

10 October 2021:

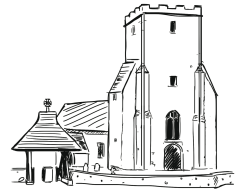
# Trinity 19

Proper 23; Ordinary Time wk  
28; Yr B

The Parish of East Preston with Kingston

## St Mary the Virgin

### NOTICE SHEET



Welcome to St Mary's - we're having a second bite at the Harvest cherry today, so if you have Harvest gifts, please come and leave them in front of the altar. It's also the Pet Service this afternoon @3pm - see you (and your pet) later! Meanwhile Rev Emma is helping out at both Poling & Burpham this morning.

Mask wearing in church is advised but is no longer required. We are still observing social distancing when sharing the Peace and having communion in "one kind" (ie just the priest will take the wine).

This week coming is the Week of Prayer for World Peace - an interfaith initiative which started in 1974.

This Thursday, 14 October is **Women's Fellowship Corporate Communion** at the 10am Mass, followed by refreshments in the Spire Room.

Ann Bird writes: We're keen to get the "café" up and brewing again after the 10am service, but to do so we need a small band of helpers. If you feel you could pitch in, that would be great. It doesn't have to be every week - in fact the more people who offer, the less frequently they'd probably be needed (but they'd still be very welcome to turn up and enjoy a cuppa!). If you'd like to help, or just want to know more, please let me know by email ([abird@waitrose.com](mailto:abird@waitrose.com)) or by phone (07802 468755). Many thanks.

An organisation called the Afghanistan & Central Asian Association has been working to support **Afghan refugees** fleeing the new regime in their country and arriving in the UK through the Afghan Relocations and Assistance Policy. They are looking for funding of around £120,000 for their work. If you would like to support this work, here is the link:  
<https://www.crowdfunder.co.uk/afghancrisisfund>

Ann Bird writes: You've been crunching your way through crisps and chomping through cheese at an impressive rate and filling the **recycling bin** at the back of church with the clean wrappers. (This dubious diet might also explain why you've been able to drop off empty toothpaste tubes too, which are similarly welcome!). Please keep all these times coming, as well as cleaning bottle "triggers", coffee machine "pods", wipes wrappers, empty deodorant bottles and moisturiser tubes, as well as plastic milk bottle tops (but NOT chocolate and sweet wrappers please). Everything collected is "converted" into points and these help raise money for Aspens, a charity in the South East of England, which helps people living with complex needs, disabilities and autism. Why not let your friends and family know about the bin too? They're welcome to drop off items when passing by the church. (Any questions, please contact Ann on 786041). Many thanks...and carry on chomping!

A lady called Lynn is looking for a **Companion** on Mondays and Thursdays (7-10pm) for her Aunt who has dementia, and lives in East Preston. Remuneration is involved. You can contact Lynn on 07581308608.

The **Friends of St Mary's** invite you to an **Open Afternoon Sun 17 Oct 2-6pm**. Come along for tea, coffee & cake, & learn about the history of the building, as well as what the Friends of St Mary's do. If you're not yet a member of the Friends of St Mary's, application forms are available at the back of the church or on the website: <https://bit.ly/friends-SMEP>

#### Eco Tip of the month: October

Our thoughts turns to planting spring bulbs--- look out for those bee friendly bulbs like Alliums.  
When cutting back shrubs / plants in the garden, leave a patch for insects. Leave Seed Heads on Sunflowers for the birds and squirrels etc to eat. Keep a pile of leaves in a corner of the garden, you never know, you might be lucky enough to attract a hedgehog into your garden.  
Winter is on its way. Check the boiler has been serviced. Are we using our energy efficiently? Don't over fill the kettle if you are only making 1 or 2 cups of coffee.  
Check your room temperature. Have you got thermostats fitted on the radiators? You could turn them down to stop warming unused rooms. Make sure lights are turned off in rooms not being used.

Fri 29 Oct from 10am: **Jennie's NSPCC Christmas Coffee Morning** - cakes, jewellery, gifts, competitions! Entrance £1. Masks to be worn indoors, sanitiser provided!

Anybody who would like to take part in the **Christmas Music Nights** (26 & 27 Nov) is warmly invited to speak to Rols or Chris. You don't have to be talented and there will be no auditions, so if you want to take part, you will!

Dates for your diary: **Service of Remembrance for All Souls** (3pm Sun 31 Oct), **Christmas Music Nights** (7pm Fri 26 & Sat 27 Nov) **Christmas Fair** (Sat 4 Dec)

**Please remember in your prayers those in special need especially:** Alison; Audrey Mason; Vera Brinded; Sue Ralph; Lucy Parkes; Gordon; David Llewelyn and Chris Eschbaeher.

**We remember those who've died recently:** Margaret Carruthers; Margaret Gibbs;

**and those whose anniversary falls this coming week:** Charles Turner; Joan Pedler; Stuart Munro-Peebles; Anthony Turnbull; Leslie Cox; Mary Johnson; Edwin Cannam; Sister Hannah of the Cross; Ivy Sheen; Robert Yeoman.

**Next Sunday's readings** (17 Oct: Trinity 20; Proper 24; Track 2 DEL 29 Yr B): Isaiah 53.4-end; Hebrews 5.1-10; Mark 10.

Using your smartphone this QR code enables you to support St Mary's via a debit or credit card:



Vicar: Fr Andrew Perry : The Vicarage, 33 Vicarage Lane, East Preston BN16 2SP : 01903 78 33 18 : [revajperry@btinternet.com](mailto:revajperry@btinternet.com)

Curate: Rev Emma Ham-Riche : 20 The Ridings, East Preston BN16 2TN : 01903 783958 : [ehamriche@gmail.com](mailto:ehamriche@gmail.com)

Safeguarding Representative: Tracey Hammond 07751323253 : [safeguardingstmarys@btinternet.com](mailto:safeguardingstmarys@btinternet.com)

[www.stmarysep.org.uk](http://www.stmarysep.org.uk) : [www.facebook.com/groups/stmaryseastpreston](https://www.facebook.com/groups/stmaryseastpreston) (Monday is Rev Emma's day off: Friday is Fr Andrew's day off)

St Mary's is a Registered Charity and our number is: 1180544

**Collect:**

O God, forasmuch as without you we are not able to please you; mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ, your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

**A reading from the prophet Amos:**

Seek the LORD and live, or he will break out against the house of Joseph like fire, and it will devour Bethel, with no one to quench it. Ah, you that turn justice to wormwood, and bring righteousness to the ground!..  
...They hate the one who reproves in the gate, and they abhor the one who speaks the truth.  
Therefore because you trample on the poor and take from them levies of grain, you have built houses of hewn stone, but you shall not live in them; you have planted pleasant vineyards, but you shall not drink their wine. For I know how many are your transgressions, and how great are your sins you who afflict the righteous, who take a bribe, and push aside the needy in the gate.  
Therefore the prudent will keep silent in such a time; for it is an evil time. Seek good and not evil, that you may live; and so the LORD, the God of hosts, will be with you, just as you have said. Hate evil and love good, and establish justice in the gate; it may be that the LORD, the God of hosts, will be gracious to the remnant of Joseph.

**A reading from the letter to the Hebrews:**

The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.  
Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

**A reading from the Gospel of St Mark:**

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, "Good Teacher, what must I do to inherit eternal life?" Jesus said to him, "Why do you call me good? No one is good but God alone. You know the commandments: 'You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honour your father and mother.'" He said to him, "Teacher, I have kept all these since my youth."  
Jesus, looking at him, loved him and said, "You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me." When he heard this, he was shocked and went away grieving, for he had many possessions.  
Then Jesus looked around and said to his disciples, "How hard it will be for those who have wealth to enter the kingdom of God!" And the disciples were perplexed at these words. But Jesus said to them again, "Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God." They were greatly astounded and said to one another, "Then who can be saved?" Jesus looked at them and said, "For mortals it is impossible, but not for God; for God all things are possible."  
Peter began to say to him, "Look, we have left everything and followed you." Jesus said, "Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age houses, brothers and sisters, mothers and children, and fields, with persecutions and in the age to come eternal life. But many who are first will be last, and the last will be first."

**Post Communion:**

Holy and blessed God you have fed us with the body and blood of your Son and filled us with your Holy Spirit: may we honour you not only with our lips but in lives dedicated to the service of Jesus Christ our Lord.