



Practising the way of Jesus
- How we change

Teaching

Practising the way of Jesus

- 1. To be with Jesus**
- 2. To become like Jesus**
- 3. To do what Jesus did**

...but we're not finished

“Followers of Jesus are those who arrange their whole lives around transformation into the image of Jesus” – *John Mark Comer*

Practising the way – How we change

Transformation

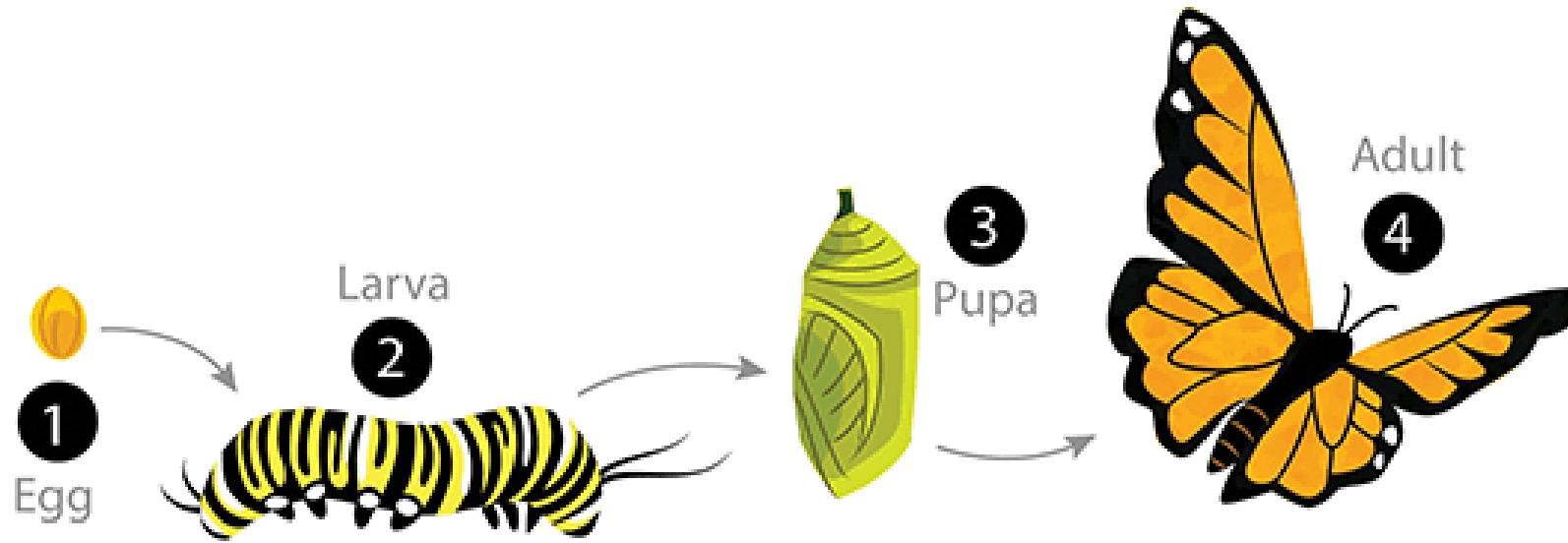
Μεταμορφόω To transform

metá – to change after being with

morphóō – changing form, in keeping with inner reality

Metamorphosis

Practising the way – How we change



Metamorphosis

“A profound change in form from one stage to the next in the life history of an organism, as from the caterpillar to the pupa and from the pupa to the adult butterfly.” *Dictionary.com*

Practising the way – How we change

“Spiritual formation in the Christian tradition is a process of increasingly being possessed and permeated by the character traits of Jesus as we walk in the easy yoke of discipleship with Jesus our teacher.”

– *Dallas Willard*

Practising the way – How we change

How do we change?



Teaching



Practice



Community



The
Holy Spirit

How we change – Teaching

Jesus was a rabbi = which meant he was a teacher

Mark 1:14-15

¹⁴ After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. ¹⁵ “The time has come,” he said. “The kingdom of God has come near. Repent and believe the good news!”

How we change – Teaching

Repent

Μετανοέω	To change one's mind or purpose
<i>metá</i>	– to change after being with
<i>noiéō</i>	– to think differently after

“To change one's way of life as a result of a complete change of thought and attitude with regard to sin and righteousness”
(Louw Nida)

How we change – Teaching

“To repent is to re-imagine your life from the ground up around the Kingdom of God” – John Mark Comer

Re-imagination is the first step towards transformation

- That is why teaching is aimed at your mind

How we change – Teaching

I keep fighting voices in my mind that say I'm not enough
Every single lie that tells me I will never measure up
Am I more than just the sum of every high and every low?
Remind me once again just who I am, because I need to know

*You say I am loved when I can't feel a thing
You say I am strong when I think I am weak
And You say I am held when I am falling short
And when I don't belong, oh, You say I am Yours
And I believe (I), oh, I believe (I) What You say of me (I) I believe*
- Lauren Daigle

How we change – Teaching

The only thing that matters now is everything You think of me
In You I find my worth, in You I find my identity, ooh oh

You say I am loved when I can't feel a thing

You say I am strong when I think I am weak

And You say I am held when I am falling short

And when I don't belong, oh, You say I am Yours

And I believe (I), oh, I believe (I) What You say of me (I) I believe

Taking all I have and now I'm layin' it at Your feet

You'll have every failure God, You'll have every victory, ooh oh

- Lauren Daigle

How we change – Teaching

Romans 12:1-2

¹ Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ² Do not let the world squeeze you into its own mould, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

How we change – Teaching

Romans 12:1-2

¹ Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

How we change – Teaching

Col 3:3 Set your minds on things above

Phil 3:5 Let this mind be in you that was also in Christ Jesus

2Co 10:5 We take every thought captive to obey Christ

“The process of spiritual formation in Christ is one of progressively replacing... destructive images and ideas with the images and ideas that filled the mind of Christ himself. Spiritual formation in Christ moves towards a total interchange of our ideas and images for his.”

- *Dallas Willard*

How we change – Teaching

Our images and ideas vs God's images and ideas

I'm worried	God will take care of all my needs	Phil 4:19
I'm afraid	Jesus has given me his peace	Jn 14:27
I feel alone	Jesus is always with me	Mt 28:20
I lack faith to live for Christ	God has given me plenty of faith	Ro 12:3
I don't know what to do	God gives wisdom to me generously when I ask Him for it?	James 1:5
I am in control of my life	I yield control to the Father	Lk 22:42

How we change – Teaching

Prayer of approach

“Holy Spirit, my teacher, as I dive into the Bible I ask you to awaken my heart, expand my mind and shape my identity today”

- *Lecio 365*

How we change – Teaching

1. Do you give God a chance to speak to you?

⇒ Let's pray: Lord, awaken my heart

2. Do you believe God's message over what the world tells you?

⇒ Let's pray: Lord, expand my mind

3. Do you put it into practice?

How we change – Teaching & Practice

Matthew 7:24-27

²⁴ “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. ²⁵ The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. ²⁶ But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. ²⁷ The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.”

How we change – Teaching

1. Do you give God a chance to speak to you?

⇒ Let's pray: Lord, awaken my heart

2. Do you believe God's message over what the world tells you?

⇒ Let's pray: Lord, expand my mind

3. Do you put it into practice?

⇒ Let's pray: Lord, shape my identity



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