

St Mark's Parish Magazine August 2024



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#### **Your Views & Contributions**

Next issue will be available from 29 August 2024 All contributions to the editor by Tuesday 13 August 2024

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#### LETTER FROM THE VICAR

Dear Friends,

At the beginning of this month, we will be in the middle of the Olympic Games in Paris. You may be one of those people who dreads the back-to-back sports coverage. After all the Olympic Games have came hot on the heels of the UEFA European Football Championship and Wimbledon. Yet for



everyone, whether a huge sports fan or not, there is something special about the Olympics and the spirit that it imbues within the athletes and the stories that come from it.

In the 1992 Olympics in Barcelona the British runner Derek Redmond was a favourite to win a medal in the 400m final. But halfway through the semi-final he tore his hamstring and then fell to the ground. But the Olympics are special, and he climbed to his feet and began to hop on his left foot, determined to finish the race. His father ran from the stands, put his arm around his son and helped him across the line. If you haven't seen the video, it's available on YouTube; it's worth a watch and embodies all that the Olympics is about.

In the Book of Hebrews, in the Bible, it tells us to "lay aside every weight and the sin that clings so closely and let us run with perseverance the race that is set before us." We each have our own trials and tribulations to overcome in the race that is set before us. Perseverance isn't always easy and on occasion we will fall. Yet just like Derek Redmond we have a Father in God, who is always alongside us. We never have to try and finish the race alone because he is there beside us, waiting to pick us up.

With every blessing,

Month



#### **CHURCH NEWS**



#### **SMART**

## St Mark's Afternoon Retirement Team **2024 Programme**



**SMART** meets on the **first Thursday of the month 2pm - 4pm in St. Mark's Church Hall** (except for those marked \*).

We welcome men and women of retirement age who live locally. We enjoy meeting together with an interesting and varied programme, stimulating discussion, lively conversations and refreshments provided at each hall meeting.

#### **SMART** is run by **Sarah Cousins**

We are always happy to welcome new members, arrange lifts to the meetings and help. Please feel free to bring a friend to any of the meetings.

For meetings in the church hall there will be a charge of £1.00 for tea and coffee etc unless stated otherwise\*.

**Sept 5<sup>th</sup> "HOME REMEDIES"** Please come and share the remedies that you have valued.

Oct 3<sup>rd</sup> "A VOCAL INTERLUDE" Please come and have fun and sing with Bruce.

**Nov 7<sup>th</sup>** "**GETTING TO KNOW YOU" Part 2** Two more of our members take the spotlight.

**Dec 5**<sup>th</sup> "CHRISTMAS IS COMING!" Carols and plenty of Christmas fare. Please bring a friend or family member to join in with singing.

#### PRAYER BOARD

We have reinstated the Prayer Board at the north-east door of the church for people to write their prayer requests. Just fill in the details on a slip of paper, write the date, and pin it to the board. The request can be named or anonymous and it can be for anyone. It will be prayed for by a dedicated team of people. We believe that God answers prayers.

**Susannah Dyde** 

#### FROM THE REGISTERS

**Marriages:** 6 July Thomas Reeder and Laura Sullivan



#### **News from the Church of England**

The Bishop of Southwark and The Bishop of Croydon on behalf of the Diocese of Southwark have signed a covenant agreement with the Bishop of The Anglican Diocese of Barbados to form a new companion link between the two dioceses. The Anglican Diocese of Barbados serves 54 congregations across 11 parishes and over 200 communities. The Diocese of Southwark has long links with Barbados – now an island republic within the Commonwealth of Nations – including two Barbadian Bishops of Croydon and is home to large numbers of the Barbadian diaspora, including The Rt Revd Dr Rosemarie Mallett, Bishop of Croydon.

Over the next five years, both dioceses will work together to build a relationship of mutuality, building on the strong bonds of personal friendship that have already been established through the bishops, cathedrals, churches and other institutions over time.

The link agreement was formally signed by The Rt Revd Michael Maxwell, Bishop of Barbados and The Rt Revd Christopher Chessun, Bishop of Southwark together with The Rt Revd Dr Rosemarie Mallett, Bishop of Croydon during a visit to coincide with the bicentennial celebrations of The Anglican Diocese of Barbados.

As members of the Anglican Communion and sharing in fellowship in the Body of Christ, the Dioceses of Barbados and Southwark will seek to work together, learn from one another, and to support one another in love, mission and service.

The covenant agreement is effective from 19 July 2024 for five years, subject to renewal.

Elements of the covenant include;

- A commitment to pray for one another
- Support for ministerial development, deployment and staffing
- Creating new parish links between the two dioceses
- Growing faith among children and young people
- Partnerships for theological education

Welcoming the covenant, Bishop Christopher said, "I am especially looking forward to working with Bishop Michael as our dioceses learn together and support one another over the next five years. Barbados will join other dioceses with which we already have close links – four dioceses in Zimbabwe, as well as the Anglican Diocese of Jerusalem and under the Porvoo Agreement, the Diocese of Bergen in Norway – part of the Lutheran Church of Norway – and I am delighted that we have formed what would be the newest of our companion links with the Anglican Diocese of Barbados.

"I am grateful for the already established link that St John The Divine, Kennington has with Codrington College, where for the past 12 years they have been supporting theological education and I look forward to this work flourishing among the many other elements of the covenant as we share in God's love.

"It has been a pleasure to spend my first ever visit to the Caribbean in the beautiful island of Barbados during what has been such a momentous occasion for the life of the Diocese."

On arrival in Barbados, Bishop Christopher and Bishop Rosemarie were welcomed by Bishop Michael. The trip also included a visit to the State House to meet Her Excellency Dame Sandra Mason, the President of Barbados and to Codrington College – the Caribbean Anglican theological college. Additionally, the Bishops visited various parish churches, and enjoyed dinner with senior clergy colleagues and local friends, as well as experiencing a tour of the island. To conclude the visit, Bishop Christopher and Bishop Rosemarie attended a Thanksgiving Service at The Garfield Sobers Gymnasium under the theme 'Let's Praise God for 200 years of Mission and Ministry of the Anglican Diocese of Barbados'.

Bishop Rosemarie who was born in Bridgetown, Barbados, said, "We are very thankful to my Anglican family in Barbados for the invitation to attend the celebrations and to strengthen the bonds between our dioceses. I give thanks that the Diocese of Southwark has established a companion link with a diocese in the Church in the Province of the West Indies which will gladden the hearts of those of Caribbean heritage in South London and East Surrey. It is a joy to be able to celebrate the gospel of Jesus Christ through worship, witness and action with Barbados."

Bishop Michael said, "I am very glad that Bishop Christopher and Bishop Rosemarie have come to Barbados for the 200th anniversary of the Diocese and we have already started to discuss the exciting possibilities and opportunities of our new companion link. This will give a framework to the long existing friendship and partnership in the gospel between our dioceses."





# MODERN SLAVERY: RIGHT HERE, RIGHT NOW





Do you want to know the answer to this and other questions such as What is it? Where is it? What can I do? Why should I care?

# Then come to Southwark Against Modern Slavery's event at

## Reigate Methodist Church Saturday 19th October 2024 10.00am – 3.00pm

We have invited some experts in the field of Modern Slavery to come to Reigate so that we can learn about these issues and find answers to the questions.

You could also visit Marketplace stalls and spend time in quiet prayer for victims and those supporting them.



#### **Climate Change Revisited**

I find it curious that people, both personally and in the media should comment on our very wet and warm winters and spring. Surely by now we all understand that the glaciers and poles are melting giving less reflection from the Poles, with stronger heating presaging rising sea levels, more frequent fires and droughts all of which will reduce our world capacity to grow food and threaten the supply of clean water. Surely, we understand that this will give rise to friction between peoples whose environment will no longer support them and they will increasingly move elsewhere?

Rather than acknowledging all this we seem to prefer to resist the need for change. We don't want to be even temporarily discomforted by changes to our lifestyles in order to have life on Earth in the future. Governments acknowledge the climate emergency but say we cannot afford to act yet. Of course they promise, as they have done for many years, to have policies in due course which will reduce the use of fossil fuels to nil. However, not everyone has grasped the idea that there will come a tipping point beyond which the possible control of the climate decline will be lost for ever. Pollution will become uncontrollable through the release of methane gases from the thawing of the areas of Tundra and other areas of permafrost. Meanwhile, the outputs of fossil fuels increases instead of reducing and levels of carbon in the atmosphere continue to increase. It's still an upward spiral.

But the other day I found myself briefly with the unbelievers. I had not appreciated the presence of another threat. Warming climates already have allowed certain insects and bugs to move into more northern climates (hot news: tiny human blood sucking ticks found in profusion in Richmond Park and are capable of spreading infectious diseases!). David Attenborough has widely advertised the threats to the natural world; the interplay between the natural world and the world of humanity, and some of the consequences of the rapid change. We find his programmes, "interesting!". But in his book *The Weight of Nature*, CP Aldern, a neuroscientist, sets out the probability of epidemics arising from the procreation of new amoebae and other nasty bugs. Come to think of it, it's common sense really. So, make way for pandemics.

Of course, we could do something about it all if we tried, though currently the theme is that we cannot afford to. That's curious too. Climate change has been labelled an emergency by Parliament as well as the countries in COP, and yet we have other first priorities such as not having speed limits of 20mph. "It's an interference with our freedom!" That is the freedom to harm others. It's "going on as before."

The stark choice is to go on as before as the world has done for the best part of twenty-eight years or begin in earnest to make the changes now.

Two months ago, I commented on those two brave, elderly ladies who did not see their age as a reason for doing nothing but whose plea was for "a sense of proportion." However, the stop press last month instanced the action before the Supreme Court which held that pollution is caused by pumping oil from the ground not just in that process but in the burning of the oil!

That showed that the burning of fossil fuels can be changed if there is sufficient determination. But much more than that is required. We need a coherent plan for change. It is quite clear that the cost, say, of replacing domestic gas boilers before their time is far too great to be wholly born by many consumers, though this would be the market solution. Part of the cost must fall on the State if resistance to change from the population is to be avoided. Again, loss of employment through change from fossil fuels to green energy must provide for alternative employment if resistance is to be avoided.

Stimulating real business investment (NOT the stimulation of the second-hand market for shares which only creates higher wealth values without bringing economic growth), without causing inflation is not an easy problem to overcome but we now know that austerity not only bleeds public services of finance and reduces real incomes but does not of itself give rise to either real investment or economic growth.

The Far Eastern economies, South Korea, Taiwan and notably China have shown how national success can be achieved by cooperation with private enterprise via national plans which provide for the future instead of immediate profit. The need for climate change action should provide a welcome opportunity for labour, management and government to cooperate to bring about substantial economic growth here. Governments are there to lead, not to follow. Furthermore, either now or later such change will be necessary.

To act now gives the UK a chance to specialise and share the lead in these changes instead of coming last and buying from abroad. (A good example here is the coming dominance in the electric car industry by China). Remember we took the lead in the Industrial Revolution. So new industries must be sited to make use of the emergent labour resources such as at Swansea and probably in the declining motor industry in the Northeast and Derby. Such a policy solves two problems.

As with any other industrial development, investment ahead of production is necessary and that will probably require increased borrowing but that is preferable to waiting for some slow growth in the economy and hoping that will provide resources above the inevitable claims of increased incomes and finance for army, police and social services. Without such change we shall only stumble on as in the past.

Finally, it is vital that the investment takes place in this country and not abroad through imports and using foreign contractors. That course may be cheaper in the short term

but it generates income growth abroad instead of here. Do we really need to ask the Danes to build our wind farms?

The need for action to reduce climate change has been understood by scientists since the 1960s and recognised by the COP nations for twenty-eight years. During that time the release of carbon has not reduced but has grown well out of control and is still rising. It is quite unacceptable to yet again put off change till sometime in the future. Yet, that is what much of the world is doing. Those targets agreed by so many countries though COPs have failed to provide adequate policies and planning.

Effective planning for economic success and countering climate change will require much more than wishful thinking.

**Harry Ingram** 



#### A Prayer for August 2024

Lord, in a year of changes in our country and in the world, we thank You for the regular rhythm of each year.

We thank You for August, the month of holidays and rest for many, especially for families and those tied to termly timetables. We pray for Your blessing and restoration for all. As we take time out of normal routines, help us to still make space for You; to be refreshed spiritually as well as physically.

Feed us, Lord, by Your Word; revive us by Your Holy Spirit; encourage us by Your indwelling presence, so that we might naturally reflect Your love to all we meet, on holiday or at home or at work.

In Jesus' name. Amen.

**Daphne Kitching** 

#### **CALENDAR FOR AUGUST 2024**

Thursday 1<sup>st</sup> August 12.45pm Holy Communion (Iona) in Church

2.00pm SMART

**Sunday 4<sup>th</sup> August 10<sup>th</sup> Sunday after Trinity** 

8.00am Holy Communion (BCP) – in Church

10.00am Holy Communion – in Church and Online

**Tuesday 6<sup>th</sup> August** The Transfiguration of our Lord

Thursday 8<sup>th</sup> August 12.45pm Holy Communion (Iona) in Church

**Sunday 11<sup>th</sup> August 11<sup>th</sup> Sunday after Trinity** 

8.00am Holy Communion (BCP) – in Church

10.00am Holy Communion – in Church and Online

**Thursday 15<sup>th</sup> August Blessed Virgin Mary** 

12.45pm Holy Communion (Iona) in Church

Saturday 17<sup>th</sup> August 8.00pm Social Ballroom and Latin Dance

**Sunday 18<sup>th</sup> August** 12<sup>th</sup> **Sunday after Trinity** 

8.00am Holy Communion (BCP) – in Church

10.00am Holy Communion – in Church and Online

Thursday 22<sup>nd</sup> August 12.45pm Holy Communion (Iona) in Church

**Saturday 24<sup>th</sup> August St Bartholomew, Apostle** 

**Sunday 25<sup>th</sup> August 13<sup>th</sup> Sunday after Trinity** 

8.00am Holy Communion (BCP) – in Church

10.00am Holy Communion – in Church and Online

6.00pm Taizé Prayer

Thursday 29<sup>th</sup> August 12.45pm Holy Communion (Iona) in Church

Please remember that planned services are subject to change at short notice so please check the details on our website or with the Parish Office.

#### **CALENDAR FOR SEPTEMBER 2024**

**Sunday 1st September** 14th Sunday after Trinity

8.00am Holy Communion (BCP) – in Church 10.00am Sung Eucharist – in Church and Online

4.00pm Family Service

Thursday 5<sup>th</sup> September 12.45pm Holy Communion (Iona) in Church

**Sunday 8th September** 15th Sunday after Trinity

8.00am Holy Communion (BCP) – in Church 10.00am Sung Eucharist – in Church and Online

1.00pm Community Lunch

Wednesday 11<sup>th</sup> September3.25pm T-Time Tales

Thursday 12<sup>th</sup> September 12.45pm Holy Communion (Iona) in Church

Saturday 14<sup>th</sup> Sept Holy Cross Day

**Sunday 15<sup>th</sup> September 16<sup>th</sup> Sunday after Trinity** 

8.00am Holy Communion (BCP) – in Church 10.00am Sung Eucharist – in Church and Online

4.00pm Messy Church

Wednesday 18<sup>th</sup> September3.25pm T-Time Tales

Thursday 19<sup>th</sup> September 12.45pm Holy Communion (Iona) in Church

Saturday 21<sup>st</sup> Sept St Matthew, Apostle

8.00pm Social Ballroom and Latin Dance

**Sunday 22nd Sept 17<sup>th</sup> Sunday after Trinity** 

8.00am Holy Communion (BCP) – in Church 10.00am Sung Eucharist – in Church and Online

6.00pm Taizé Prayer

Wednesday 25<sup>th</sup> September3.25pm T-Time Tales

Thursday 26<sup>th</sup> September 12.45pm Holy Communion (Iona) in Church

**Sunday 29th Sept St Michael and All Angels** 

8.00am Holy Communion (BCP) – in Church 10.00am Sung Eucharist – in Church and Online

Please remember that planned services are subject to change at short notice so please check the details on our website or with the Parish Office.



#### **Unexpected Meetings**

There have been several very unexpected meetings I have had over the years, and I expect many other people have experienced such surprise meetings.

We came to Reigate in 1966 and soon after that we, as a family, were camping in Scotland, together with our cocker spaniel, "Boots". We were taking a walk in the Pass of Killiecrankie which at that time was almost deserted, when we saw just one small group some way ahead of us. William, our son, said the boy with them was at school with him in Reigate. We thought it couldn't be true, but it was Harry Ingram's family with their dog, so far from home.

Last October in New Zealand our friends took us to meet people they knew and in no time we found a lady there who was brought up not far from the town we lived in Wargrave-on-Thames. She lent me a printed book with names of people I knew in my youth.

Some years after my National Service in the Navy I bumped into someone in King's Cross Railway snack bar, who had served with me and had shared a cabin in Malta. Old friends were thus reunited.

On my visit to The Grange Care home in Reigate last week I was delighted to unexpectedly meet a lovely neighbour we had had when first we came to Reigate. She was in her late nineties in a wheelchair, and we had a lovely chat. Sadly, in less than a week that lovely neighbour had died. How lucky I was to have that last chat.

How is it that such "chance" meetings occur? With millions of people of all sorts throughout the world how is it that such extraordinary meetings take place?

We find special unexpected meetings taking place in the Bible. How about St. Philip meeting the Ethiopian who was a court official to their Queen and was invited to join this dignitary in his coach and was so soon Baptised in some water they found on the route. However, we are told that an angel of the Lord had told him to make that journey. Then we have the wonderful meeting of the risen Jesus with those walking to Emmaus.

None of us know when an extraordinary meeting might take place but how wonderful it can be? We can only thank God for such possibilities to meet people from long ago as well as those nearby whom we can continue to love.

**Ian Archer** 



## All in the month of August It was:

**250 years ago**, on 1 August 1774 that oxygen was discovered by British chemist Joseph Priestley. He was the first scientist to publish his findings on the discovery.

**125 years ago**, on 13 August 1899 that Alfred Hitchcock was born. This British-born American film director, producer and screenwriter was known as the Master of Suspense. Known for his films *The 39 Steps, Dial M for Murder, Rear Window, Vertigo, Psycho, The Birds*, and many more.

**100 years ago**, on 15 August 1924 that Robert Bolt, the British screenwriter and playwright was born. Known for his screenplays for the films *Lawrence of Arabia*, *Doctor Zhivago*, and *A Man for All Seasons*.

**80 years ago**, on 1 August 1944 that 15-year-old Jewish diarist Anne Frank made the final entry in her diary while hiding from the Nazis in Amsterdam. On 4 August her hiding place was raided by Nazi police following a tip-off. She and her family were taken to Auschwitz concentration camp, and she was transferred to Belsen in October. She died in February 1945.

**75 years ago**, on 24 August 1949 that the North Atlantic Treaty came into effect, establishing NATO.

**65 years ago**, on 21 August 1959 that Hawaii became the 50<sup>th</sup> state of the USA.

**60 years ago**, on 12 August 1964 that Ian Flemming, British novelist and creator of the character James Bond, died.

**40 years ago**, on 1 August 1984 that the preserved body of Lindow Man (informally known as 'Pete Marsh' was found in a peat bog in Cheshire. It was nearly 2,000 years old. He had suffered a violent death, which may have been part of a ritual.

**30 years ago**, on 28 August 1994 that Sunday trading was legalised in England and Wales.

**25 years ago**, on 16 August 1999 that Vladimir Putin became Prime Minister of Russia. He became President in May 2000.

**20 years ago**, on 11 August 2004 that Britain issued its first license for cloning human embryos, after becoming the first country in the world to allow therapeutic cloning in 2001. Researchers hoped to produce stem cells to treat diseases. They created their first cloned human embryo in May 2005.

**10 years ago**, on 24 August 2014 that Richard Attenborough, Lord Attenborough, died. This British film actor and director was best known for his roles in *Brighton Rock, The Great Escape, Jurassic Park,* and *Miracle on 34<sup>th</sup> Street.* He directed films including *Oh! What A Lovely War!, A Bridge too Far, Cry Freedom* and *Gandhi.* 



#### **Advice**

I sometimes seek advice from others when I can't find an answer to a problem, especially in the world of computers. This can be so very helpful as so many are more skilled in subjects I have never mastered or have forgotten about as I get older. However, I am far more reluctant to accept advice or guidance offered to me when I haven't asked for it. I am then tempted to ignore such advice as being an interference that I felt was uncalled for. They may be really good ideas but they can be rejected by me out of hand.

So, if we feel a relative, friend or acquaintance could be helped by advice we might give, how do we offer such advice without putting their "backs up"? The great thing to do on those occasions is to make it seem that they thought of the idea themselves. This isn't always easy and means a considerable amount of listening first. It also means a certain amount of humility from us. If the advice we were trying to give is what was required we may then be sorry that we can't receive the applause that we had thought was due to us.

This makes me think of the Bible story of St Philip who heard the Ethiopian in his carriage wrestling with the Book of Isaiah. Philip was invited to join him in his carriage and asked Philip's advice on the meaning of it all. Thus, the Ethiopian listened to what Philip was saying, accepting Philip's interpretation. This even led to the Ethiopian asking to be Baptized using water from a pool in the desert. This was one of the happy occasions where advice was asked for, not forced upon him against his will.

Sometimes we can be tempted to try to give someone advice but all that is really needed is to listen to them in such a way that they come to the best solutions which are what they have thought out, not us. This is a way of help used by Samaritans in their wonderful work.

**Ian Archer** 

#### International Bat Night – 24 August

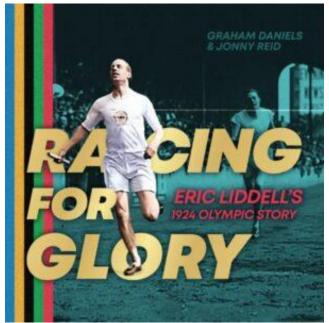
August is the perfect month to look out for bats, when our soft, warm twilight evenings are full of the tiny flying insects that attract them. But these days bats need our help, and so this annual celebration will include a good few 'bat events' this month. If you like bats, you may enjoy one of the events being arranged by local bat groups, wildlife trusts, countryside rangers and other organisations across the country.

To help you get started, the website, <a href="https://www.bats.org.uk/support-bats/international-bat-night">https://www.bats.org.uk/support-bats/international-bat-night</a>, is full of useful information. It explains the natural environment that bats need, and how you might help to conserve their dwindling numbers.

Parish Pump



#### **Book Reviews**

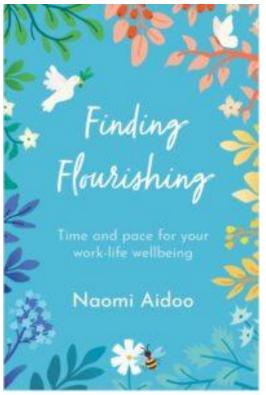


#### Racing for Glory — Eric Liddell's 1924 Olympic story By Graham Daniels and Jonny Reid,

One hundred years ago this summer, all eyes were on Paris for the 1924 Olympic Games. Among the world's finest athletes stood sprinter Eric Liddell of Great Britain. But holding true to his convictions, he chose not to enter his best race – the 100 metres – and instead changed the 400 metres discipline forever.

This brief biography explores Liddell's

extraordinary life and how his faith in Jesus motivated everything he did.



# Finding Flourishing: Time and pace for your work-life wellbeing By Naomi Aidoo

This book offers a practical and tangible approach to achieving everyday wellbeing, one that doesn't require adding yet another technique to your busy schedule. Instead, it can enhance your day-to-day life mentally, emotionally and spiritually.

Aidoo considers how wellbeing might look in our relationships, our work and the rest of our lives, and uses the T.I.M.E. framework to offer manageable steps towards achieving it.

Have you recently read a good book? Tell us about it. Email office@stmarksreigate.co.uk with your book review.



#### A Lasting Gift for St Mark's Church

#### **Leaving a legacy**

Legacy gifts can make a huge difference to churches. Each year, gifts in wills, ranging from £100s to £100,000s are received. Faithful witnesses leaving generous legacies have enabled churches to invest in their buildings, pioneer new ministries, and sustain a welcoming presence in their communities.

#### Why should you write a will?

Writing a will means you choose:

- How you would like to share your property and possessions;
- Who you would like to look after any children under the age of 18;
- How to support any charities or churches that are important to you.

Without a will, these decisions will be made according to pre-ordained rules, and by the courts, which may be different from your wishes. Leaving a will gives you peace of mind and lifts a burden from loved ones after you are gone.

To make it easier the Church of England has partnered with Farewill, the UK's favourite will-writer, so anyone can write a simple will online for free, in as little as 30 minutes. You can find out more by visiting <a href="https://farewill.com/southwarkdiocese">https://farewill.com/southwarkdiocese</a>.

We strongly advise seeing a solicitor for more complicated wills, or for people wishing to review their existing will or add a codicil.

#### A gift for future generations

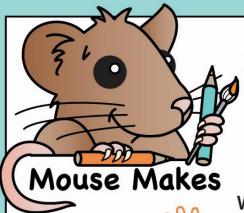
After you have made provision for your family and friends, we hope you'll also consider leaving a gift in your will to St Mark's. A legacy is a valuable expression of how meaningful a church has been during your time there. It's a way to give thanks - a lasting testimony to the faithfulness, goodness and generosity of God.

The policy of the PCC is to use legacies to help fund additional mission or development projects in the parish, whether buildings, equipment or staff. Circumstances change over the years, so church members are encouraged to leave legacies for the general purposes of the parish. The PCC will discuss the most appropriate use of the legacy in the light of current projects and the donor's known areas of interest in the church (for example, children and youth, music, buildings).

You may also receive tax benefits for including a gift to St Mark's in your will. A gift in your will to a charity is free of inheritance tax and may also reduce the amount of tax payable on the rest of your will. <a href="https://www.gov.uk/donating-to-charity/leaving-gifts-to-charity-in-your-will">https://www.gov.uk/donating-to-charity/leaving-gifts-to-charity-in-your-will</a>

Please consider leaving a legacy to St Mark's.

**Mel Crighton, PCC Treasurer** 



"AND WHEN YOU PRAY, PRAY THEN LIKE THIS ..."

Where does Jesus say to go to pray?

Matthew 6:6

What does God know before you ask Him?

Matthew 6:8



If you forgive others what will God do?

Matthew 6:14

"Always be full of **joy**. **Never** stop praying.

Whatever happens,
always be **thankful**."

1 Thessalonians 5:16-18

L F W R E A R T H K S O
D A I L Y K E D A S K O
E T L V T H Y E L H D M
B H L A M E N L L O O I
T E M P T A T I O N N H
S R A R A V I V W O E E
S K N A M E T E E U V A
I C J Y V N E R D R I R
N O U R N A V B R E A D
S M E W I K I N G D O M
J E S U S U L Y O U R J
N E E D S F O R G I V E

ROOM • PRAY • ASK • NEEDS • HEARD • JESUS
LORDS PRAYER • OUR • FATHER • HALLOWED • HONOURED
NAME • THY • KINGDOM • COME • YOUR • WILL • DONE
EARTH • HEAVEN • DAILY • BREAD • FORGIVE • DEBTS
SINS • TEMPTATION • DELIVER • EVIL • AMEN

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#### **August Crossword**

Biblical references are from the New International Version

#### **Across**

- 1 & 3 Two of the disciples who witnessed the transfiguration of Jesus (Luke 9:28) (4,3,5)
- 3 See 1 Across
- 8 'Let us draw to God with a sincere heart in full assurance of faith' (Hebrews 10:22) (4)
- 9 O Simon is (anag.) (8)
- Form of government under the direct rule of God or his agents (10)
- How Jesus found his disciples when he returned to them after praying in Gethsemane (Luke 22:45) (6)
- In The Pilgrim's Progress, the name of the meadow into which Christian strayed, which led to Doubting Castle (2-4)
- 17 Glad sin rat (anag.) (10)
- 20 Spinal column (Leviticus 3:9) (8)
- 21 Valley of the Balsam Tree with a reputation of being a waterless place (Psalm 84:6) (4)
- 22 'The oracle of Balaam son of Beor, the oracle of one — sees clearly' (Numbers 24:3) (5,3)
- Adam and Eve's third son (Genesis 4:25) (4)

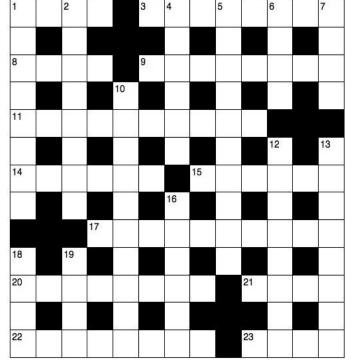
#### Down

- David's great friend (1 Samuel 20:17) (8)
- 2 'The Lord... will bring me safely to his ingdom' (2 Timothy 4:18) (8)
- 4 'I, Daniel, mourned for three weeks. I at no choice food; or wine touched my lips' (Daniel 10:3) (2,4)
- 5 Seeking to vindicate (Job 32:2) (10)
- 6 Female servant (Isaiah 24:2) (4)
- 7 'For Christ died for once for all' (1 Peter 3:18) (4)
- 10 'Offering spiritual sacrifices to God through Jesus Christ' (1 Peter 2:5) (10)
- Jesus said that some people had renounced this 'because of the kingdom of heaven' (Matthew 19:12) (8)
- One of the three men thrown into the furnace for refusing to worship Nebuchadnezzar's golden image (Daniel 3:20) (8)
- 16 You have of good things laid up for many years. Take life easy; eat, drink and be merry' (Luke 12:19) (6)
- 18 'There before me was a white horse! Its rider held — , and he was given a crown' (Revelation 6:2) (1,3)
- 19 Equipment to Charity Hospitals Overseas (1,1,1,1)

#### **July Answers**

**ACROSS:** 1 Sabbatical 7 Opinion 8 Laing 10 Olga 11 Galilean 13 Sardis 15 Severe 17 Adultery 18 Flea 21 Swazi 22 Acetate 23 Revelation

**DOWN:** 1 Sling 2 Brim 3 Annual 4 Ill-timed 5 Abilene 6 Colossians 9 Gennesaret 12 Diatribe 14 Roulade 16 Errata 19 Learn 20 Levi



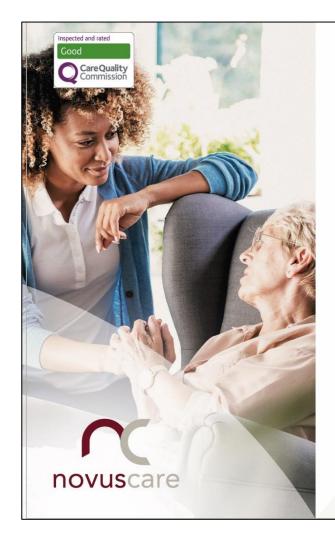
#### **Puzzles**

#### **August Sudoku**

			8		16	3		
9		1	4	3				
7		3				2	1	4
		8	1				3	
1	3	4	5		6	7	8	2
	7				8	5		
4	2	7				8		3
				5	3	9		7
		5			4			

#### **July solution**

3	6	2	4	8	1	9	7	5
9	1	7	5	3	2	4	6	8
5	4	8	9	7	6	1	3	2
1	9	6	2	4	7	5	8	3
8	7	3	1	6	5	2	9	4
2	5	4	8	9	3	6	1	7
6	8	9	3	2	4	7	5	1
4	3	5	7	1	9	8	2	6
7	2	1	6	5	8	3	4	9



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