75 g (3 oz) margarine
3 normal size Mars Bars
(thinly sliced)
3 large tea cups Rice Crispies
100 g (4 oz) chocolate cake
covering (melted)



Grease and line a swiss roll tin. In a heavy based saucepan, gently melt the margarine. Add the Mars Bar pieces and stir until no lumps are left.

Take the pan off the heat and stir in the Rice Crispies – adding more if the mixture will take it. Spread the mixture in the tin and press it down evenly with the back of a spoon.

Cover with the melted chocolate and leave to set. Cut into 24 bars when cold – or cut into less

bars if you are feeding a very greedy monster!

How does a monster count to 17?



On it's fingers.

James, Spain, Scallop Shells & Hope

WE ALL KNOW that our church is called St James' Church, but who exactly was St. James? Let me start by providing some confusing information. Firstly James (or Iacomus, as it was first spelt) is actually a vulgar Latin "mispronunciation" of the Latin name, Iacobus, which is derived, via Greek, from the Hebrew name, Ya'aqob (or Jacob), which was the name of one of the Hebrew patriarchs, the son of Isaac and Rebecca. So James and Jacob (and all the variations, such as Jack, Jaime, Jimmy, Iago, Diego, Thiago, etc.) are all one and the same.

To confuse things further, the New Testament mentions three people called James. Two of them were among Jesus' twelve disciples (or Apostles). Firstly, there is James, the brother of John, and the son of Zebedee and Salome. He is (now) known as St. James "the Greater". James, the son of Alphaeus, was also one of the Twelve. He is known as St. James "the Less" (probably because he was shorter or younger than James, Zebedee's son). The third James is described as the "brother of Jesus". (In order not to



offend Catholic sensibilities, "brother" here can mean any degree of close kinship, like a cousin). This James (now known as St James "the Just") came rather later to belief in Jesus and was not one of the twelve disciples, but it is believed he later wrote the Epistle of St James, and became the leader of the church in Jerusalem. Which one is ours??!!

Our church is named after St James the Greater. He, like his brother, and father, were fishermen, and his calling is recounted as having taken place on the shore of the Sea of Galilee (Matt.4,v.21; Mk 1,v.19-20). From the beginning he is associated with Simon Peter and John (The other James, son of Alphaeus is always mentioned as number nine in the list of the Apostles!), and James seems to have been, with the other two, the closest confidantes of Jesus. So much so, that the

Gospels even point out his failings.

When he and John asked Jesus to call down fire on a Samaritan village that refused to accept Him (Luke 9,32-58). Jesus told them off for their hot-headedness, and the brothers got the nickname "Boanerges" (Sons of Thunder).

Their mother was also reproached when she asked Jesus for special places for her sons in the coming Kingdom of God (just goes to show that even the Twelve Disciples made mistakes!!).

On the plus side, James was present during the Transfiguration of Jesus on Mount Tabor (Matt.17,v.1-3). Jesus also took him to the Garden of Gethsemane, before His Crucifixion (Matt. 26. V 37). Jesus appeared to James after His Resurrection, at Lake Tiberias (John 21, v.2).

After that, James started to preach, and there is a belief that he evangelised both in Jerusalem, and in Galicia in Northern Spain. We are told (Acts 12, v 1-2), that James was beheaded under the orders of King Agrippa in Jerusalem, (around 44 A.D.,) He was the first of the Twelve Disciples to be martyred. Leg-

end has it that his fellow disciples took his remains to Spain (landing by boat at Padron in Galicia) to be buried. Whether St James' relation with Spain (and Northern Spain in particular) came about because he preached there, or was buried there, we cannot be sure, but Galicia became a popular centre for pilgrimage, and the route still is today (the famous St James' Way or "Camino de Santiago"). Around 800 A.D., it was claimed that the relics of St. James were found at Compostela in Galicia. This fanned the pilgrimage "fire", and pilgrims came from all over Europe to St James' (Santiago) Church at Compostela. To identify each other as pilgrims, from the 12th



century, the pilgrims wore scallop shells (fitting, because St James was, after all, a fisherman!). The radiating lines on the scallop shell represented all the various pilgrim routes from around Europe to the end of the way at Santiago de Compostela. Thus the scallop shell, became the symbol of St James, the "Greater", and can be seen

in various places in our church; particularly the kneeler across the altar rail.

The Eastern Orthodox tradition celebrates St. James' feast day on 13th May, but in the Western tradition, his feast day is 25th July. As members of St James' Church, let's be proud of our name.

Bob Hedley

Note:

The stained glass windows alongside the altar in the Lady Chapel illustrate two instances from James' life; with his mother about places in heaven, and his execution.

Editor

Who invented the saxophone?

IT WAS 175 years ago, on 28th June 1846, that Belgian musical instrument maker Adolphe Sax patented the saxophone.

Born Antoine-Joseph in 1814, Sax quickly became known for his brilliant inventiveness and his abrasive personality, but also – to the despair of his mother – for his brushes with death as a child. He fell from a height of three floors and was believed dead, drank a bowl of dilute sulphuric acid thinking it was milk, swallowed

a pin, and received serious burns from a gunpowder explosion. He also fell on to a hot cast-iron frying pan, was struck by a cobblestone and fell into a river, then several times narrowly escaped poisoning from sleeping in a room where varnished furniture was drying.

He also contracted lip cancer in the 1850s but made a full recovery.

It was surprising then, that he lived until his 80th year, dying in poverty in Paris despite his many mu-

sical instrument inventions, which did not bring him wealth be-

cause they were copied by others, despite his patent.

As well as the saxophone, which received huge support from classical composer Berlioz, he also invented the saxatromba, saxhorn and saxtuba. He himself played flute and clarinet. His parents were also instrument designers.



Making changes: is that you?

THEY ALSO failed to show any loyalty to the family of Jerub-Baal (that is, Gideon) in spite of all the good things he had done for them. Judges 8:35

There are some things we change often, and others rarely. All businesses want customers and clients who return again and again, without making a fuss and who do not 'shop around'. Do you 'shop around' or are you steadfastly loyal, whether you are valued or not?

Take a minute to think about how loyal you are to your supermarket, bank, doctor, insurer or energy supplier. Some of these we change often without a thought, and some not so. Many of us are skilled at getting the best deal and haggling. There is nothing wrong with that, and we should certainly be good stewards of what we have. This applies to both our home and

church. We should shop around to get the best offer for our families or the congregation.

If you think about the list above, there are some things we would rarely change. We tend to keep the same bank, and the same usually applies to doctors and other professionals. Some of these are simply not easy to change! Banks are supposed to make it easy to change accounts, but it rarely is. We would not give a second thought to doing the week's shop somewhere different, but business likes customers who are loyal, so they introduce reward schemes to encourage us to always buy things from them. All businesses depend on reputation and loyalty is to be valued. If we get a good experience, we should cherish it. If not, then tell them.

What should we look for when shopping around? How about asking yourself the following questions: 'Is it really a good deal?' 'Are there hidden extra charges?' 'How long are you tied into the deal for?' 'How difficult will it be to change supplier?'

If you want to renew a contract or if you are a new customer, it is usually easy. But try to cancel and they make it difficult; you often have to telephone to explain why. If you say you do not want to renew because you have a better quotation elsewhere, then you may suddenly get a better deal.

We do not usually have loyalty cards or reward points in church, do we! We could probably learn something about welcoming new customers and keeping existing ones loyal.

Beware Japanese knotweed this summer

THIS MONTH (June) could see a sudden bumper appearance of the notorious garden pest, Japanese knotweed.

The Royal Horticultural Society (RHS) experts have warned that the

April frosts either delayed or killed other plants who would have helped keep it in check. Unfortunately, the pest is very hardy, and will not have been killed off.

The plant grows up to 2.1 metres (7ft) tall and can destroy the foundations of houses and run riot in gardens. It can even devalue property, and lead to the refusal of mortgages on the land.

Gardening really is good for you

ACCORDING to a recent study conducted by the Royal Horticultural Society (RHS) and two universities, people who garden every day have well-being scores 6.6 per cent higher, and stress levels 4.2 per cent lower than those who do not garden at all.

Dr Lauriane Chalmin-Pui, RHS well-being fellow and lead author says, "The evidence overwhelm-

ingly suggests that the more frequently you garden, the greater the health benefits.

"In fact, gardening every day has the same positive impact on your well-being as undertaking regular, vigorous exercise like cycling or running.

"Gardening is like effortless exercise: it doesn't feel as strenuous as going to the gym, but we can

expend similar amounts of energy."



Home alone, wanting a gnome



DO YOU yearn for a garden gnome? You are not the only one.

Since last year's lockdown, garden centres have been reporting a 'massive upswing' in ornament sales, due to people being forced to spend more time in their gardens. Gnomes top the list of most-wanted

ornaments, with a near 100 per cent increase in sales over the past two years.

There was even a gnome crisis a while back, when the Suez Canal got jammed, and thousands of gnomes on their way to UK gardens could not get through.

The puppies – bless 'em

A CLIENT brought a litter of puppies to the local veterinary clinic for inoculations and worming.

As the look-alike pups tumbled over and under one another in their box, the experienced vet realised it would be difficult to tell which had been treated and which hadn't.

So, the vet turned on the water tap, wet her fingers and gently moistened each dog's head as she finished giving it the necessary shots.

After the fourth puppy, the vet noticed her hitherto talkative client had grown silent and was looking rather reverent.

As the animal doctor sprinkled the last pup's head, the owner leaned forward and whispered, "Thank you so much. I hadn't realised you baptised them, too."



Kanzi-Kibera Friends**

Cana Junior Children's Centre Appeal

PART of Cana's school building in the Nairobi slums has been demolished to allow a new road to be built.

The history of Cana Junior Children's Centre has been riddled with misfortune.

In 2016, Cana fell victim to arson.

The school lost so much; chairs melted, books burnt, but, thank God, no children were hurt.

Following the fire, a little church in the neighbourhood took them in. Together they raised funds and created a church space on the ground floor and built 7 small classrooms and an office upstairs. Shortly after settling down in their new building, government officials judged it as unsafe, so further work was undertaken.

In December 2020 the government came to say that a third of the school building was on a road reserve. They were given time to do their own demolition so they were able to store and recycle some of the materials. Usually, when the govern-

ment does demolitions, books and desks are destroyed because they give very short notice.

When schools closed at the end of March, Cana was already fundraising as they demolished their building. And now that they have been given the official road markings they can start building a permanent structure.

Cana were hoping to open doors to children on 10th May; however, so far they have only managed to raise enough to build the foundation and the initial structural walls of the ground floor. The total cost of the build will be £18,790.

We have broken down some of the costs to represent ways in which anyone can help. All donations are gratefully received and will be passed on in a timely way to support this venture

To donate, please contact our Treasurer, Dave Mitchell, by emailing dm@quikinternet.co.uk to arrange a convenient way for you to make your dona-

tion.

*Bag of cement.... £5.50

*Half a tonne of sand or ballast£7.70

*A quarter of all nails needed £9.30

*A quarter of a lorry of stone £46

*Half a lorry of machine cut stone £95

*Water costs..... £205

*Total of timber needed .£880

*Half the steel needed. £1625 .

****** Cyprian Yobera (a former vicar at St James) is the administrator of *Kanzi-Kibera Friends* and has lived in Nairobi, the capital city of Kenya, for most of his life. Kenya's economic and political struggles mean that slums proliferate uncontrollably.

Cyprian, is committed to doing something to address the problem, initially by just spending time with street children. Through a progression of different approaches, it made sense to participate in facilitating education for the less fortunate children that fall victim of the countries troubles.

Puzzle Page

			7	8	6	3		
3	4				9			8
			2				7	1
	7				3	1		
9	5	2	4		8	6	3	7
		6	9				4	
4	6				1			
2			8				1	3
		3	5	4	2			

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Difficulty level: Easy.

S
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D
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K
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		5	9		1		8	
2		9	7					
	6			2	5			
		4						
	5		6	3	4		1	
						5		
			5	1			4	
					2	6		7
	2		4		3	9		

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Difficulty Level: Medium

WORDSEARCH

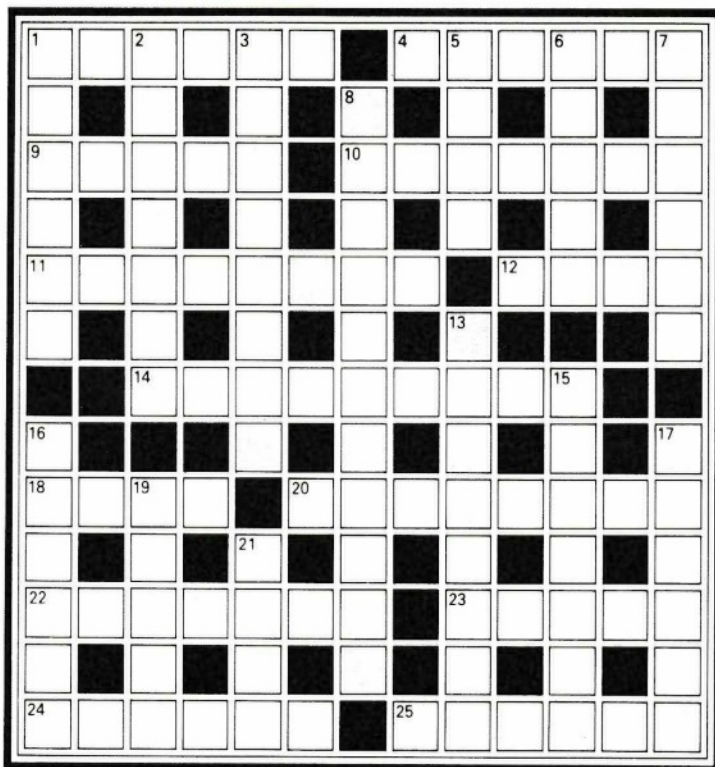
D	R	N	R	R	T	P	I	G	O	D	S
E	S	A	D	I	E	D	A	T	E	D	E
N	O	I	T	U	C	E	S	R	E	P	R
M	L	T	N	O	I	T	U	C	E	X	E
E	D	E	D	E	F	R	R	O	M	A	N
D	I	L	O	E	I	E	Y	S	P	L	I
N	E	C	O	S	R	V	O	T	E	P	T
O	R	O	R	T	C	N	N	T	R	P	Y
C	S	I	S	U	A	O	A	I	O	A	D
O	N	D	T	I	S	C	E	B	R	W	M
H	T	A	E	D	T	S	N	S	L	O	N
E	O	E	P	E	T	E	C	E	M	A	N

St Alban - the first British martyr

St Alban, the first British martyr was a Roman citizen living in England when Diocletian, began a fierce persecution. Alban found a desperate priest hunted by local soldiers; he gave the priest shelter, and was converted. When the soldiers arrived, Alban took the priest's place, and was condemned to death. Alban was executed on 22nd June 250AD

NOW FIND ,Alban, martyr, persecution, Roman, emperor, Diocletian, priest, converted, soldiers, sacrifice, gods, condemned , death, execution, serenity, died, site, town, name, doorstep

Crossword No 36



ACROSS

1. Assert without proof (6)
4. Mean (6)
9. Small change (5)
10. A thrashing (7)
11. Being ready for (8)
12. Hunted animals – a sport (4)
14. Hopeless (9)
18. Infant (4)
20. Give an account of (8)
22. Assign to an office (7)
23. Jogs (5)
24. Jogged (6)
25. Stress (6)

DOWN

1. Make an earnest request (6)
2. Cord hanging round neck (7)
3. Most eminent (8)
5. French holiday resort – pleasant! (4)
6. Heather – in America! (5)
7. Followed closely – determined! (6)
8. Cotton material – Len felt neat (anag.) (11)
13. A drug (8)
15. Interesting incident – does pie! (anag.) (7)
16. Acquire (6)
17. Afternoon service – in estate! (anag.) (3-3)
19. A two-footer! (5)
21. Spouse (4)

A few clues may be a bit cryptic
Answers on page 8

THE COMMUNITY HALL

Regular activities using the facilities

MONDAY

NHS Fellowship 12.00 - 15.00 (monthly - 2nd Monday)
(Contact: Lynn Frier 01617890231)

TUESDAY

Yoga group 19.30 - 20.30
(Contact: Vicky Greer: 07717717186)

WEDNESDAY

Rainbows & Brownies 17.30 - 19.00 (weekly in term time)
(Contact: Sylvia McGreal 01617980057)

THURSDAY

Archery 13.00 - 15.00 and 19.00 - 21.00
(Contact: Dominic Vaughan 01612116563
or 07934080596)

FRIDAY

Archery 19.30 - 22.00 (Contact as above)

SUNDAY

Little Gems Sunday School 10.00 - 11.00 am (monthly 1st Sunday)
(Contact: Sylvia McGreal 01617980057)

VARIOUS

Priestley Players Amateur Dramatic Society - request info.
(Contact: Roger Partington 01617948266)

BOOKINGS

Booking requests, whether for regular or occasional events should be addressed to Mrs Sheila Jones who can be contacted on 01617892863 or 07845492109.



STAFF

Vicar of St. James & St. John

Rev. Gareth Thomas
91 Broomhall Road,
Pendlebury,
M27 8XR
Telephone: 0161 925 0059



Churchwardens:

Mr. T Palmer,
55 East Lancashire Road,
Swinton,
Manchester,
M27 5LY
Telephone: 0161 794 2702

Mr R Hedley
12 Bishop Road
Pendleton
Salford
M6 8PX
Telephone: 07493599241

SERVICES: See page 2 for guidance

Sunday	10.00 am	Parish Communion (Little Gems: 10.00 am, first Sunday in the month) (Family Service: 10.00 am third Sunday in the month)
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Wednesday	10.00 am	Holy Communion
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Baptisms, Weddings, Funerals etc. by arrangement with Rev. Thomas who may be contacted by telephone, or in person at Church on Wednesdays from 10-30am

Hall Bookings: For bookings and enquiries about the Parish Hall ring Mrs. Sheila Jones on 0161 789 2863 or 07845492109

E-mail for all church issues: Stjames.hope@gmail.com

Website: stjameshope.co.uk