

19 June 2022:
**First Sunday after
Trinity**
Year C

The Parish of East Preston with Kingston

St Mary the Virgin

NOTICE SHEET



Today's **hymns** are from the BLUE book (HON): 234; 25; 740; 376; 425; 259.

The **chalice** is being restored to everybody at communion. Taking the chalice remains your choice. There is to be no "intinction" - ie dipping the wafer in the wine.

Today **Sun 19 June** is All Age Worship at 10am. This is not a 'Family service', it is instead an opportunity for all ages to worship together. The next one will be on **Sun 17 July**.

The next **Deanery Synod** meeting on **Thur 23 June** 7:30pm at St Mary's Church, Clymping is an open meeting. Everyone is invited to come & hear Rev'd Steve Gurr, Anglican Chaplain at Ford Prison & formerly Chaplain at St Barnabas Hospice speak about emotional and spiritual recovery after the Covid pandemic.

On **Sun 3 July**, the Archdeacon of Chichester, the Venerable Luke Irvine-Capel will be presiding and preaching at 10am. Please come along to meet him.

Diary Dates:

Sat **2 July** 10-11am Church cleaning party
Sun **3 July** 3pm Families at 3
Mon **4 July** 10am-12 noon Welcome Café
Sun **17 July** 10am All Age Worship
Tue **2 Aug** 7pm PCC meeting
Sat **10 Sep** 1pm Memorial Service for Doug Medhurst in church (retiring collection for RNLI)

John Harbidge writes: The final tally of donations from the Church congregations during **Christian Aid Week** amounted to a total of £ 215 – about half of which was Gift Aided which will increase the total to just over £ 240. The COVID-modified House-to-House Delivery-only Collections this year raised £ 580 and the Gift Aid will increase this by just over £ 100. The sponsored Walking Challenge of 20,000 Steps over the whole of Christian Aid Week has raised £225 with Just Giving and Gift Aid increasing this to around £285. The total proceeds this year - £ 1,020 - even without Gift Aid - will go primarily to helping small farmers in Zimbabwe meet the rising costs of food and to buy the fertilisers that will enable them to grow more disease-

resistant and drought-resistant crops next year. Thank you so much to everyone who donated and/or took part and also to those who helped in the organisation.

The **social committee** is looking for new members to help organise some of the social and fundraising events held at St Mary's. The next planning meeting is on Wednesday 6 July at 6pm in the Spire Room. Please speak to Vivien Ayling for more information.

Nova Brookes writes: I wish to tender my resignation as the Electoral Roll Officer as of the APCM. It does not need to be on the PCC in order to hold the position. It is quite interesting and not at all onerous. If you are interested in becoming the Electoral Roll Officer, please see Rev. Emma or myself.

ECO HINT for JUNE: RESTRICTING YOUR WATER USAGE

Water is precious. Without it we couldn't live.
Guilty of leaving the tap running while cleaning your teeth, or turning the shower on 5 mins early to warm up the water?
We have all done it and it's wasteful. I use a bucket to catch the cool water from the shower, which can later be used on the garden.
Likewise, when washing-up I have a watering can in the kitchen to catch the water, before it reaches temperature. This is also used to water the garden.

Please remember in your prayers those in special need especially: Adrian; Mo; Alison; David; Chris; Gordon; Sue Ralph; Lucy Parkes; baby Luke Wells; Ness; Joan; Joan Smith; June Robbens; Ray Hand; Ray Bone; Mary.

We remember those who've died recently: John Nettleton;

and those whose anniversary falls this coming week: Olive Davies; Doug Medhurst; Frank Brittin; Chris Roberts; Arthur Barker; James Percival; Maud Evelyn Bilsdon; Bobbie Hill; Stanley Quinton; Leslie John Cooper; Sister Ethel of the Cross; Francis Self; Eunice Nancy McLaren.

Fr Andrew is taking Study Leave until 12 August, and so will not be around - during this time Rev'd Emma will be in charge of all parish matters.

Readings for next Sunday: (26 June: Trinity 2 Proper 8): 2 Kings 2:1-2,6-14; Galatians 5:1,13-25; Luke 9:51-end.

Using your smartphone this QR code enables you to support St Mary's via a debit or credit card:



Vicar: Fr Andrew Perry : The Vicarage, 33 Vicarage Lane, East Preston BN16 2SP : 01903 78 33 18 : revajperry@btinternet.com
Curate: Rev Emma Ham-Riche : 20 The Ridings, East Preston BN16 2TN : 01903 783958 : ehamriche@gmail.com
Safeguarding Representative: Tracey Hammond 07751323253 : safeguardingstmarys@btinternet.com
www.stmarysepp.org.uk : www.facebook.com/groups/stmaryseastpreston (Monday is Rev Emma's day off: Friday is Fr Andrew's day off)
St Mary's is a Registered Charity and our number is: 1180544

Collect:

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

A reading from the book of Kings:

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. ²Then Jezebel sent a messenger to Elijah, saying, 'So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow.' ³Then he was afraid; he got up and fled for his life, and came to Beersheba, which belongs to Judah; he left his servant there. But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' [⁵Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' ⁶He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. ⁷The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.'] ⁸He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God. ⁹At that place he came to a cave, and spent the night there. Then the word of the Lord came to him, saying, 'What are you doing here, Elijah?' ¹⁰He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; ¹²and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. ¹³When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' ¹⁴He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' ¹⁵Then the Lord said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram.

A reading from the letter to the Galatians:

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. ²⁴Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. ²⁵But now that faith has come, we are no longer subject to a disciplinarian, ²⁶for in Christ Jesus you are all children of God through faith. ²⁷As many of you as were baptized into Christ have clothed yourselves with Christ. ²⁸There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. ²⁹And if you belong to Christ, then you are Abraham's offspring,* heirs according to the promise.

A reading from the gospel according to St Luke:

Then they arrived at the country of the Gerasenes, which is opposite Galilee. ²⁷As he stepped out on land, a man of the city who had demons met him. For a long time he had worn* no clothes, and he did not live in a house but in the tombs. ²⁸When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me'— ²⁹for Jesus* had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) ³⁰Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. ³¹They begged him not to order them to go back into the abyss. Now there on the hillside a large herd of swine was feeding; and the demons* begged Jesus* to let them enter these. So he gave them permission. ³³Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the swineherds saw what had happened, they ran off and told it in the city and in the country. ³⁵Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. ³⁶Those who had seen it told them how the one who had been possessed by demons had been healed. ³⁷Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. ³⁸The man from whom the demons had gone begged that he might be with him; but Jesus* sent him away, saying, ³⁹'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.

Post Communion:

Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord.