

## **Walking with God through Lent 2025**

### **2. Walking in the Hills** (based on this week's Gospel readings)

You may have experienced those moments when you wished that time could stand still. Some of those rare moments for me have been in the hills. Walking North Yorkshires Cleveland Way, in 2005, and living in Cumbria for three years, were just such places. The feeling of space, viewing vast expanses, created a sense of peace and eternity.

As Jesus looked upon Jerusalem with sorrow it was probably from the height of the surrounding hills. Like my own experiences, looking out from a great height gives a larger perspective, than one gets at ground level. As people who are most concerned about the present time, keeping a hold on the bigger picture is not always easy. Yet, when it comes to our walk with God it is of huge importance. As we recalled last week God is, of course, interested in our daily needs, but the overall perspective remains.

Let's reflect this week on that bigger picture. The Lord who has held us in the past, watches over us this day, and has our futures in mind. Join with me, this week, praying in the following way.

- Recall moments or times when God felt very close. Remember how it made you think and feel. Stay with those thoughts awhile and be thankful.
- Ponder briefly whatever concerns you the most at the moment. Try to imagine leaving it with God, before walking away for a while, knowing that God has it in hand.
- Share in prayer one or two future aspirations, either for you or those you care about. Await God's leading for as long as it takes.

### **PRAYER**

God of the past present and future;  
Bring to my thoughts those moments  
of closeness with you;  
And then show me your ways, Lord,  
teach me your paths.  
Guide me in your truth and teach me,  
for you are God my Saviour.  
Amen

