

3 July 2022:  
**Thomas the  
Apostle**  
Year C

The Parish of East Preston with Kingston

**St Mary the Virgin**

**NOTICE SHEET**



Today's **hymns** are from the BLUE book (HON): 229; 32; 325; 110; 267; 311.

The **chalice** is being restored to everybody at communion. Taking the chalice remains your choice. There is to be no "intinction" - ie dipping the wafer in the wine.

Today **Sun 3 July**, we welcome the Archdeacon of Chichester, the Venerable Luke Irvine-Capel to preside and preach at 10am.

It was announced last Sunday that Rev'd Emma has been appointed Priest-in-Charge at Preston St John with Brighton St Augustine and St Saviour, more commonly known as St John's, Preston Park. The date of her licensing there is still to be confirmed.

Please come along to a **Dementia Friends** information session in the Spire Room on **Wed 20 July 2pm**. During this friendly and interactive session we'll learn more about dementia, how it affects a person and what we can do to help people affected by dementia in our community.

Diary Dates:

Sun **3 July** 3pm Families at 3  
Mon **4 July** 10am-12 noon Welcome Café  
Tues **5 July** 7pm Mass  
Thur **7 July** 2pm Women's Fellowship  
Thur **14 July** 10am Women's Fellowship Corporate Communion  
Sun **17 July** 10am All Age Worship  
Tue **2 Aug** 7pm PCC meeting  
Sat **10 Sep** 1pm Memorial Service for Doug Medhurst in church (retiring collection for RNLI)

Chris Wood writes:

It's so lovely to see the Congregation numbers rising week by week! With this in mind, we would like to appeal for a few more **Welcomers** to greet people as they arrive. You just need to arrive at Church at 9.30am, carry out a few small tasks and then be ready with your Big Smile!  
It will only be once a month.

I would also like to put together a small group of 3 or 4 people, ladies or gentlemen, to help me to keep a check

on the **fabric** of the Church. We will meet monthly for no more than an hour, and you won't need to do any physical work - just help me to organise builders, decorators etc. Please see me at Church, or call me on 01903 784206, or email [chris.stmarys@gmail.com](mailto:chris.stmarys@gmail.com)

The **social committee** is looking for new members to help organise some of the social and fundraising events held at St Mary's. The next planning meeting is this **Wed 6 July** at 6pm in the Spire Room. Please speak to Vivien Ayling for more information.

**ECO HINT for July: HAVE YOU EVER THOUGHT OF . . .**  
When you peel your potatoes for roasting and even your carrots, don't throw away the peelings. Instead lay them on a baking tray, drizzle with olive oil, a little seasoning and roast until crisp. They are nice as crisps or cut the peel up to make croutons for salad or soup.

**Please remember in your prayers those in special need especially:** Adrian; Mo; Alison; David; Chris; Gordon; Sue Ralph; Lucy Parkes; baby Luke Wells; Ness; Joan; Joan Smith; June Robbens; Ray Hand; Ray Bone; Mary; Sister Lucia CSP.

**We remember those who've died recently:** Keith Puttock;

**and those whose anniversary falls this coming week:** Beatrice Galton; Betty Webb; Margaret Sparks; Gwilym Braden; Thomas Alexander Greenwood; Iris Greenwood; Sr Bertha of the Cross; Marie Cross; Minnie Emily Camp; Ruth Katharine Tapsfield; Peta Linley-Munro; Eric Cross; Freddie Cunnew; John Wilson.

Fr Andrew is taking Study Leave until 12 August, and so will not be around - during this time Rev'd Emma will be in charge of all parish matters.

Rev'd Emma's day off this week will be **Fri 8 July** in lieu of Mon 5 July.

**Readings for next Sunday:** (10 July: Trinity 4, Proper 10): Amos 7:7-end; Colossians 1:1-14; Luke 10:25-37.

Using your smartphone this QR code enables you to support St Mary's via a debit or credit card:



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Curate: Rev Emma Ham-Riche : 20 The Ridings, East Preston BN16 2TN : 01903 783958 : [ehamriche@gmail.com](mailto:ehamriche@gmail.com)  
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[www.stmarysepp.org.uk](http://www.stmarysepp.org.uk) : [www.facebook.com/groups/stmaryseastpreston](https://www.facebook.com/groups/stmaryseastpreston) (Monday is Rev Emma's day off: Friday is Fr Andrew's day off)  
St Mary's is a Registered Charity and our number is: 1180544

**Collect:**

Almighty and eternal God,  
who, for the firmer foundation of our faith,  
allowed your holy apostle Thomas to doubt  
the resurrection of your Son  
till word and sight convinced him:  
grant to us, who have not seen, that we also  
may believe  
and so confess Christ as our Lord and our  
God;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**A reading from the book of  
Habbakuk:**

I will stand at my watch-post,  
and station myself on the rampart;  
I will keep watch to see what he will say to  
me,  
and what he\* will answer concerning my  
complaint.  
<sup>2</sup> Then the Lord answered me and said:  
Write the vision;  
make it plain on tablets,  
so that a runner may read it.  
<sup>3</sup> For there is still a vision for the appointed  
time;  
it speaks of the end, and does not lie.  
If it seems to tarry, wait for it;  
it will surely come, it will not delay.  
<sup>4</sup> Look at the proud!  
Their spirit is not right in them,  
but the righteous live by their faith.\*

**A reading from the letter to the  
Ephesians:**

<sup>19</sup> So then you are no longer strangers and  
aliens, but you are citizens with the saints  
and also members of the household of  
God, <sup>20</sup> built upon the foundation of the  
apostles and prophets, with Christ Jesus  
himself as the cornerstone.\* <sup>21</sup> In him the  
whole structure is joined together and  
grows into a holy temple in the Lord; <sup>22</sup> in

whom you also are built together  
spiritually\* into a dwelling-place for God.

**A reading from the gospel according  
to St John:**

But Thomas (who was called the Twin\*), one  
of the twelve, was not with them when  
Jesus came. <sup>25</sup> So the other disciples told  
him, 'We have seen the Lord.' But he said to  
them, 'Unless I see the mark of the nails in  
his hands, and put my finger in the mark of  
the nails and my hand in his side, I will not  
believe.'

<sup>26</sup> A week later his disciples were again in  
the house, and Thomas was with them.  
Although the doors were shut, Jesus came  
and stood among them and said, 'Peace be  
with you.' <sup>27</sup> Then he said to Thomas, 'Put  
your finger here and see my hands. Reach  
out your hand and put it in my side. Do not  
doubt but believe.' <sup>28</sup> Thomas answered him,  
'My Lord and my God!' <sup>29</sup> Jesus said to him,  
'Have you believed because you have seen  
me? Blessed are those who have not seen  
and yet have come to believe.'

**Post Communion:**

Almighty God,  
who on the day of Pentecost  
sent your Holy Spirit to the apostles  
with the wind from heaven and in tongues  
of flame,  
filling them with joy and boldness to preach  
the gospel:  
by the power of the same Spirit  
strengthen us to witness to your truth  
and to draw everyone to the fire of your  
love;  
through Jesus Christ our Lord.  
Lord God, the source of truth and love,  
keep us faithful to the apostles' teaching  
and fellowship,  
united in prayer and the breaking of bread,  
and one in joy and simplicity of heart,  
in Jesus Christ our Lord.